

The Saint Francis Herald

At the Game

Experienced letter winners to lead the Lady Indian volleyball team

By Betty Jean Winston

The St. Francis Lady Indian volleyball team, 48 strong, has been working hard to prepare for the season opener at Hoxie on Tuesday. Golden Plains High School volleyball team will also be involved in the triangular.

Practice sessions began on Monday, Aug. 19, with the ladies having a well-balanced squad including several returning letter winners and a large number of underclassmen working to increase their skills. The younger players are a good sign for the future.

"These are good kids," Kent Kechter, Lady Indians coach said. "I am really pleased at the way they are listening and following directions. They try to do what I ask of them."

Nine returning letter winners will be leading the squad. They include Kelsey Andrist, Samantha Coates, Heather Culwell, Amber Feikert, January Fiedler and Gina Frohlich, all seniors, plus juniors Meredith Knodel, Kandee Raile and Toni Rice. Several of these girls have starting experience for the Lady Indians and two received honors at the conclusion of the 2001 season.

Being recognized last year were Feikert, All-Northwest Kansas League and honorable mention All-Area *Salina Journal*, and Andrist, honorable mention All-Northwest Kansas League and honorable mention All-Area *Salina Journal*. Previous starters besides Feikert and Andrist are Coates, Culwell and Fiedler. Frohlich was a part-time starter.

"Almost all of the returning starters will be playing all around this year (front row and back row)," Coach Kechter said.

Coach Kechter feels that these starters have a number of good qualities to bring to the game.

"Andrist and Culwell were the leading passers last year," he said. "Andrist will help on the pass and attack; Coates will do well on the attack as she both jumps and hits well; Culwell has a number of all-around skills and is much improved in the attack; Feikert and Fiedler are setters and Feikert is very good and Fiedler can do it all; and Frohlich will be helping with the hitting, blocking and maybe even will be doing some setting."

As far as the attributes of the junior letter winners, he said. "Knodel is much improved and will work on the front row blocking and hitting; she is much stronger than last year. Rice is a setter and back row specialist and Raile is an all-around passer and attack person; she is very competitive."

"I am expecting a lot from the letter winners. They have a lot of experience and are very competitive. There is a lot of good team competition involved; we need to hold on and stay healthy."

"We have good depth this year, deeper than we have been in some time. The talent level is good and I would have no reservation playing those on the bench. If someone is not getting it done, someone else will."

"This is probably the most experienced team I have had. The skills are good over all. It will be interesting to see how this team develops and how successful they will become. The girls are working hard and are excited about

the opportunity to play."

The keys to the season, according to Coach Kechter, is to "stay healthy, play hard and play together."

Sainty will use the 6-2 offense with all six players hitting and two setting. The Lady Indians have used this offense on other occasions. Defensively they will use the middle back.

This is a group of players who like volleyball and have been willing to spend extra time throughout the year playing. Many of the girls have attended camps and played summer league and/or winter volleyball. Sainty provided four teams for the Colby summer league this summer, both experienced players and freshman. Some players also attended camps in places like St. Francis, McCook, Kansas State, Kansas University and also Colorado camps.

"This additional work should prove beneficial to the Lady Indians in the upcoming season," Coach Kechter said.

"I am anxious to get going. The ladies have a positive attitude."

The Northwest Kansas League is expected to have several good teams so the competition could be very tough for the league title. Other league teams besides St. Francis are Atwood, Colby, Goodland, Hoxie, Oakley, Oberlin, Quinter.

At the end of the season, St. Francis competes with other 2A teams for the sub-state title and an opportunity to attend State.

Coach Kechter will be entering his 12th season in the role of head coach. Jeff Olofson and Susan Dinkel are assistant coaches. Coach Olofson will serve his 10th year and Coach Dinkel will begin her fifth year.

