Celebrating 50 years



Lauritsens 50 years ago

Deaths

Barnett, Rexford.

ford or Gem Church.

Vernon in Denver.

Catholic Church, Oakley.

Wayne and Millie Lauritsen will be celebrating their 50th anniversary on Saturday, Dec. 29, at the Colby American Legion, with a reception from 6:30-8 p.m.-midnight.

Anna Barnett

Anna Ellen (Cheney) Barnett of

Garden City, 89, died Monday, Dec.

17, 2001, at St. Catherine's Hospital,

Garden City. She was a former Rexford

area resident, and the mother of Dale

Services will be at 2 p.m. Thursday

at Hawkeye Cemetery, Decatur

County, Pastor Gary Taylor officiating.

Burial will be in the Hawkeve Cem-

etery. Visitation will be from 6-8 p.m.

Wednesday, and 9 a.m.-1 p.m. Thurs-

Memorials are suggested to the Rex-

Ermalina C. Vernon

OAKLEY — Ermalina C. (Rudell)

Vernon, 69, died Sunday, Dec. 9, 2001,

at Logan County Hospital, Oakley. She

She was born April 8, 1932, in

Wallace County, the daughter of Mat-

thew and Mary (Pfeifer) Rudell. She

married Virgil Huffman Sr. in 1956 in

Oakley. Later she married James

She lived most of her life in Colo-

rado. In 1981 she moved back to Kan-

sas where she lived in Almena and

Goodland until moving to Oakley in

Survivors include her sons Virgil Huffman, Bill Huffman, and Randy

Huffman, all of Oakley; brothers Clar-

ence Rudell of Oakley, Joseph Rudell

of Colby, and Francis Rudell of Oak-

lev; sisters Henrietta Homm of Good-

land and Julianna Bruggeman of Surprise, Ariz.; five grandchildren; and

was a caregiver in a nursing home.

day at Pauls Funeral Home, Selden.



Lauritsens now

Music will be provided by Off Limits. The event will be hosted by Kevin and Gail Lauritsen.

Everyone is welcome. The couple requests no gifts.

Several perform with dance theatre in Colby

The Western Plains Arts Association and the David Taylor Dance Theatre presented Tchaikovsky's The Nutcracker in the Colby High School Sunday, Dec. 9. Many citizens of Winona attended it, including me. It was very good with pretty costumes and much talent, some local.

On Dec. 12, it looked Christmasy. Rain arrived on Tuesday night the 11th and turned to snow and wind, so all was white and cold. It was supposed to go through fast.

Verlin and Norma Lee Plummer announce the birth of a new great-grandson. He is Westen Paul Hayes, born to Glen and Chanda Hayes in Quinter on Dec. 4. He weighed 9 lbs., 7 3/4 ozs. Westen has a brother, Ward, who welcomed him home.

Sunday dinner guests of John and Kay Repshire in Russell Springs were Mr. and Mrs. Steve Arthur, Erin and Cole, Hays, Chad and Lester Repshire,

fishing with his son and grandsons.

Vic was preceded in death by his

Vic is survived by his wife Elaine of

Colby, daughter Korrena Kay Woolard

and husband Ed of Wichita; son Ken-

neth Lee of Las Vegas, Nev.; two

grandsons; two brothers, Thomas E.

and wife Mary of Colby, Kenneth B.

and wife Betty of Turkey, Texas; two

sisters, Geraldine Brown of Denver,

and Phyllis Graham and husband,

Delmar, of Grandview, Wash.; and a

stepmother-in-law, Lottie and children

Funeral services were Saturday at

Pallbearers were Ken Hurtt, Korrena

Woolard, Tim Covey, Travis Covey,

Joady Hurtt and Tommy Hurtt. Solo-

ist was Leon Woofter. Organist was Pat

Ziegelmeier. Burial was in Beulah

Cemetery, Colby. Services were con-

ducted by Kersenbrock Funeral

Kersenbrock Funeral Chapel, Pastor

Fran Harwerth officiating.

of Oaklev.

Chapel.

parents, two brothers, Scott B. and

James F., two sisters, V. Pauline and W.

Maxine and four nephews.



Rosalie Bussen

Winona Correspondent

Oakley, and Ray and Neet Repshire. Correction: Dorothy Peitz is Rogers Ausmus' sister, and not aunt.

Rosalie Bussen visited Roger Leiker in Prairie Manor in Sharon Springs Saturday afternoon. Returning home, Wallace briefly. Louie and Delmonte Tholen, Baker,

Ore., have been houseguests of Joyce, Daylene and Kyle Bartell for several weeks. They all traveled to Salina for Thanksgiving Day with Virgil and Myrna Bartell. Bill Sroufe and friend Angie of McPherson, joined them

Jean Lowe and Laura Valdivia motored to Hays on Friday evening, Dec. 7. They were met there by Steve and Cynthia Seidemand of Hutchinson and Kemp and Daylene Bartell.

she visited Bill and Diane Bauman in all attended the Christmas Past at Fort Hays.

