Introducing ·

Chase Duane Hawkins was born to JD and Jordan Hawkins at Evans Army Hospital, Fort Carson Colorado, on Aug.30, 2013, weighing 6 pounds 11 ounces and was 20-inches long. Grandparents are Toni and Lex Landenberger, St. Francis, Joey and Scott Lamborn, Kersey, Colo., Bob Hawkins. St. Francis, and Todd Lester, Missouri.

Great-grandparents are Elsie Cook, Betty Rinehart, Gree-Landenberger, St. Francis, Shir- Jean Rinehart.

Owen Michael Jenkins was born Sept. 10, 2013, in Colorado Springs, Colo. The son of Gabe and Ashley Jenkins, Owen weighed 7 pounds and was 22-inches long. His sisters, Avery and Sophie, welcomed him home.

Grandparents are Karen Shaw, Greeley, Colo., Ralph Shaw, Denver, and Steve and Connie Jenkins, St. Francis.



School Menu

milk.

nana, milk.

bread, peaches, milk.

french bread, milk.

juice, milk.

Oct 14 - Oct 18

Junior-senior high menu Monday NO SCHOOL

Tuesday

Breakfast: Pancakes with syrup, ausage link, whole grain cereal, fruit juice.

Lunch: Chicken patty, mashed potatoes with gravy, green beans, wheat roll and jelly, apple wedges. Wednesday

Breakfast: Whole grain bagel with toppings, whole grain cereal, fruit juice.

Lunch: Tacos with salsa, lettuce, tomato, cheese, refried beans, milk. lime jello with pears, bean salsa and chips, M&M chip cookie.

Thursday

Breakfast: Breakfast pita with tomato salsa, whole grain cereal, fruit juice.

Lunch: Apricot glazed pork tenderloin, mashed potatoes and pork gravy, seasoned peas, crescent roll with butter, fruit salad.

Friday

Breakfast: Whole grain cinnamon roll, yogurt cup, whole grain cereal, fruit juice.

Lunch: Pizza choices, tossed salad, garlic bread with marinara sauce, corn, mandarin oranges.



Chase Hawkins

ley Lamborn, Windsor, Colo., ley, Colo., Shorty and Rita and Pat Tripplett, Marysville, Hawkins, McDonald, Helene Mo. Great-great-grandma is

Death notice Goodland resident, Shaunna

Armknecht. 56, died Oct. 4 in Goodland. Funeral services were held Tuesday in Goodland with burial in the St. Francis Cemetery.

Thanksgiving Dinner Benefit On Sunday, Nov. 3 from 11:30

a.m. to 1:30 p.m., the St. Francis Catholic Church is sponsoring a Thanksgiving Dinner Benefit for the St. Francis Senior Center. The meal will be served at the St. Francis High School. The meal will consist of turkey and all the trimmings. Please come and help us support the St. Francis Senior Center.

Goodland Elks Lodge

If you have a son/daughter or grandson/granddaughter presently serving in the active duty military, The Elks Lodge would like to present them with a Blue Star Banner for their door or window. Contact Zona Price, Secretary, Goodland Elks Lodge #1528 at 785-890-6251.

Family Day at the Museum

Bring the whole family and enjoy the "Family Day" at the museum on Saturday, Oct. 12 from 1-4 p.m. There will be door prizes.

Painting with Peggy

Acrylic Techniques class will be Oct. 18. Canvas and Chianti class will be Oct. 25. Both classes are from 6:30-9:30 p.m. at the Quincy Gallery, 109 N. Quincy, St Francis. Sign up for one or both in advance at Cuppa Joe Espresso.

Death notice

Robert Cranmer, 63, Riverside, Calif., died on Sept. 23, 2013 in Riverside. His wishes were to be black bean corn salsa, pears, cremated so no service will be salad mix, cinnamon roll, held. He was the son of Bill and Violet Cranmer and the sister of Shirley Younts. Cards can reach cille Rossbach, college English Breakfast: Breakfast biscuit Mrs. Younts at 4902 Farley St., Shawnee, KS 66203-4811.

