

# Bulletin Board

## Veterans' Affairs

Jody Tubbs of the Kansas Commission on Veterans' Affairs will be in St. Francis from 10:30 to 11:30 a.m. at the county clerk's office to assist veterans and their dependents with Veteran Administration claims work on Wednesday, Dec. 19. If you are unable to contact Ms. Tubbs in St. Francis, you may contact the office in Colby any Monday, Wednesday or Friday. That phone number is 785-462-3572. 50

## Bloodmobile

The Red Cross Bloodmobile will be in St. Francis on Thursday, Dec. 12, from 8 a.m. to 3 p.m. at the Peace Lutheran Church. The goal for the St. Francis blood drive is 43 units. For more information or make an appointment, call 1-800-RED CROSS or go online, redcrossblood.org. The blood drive is open to the public and walk-ins are welcome. 49.

## Salem Christmas aired on PBS

Salem Lutheran Church's "Christmas in the Country," the 90-minute program from 2012 will be shown on Smoky Hill Public Broadcasting Service on Monday, Dec. 16, at 8 p.m. and again on Wednesday, Dec. 25, at 8:30 p.m. (note time change for

Christmas Day).

## Christmas in the Country

Salem Lutheran Church is hosting the ninth "Christmas in the Country" at 5 p.m. on Saturday, Dec. 14. Prelude music begins at 4:30 p.m. The public is invited to come hear carols sung and the Christmas Gospel read in German and English in honor of the Black Sea Germans from Russia who founded the historic church.

## Little Kids Wrestling

Little Kids Wrestling practice will be Tuesdays and Thursdays at 6 p.m. in the St. Francis wrestling room. First practice will be Tuesday, Dec. 10. For more information contact Shawna Blanka 785-332-5363. 49

## Art work on display

Cheyenne Center for Creativity invites you to drop by Quincy Gallery, 109 N. Quincy, St. Francis, to view Mike Boyson's antique steam engine and tractor metal sculptures. On display also are paintings by Beulah Stull. Gallery hours this week: Thursday afternoon: 12:30 to 3:30 p.m.; Friday: 9:30 a.m. to 3:30 p.m.; Saturday: 9:30 a.m. to 12:30 p.m.

## Christmas dinner

The St. Francis United Methodist Church will hold a free Christ-

mas dinner on Wednesday, Dec. 25, starting at 12:30 p.m. at the church, located at 512 S Scott, in St. Francis. There will be a time of fellowship at 11 a.m. Everyone is welcome.

## Christmas Eve services

The St. Francis United Methodist Church Christmas Eve services will be held at 7 and 11 p.m.

## Catholic Advent CD presentations

The Stewards of Hope committee for St. Joseph and St. Francis of Assisi Catholic parishes invite you to join us this Advent for a series of CD presentations to enrich the season. The last session, "Behold This Child," will begin at 5:30 p.m. on Sunday, Dec. 22, at St. Joseph Catholic Church in Bird City. It is an one-hour session. 50

## Painting with Peggy

Painting with Peggy: Canvas and Chianti (or crisp white), Dec. 13, 6:30 to 9:30 p.m. Register at Cuppa Joe Espresso or call 785-332-3569. 48

## Library display

The St. Francis Public Library will have Christmas tree skirts on display from Dec. 1 to Dec. 27. Stop by to see them. For more information call 785-332-2766.

## Grief Support Group

The Grief Support Group will continue to meet every second and fourth Mondays at 2 p.m. Meeting place is the Immanuel United Methodist Church, 116 E. Fourth, Bird City. For more information, call 785-734-2739.

