

Bulletin Board

Sainty wrestlers move forward to regional tourney

The St. Francis wrestlers will be participating in the Regional Wrestling Tournament, which will be held at the Trego Community High School on Friday and Saturday, Feb. 21 and 22.

The participating schools will be Atwood-Rawlins County, Cimarron, Elkhart, Ellis, Hays-Thomas Moore Prep, Marion, Hill City, Holcomb, Hoxie, Kensington-Thunder Ridge, Lakin, Leoti-Wichita County, Montezuma-South Gray, Norton-Norton Community, Oakley, Oberlin-Decatur Community, Palco, Phillipsburg, Plainville, Smith Center, Saint Francis, Stockton, Sublette, Tribune-Greeley County, WaKeeney-Trego Community.

The seeding meeting will be held on Friday at 10 a.m. The seeding procedure and criteria will be using the Kansas State High School Activities Association wrestling manual. A

16-man bracket will be used. Since there are 23 teams the possibility exists that there could be up to 23 wrestlers in one weight class. The bracket will be set according to Activities Association guidelines.

Session one matches will begin on Friday at 2 p.m. Round 1 will be first round matches; Round 2 will be the championship quarterfinals; Round 3 will be consolation first round matches; Round 4 will be the championship semifinals.

Session two matches will begin on Saturday at 11 a.m. Round 5 will be consolation cross bracketing matches; Round 6 will be the consolation quarterfinals; round 7 will be the consolation semifinals; parade of champions.

Following the parade of champions, the consolation final and championship final matches will take place simultaneously.

Hospital Guild

The Cheyenne County Hospital Guild will be meeting Monday, March 3 at 2 p.m. in the Senior Citizen's Center. Dr. Shara Johnson will be doing a program on the Cheyenne County Hospital Physical Therapy Department. Hostesses will be Lee Russ and Arlene Walz. 08

Woman celebrates 95 birthday

Leone Krien will be 95 years old on April 1. She would love to receive cards at 820 S. Dennison St. Francis, KS 67756.

Lions Club

St. Francis Lions Club collects used eyeglasses, sunglasses, hearing aids and cell phones for refurbishing and use by those in need in 3rd world countries. Collection boxes are available at Bird City: Senior Center, and in St. Francis: County Health Clinic, Senior Center, Dr. Tim Poling, Krien Pharmacy, Thrift Store, St. Francis Supers, and the Court House. For assistance call 785-332-3119, 332-2950, 332-2024, or contact any Lions Club member.

Landscaping your home class

The K-State Sunflower Extension District will be presenting a landscaping your home class. The class has 3 sessions: March 27, April 2, and April 9, from 1-4 p.m. CST at the Cheyenne County 4-H building, or 6-8:30 p.m. MT at the Wallace County CAB building. Learn simple and effective home landscape design methods. There will be hands-on activities and homework. Class is limited to 15 - Registration is \$40 and includes all supplies and materials. For more information or to register, call Sunflower Extension District at 785-332-3171. 08

Library display

The St. Francis Library will have a display of Dee Epperson's postcards from Feb. 10 to Feb. 28. 07.

Local artist show

Quincy Gallery is featuring its second "Local Artist Show." Don't miss the variety of pieces on display: oil, water color, feather painting, pencil, acrylic, pottery, metal sculpture, fused glass and more. Gallery Hours are: Thursdays and Fridays from 9:30 a.m. to 3:30 p.m. and Saturday

mornings 9:30 a.m. to 12:30 p.m.

Banquet tickets

Cheyenne County Wildlife banquet tickets are available at Owens True Value, Frontier Arms, Bumper To Bumper, Republican Valley Auto, or any board member. The banquet is March 29 at the Legion hall in Bird City. This year's drawing will be for an AR10 and a Winchester 243 caliber. 07

Sod house stories

Do you or a member of your family have memories of growing up in a sod house? The Herald is looking for stories from Cheyenne County residents that grew up during the early 20th century in a sod house. Please send your story to PO Box 1050, St. Francis, KS 67756. Or you can call and tell Amanda Miller your story so she can write an article telling about your experience. Please call 785-332-3162 to tell us your story. Everyone that shares their story will be featured in the paper! 04

Painting

Cheyenne Center for Creativity announces two February acrylic classes with Peggy Moberly at Quincy Gallery, 109 N. Quincy, St. Francis. 1) "Painting with Peggy"- acrylic techniques. A creative way to start your day; 10 a.m. to 1 p.m. Saturday, Feb 22; 2) Canvas and Chianti: Join the fun Friday night, Feb. 28, from 6:30 to 9:30 p.m. and create a beautiful painting to take home that night. All materials are provided for both sessions: brushes, paints, canvas, and chianti (actually white wine)! Some say they are "hooked" on these classes.