School Board

There will be a School Board meeting on Thursday, Oct. 10 at 7 p.m.

Trail Ride

800-524-9678

Sales Manager — Brent Rueb

The 23rd annual Cheyenne Lunch: Meatloaf, mashed County trail ride has been set for sisted course will be held from 2 p.m. on Sunday, Oct 13. The 9 a.m. to 4 p.m. on Saturday, ride will last about 2.5 hours, Oct. 26, at the Cheyenne County starting at the Knapp family Wildlife Inc. clubhouse. Lunch

the Cheyenne County 4-Hers will be hosting a barbecue.

Bulletin Board

Commissioners Meeting Cheyenne County Commissioners will meet at the court-

house on Tuesday, Oct. 15 at 8 a.m.

City Council City Council will be meeting

on Monday, Oct 14 at 7:30 p.m. in the City Hall. **USDA** Commodity

Distribution

Cheyenne County commodity distribution of government surplus will be from 5 to 5:30 p.m., on Monday, Oct. 21, at the Church of Christ, 502 W. Spencer in St. Francis.

The types of food vary and include vegetables, fruits, juices, meat, cereals, peanut butter, nonfat dried milk and pastas. The food is shipped to the Church of Christ and it is supplied four or more times per year.

To be eligible for commodities, the household's total monthly income must be below: 1.245 – household of one;

\$1,681 – household of two; \$2,116 – household of three; \$2,552 - 'household of four. For each additional family member, add \$436.

Those ordering must pick up their order in person or send a signed official proxy form with another individual. Proxy forms are available at the senior center in St. Francis. An accurate and complete Cheyenne County address is required.

Writing workshop

A memoirs writing and publishing workshop will be held from 1 to 4 p.m. on Saturday, Oct. 12, at the Atwood City Library, 102 South 6th Street. Luteacher, writer, and editor from St.Francis, will lead the workshop

Hunter education course

A hunter education internet course is available at www.kdwpt.state.ks.us.

Search: hunter internet. An as-

north pasture, 10.5 miles north of will be served. For more informa- Garden and Farmer's Market of-McDonald. Following the ride, tion, call 772-7382 or 332-2776. **Sunday matinees**

ficially purchased the former

Goodell Greenhouse and is look-

ing for volunteers to help during

business hours. Please contact

Kale Dankenbring at 785-772-

1202 to sign up. For more infor-

mation go to www.stfranciscom-

Shooting range rules

County Wildlife have set some

new rules for the shooting range

at the Gun Club. Regulations in-

clude: 1) no use of tracer rounds;

2) no exploding targets; 3) no 50 BMG; 4) no glass targets.

Grief Support Group

continue to meet every second and

fourth Mondays at 2 p.m. Meet-

ing place is the Immanuel United

Methodist Church, 116 E. Fourth,

Bird City. For more information,

and comfort to all who have ex-

perienced the loss of a loved one.

ings are held at 104 W Webster/

Methodist Education Building on

Thursday nights at 7:30 p.m. Con-

Northwest Kansas

Family Shelter

Shelter provides 24-hour-7 day-

a-week service to victims of do-

mestic violence and sexual as-

sault. Weekly support groups are

available for women and children

within the northwest Kansas area.

For information or in need of as-

sistance, please call the toll-free

Correction

was inserted in last week's Herald

and Times, it listed Matt White as

-Weather

L

48

48

52

35

38

36

36

785-332-2747

All Others: \$6

Prec.

.05

when, in fact, he is a senior.

Η

78

84

58

53

55

69

82

Date

Oct 1

Oct 2

Oct 3

Oct 4

Oct 5

Oct 6

Oct 7

In the Fall Sports issue which

number 1-800-794-4624.