Roster

Seniors: Feikert, Fiedler, Sam Coates, Culwell, Frohlich, Andrist, Tara Neitzel

Juniors: Dana Raile, Yo Watanabe, Janis Dodd, Rice, Ashley Holzwarth, Hannah Sowers, Knodel, Lori Beth Faulkender, Allyse Lampe, Raile

Sophomores: Jennifer Austin, Julie Voeller, Kelsey Dunn, Amy Nicklos, Chelsey Weeden, Hailey Frewen, Amber Havel, Amy Grace, Amanda Jones, Ale Tygart, Emily Walz, Tiffani Miller, Brandi Barnhart, Kali Rueb.

Freshmen: Schuyler Coates, Jade DeGood, Ashley Dowgwillo, McKenzie Grace, Janessa Jordan, Maddie Knodel, Samantha Marin, Sheryl Miller, Christie Milne, Erin Neitzel, Allyson Reichert, Katara Sherlock, Ashton Rueb, Angela Van Allen, Talisa Voorhies, Sawyer White, Samantha Zwegardt

Statistician/scorekeepers/manager/video: Not all of the positions have been filled but Kari Gienger and Rachel Hnizdil will be scorekeepers and Megan Ford will be one of the statisticians.

Volleyball schedule

Tuesday, Sept. 3: Hoxie, Golden Plains, St. Francis at Hoxie

Tuesday, Sept. 10: Oberlin, Colby, St. Francis at Oberlin

Tuesday, Sept. 17: St. Francis, Atwood, Sharon Springs at St. Francis

Tuesday, Sept. 24: St. Francis, Wray, Holyoke at St. Francis

Thursday, Sept. 26: Imperial, Dund County, St. Francis at Imperial

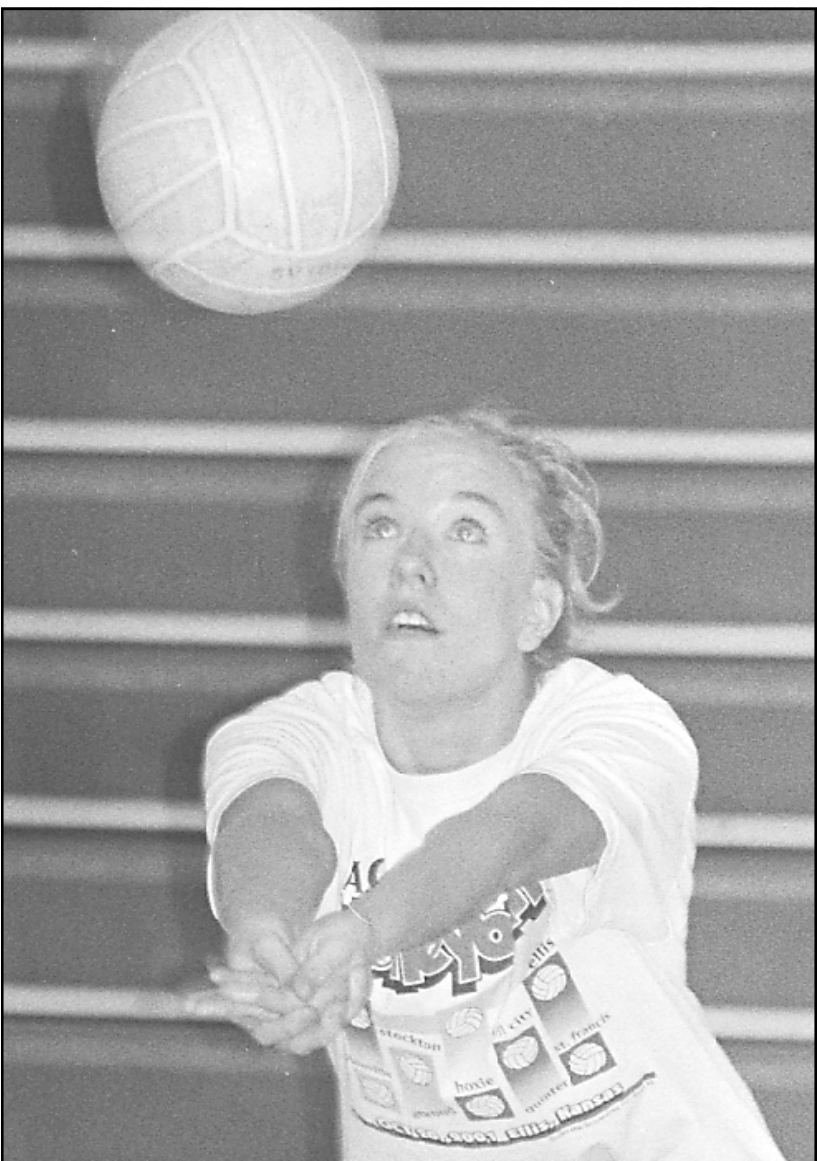
Tuesday, Oct. 1: St. Francis, Oberlin, Cheylin at St. Francis

