

Family

Wieland, Rodgers engaged

Mr. and Mrs. Denis Wieland, Colby, and Ms. Carol McGill, Garnett, announce the engagement of their daughter, Denita, to Daren Rodgers, son of Mr. and Mrs. Paul Rodgers of Topeka. The bride-to-be is a controller with Gremart Accounting and works for several Johnson County home builders. The groom-to-be is a software and



Wieland and Rodgers

systems analyst for Systronics, Inc. in Olathe. The couple is planning a Feb. 9, wedding at New Hope Community Church in Olathe.

Older student attains degree of success at college

DEAR ABBY: About 10 years ago, a letter appeared in your column from a woman who was debating whether to return to college. She said if she attended part time, it would take eight years to get a degree, and she'd be 45 years old. You told her in eight years she would be 45 years old anyway, and not to let that dissuade her. Your response struck a chord with me. Shortly after reading that column, I decided to go back to school. I had attended college twice in my early 20s, but lacking direction, I dropped out twice. I always knew I was smart, but I was ashamed to say I had only a high school education.

So, at 38, I visited my local community college and talked to a counselor. I was terrified. I had no idea how to enroll in classes or what classes to take. Going back to school was the best thing I ever did. It opened my mind to new ideas and improved my self-confidence and self-esteem. I found that being an older adult in a class of younger people was not so bad. I had a wealth of personal experience to draw upon, and although I had to budget my time and study hard, I had no problem getting good grades.

It took seven years, but I graduated from a university with a B.S. with honors and a 3.96 GPA. I was 44 years old and the first in my family to graduate from college. My entire family came to the ceremony. It was one of the proudest moments in my life.



Abigail Van Buren

• Dear Abby

Since graduation, I have received two promotions at work and am currently working on my master's degree. I will be 50 by the time I finish.

Abby, I want to thank you for printing that letter. During the years I was working full time and attending school, I never forgot your reply to that woman. It was my "rallying cry" and kept me motivated.

ELLEN CONLEY, OAK HILLS, CALIF.

DEARELLEN: Every time I print that letter or one similar, I receive letters such as yours. The rewards you are enjoying have come because of your own efforts, and I'm sure your letter will serve as a "rallying cry," as well as an inspiration, to many others.

Congratulations on your academic and business successes. They are well earned.

DEAR ABBY: I had to respond to the letter from "Proud to Be Me in California," who had been teased from early childhood. "Proud" developed an eating disorder and became convinced she was flawed. A friend told her to

Community Calendar

TUESDAY, JANUARY 15

Blood pressures, Brewster Senior Center, 10-11:30 a.m.
Rotary, Student Union, noon
Alcoholics Anonymous, city hall basement, noon
First Year Webelos, Fire Station, 5:30 p.m.
Second Year Webelos, LDS Church, 1145 S. Franklin, 5:30 p.m.
Bear Cubs, United Methodist Church, 5:30 p.m.
Wolf Cubs, United Methodist Church, 5:30 p.m.
Ladies cards and social, Country Club, 5:30 p.m.
Weight Watchers, United Methodist Church, 6:30 p.m.
Fibromyalgia Support Group, Logan County Hospital Activity Room, 7 p.m.
Domestic Violence Support Group, 7 p.m. Call 462-2860
Family night story time, Pioneer Memorial Library, 7 p.m.
Sweet Adelines International, United Methodist Church, 7:30 p.m.
Rebekahs, Betty Carney, 10 a.m. (2nd & 4th Tuesday)
New Hope Narcotics Anonymous, City Hall Basement, 8 p.m.

reaffirm her goodness and belief in herself by saying out loud that she was a beautiful and special human being.

This reminded me of a story my husband told. He was a performer and appeared several times on the "Ed Sullivan Show." One night he was standing in the wings waiting to go on. Sammy Davis Jr. was going on ahead of him.

Sammy wore a large ring. Just before he made his entrance, he kissed his ring several times — each time saying, "You're a star. You're a star."

Card shower requested for birthday About Town

A card shower is requested for Sarah Protzman who will be celebrating her birthday on Jan. 31. Her address is: Sarah Protzman, 14610 Garret Ave., Apple Valley Villa, Apple Valley, Minn. 55124.

RSVP volunteers need donations of baby yarn to make baby booties for new babies at the hospital. It can be left over or partial pieces of yarn. Leave it at the Senior Progress Center. This is an ongoing project. RSVP will be making booties as well as caps, which they have donated to new babies for many years.