Joyce Bartell hosted a pre-Christmas dinner on Saturday, Dec. 8. Present were Louie and Del of Oregon, Virgil and Myrna Bartell, Randy and Beth Bartell and daughter of Salina; Orman and Isabel Finch, Richard and Angela Fannine and son of Garden City; Ray Bartell and Steve Bartell, Denver: Roberts Salmans and fiancé, Virgil, Hoxie; Rhonda Fisher and children. Sharon Springs; Kyle Bartell; Glen

Holiday blues common in December

Its not unusual this time of year for many people to feel down-in-thedumps in spite of the festivity of the holiday season. For some, the coming season brings negative memories, reminding them of a childhood that was abusive or neglectful. For others it is a reminder of the loss of loved ones. People who tend to worry more feel an increase in anxiety over expectations that accompany the holidays, such as attending the annual office party, or joining in uncomfortable family gettogethers. In addition, the stresses of the season such as financial needs, time constraints and family demands, as well as recent national events, can contribute to a depressed mood. Such feelings can be overwhelming, but there are some things to do to help cope:

- Keep in mind that you are not alone, nor a bad person; many people feel the same way this time of year.
- Keep a proper perspective; it is only a short portion of the year.
- Reduce your expectations of the season; no family is perfect; many have · Ignore merchandising and the me-

dia implications of how people should feel. Very few of us can live up to the Walton family image. • Plan ahead; limit the number of

- events to attend, the holiday decorating and gift giving. • Tell yourself it's OK, even if things
- aren't perfect.
- · Avoid isolation; being alone con-

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Mental

tributes to feelings of sadness and negativity. Try volunteer work; making someone else feel good brings

• Take good care of yourself; take a walk for exercise, get enough rest, and eat nutritiously.

If feelings of sadness persist even when the events are enjoyable or after the holiday season is past, it may indicate something more serious such as depression. Talk to a trusted family member or friend, doctor, minister, or mental health professional for help and assistance.

Contributed by Karen D. Beery,

LCPC, Consultation and Education

The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help. Mail questions to: PLAIN SENSE, Consultation and Education Department High Plains Mental Health Center, 208 East 7th, Hays, Kan. 67601 Internet site: www.highplainsmentalhealth.com. Questions will be formatted and answered in a manner that insures confidentiality.

We welcome your local news whatever you want to share. Call 462-3963 Colby Free Press 155 West 5th Colby, Kan. 67701 mnelson@nwkansas.com

Community Calendar

THURSDAY, DECEMBER 20

Eating Disorders, Colby High School, 9:15 a.m.

Fern Past Matrons, noon

Kiwanis, Student Union, noon

Family History Center, 1145 S. Franklin, 7-9 p.m.

Tumbleweed Chorus, United Methodist Church, 8 p.m. Step-parenting discussion group, 8:30 p.m.; call Deb at 462-3870

or Randy at 462-7168. Downtown Alcoholics Anonymous, City Hall basement, 8:30 p.m.

(non-smoking)

We wish everyone a... Merry Christmas! Our office will be **CLOSED** on Tuesday, December 25th to celebrate this joyous holiday. **EARLY DEADLINES:** Wed., Dec. 26 Free Press: Friday, Dec. 21 @ 3:00, display ads; Monday, Dec. 24 @ noon, word ads. Thurs., Dec. 27 Free Press: Monday, Dec. 24 @ 3:00 display ads.

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three great-grandchildren. She was predeceased by her parents, husbands, son Larry Dean Huffman, Kristina Harper, Winona brother John Rudell; sister Juanita Quenzer; and granddaughter. Graveside memorial service was

Friday at St. Joseph's Cemetery, Oakley, Fr. Roger K. Meitl officiating. Kennedy-Koster Funeral Home, Oakley, was in charge of arrangements.

> We welcome your news mnelson@nwkansas.com

Betty Weeks Betty Weeks, wife of Donald L. Weeks, formerly of Colby, died Saturday, Dec. 15, 2001 at their home in Onalaska, Texas. Services were Tuesday from Faith Christian Church, Livingston, Texas.

Cards may be sent to Don at PO Box 1930, Onalaska, Texas, 77370-1930.

Victor L. Hurtt

Victor L. Hurtt, 62, died Tuesday, Dec. 11, 2001, at Citizens Medical Center, Colby. He was a retired supervisor for the Kansas Department of Transportation and a lifetime Colby resident.

Mr. Hurtt was born October 14,1939, to Scott B. and Mary Jane Leonard Hurtt. He was the youngest of nine brothers and sisters which meant he "had lots of taking care of" and he said, "teasing too".

Vic married Elaine Marie Lovenstein, Jan. 16, 1962. They had one daughter and one son.

Vic loved his family and had a great admiration for animals, especially horses, a love which he inherited from his father. Vic enjoyed taking his family camping and attending horse events including 35 years of the Butterfield Frail Ride. Vic enjoyed spending time She was a member of St. Joseph's riding with his daughter and family and

Hospital

CITIZENS MEDICAL CENTER Monday, Dec. 17, 2001 Admissions

Ashlee Haines and infant male,

Maxine Rahle, Atwood Diemiceale

Damian Wennberg, Winona

Markets

Quotes as of close of previous business day **Hi-Plains Co-op**

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