Sign up with friends at Cuppa Joe or call: 785 332 3569

Grief Support Group

The Grief Support Group will continue to meet every second and fourth Mondays at 2 p.m. Meeting place is the Immanuel United Methodist Church, 116 E. Fourth, Bird City. For more information, call 785-734-2739.

The group is confidential support in a safe place of mutual help and comfort to all who have experienced the loss of a loved one.

Narcotics Anonymous

Narcotics Anonymous meetings are held at 104 W Webster/Methodist Education Building on Thursday nights at 7:30 p.m. Contact 785-342-0028.

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

Corrections

Ward Cassidy's article stated that the Cheyenne County Historical Society was the organization requesting the Highway 161 trail designation. It is in fact the Bird City Historical Association.

Club Clip

Lions Club

Memorial Day Program and Sam Miller & Pete Jensen have agreed to help the Lions. The nominating committee was reminded that nominations are due in March. There are still some extra 2014 calendars available.

Elmer Kellner reported on the 17-L District convention held in Hays on Feb. 7 and 8. The International Director, Donel "Duck" Knipp, reported that India has the fastest growing membership in Lions International. Redistricting to 3 districts is scheduled for March 15 in Great Bend; there will be 3 districts in Kansas - K A N. The Leadership Auction netted \$1200.

New Business: Discussed whether to sponsor the Drivers Safety Program and consensus of the group was to table this item for next meeting. Discussed recruiting students for Lions Band program in June,

and tabled further discussion. Jerry White was nominated to serve as one of the two delegates for the multi-district restructuring at Great Bend. Medical equipment stored at the courthouse is in need of some repairs, and Kody Krien, pharmacist, had made some recommendations for 5" wheels on the walkers and a toilet riser. Further discussion was tabled for next meeting.

The Headstart instructor had sent a report, stating that she will have a family meeting on March 11, at 5:30 p.m., and would like for Lions members to be present to read to the children at that time. Consensus was to decide who could be present at our next meeting.

Norman & Mary Morrow provided muffins for dessert.

These notes are from the unapproved minutes of the monthly Lions Club Meeting, Dorothy Kellner, reporter.

School Menu

Junior-senior high menu

Monday

Breakfast: Sausage patty, buttered toast with jelly, cereal, fruit juice.

Lunch: Macaroni and cheese, meatballs, seasoned peas, baby carrots, bread and jelly, applesauce.

Tuesday

Breakfast: Breakfast tornados, cereal, fruit juice.

Lunch: Chicken nuggets, mashed potatoes and gravy, steamed broccoli, wheat roll and jelly, strawberry jello salad.

Wednesday

Breakfast: Coffeecake, orange julius, cereal.

Lunch: Chili and cheese nachos, nacho chips, fresh veggie tray, cinnamon roll, orange wedges.

Thursday

Breakfast: Ham, egg, and cheese breakfast sandwich, cereal, fruit juice.

Lunch: Hamburger on bun, macaroni salad, potato chips, fruit salad, rice krispie treat.

Friday

NO SCHOOL

Grade school menu

Monday

Breakfast: Breakfast cookie, yogurt cup, tropical fruit.

Lunch: Hot ham and cheese on a bun, french fries, broccoli and cauliflower, apple.

Tuesday

Breakfast: Waffles with syrup, oranges.

Lunch: Pizza, corn, apple sauce.

Wednesday

Breakfast: Breakfast pizza, apple.

Lunch: Taco in a shell, salad mix with tomatoes, refried beans, pears.

Thursday

Breakfast: Breakfast taco, pears.

Lunch: Italian dunkers, cheesy bread sticks, green beans, pineapple.

