

Introducing

Garrett Zimbelman



Clay and Erika Zimbelman, along with big sister Alexis and big brother Wyatt, announce the arrival of Garrett Evan. He was born June 27, 2013, at 7:40 a.m. at Presbyterian St. Luke's Hospital in Denver, Colo. He weighed 7 pounds, 5 ounces and was 20-inches long.

Grandparents are Ron and Marsha Zimbelman, St. Francis, and David and Mary Lehman, Gardner.

School Menu

HS/JR School Menu

Aug. 19 – Aug. 23
Welcome back!

Monday

No School

Tuesday

No School

Wednesday

Breakfast: Scrambled eggs with cheese, buttered toast with jelly.

Lunch: Whole grain spaghetti with meat sauce, garden spinach salad, french bread with garlic butter, fresh grapes.

Thursday

Breakfast: English muffin breakfast sandwich, ham/egg/

Grade School Menu

Aug. 19 – Aug. 23
Welcome back!

Monday

No School

Tuesday

No School

Wednesday

Breakfast: Bagel with toppings, orange, cereal, milk.

Lunch: Spaghetti with meat sauce, salad, peas, french bread, grapes, milk.

Thursday

Breakfast: Breakfast pita with salsa, hash browns, fruit, milk.

cheese, fruit juice.

Lunch: Taco salad, refried beans, cinnamon puffs, pineapple tidbits.

Friday

Breakfast: Muffin choice, whole grain cereal, fruit juice.

Lunch: Pig in a blanket, potato wedges, broccoli with cheese, pink applesauce.

Breakfast: Milk choice includes a choice of skim or 1 percent milk.

Lunch: Choice of flavored skim or 1 percent unflavored and reduced fat dressing is available on salad bar.

Lunch: Taco salad, cinnamon roll, pineapple tidbits, milk.

Friday

Breakfast: Waffles with strawberries and whipped cream, milk.

Lunch: Chicken and noodles, mashed potatoes, green beans, oranges, roll, milk.

Breakfast: Juice, cereal assortment and milk are offered every morning.

Lunch: Fruit and milk are offered every day for lunch.

Gospel quartet in park

On Saturday, August 31 at 5 pm in the Bird City Park, the churches of Bird City are sponsoring the Gospel Quartet – The Down East Boys, followed by Pastor Todd Burpo, and praise and worship by Becky Burpo. If bad weather, it will be held in the Legion Hall. Please invite everyone and pray!

Funeral service

A funeral service for Glenn Neitzel, who died on Monday Aug. 12 in Manhattan, will be held on Friday, Aug 16 at 10:30 a.m. at the Peace Lutheran Church in St. Francis.

Cards and visits requested

Meta Dankenbring is being transferred to the nursing home in St. Francis on Aug. 12 for rehabilitation. Her temporary address is now 820 S. Dennison, Room 127. She would appreciate cards and visits to help her along.

Memorial service

A funeral service for Nora Jean (Carsten) Wilson, age 60, formerly of Bird City, will be held on Wednesday, Aug. 7 at her church in California. A memorial service will be held in Bird City at the St. John Lutheran Church on Saturday, Aug. 17 at 11 a.m. A pot luck dinner and fellowship will follow the service.

95th birthday

The family of Sophia (Keller) Zuege are asking that friends and family help her celebrate her 95th birthday by sending cards of well wishes to P.O. Box 64, Haigler, NE 69030.

Mini Cheer Clinic

On Friday, Aug. 16, from 5-7 p.m. the preschool-8 grade girls will be performing at the high school for their parents.

Men's breakfast

The United Methodist Church men's breakfast will be held at 8 a.m. on Saturday, Aug. 17, at the church in St. Francis. All men are welcome.

Youth football

The youth football season is starting soon.

The season starts Sept. 7 and runs through Oct. 12. It gives kids, fourth through sixth grade, the opportunity to learn and play the game dressed in pads and uniforms. They will be competing with teams in other towns. The Wray Elks day camp will be held on Aug. 10.