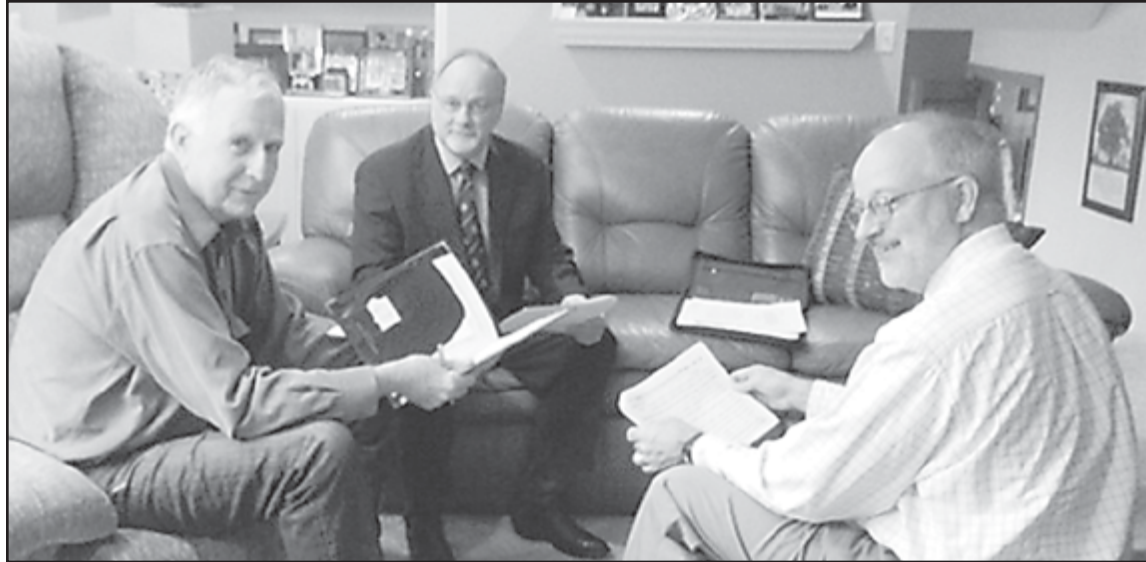
The group is confidential support in a safe place of mutual help and comfort to all who have experienced the loss of a loved one.

## Narcotics Anonymous

Narcotics Anonymous meetings are held at 104 W Webster/Methodist Education Building on Thursday nights at 7:30 p.m. Contact 785-342-0028.

## Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.



WARD CASSIDY visits with Secretary of Corrections Ray Roberts and Jay Shelton in St. Francis.

# Secretary of Corrections visits

Secretary of Corrections, Ray Roberts, the warden of Norton prison, and Jay Shelton visited with Representative Ward Cassidy Wednesday, Dec. 4 in St. Francis about the corrections budget.

Last year, the Governor line item vetoed the corrections budget. Representative Cassidy feels that the reason was that Corrections could not take an \$8 million dollar cut and still provide for the public safety.

There are eight prisons in Kansas that house 96,050 prisoners. Sixty-six percent of the prisoners have a drug abuse problem, and 38 percent are mentally ill. At this time, each prison averages 73 inmates over capacity. That means that in some prisons there are four or five inmates to a cell.

The cost to house a prisoner is \$68 dollars a day, and that equates to \$24,820 dollars a year per inmate. The Department of Corrections has an annual budget of \$347 million dollars a year.

A question many people ask is about the death penalty in Kansas. It still exists. There are nine inmates on death row. The last execution was in 1965.

One of the major problems discussed was that when money is short programs, are cut to help inmates return to society. Recidivism is defined as the percentage of inmates that return to jail after being released. In Kansas, that figure is 33 percent. The national average for recidivism is 58%. Community based reentry programs are a big reason for Kansas' success, but as funds run low in cities and

counties, these programs are being dropped.

Representative Cassidy said after the meeting "public safety has to be a priority for our state. I have been a strong supporter

for our highway patrol and the Corrections programs, and as I have learned even more about the problems, I will continue to advocate for public safety."

## School Menu

Dec. 16 - Dec. 20

### Junior-senior high menu

#### Monday

Breakfast: Pancake on a stick with syrup, whole grain cereal, fruit juice.

Lunch: Chicken tetrazzini, steamed carrots, tossed salad, breadstick, applesauce.

#### Tuesday

Breakfast: Chicken biscuit breakfast sandwich, whole grain cereal, fruit juice.

Lunch: Pork rib sandwich with lettuce and tomato, vegetable medley, oven fries cherry crisp with topping.

#### Wednesday

Breakfast: Scones, whole grain cereal, fruit juice.

Lunch: Lasagna, green beans, tossed salad, french garlic bread, strawberry jello salad.

#### Thursday

Breakfast: Biscuit and sausage gravy, whole grain cereal, fruit juice.

Lunch: Chicken nuggets, broccoli rice casserole, oatmeal roll, sliced peaches.

#### Friday

Breakfast: Buttered toast, ham patty, whole grain cereal, fruit juice.

Lunch: Sloppy joes on bun, sweet potato fries, baked beans, fresh grapes.

### Grade school menu

#### Monday

Breakfast: Cereal, toast, fruit, milk.