Northwest Kansas Family

Narcotics Anonymous

Narcotics Anonymous meet-

The group is confidential sup-

call 785-734-2739.

tact 785-342-0028.

The Grief Support Group will

The members of the Cheyenne

munitygarden.org."

The Cheyenne Theater is showing Sunday Matinees again. If it is a 3D movie, Sunday movie times will be shown in 2D. Youth football

The season started Sept. 7 and runs through Oct. 12. It gives kids, fourth through sixth grade, the opportunity to learn and play

the game dressed in pads and uniforms. They will be competing with teams in other towns. For more information or to sign

up, contact Ryan Culwell, 785-332-0150 or Deb Hilt, 785-332-0876.

Food Pantry

If your family is struggling to make ends meet, and you are a resident of Cheyenne County you are eligible to pick up a box of food from the food pantry once per month. Distributions are made on the third Saturday of each month port in a safe place of mutual help from 9 - 11 am at the west entrance of the county courthouse in St. Francis. The food pantry relies 100 percent on donations to provide this service. Cash donations to provide assistance can be made by contacting Candi Douthit at 785-332-0068. In-kind donations of non-expired, nonperishable food items can be made through many of the local churches in the county or by contacting Carol Sloper at 785-829-3679.

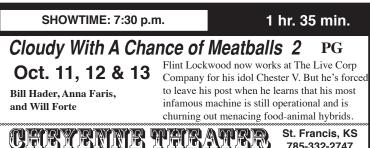
Farmers Market

The Farmers Market will have vegetables, herbs, grains, flour, natural cosmetics and soaps at the old Goodell Greenhouse on North Street. They will be open Saturday, Tuesday, Wednesday and Thursday. In the near future, they plan to have tomatoes, cucumbers and other garden vegetables. More farmers, artisans, and crafters are needed to supply the mar- a St. Francis high school junior, ket area with goods to sell. **Digital sign**

Anyone interested in putting a message on the the digital sign can send an email to sfledsign1@ gmail.com for consideration. Only community and civic events will be displayed. No commercial, political or religious advertising will be allowed. Volunteers needed

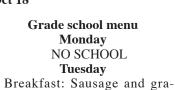
The St. Francis Community

Children 12 & Under: \$4





~ Alta



vy breakfast pizza, orange,

Lunch: Pizza, salad mix, ba-

Wednesday

Breakfast: Cinnamon bubble

Lunch: Taco with shell,

Thursday

sandwich, applesauce, milk.

Lunch: Italian pasta bake,

corn, salad mix, applesauce,

Friday

Breakfast: Breakfast taco,

potatoes and gravy, green

Menus are subject to change.

beans, roll, peaches, milk.

From the kitchen:

Owen Jenkins





New Releases Available at Majestic Video Majestic Service & Truck Stop

510 West Highway 36 St. Francis, Ks. 785.332.2905



785-332-2188 yostford.com

Like us on Facebook

Yost Ford

SEL Package, leather interior, FWD, all warranties and rebates apply.

This one needs a home because the new 2014s are coming in

- Come in, make your best deal -**All offers considered**

> The New yostford.com at the New Yost Ford

Celebrating Hometown Life See American Profile magazine in this week's issue of The Saint Francis Herald (available in local area only)

> Brought to you by The Herald

"Your sponsorship could be right here." For more information contact: **Tim Burr** at 785-332-3162

3D Movies: Children 12 & Under \$6 All Others: \$8 Class of 2018 Soup Supper Friday, Oct. 11 • 5 to 7 p.m

St. Francis High School Cafeteria Chili & Cheesy Potato Soup Homemade Cinnamon Rolls



Diabetes Education Management Meeting

Wednesday, October 16, 2013 1:30 p.m. **Cheyenne County Clinic Basement**

Presenter – Kirsten Angell, Dietician & Diabetes Educator – "A New Treatment Approach to Diabetes"

> For more information contact Mila Bandel, RN **County Health Nurse** 785-332-2381