Saturday, Oct. 5: Oberlin Tournament

Tuesday, Oct. 8: Oakley, Triplains, St. Francis at Oakley; Volleyball Appreciation Day

Tuesday, Oct. 15: St. Francis, Triplains, Sharon Springs at Winona

Saturday, Oct. 19: Northwest Kan-



RETURNING LETTER WINNER Samantha Coates will be one of the mainstays of the Lady Indians. Herald staff photo by Betty Jean Winston.

sas League at Hoxie

Saturday, Oct. 26: Substate Tournament

Friday, Nov. 1 and Saturday, Nov. 2: State Tournament

Ninth, C and junior varsity teams

Saturday, Sept. 7: Bethune Invitational tournament, St. Francis junior varsity vs several Colorado varsity teams. This is a new additional and not listed on earlier schedule.

Saturday, Sept. 14: Goodland, quad, both junior varsity and ninth grade team

Saturday, Sept. 21: Oberlin tournament, C-team only

Saturday, Oct. 5: Oberlin tournament, junior varsity

Home matches

Be sure and mark your calendar for the first home matches which will take place on Tuesday, Sept. 17. Opponents

will be Atwood and Sharon Springs. Games will be played in both the grade school gym and the high school gym with a starting time of 4 p.m. in each place.

The Lady Indians will have two additional home dates with Wray and Holyoke playing in St. Francis on Sept. 24 and Oberlin and Cheylin on Oct. 1. Seniors will be honored on Oct. 1, as this is the final opportunity to view the ladies at home.

Fans are encouraged to travel with the team out-of-town and show their Sainty spirit.

Open house

The volleyball squad/football squad open house will be held on Friday night with everyone meeting in the high school gym for player introductions at 7 p.m. Following remarks by coaches there will be a volleyball scrimmage in the gym and a football scrimmage on the practice field.

Opening day for rec program football is planned for Sept. 9

By Betty Jean Winston

The coaches have meet and the team rosters have been completed for the St. Francis Recreation football league. The younger players are scheduled for a 6:30 p.m. start and the older youth beginning action at 7:15 p.m.

At the present time plans are to play at the St. Francis ball field beginning on Sept. 9 and depending on the weather, running at late as Oct. 28.

Following are team rosters and schedule for both groups.

Kindergarten

through third grade

Roster

Team one: Jakalyn Van Allen, Sage Gideon, Kale Gideon, Casey Keller, Lucas Raile, Josh Teeter. Coaches: Matt Gideon, Clay Keller

Team two: Shakotah Blanka, Zach Gienger, Ty Zwegardt, Brock Zwegardt, Dallas Reed. Coaches: Shawn Blanka, Keith Zwegardt

Team three: Lucas Carmichael, Keegan Sherlock, Garrett Figgins, Katlin Figgins, Logan Lawson, Lane Lawson. Coaches: Hoagie

Carmichael, Mike Sherlock

Team four: Dillon Straub, Wyatt Landenberger, Scott Warren, Cameron Braun, Katlyn Braun, Cade Bracelin. Coaches: Christopher Bracelin, Dave Warren

Schedule

Sept. 9: field one, 1 vs 2; field two: 3 vs 4

Sept. 16: field one, 2 vs 3; field two, 4 vs 1

Sept. 23: field one, 3 vs 1; field two, 2 vs 4

Sept. 30: field one, 1 vs 4; field two, 3 vs 2

Oct. 7: field one, 4 vs 2; field two, 1 vs 3

Oct. 14: field one, 2 vs 1; field two, 4 vs 3

Oct. 21: field one, 3 vs 2; field two, 1 vs 4

Oct. 30: field one, 4 vs 1; field two, 2 vs 3

Fourth through sixth grade

Roster

Team one: Shawn Morris, Darris Keller, Trent Raile, Drew Zwegardt, Brooks Hobrock, Robbe Herman, Alex Jordan. Coaches: Clay Keller, Pete Raile

