Death

Robert H. (Bob) Schoendaller Robert H. (Bob) Schoendaller of Colby, 78, died Aug. 27, 2001, at Citizens Medical Center.

He was born in Hyacinth, on Feb. 25, 1923, and lived in the Oakley and Monument area most of his young life. He attended the Monument School, but graduated high school from St. Joseph's Military Academy in Hays.

He was inducted into the Army Air Force and was very proud of his record. Shortly, after his promotion to sergeant, he was assigned to a B-17 flight crew as a ball turret gunner.

After his discharge, he moved to Denver. On Aug. 30, 1952, he married Irene M. Vandenburgh at the Immaculate Conception Cathedral in Denver.

He worked for 31 years at Lowry A.F.B. as a civilian employee, assigned to the 3415th Civil Engineering Squad. He retired in 1980 and moved to Colby in 1983 to resume his love of farming.

He was preceded in death by his parents, Jacob and Susan Brungardt Schoendaller, a brother, Alvin and a sister, Mary Schuff.

He is survived by his wife Irene M. of Colby; two daughters, Susan and husband, John of Arvada, Colo., and Luanne and husband, Terry Gross of Lakewood, Colo. Bob was especially proud of he and Irene's four grandchildren, Jennifer and Amanda Hellner of Arvada, and Matthew and Michael Gross of Lakewood. He is also survived by five sisters and one brother. Loretta Giebler of Pratt, Germaine Holmgren of Rapid City, S.D., Armella Melson of Denver, Rita Leiker of

Wichita, Mildred Hoagland of San Pallbearers were Steve Friesen, Mike Jose, Calif., Jacob (Cletus) Schoendaller, Great Falls, Mont.

Bob was a member of Sacred Heart Church of Colby and also the Knights of Columbus.

The vigil and rosary service was Thursday at Kersenbrock Funeral sary. Fr. Galen Long officiated at the vigil service and rosary.

Friday at Sacred Heart Catholic morials in memory of Bob. Kersen-Church in Colby, Fr. Galen Long offibrock Funeral Chapel, Colby, was in ciating. Musician was Mr. Ken Lang. charge of arrangements.

Tubbs, Jim Tubbs, Gary Stoecker, Hank Vette and Keith Reed. Honorary pallbearers were George Tubbs, Gerald Tubbs, Gerald Hansen, Dale Hawk, Norman "Bud" Goeken and Merle Albright.

Burial with military honors was at Chapel, the day that would have been the Fort Logan National Cemetery, Bob and Irene's 49th wedding anniver- Denver. Fr. John Grabrian of Lakewood officiated at the graveside ceremony. The Schoendaller family has The funeral mass was celebrated on selected Sacred Heart Church for me-

Community Calendar

Sunday Morning Alcoholics Anonymous, Ramada Inn, 9 a.m.

Higher Ground, High School Youth Group, Berean Church, 6 p.m.

MONDAY, SEPTEMBER 17

Duplicate Bridge, airport, 1 p.m.

Quit smoking support group, 775 E. College Drive, 1 p.m.

Cemetery District No. 1, courthouse, 2 p.m.

Take Off Pounds Sensibly, United Methodist Church, 7 p.m.; weigh-

Pride of the Prairie Orchestra practice, Colby Community College Band Room, Cultural Arts Center, 7:30-9 p.m.

Downtown Alcoholics Anonymous, (smoking), City Hall Basement,

Al Anon, (nonsmoking), 1275 W. 6th, 8:30 p.m.

Club News

NORTHWEST KANSAS TRANSITION COUNCIL

Northwest Kansas Transition Council met Oct. 30 at Colonial Steak House, Oakley. Marilyn Unger outlined the history and mission of the council for new members/visitors.

Kathleen Cataldo of High Plain Mental Health Center introduced herself and a program providing \$2000/ county for activities for children's needs not met by other funding. Diane Stithem, Colby, is the contact person

Cataldo briefly described the new drop-in center in Colby, Wings Upon the Prairie. Located at 1980 W. 4th, Colby, the center is to provide mental health consumers a place to drop in nights and weekends for peer counseling and leisure activities.

High Plain Mental Health initiated the Family Centered System of Care last year. The mental health center has hired additional staff in the area to provide the services for people aged 6 to

Therapeutic preschool services will work with Head Start programs. The youth. A program will be presented Ways and Means will again be plan- Stevenston jr. president, Quinlyn Sept. 13 to publicize the program.