Friday

NO SCHOOL

Weather

Date	High	Low
11	38	4
12	40	21
13	48	32
14	46	31
15	52	28
16	60	28
17	63	28

Tri-State Antique Engine & Thresher Show

ANNUAL MEETING

Saturday, March 1

10 a.m.

Bird City Senior Center

12-noon: Ham, Beans and Corn Bread lunch

This Year's Show Dates: July 31 & Aug. 1-2



YOST

800-524-9678 785-332-2188 yostford.com

Sales Manager - Brent Rueb - Rell Zimbelman - Sales Agent

Use your Smart Phone to scan our Bar Code for complete inventory

Like us on Facebook

Yost Ford

Check Out this Brand New 2014 C-Max Hybrid

47mph Combined City-Highway Driving

4-Door - 5 Passenger

Quiet • Efficient • Economical

• Comfortable

• GREAT fuel Economy

Ford Rebates & Low Interest Apply

The New yostford.com

at the New Yost Ford

James E. Reeves, DPM

Podiatrist/Foot Specialist
Reconstructive Surgery
Foot & Ankle Injuries

For appointments call:

Rawlins County

Health Center

785-626-3211

Wed., Feb, 26

Cheyenne County

Hospital - P.M.

210 W. 1st • 785-332-2104

Thurs. & Fri., Feb. 27-28

Atwood • 626-3211

Thursday, Feb. 27

Colby (p.m.)

CSMC, 175 S. Range

785-462-3332

CMC, 100 E. College Dr.

785-462-7511

Specials

Sunday

Meatloaf

Breakfasts every day

Verizon Dealer

4G LTE Broadband

Phones, Plans, etc.



Party Platters Available

Employment Applications

being ACCEPTED

Majestic Service

& Truck Stop

510 West Highway 36

St. Francis, Ks.

785.332.2905



"Greetings!"

H	A	C	K	S		S	P	A	R		S	H	A	G
O	N	E	A	L		P	I	N	A		T	E	L	L
H	E	L	L	O	K	I	T	T	Y		A	L	T	A
O	W	L		G	E	N	T		S	A	I	L	E	D
			B	A	Y	S				S	N	O	R	E
A	T	H	E	N	S		M	I	M	O	S	A		
H	E	E	L	S		P	I	L	A	F	G	I	S	
E	L	L	A		L	O	L	L		P	A	S	H	
M	E	L		T	O	L	L		P	A	I	N	E	
			O	D	O	L	L		P	R	I	N	T	S
T	E	T	O	N			N	O	O	N				
E	T	H	N	I	C		G	O	L	D		F	E	E
C	H	E	N		H	E	L	L	O	D	O	L	L	Y
H	E	R	E		J	K	E	A		O	E	R	A	S
S	L	E	D		P	E	N	N		D	A	T	E	D

American Profile

Celebrating Hometown Life

See American Profile magazine in this week's issue of

The Saint Francis Herald

(available in local area only)

Brought to you by

The Herald

"Your sponsorship could be right here."

For more information contact: **Tim Burr**

at 785-332-3162

CHEYENNE COUNTY HOSPITAL

210 W. 1st • St. Francis, KS

785-332-2104

Cheyenne County Spring Health Fair

Blood Lab Draws:

St. Francis - March 24, 25 & 26

6:30 a.m. to 10:00 a.m. at the Cheyenne County

Health Department, St. Francis

Bird City - March 27 & 28

6:30 a.m. to 10:00 a.m. at the Bird City Clinic

(no appointment needed for lab draws)

Lab Fee: \$45.00 due at time of service!

Please TAKE your prescription medication & drink plenty of Water prior to the lab draw! - No other foods or drinks after midnight the night before lab draws.

Men & Women Exams: April 14-18-

all day in St. Francis

St. Francis - Call clinic for appointment 332-2682

Men & Women Exams: April 14-18, 2014

in Bird City 9:00 a.m. - noon

Bird City - Call clinic for appointment 734-2306

Exam Fee: \$25.00 due at time of service!

For more information Contact: Mila Bandel, RN, County Health Nurse 785-332-2381. Sponsored by Cheyenne County

Hospital, Clinic & Health Department