Team two: Jacob Riedel, Trent Kinen, Zach Zwegardt, Grady Brunk, Brett Lampe, Alex Long. Coaches: Rod Lampe, Ron Zwegardt

Team three: Brennan Van Allen, Ethan Zwegardt, Matt Raile, Benjamin Neitzel, Adam Guthmiller, David Stephen. Coach: John Guthmiller

Team four: Taylor Spike, Garrett Zwegardt, Cody Sherlock, Trevor Reed, Sidnee Crabtree, Shawn Warren. Coaches: Dave Warren, Sam Crabtree

Schedule

Sept. 9: field one, 1 vs 2; field two: 3 vs 4

Sept. 16: field one, 2 vs 3; field two, 4 vs 1

Sept. 23: field one, 3 vs 1; field two, 2 vs 4

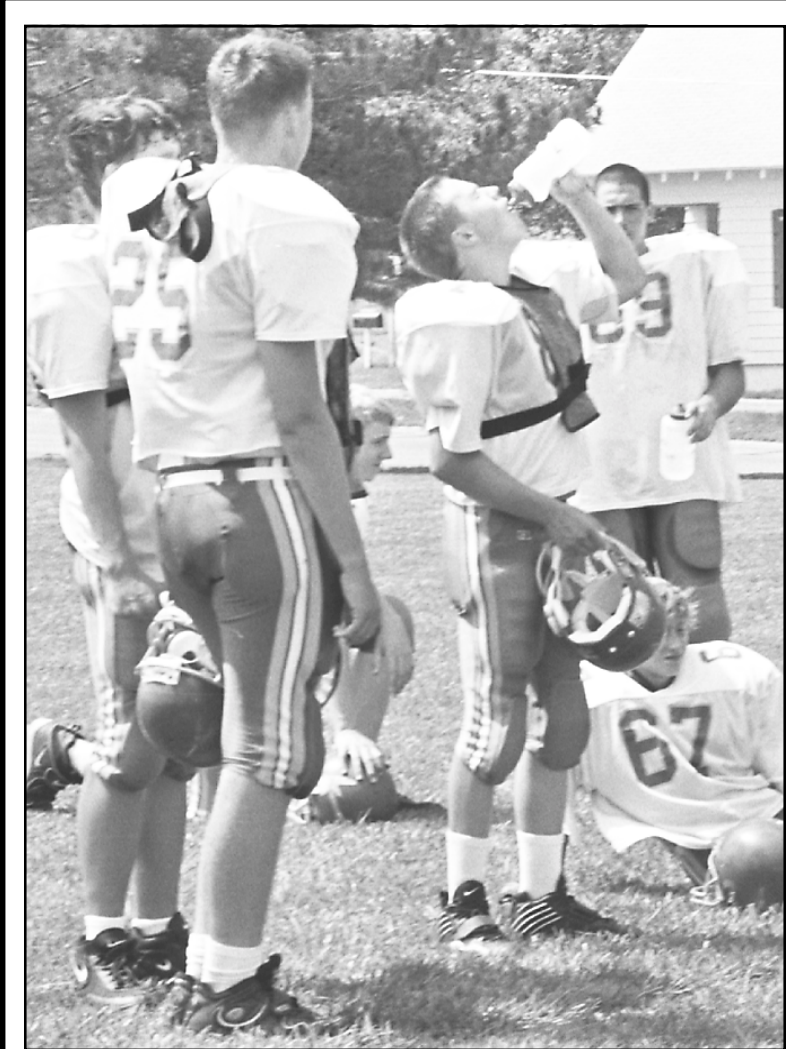
Sept. 30: field one, 1 vs 4; field two, 3 vs 2

Oct. 7: field one, 4 vs 2; field two, 1 vs 3

Oct. 14: field one, 2 vs 1; field two, 4 vs 3

Oct. 21: field one, 3 vs 2; field two, 1 vs 4

Oct. 30: field one, 4 vs 1; field two, 2 vs 3



HOT WEATHER means breaks for a drink during practice. Herald staff photo by Betty Jean Winston

Football preview next week

College football team, school campus almost back to normal

Dustin Dunn, former St. Francis Indian who is attending Fort Hays on a football scholarship, was not affected by the virus which hit Fort Hays State University football team on Aug. 18.