Bonnie Werth, LINK, Systems pies. Change Spec., announced startup of youth civil rights groups for students 12-21 years in the area with or without disabilities. She offered to add names to LINK's advocacy mailing list providing information on current legislation. LINK now has a deaf and hardof-hearing interpreter-Amanda home. Aschenbrenner.

LINK has a HUD grant that will provide housing modifications for people with disabilities – \$5,000 if the home is owned, \$2,500 if the home is rented and the owner gives permission for modifications.

George Victor reports SRS will lose 35 positions in the Hays area over the next two years.

GED requirements will be raised Jan. 1, 2002. Completion of all testing must not exceed one calendar year. Tests will have to be repeated to count. Current tests will not be acceptable. Kansas Rehabilitative Services will continue to work with students with disabilities who drop out of high

Markets

Quotes as of close of previous business day **Hi-Plains Co-op**

Wheat Corn \$2.02 \$3.14 Milo

> Open Now Saturday Afternoon! * **Bar** opens at 11:30a.m. to close * Lunch from 12:00p.m.-4:00p.m. (Sandwiches, hamburgers, Appetizers)

* **Dinner** at 5:00p.m.-

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10:00p.m Satellite!

SUNDAY, SEPTEMBER 16

Family History (genealogy) Group, Pioneer Memorial Library, 3:30-

New Hope Narcotics Anonymous, City Hall Basement, 8 p.m.

Monday Afternoon Bridge, Meadowlark Manor, 1 p.m.

Eastern Star, 8 p.m.

8:30 p.m.

school, if they meet eligibility criteria and desire services to obtain GED

when appropriate. Developmental Services of Northwest Kansas has a new grant to assist businesses. Troy Hickman has been Deanna Sulzman and Judy Taylor. hired to direct the grant.

SER-Works funding information was presented. Persons may qualify for this funding if they have done farm work within the past two years.

Jennifer Unger has been accepted as the new State Transition Council representative.

XI ZETA ZETA

Xi Zeta Zeta met on the evening of Sept. 10 at the home of Mary Smith. After enjoying a sack supper and catching up on summer events, President Kayla Wilson secretary, Diane Wilson Anita Porter brought the meeting to order. Anita read correspondence from Beta Sigma Phi International announcing that Xi Zeta Zeta had been awarded a Three Star Chapter Award.

presented everyone with this year's and Diane Wilson, Amy Wilson the program books and announced the alternate. Social Committee's tentative plans. ning the work day to make the apple Woofter jr. vice president, Jackie

everyone participated in "Sister jr. parliamentarian, Robin Wilson jr. Trivia" where they learned some untreasurer. known facts about one another and some 'special treasures' and each and were Mazanecs and Sloans. every member was able to take one

Those attending were: Anita Porter, Brenda Kimberly, Kathy Ryan, Lynette Luck, Relda Galli, Linda Ryan, Mary Smith, Judy Epp and Colleen Dougherty. Other members unpersons who want to set up their own able to attend are: Lynn Carpenter,

SOLOMON VALLEY

On Sept. 10, Justin Sloan called the meeting to order. Roll call was "What is your favorite food" and was answered by 16 members.

Dustin Splattstoesser lead in the pledge to the American flag. The 4-H pledge was led by Jackie Splatts-

The program was the election of new members, Justin Sloan is the new president, Amy Wilson vice president, treasurer, Shawna Goossen reporter, Robin Wilson parliamentarian, historians Shawna Goossen, Kelley Splattstoesser, Brenda Wilson, Lindsey Wilson, Robin Wilson and Program Chairwoman Relda Galli Sally Wilson. Council is Justin Sloan

The Junior leaders are: Ashley Splattstoesser jr. secretary, Dustin Following the business meeting, Splattstoesser jr. reporter, Sally Wilson

Jackie and Dustin Splattstoesser shared many laughs. Anita contributed sang Blessed Assurance. The hosts

> The next meeting will be Oct. 8, at 7:00 at the 4-H Building.

Midwest Energy 100% GDN **Gas Safety**

Grandparents Recognition Day set

The Abilene Hustlers 4-H group will be sponsoring their annual Grandparents Recognition Day at the Senior Progress Center on Tuesday, Sept. 25, at 5 p.m. A light evening meal will be served. You do not need to have grandchildren to attend these festivities, but you do need to RSVP at 462-2901 by Friday, Sept. 21, if you plan to attend. This special event is made possible by a grant through our local Wal-Mart.

