

Moments With Mila

Investigation of an outbreak of Cyclosporiasis in the United States

The Center for Disease Control and Prevention was been notified of laboratory-confirmed cases of Cyclospora infection in multiple states where residents had become ill this summer and did not have a history of international travel during the 14 days before the onset of illness. Those states include, as of July 24, 2013; Iowa, Nebraska, Texas, Wisconsin, Georgia, Connecticut, New Jersey, Minnesota, and Ohio. Illinois and Kansas have also notified the Center of one case each that may have been acquired out of state, but in the United States.

Cyclospora is a parasite composed of one cell, too small

to be seen without a microscope. This parasite causes an intestinal infection called cyclosporiasis. It is spread by people ingesting something - such as food or water - that was contaminated with feces (stool). Cyclospora needs time (days to weeks) after being passed in a bowel movement to become infectious for another person, therefore it is unlikely that Cyclospora is passed directly from one person to another.

People living or traveling in tropical or subtropical regions of the world may be at increased risk for infection because cyclosporiasis is found in some countries in these zones. In

the United States, foodborne outbreaks of cyclosporiasis have been linked to various types of imported fresh produce.

The time between becoming infected and becoming sick is usually about 1 week. Cyclospora infects the small intestine (bowel) and usually causes watery diarrhea, with frequent, sometimes explosive, bowel movements. Other common symptoms include loss of appetite, weight loss, stomach cramps/pain, bloating, increased gas, nausea, and fatigue. Vomiting, body aches, headache, fever, and other flu-like symptoms may be noted.

Some people who are infected with Cyclospora do not have any symptoms. If not treated, the illness may last from a few days to a month or longer. Symptoms may seem to go away and then return one or more times. It's also common to feel very tired. See your health care provider for treatment.

Your health care provider will ask you to submit stool specimens to see if you are infected. You might be asked to submit more than one specimen from different days. Identification of this parasite in stool requires special laboratory tests that are not routinely done. In addition, your health care provider might have your stool checked for other organisms that can cause similar symptoms.

For more information on Cyclosporiasis contact the Cheyenne County Health Department at 785-332-2381.



By Mila Bandel
County Health Nurse

GRANT

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project coordinator. "This grant touches all medical services including dental, vision, emergency management, nursing facility care, and home health. We will be reaching out to community service providers before the deadline to request support for this initiative."

The benefits to the communities involved would be potentially restructured services, working together to solve healthcare issues and needs based on local knowledge and potential solutions. This will also focus feedback to state and national policy makers.

The grant application is due

Aug. 21. Community support is urged and needed to demonstrate that Cheyenne County is ready to change and work with other counties to secure the needed healthcare services that are needed for the Northwest Kansas area.

Letters of support for the project are being requested. Please contact Judy Rockwood or Carol Sloper at 332-2104 for more details.

The grant is being funded by the United Methodist Health Ministries in conjunction with the Sunflower Foundation, Health Care for Kansans, Kansas Health Foundation, Blue Cross and Blue Shield of Kansas Foundation, Kansas Hospital Education and Research Foundation and Kansas Hospital Association.

SCHOOL

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garage manager, Sean Straub, 332-8190, or the superintendent's office, 332-8182. There are changes to a few of the routes but the administration has been able to hold the routes to four buses.

The PTA will sponsor "Meet the Teachers" at 6:30 on Monday, Aug. 26, at the grade school. Parents are encouraged to attend.

The football and volleyball open house will be held at 7 p.m. on Friday, Aug. 30, at high school.

The first varsity high school volleyball game will start at 4 p.m. on Tuesday, Sept. 3, on the

Indian Ladies' home court.. They will be competing against Hoxie.

On Friday, Sept. 6, the Indians football team will be playing their first game of the season at 7:30 p.m. on Greene Field.

Doors will be locked

In an effort to ensure the safety of students and staff, all doors but the main entrance door to the school buildings will be locked after the bell rings. Parents and other people coming to the school need to plan to use these doors closest to the office and then check in at the office.