For more information or to sign up, contact Ryan Culwell, 785-332-0150 or Deb Hilt, 785-332-0876.

Cemetery Board District 2

Cemetery Board District 2 will meet at 7:30 p.m. on Monday, Aug. 19, in the Cheyenne County Commissioners' room in the courthouse.

Fair board

A special Cheyenne County Fair Board meeting will be held at 7 p.m. on Thursday, Aug. 15, in the commissioners' room in the courthouse.

Commodities distribution

Cheyenne County commodity distribution of government surplus will be from 5 to 5:30 p.m., on

Monday, Aug. 19, at the Church of Christ, 502 W. Spencer in St. Francis.

The types of food vary and include vegetables, fruits, juices, meat, cereals, peanut butter, nonfat dried milk and pastas.

The food is shipped to the Church of Christ and it is supplied four or more times per year.

To be eligible for commodities, the household's total monthly income must be below:

\$1,245 – household of one; \$1,681 – household of two; \$2,116 – household of three; \$2,552 – household of four. For each additional family member, add \$436.

Those ordering must pick up their order in person or send a signed official proxy form with another individual. Proxy forms are available at the senior center in St. Francis. An accurate and complete Cheyenne County address is required.

Commissioners

Cheyenne County Commissioners will meet at 8 a.m. on Thursday, Aug. 15, in the courthouse, St. Francis.

Food Pantry

If your family is struggling to make ends meet, and you are a resident of Cheyenne County you are eligible to pick up a box of food from the food pantry once per month. Distributions are made on the third Saturday of each month from 9–11 am at the west entrance of the county courthouse in St. Francis. The food pantry relies 100 percent on donations to provide this service. Cash donations to provide assistance can be made by contacting Candi Douthit at 332-0068. In-kind donations of non-expired, nonperishable food items can be made through many of the local churches in the county or by contacting Carol Sloper at 785-829-3679.

Farmers Market

The Farmers Market will have vegetables, herbs, grains, flour, natural cosmetics and soaps at the old Goodell Greenhouse on North Street. They will be open Saturday, Tuesday, Wednesday and Thursday. In the near future, they plan to have tomatoes, cucumbers and other garden vegetables. See ad for more information.

More farmers, artisans, and crafters are needed to supply the market area with goods to sell.

Scholarship

Any Cheyenne County junior or senior in college, majoring in wildlife or agriculture, is able to apply for the Herman Antholz Memorial Scholarship. Each applicant will be given an application and required to be interviewed by the Cheyenne County Conservation District Board 6. There will be two one-time scholarships for \$250 awarded each year. Deadline to submit an application is Aug. 28. For an application, please call the Conservation Office at 785-332-2341 extension 101 or stop by their office.

Digital sign

Anyone interested in putting a message on the the digital sign can send an email to sfledsign1@gmail.com for consideration. Only community and civic events will be displayed. No commercial, political or religious advertising will be allowed.

Volunteers needed

The St. Francis Community Garden and Farmer's Market officially purchased the former Goodell Greenhouse on June 24 and is looking for volunteers to help during business hours. Please contact Kale Dankenbring at 785-772-1202 to sign up. For more information go to www.stfranciscommunitygarden.org."

Lions will take

St. Francis Lions Club collects used glasses, glass cases, hearing aids, and used cell phones. Collection boxes in St. Francis are located at: Bella's Market, Cheyenne County Clinic (Health Nurse's Office), Courthouse, Krien Pharmacy, Dr. Tim Poling's Office, Senior Center, and Thrift Store. Collection boxes are also located in Bird City at the Hometown Market and the Senior Center. Questions? Call 332-3119 or 332-2950.

Shooting range rules

The members of the Cheyenne County Wildlife have set some new rules for the shooting range at the Gun Club. Regulations include: 1) no use of tracer rounds; 2) no exploding targets; 3) no 50 BMG; 4) no glass targets.

Compost collection

If anyone has leaves or grass clippings, they can bring them to the compost bins at the community garden spot at 104 W Third.