The following activities have been scheduled at the Senior Progress Center for the week of Sept. 17-21. Any senior 60 or older may participate. Monday – Shuffleboard at 10 a.m.; Cards at 1 p.m. Tuesday – Breakfast potluck at 8 a.m. The second half of Colby Community College's nursing students will be guests at the center from 8 a.m. until noon. Bring your tableware and a breakfast item to share. Low impact exercise class at 9:30 a.m.; Shuffleboard at 10 a.m.; Cards at 1 p.m. Wednesday – Line dance class at 10 a.m.; Cards at 1 p.m.; Beginners computer class at 3 p.m. Thursday – Low Birthday party held for 6-year-old

Edna Colson, Jane Richard, Jason

Davis and Dionne Richard enjoyed a

birthday supper Sept. 3, for Chris Ri-

chard at the home of his parents, Floyd

and Kathryn Richard in Norton. Chris

was 6 years old on Sept. 4. Chris has

feelings in his back now and can turn

over by himself. He is in kindergarten

now and can manage himself in his

Zula Horinek wants to thank those

who visited, sent cards, flowers and

gifts while she was in the hospital. She

was especially happy that all of her

children could be with her. They are

Linda of San Diego, Calif., Patty Ann

of Wichita, Terry of Austin, Texas, and

wheelchair.



Lois Myers

Senior Savvy

Coffee time at 9:30 a.m.; Shuffleboard

Indoor walking, snooker, pool, puzzles and cards are available whenever the center is open...and the coffee pot is always on!

Homestead Nutrition Sept. 17-24.

Monday – Hamburger pattie, bun, sliced tomato, green beans, macaroni and cheese, peaches. Tuesday Chicken and noodles, mashed potatoes, peas, bread, plums. Wednesday -Roast pork w/gravy, steamed cabbage, carrots and onions, bread, applesauce crunch, 1/2 banana. Thursday – Swiss steak, scalloped potatoes, 5-cup salad, bread, birthday cake. Friday – Eggs and sausage bake, hash browns, citrus salad, bread, coffee cake. Meal reserimpact exercise class at 9:30 a.m.; vations need to be made before noon, Shuffleboard at 10 a.m.; Senior bridge 24 hours in advance at 462-2901. Canat 1 p.m. Friday – Share-a-Memory/ cellations should be called in as soon

as possible. Menus are subject to

Senior Ponderings

This week we are discussing number 7 and 8 of the 10 most important things we can do to improve our diets.

7. Eat good carbohydrates. Bad carbs spike blood sugar and insuling good carbs do not. Research shows low insulin to be a secret to longevity. Eating good carbs, (dried beans, lentils, peanuts, yogurt, oatmeal, cherries and prunes,) can also help prevent colon cancer, heart disease, diabetes, weight gain and poor memory.

8. Restrict meat, animal fat, trans fats, and sodium. Red meat, especially fried, is linked to colon cancer. Saturated fat in whole milk, butter, cheese, sausage, steak and poultry clogs arteries; so do the trans fatty acids in many margarines, processed snacks and baked goods such as doughnuts. Excess salt may bring on heart disease even if your blood pressure is good.

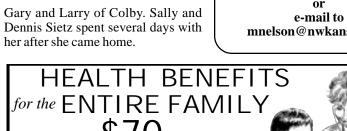
Next week: Eat less and take a multivitamin -mineral supplement.

Hospital

CITIZENS MEDICAL CENTER Wednesday, Sept. 12, 2001 No admissions **Dismissals**

Ronald Browning, St. Francis

We want your local news Call 462-3963 e-mail to mnelson@nwkansas.com



Veterans Advice

Q: It used to be that widows and widowers lost their VA pensions if they remarried. Hasn't this changed?

A. A change in federal law that took effect Oct. 1, 1999 allows VA to resume Dependency and Indemnity Compensation payments and related benefits to former recipients who lost their benefits because they remarried. The new law applies to people whether that later marriage ended in divorce, annulment or death of the spouse.

The current rate is \$911 for surviving spouses. In some cases, VA can pay more. Other rates are paid to eligible children. For information about restoring the payments, call toll-free, 1-800-



Lula Thieler

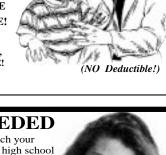
Correspondent

Rexford

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