Donna Pflasterer is the *Welcome to Colby* lady. She may be reached at 462-3491. She will bring a basket of goodies to newcomers in the community.

MRS. VAUGHN MEADER
DEAR MRS. MEADER: Sometimes even people who seem to have everything need to give themselves a pep talk. Like your husband, Sammy Davis Jr. was a brilliant talent. If that was the secret of his success, it certainly worked.

Pauline Phillips and her daughter Jeanne Phillips share the pseudonym Abigail Van Buren. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

Give her a call if you know someone who is new in town.

The *Colby Free Press* will charge for birthday card showers if a picture is included. There is no charge without picture. All weddings, including picture, will be published free of charge, if received within four months of the event. Wedding pictures will be two columns wide. Wedding information coming to our attention after that time will be given to the advertising department and the couple can make arrangements to purchase space for this purpose. There is no charge for engagement announcements. Pictures will be one column wide.

Energenie replies to questions concerning use of energy

MANHATTAN — Ask Energenie is produced by the Kansas Energy Extension Service through Kansas State University. Need some energy answers? Send your questions to Ask Energenie, Rm. 133, Ward Hall, Kansas State University, Manhattan, Kan. 66506, or call 785-532-6026.

What's the best way to insulate a cathedral ceiling?

"Choosing the most effective way to insulate a cathedral ceiling depends on the nature of the ceiling construction," said Bruce Snead, extension specialist in residential energy at Kansas State University.

A beamed ceiling with visible solid wood decking above is best insulated on top of the decking. Apply four inches or more of foam board or sprayed foam insulation and seal the roof.

Applying sprayed foam inside also would be effective, but it must be protected against fire and will cover the decking materials.

"Solid wood rafters, with conventional roof materials above and drywall

or other finish materials underneath, can be insulated with glass fiber batts or blown-in insulation inserted between the rafters," Snead said.

You can achieve higher R-values by applying insulating foam sheathing on the underside of the rafter before applying finishing materials. The finish materials need to satisfy code requirements for fire resistance.

Applying 10 to 12 inches of blown insulation instead of batts to roof trusses can achieve an R-value of 38.

"In any application where insulation is hidden in the framing, proper air venting above the insulation is necessary to release moisture," Snead said.

He recommended a continuous vapor barrier on the warm side of the ceiling to reduce heat loss and infiltration.

Can I close attic vents in the winter?

"No, attic ventilation is important in the winter as well as the summer," said Gene Meyer, extension mechanical engineer at Kansas State University.

Attic ventilation in the winter will remove water vapor produced in your

home that migrates into the attic through openings between the conditioned home and the unconditioned attic. If this moisture that works its way into the attic is not removed, it can damage the insulation and other building materials.

"With proper air sealing of the ceiling, you can reduce moisture movement, but you should still ventilate the attic. Proper levels of insulation in the attic will reduce heat loss," Meyer said.

Winter Sale

In Progress at: Colby His Shop

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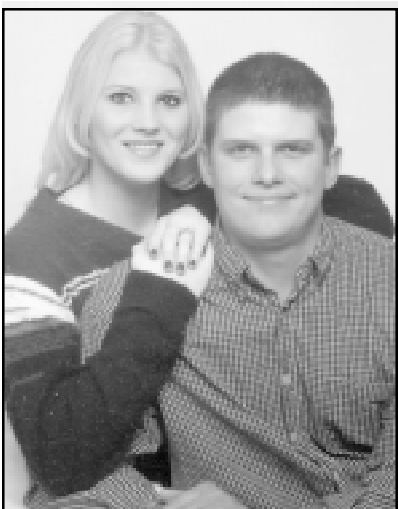
Holm and Solze engaged

Shane and Bonnie Holm, Utica, announce the engagement of their daughter, Shanda, to Rodney Solze, Jr., son of Rod and Jean Solze, Utica.

Grandparents are Willis and Joyce Crabtree, Brewster, Gene and Barbara Holm, Breckinridge, Okla., and Bertha Solze, Ness City.

The bride-elect graduated from Utica High School and is attending Fort Hays State University majoring in elementary education.

The prospective bridegroom graduated from Utica High School and



Holm and Solze

Northwest Kansas Technical School at Goodland. He is employed at Cheyenne Oil in Utica.

A May 25 wedding is planned at the First Christian Church in Utica.

Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat	\$2.70
Corn	\$1.94
Milo	\$3.03
Soybeans	\$3.74

Thanks to everyone...

near and far who in any way made our 50th Anniversary celebration and dance a very special one! Thanks to our children for hosting the event; thanks also for the cards, gifts, flowers and expressions of congratulations. We are truly blessed to have family and friends like you. May God Bless!

Wayne & Millie Lauritsen

The family of Adaline Delzeit wants to express their sincere gratitude for all the acts of kindness extended to her and them during and after Adaline's illness and passing on to be with God. We cannot say "Thank You" enough to all of you for the prayers, visits, phone calls, cards, flowers, food, donations to her memorial, and many other acts of kindness. We extend a special thank you to all the medical staff in Colby and Hays for their caring services and to the Hospice Services for their special care during her final days. We will miss her immensely, but will find comfort in that she touched the lives of so many people in many different ways. May God bless you all.

*Corky Delzeit,
Roy & Kendra Delzeit & family,
Robin & Jolie Delzeit & family,
Monica & Mike McDaniels & family,
Julie & Rhett James & family,
J.R. & Lisa Delzeit & family,
Amanda Delzeit & Emma*

**We welcome your news
462-3963**

Coming In:

Marvin 30'x12' Landplane, \$950; IHC 700 7x16" semi mt plow, gauge whls, cover boards, \$750; Ford 534 nat. gas irrigation motor, \$750; 2 steel flatbed, dually beds, 1- 11'x7.5' w/headache rack & underbody tool boxes, \$850; 1- 10'x7.5', \$650.

Equipment For Sale

TRACTORS: '81 Case 4890, 4x4, 4 hyd, 3 pt., 18.4x34 dls, 2800 hrs, \$14,500; M-IHC tractor w/workable mtd Oswald ensiloader, \$1,750; **SWEEPS & DISCS:** JD 20' BW dbl fold disc, clean, \$1,000; 16' offset Wilbeck disc, \$1,250; 18' 2 bar offset Miller \$1,250; JD 220 24' disc, \$1,500; (3) 5' Richardson sweep, \$750-\$1,000, some w/pickers, tumble rods, harrows or anhydrous; **CULTIVATORS:** 3 pt. 12R 30" equipment including Lilliston ga whls & rod \$1,250; Clark anhyd applicator w/dbl fold & transports, \$1,250; Hamby tool bar w/ga. whls & shanks \$1,150; KMC 8-30" big bar, ga whls, Orthman guide disc, \$1,250; 8-30" Lilliston \$850; **DRILLS:** 3-8' 12", 24' Melrose w/hitch,, hyds & transports, \$1,250; Sev. older IHC & JD 16-10" disc drills, w/ sealed bearnor disc & workable cond; 40-10" CB Hex box, hyd. fold, \$1,000; 32-10" & 12" CB-Hex boxes, hyd. folds, 40-8" CB Hex box, \$1,000 each; **MISC. EQUIP.:** Foster Chaff wagon hyd drive, \$700; JD PU hds for 3800 chps, \$350 ea; **IRRIGATION:** 6" 8" & 10" gated & line alum or plastic irrig pipe; **HAY EQUIP.:** Hesston 60A Stackhand, \$2,250; Hesston 30A Stackhand, \$1,500, Hesston 30 Stackmover, w/ feeder, \$1,750, Hesston 30 Stackmover, \$650. **Wanted good Chevy 350 motors.**

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Only \$10,900

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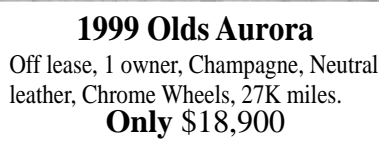


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Off lease, Blue/beige, Neutral leather, New tires, 44K miles.
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Off lease, Silver, Gray Leather, Chrome wheels, 42K miles.
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1999 Olds Aurora
Off lease, 1 owner, Champagne, Neutral leather, Chrome Wheels, 27K miles.
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2001 Pontiac Bonneville
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Only \$18,900



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Kappa Upsilon Sorority would like to thank everyone who attended our Holiday Home tours and made it such a success!

Special thanks to the home owners:
Bryan & Kim Bullington
Keith & Charlene Baalman
Larry & Sarah Jane Barrett
Jo Strange
Mike & Jennifer Woofter

The following organizations received a portion of the proceeds: Big Brothers/Big Sisters, Pioneer Memorial Library, Prairie Museum of Art & History, Sacred Heart Church, Puddle Duck Preschool, Hospice and Sweet Thunder.