Lunch: Chicken tetrazzini, salad mix, carrots, french bread, strawberries, milk.

#### Tuesday

Breakfast: Donuts, tropical fruit, milk.

Lunch: Pork rib sandwich, lettuce, tomato, red onion, tri-tater, green beans, pears, milk.

#### Wednesday

Breakfast: Biscuits and gravy, banana, milk.

Lunch: Italian dunkers with cheesy bread sticks, salad mix, apples, milk.

#### Thursday

Breakfast: Sausage breakfast sandwich, strawberries and bananas, milk.

Lunch: Chicken strips, mashed potatoes and gravy, green beans, roll, cherry crunch, milk.

#### Friday

Breakfast: Muffin, oranges, milk.

Lunch: Ham sandwich, cheese stick, carrots, bananas, chips, milk.

From the kitchen: Menus are subject to change.

# Local woman has her 80th birthday

Deloris Knorr will be celebrating her 80th birthday on Monday, Dec. 16.

Her family is asking that friends and relatives send her cards at 503 S. Quincy, St. Francis, KS 67756.



Deloris Knorr

# Essays win contests

Fourteen of Lisa Holzwarth's eighth and ninth grade students had essays that were chosen to be published by Creative Communication in the book, "Celebrating What Is Important To Me."

Eighth grade students' essays included Coy Cassaw, Devin Patton, Janeth Perez-Medina, Madison Tice, Trayton Doyle and Matthisen Witzel; ninth grader essays were Ryan Grover, Jeremiah Neitzel, Jenna Confer, Julia Davis, Taylor Rogers, Sophia White, Danielle Frink and Joel Hill.

"This is awesome accomplishment for the students to become published authors!" said Mrs. Holzwarth. "Congratulations, students!"

Creative Communication has been working with schools and teachers for over 20 years. This company is pleased to offer a contest that rewards and recognizes writing. They want to motivate and bring recognition to creative writers, encourage students in striving to create their best work, and to inspire students to realize their potential.

Throughout the next few months, *The Herald* staff will

try to get the essays printed for others to read.

## St. Francis News

A family get together was held at Galen and Dorothy Weeden's home for Thanksgiving and early Christmas!

Guests attending were Marie Holzwarth of St. Francis; Dennis and Sonja Weeden of St. Francis; Terry and Rachel Weeden of Estherville, Iowa; Rod and Cara Weeden of Elkhart; Jeff and Holly Weeden, Leilani and Cooper of Manhattan; Karma Weeden of Manhattan.

Kyle and Katie Weeden, Sadie and Beckham of Kansas City, Mo.; Dustin and Laura Weeden and Isaac of Denver, Colo.; Gabriel and Kristine Weeden, Adriana and Bryce of Manhattan; Chelsey Weeden of Holdrege, Neb.; Levi Weeden of Hays; and Dave Rigert of Rapid City, S.D.

**Sunday Breakfast till 11 a.m. No Lunch**  
(Preparing for Subway)

Meeting room available for your Christmas gatherings

Verizon Dealer 4G LTE Broadband Phones, Plans Accessories

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SHOWTIME: 7:30 p.m. 2 hrs. 26 min.

**Hunger Games: Catching Fire PG-13**  
Dec. 13-15

Katniss Everdeen has returned home safe after winning the 74th Annual Hunger Games along with fellow tribute Peeta Mellark. Winning means that they must turn around and leave their family and close friends, embarking on a "Victor's Tour" of the districts.

**CHEYENNE THEATER** St. Francis, KS 785-332-2747

Children 12 & Under: \$4 All Others: \$6  
3D Movies: Children 12 & Under \$6 All Others: \$8

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Video Kingdom 785-332-3207

AUTHORIZED RETAILER

**CHEYENNE COUNTY HOSPITAL** 210 W. 1st • St. Francis, KS 785-332-2104

## Diabetes Education Management Meeting

Wednesday, December 18, 2013 1:30 p.m.

Cheyenne County Clinic Basement

Presenter - Susie Walz  
CCH LPN & Diabetes Educator  
Topic: Foot care & Diabetes

For more information contact Mila Bandel, RN - County Health Nurse 785-332-2381

"Celtic Crosses"

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**American Profile**  
Celebrating Hometown Life

See American Profile magazine in this week's issue of

## The Saint Francis Herald

(available in local area only)

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For more information contact: **Tim Burr** at 785-332-3162