Grief Support Group

The Grief Support Group will meet every second and fourth Mondays at 2 p.m. Meeting place

is the Immanuel United Methodist Church, 116 E. Fourth, Bird City. For more information, call 785-734-2739.

The group is a confidential support to all who have experienced the loss of a loved one in a safe place of mutual help and comfort.

Emergency number

The phone number for Cheyenne County Communications Center (Dispatch) for non-emergency calls: 785-332-8822, Dial 9-1-1 for an emergency.

Narcotics Anonymous

Narcotics Anonymous meetings are held at 104 W Webster/Methodist Education Building on Thursday nights at 7:30 p.m. Contact (785) 342-0028.

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

Correction

In the article fair goes experience mild temps, in the Aug. 8 paper, Austin White was incorrectly identified as the Mad Dog winner. Keaton Frewen was this year's Mad Dog winner and a \$550 prize.

Weather

Date	H	L	Prec.
Aug 6	94	60	
Aug 7	80	63	.49
Aug 8	74	54	.28
Aug 9	83	56	
Aug 10	84	57	
Aug 11	84	63	
Aug 12	88	58	T

Treasure hunt set for Sept. 20 to 22

Bargain shoppers can mark their calendars for the eighth U.S. 36 Treasure Hunt, set for the weekend of Friday to Sunday, Sept. 20 to 22.

Coordinator Linda Elfers said the treasure hunt is a string of garage sales that runs from St. Francis to Elwood along the highway 36 across northern Kansas, nearly 400 miles.

"There will be 392 miles of garage sales to shop from," she said, "covering 13 counties."

Last year, Linda said, the hunt brought many people to town.

"Shoppers start to come into town by Wednesday," she said. "Some shoppers would start at one end of the (Kansas) map, and finish at the other end by the last day."

Registration forms for anyone who wants to have a garage sale listed on the Cheyenne County map, she said, are available at the county extension office

Reopening envelope

If you seal an envelope and then realize you forgot to include something inside, just place your sealed envelope in the freezer for an hour or two. Voila! It unseals easily.

Conditioner

Use your hair conditioner to shave your legs. It's a lot cheaper than shaving cream and leaves your legs really smooth. It's also a great way to use up the conditioner you bought but didn't like when you tried it in your hair...



Specials

Sunday

Meatloaf

Lunch everyday except Saturday

Soft Serve Ice Cream and Sundaes

Call ahead for take out orders

Majestic Service & Truck Stop

510 West Highway 36 St. Francis, Ks. 785.332.2905

Thank you!

A Special Thank You to these sponsors for helping us make the UMC 5K run/2-mile walk a success. We also would like to thank all the volunteers who helped in any way. A special thank you to the school for allowing us to use the facilities.

UMC Thrift Store

Eagle Store

Majestic Service

Owens True Value

Pizza Hut

Cuppa Joe

Donna's Gift Palace

Uptown Market

Video Connection

Diamond R. Bar & Grill

Kids Garden

United Methodist

Funnel Cake Stand

St. Francis Equity

Fresh Seven Coffee

Heartland HVAC

Hometown Market

-Bird City

Cheyenne Bowl-Dairy King

St. Francis High School

SHOWTIME: 8 p.m. 1 hr. 36 min.

Turbo 3D

Aug. 16, 17 & 18

Ryan Reynolds, Paul Giamatti, Samuel L. Jackson

A freak accident might just help an everyday garden snail achieve his biggest dream: winning the Indy 500. PG

CHEYENNE THEATER St. Francis, KS
785-332-2747

Children 12 & Under: \$4 All Others: \$6
3D Movies: Children 12 & Under \$6 All Others: \$8

CHEYENNE COUNTY HOSPITAL 210 W. 1st • St. Francis, KS
785-332-2104

The Cheyenne County Clinic will be offering free sports physicals. Please call the clinic to set up your appointment at (785) 332-2682.

American Profile

Celebrating Hometown Life

See American Profile magazine in this week's issue of

The Saint Francis Herald

(available in local area only)

Brought to you by
The Herald

"Your sponsorship could be right here."

For more information contact: **Tim Burr**
at 785-332-3162