Members of the football team began to fall ill with flu-like symptoms on Aug. 18. Four of the players were hospitalized at Hays Medical Center, and eventually as many as 30 football players, two coaches and two children of the coaching staff exhibited similar symptoms. All four players who were hospitalized have been released and doctors said everyone affected was showing signs of improvement.

"There are no indications of a public health issue," Dr. Edward H. Hammond, president of Fort Hays State University, announced Tuesday morning. He received that information from Butch Schlyer, Ellis County health officer.

President Hammond said at the news conference that medical officials are using a "working" diagnosis of mycoplasma pneumonia, or walking pneumonia. While not highly contagious, the illness can be passed from person to person. It is routinely treated with antibiotics.

Dr. Randy Cook, the attending physician, cautioned that the diagnosis was not yet final. He said four samples of sputum — material expectorated from the lungs — had been tested and one was positive. More samples are being taken and sent for testing to confirm the diagnosis.

"We don't know for a fact that it's mycoplasma pneumonia," Dr. Cook said. "We're reasonably certain. We'd like to have more confirmation."

Dr. Cook explained that doctors at the Kansas Department of Health and Environment and at the Center for Disease Control have said that the test for

mycoplasma pneumonia, unlike many medical tests, is "very sensitive and very specific," and the symptoms for the other affected players were the same as the symptoms of the player who tested positive. Those symptoms included temperatures of 104 to 105 degrees, headaches, muscle aches and shortness of breath. Mycoplasma pneumonia is caused by bacteria, and the players are being treated with antibiotics.

Officials said during the news conference that there was no indication of any kind of contamination in the locker room or anywhere else on campus.

"It was not from environmental exposure," Dr. Cook said. "It was person

to person, but we don't know the original source of the exposure.

"This is a common phenomenon," Dr. Cook agreed. "They got it because they were all in close quarters for hours and hours." He said similar outbreaks of walking pneumonia often occur in Army barracks, high schools, middle schools and urban areas.

Dr. Cook cautioned that there might be a secondary wave of infections among people who have been in close contact with players who were ill. The incubation period is anywhere from one to three or four weeks. "It is treatable," he said. Anyone who thinks he or she may have contracted the illness should see his or her personal physician for treatment.

School Menu

Sept. 2-6	milk
Monday: Labor Day, no school	Thursday: breakfast: waffles, maple syrup, orange juice, milk;
Tuesday: breakfast: bagel, butter, jelly and cream cheese, cereal assortment, apple juice, milk; lunch: chicken tenders, honey and barbecue sauce, mashed potatoes, gravy, peas, peaches, milk	lunch: sloppy joe, bun, tater tots, corn, dill pickle spear, orange or apple, milk
Wednesday: breakfast: scrambled eggs, buttered toast, jelly, grape juice, milk; lunch: foil wrapped ham and cheese on a bun, potato chips, tossed salad with dressing, pears,	Friday: breakfast: cereal assortment, toast and jelly, apple juice, milk; lunch: taco, beef and cheese, lettuce and tomato, hot sauce, pink applesauce, cinnamon roll, milk
	Tuesday/Friday: junior/senior high salad bar

School Schedule

Friday: football/volleyball open house, 7 p.m.	Plains, St. Francis at Hoxie, 4 p.m.
Monday: no school, Labor Day	Thursday: C-team football, Goodland, here, 5:30 p.m.;
Tuesday: high school volleyball, Hoxie, Golden	Oberlin, there, 4:30 p.m.; junior high football, Oberlin, there, 5:30 p.m.