FOOTBALL

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probably be placed in Division I. Some of the nearer schools in the division include Atwood-Rawlins County, Hoxie, Quinter and WaKeeney-Trego Community. Some of the schools in Division II are Bird City-Cheylin, Dighton, Sharon Springs-Wallace County and Tribune-Greeley County.

District football playoff teams at the end of this season have been scheduled. St. Francis has been placed in District 7 and will be competing with Ellis, Leoti-Wichita County, Oakley and Oberlin-Decatur Community.

While the Activities Association does not require schools to report plans for junior high football, the board agreed that the players need to be trained in junior high before coming to high school to play.

Doesn't affect other sports

Mr. Werner said that the plans to play 8-man football will not affect any of the other junior-senior high school sports.

These sports are classified using enrollment from the top four high school grades and classifications are made each year instead of every two years.

The official enrollment will not be known until Sept. 20. Last school year, St. Francis high school was in the 1A classification with other schools ranging from 101 to 15 students.



BENJAMIN NEITZEL was able to travel while doing a two-month internship in Ireland. This photo was taken on the coast line and cliffs of the Aran Islands which are located off of the west coast of Ireland.

IRELAND

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very interested in.

He was allowed to go to court with the lawyers every day. While in court, he got to sit up front with the lawyers and take notes over the proceedings. These notes were often used by the lawyers during the trials.

"I would even observe client and lawyer consultations" he said, "often inside prisons and again, take notes over their conversations."

While in the office, he said, my supervisor had me condense and highlight the main points in multiple Irish acts and laws. She would use this information later on in her preparation for cases.

Benjamin also watched

surveillance footage and wrote down what the alleged criminals were doing at any given time in the video.

"My experience at KOD/Lyons Solicitors was more life changing than I had ever anticipated because of the responsibilities they gave me," he said. "I am now considering a career as a lawyer."

"The international experience will serve me very well in the future, broaden my perspective in many facets of my life and potential law career, and hopefully open doors that I may have never even considered."

When he returns to KU, he plans to graduate with a major in psychology and a minor in business. He is also joining the

university's mock trial team. "Working with the team will help me make the decision whether to go in to law" he said.

Benjamin said his summer in Dublin was also very life changing because he had the opportunity to explore the entire country of Ireland and a lot of Europe. He spent time in Iceland, England, Ireland, Spain, Italy and Scotland.

"I would have not have had the opportunity to visit these places and explore their cultures if I had not chosen to take an internship. I am very thankful that I had this opportunity."

Benjamin is the son of Ron and Roxie Neitzel of St. Francis.

— Lines From The Library —

Beyond Tomorrow

By Fern Michaels

Real estate manager Carley Andrews's predictable life in Bar Harbor is turned upside down when the rich and charismatic Adam Noble breezes into her office. With her precocious parrot, Quincy, flapping on her shoulder, Carley is amazed when Adam asks her to help him find the perfect

property to settle down in.

Despite her misgivings over the elite social set he belongs to, Carley soon finds herself intensely drawn to Adam, and it seems the feeling is mutual. Could it be that the source of the domestic bliss Adam craves is closer to home than he thinks?

Bonnie

By Iris Johansen

When Eve Duncan gave birth to her daughter, she experienced a love she never knew existed. Nothing would stand in the way of giving Bonnie a wonderful life _ until the unthinkable happened and the 7-year-old vanished into thin air. Eve found herself in the throes of a nightmare from which there was no escape.

But a new Eve emerged: a woman who would use her remarkable talent as a forensic

sculptor to help others find closure in the face of tragedy. Now with the help of her beloved Joe Quinn and CIA agent Catherine Ling, Eve has come closer than ever to the truth. But the deeper she digs, the more she realizes that Bonnie's father is a key player in solving this monstrous puzzle. And that Bonnie's disappearance was not as random as everyone had always believed.

WANTED Full-Time Help

Applicant must be able to write stories, cover events. Will need computer and bookkeeping skills. Wait on customers and answer phones, type, take photos & put together pages.



The Saint Francis Herald

To apply or for more information, contact Karen Krien at the Saint Francis Herald, 785-332-3162 or stop by the office at 310 W. Washington, St. Francis.

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*For more details,
contact
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