

Thresher queen crowned on July 25

This year's Tri-State Antique Engine and Thresher Show Queen attended country school up to the third grade, then the family moved to town where she completed grade school, then high school, graduating in 1951.

"Have you guessed who she is?" asked Phyllis Wright, Queen Committee.

This year's queen will be crowned at 1:15 on Thursday, July 25, the 2013 Thresher Show and will carry the title for the next year.

Following graduation, the queen was employed as a nurse's aide in Atwood.

In 1952, she married and lived on a farm for five years. In 1957, they moved from Kansas and were gone nearly 18 years. This was a different lifestyle change from farm life, she said.

While the queen and her husband were away from Kansas, they were blessed with two children. When they returned to Kansas farm life in the 1970s, their oldest child had "left the nest," and began his livelihood elsewhere. Their youngest, of course, learned about farm life - gathering eggs, feeding hogs and helping in the garden as well as cooking chores.

The queen became a grain truck driver during harvest as well as driving the tractor during tilling and planting times. She also gained crop irrigation knowledge. Today, as always, she enjoys



DO YOU know the thresher queen?

several different hobbies. Traveling has also been enjoyed by she and her husband.

You've seen her in church, teaching Sunday school, Bible school and many other places. She wears a pleasant smile and is always a willing worker wherever she is. Her husband and family support her every interest.

The family consists of two children, four grandchildren and three great-grandchildren. They all thoroughly enjoy family gatherings, wherever they may be.

Come to Bird City Thursday opening day of the 60th annual Tri-State Antique Engine and Thresher Show. The honorable queen will be officially introduced at 1:15 p.m. at the announcers stand.



BERNICE ZWEYGARDT, middle, was recognized as the resident of the month. Cathy Loop activities director interviews Mrs. Zweygardt during the reception help. Also pictured is her daughter, Debra Crites.

Police chief reports celebration successful

By Doug Sloper

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Police chief Shane Guggenmos reported at the July 8 St. Francis City Council meeting that the Fourth of July celebration went very well.

There were 11 warnings issued for fireworks being shot off after 10 p.m., he said. The department also received several calls about fireworks debris in the streets and some yards.

Chief Guggenmos and Superintendent Landenberger were unable to agree on a utility vehicle that could be used by both departments, due to the differing needs of each department. The chief requested that he be allowed to purchase either a Polaris 500 or 550 vehicle. The Polaris 500 would cost around \$6,150, while the 550 would cost \$8,600. The difference in price reflects upgrades and options on the higher priced vehicle. After discussion the council approved the Polaris 500 at the \$6,150 price. The chief also requested 10 minutes of executive session.

Bandshell

Mayor Scott Schultz and council member Roger Jensen will meet with Eric Johnson, Greg Kite, and Corey Thomas of Phisny Restoration Services on Wednesday, July 10, to discuss options for the restoration of the bandshell.

Property cleanup

Superintendent Landenberger reported that Jerry Toler has assured him that his property will be cleaned up on time per the city's request.

Mr. Landenberger has been unable to contact Royce Neitzel regarding his property.

Building permits

Building permits were reviewed and approved for the following: EZ's Custom Harvesting, metal building; Mike Gilliland, concrete patio; Barbara Barnhart, carport; Neil Zweygardt, fence; Travis Milne, pergola; Peace Lutheran Church, fence; Enrique Lopez, fence and sidewalk. A building permit will be issued for Robert Stewart, deck was approved,

pending approval from J.R. Landenberger.

Superintendent's report

Superintendent Landenberger reported that the July 2 power outage on the east side of town was caused by McQuigg's as they were removing trees. The repairs have not been completed and the city is running an emergency site through feeder four.

Pool report

Council member Bruce Swihart, reported that the pool was closed on Monday, July 8, due to a pH balance issue. The pool was too acidic, and needed to be drained and refilled to correct the problem. The pool was back in business on Wednesday.

The movie and swim on July 3 was well received and there have been many inquiries about doing another event in the near future.

The pool funding group met at the Church of Christ on July 9.

In other business

In other business:

- A tree trim license was approved for Abel Tree Trimming.

- Council member Paula Keller reported that the theater committee met. A group of citizens were there to discuss the content of recent movies that have been shown. The board discussed the issue and their policies will remain the same.

City clerk, Glorianne Milne, reported that the city had received a thank you note from Options Services for the recent donation to their organization.

The council read the bills on ordinance number 954. Bills totaling \$190,189.93 and payroll checks totaling \$44,833.03 were approved.

Next meeting

The next meeting of the city council is set for 7:30 p.m. on Monday, July 22, in city hall on Main Street.

The mayor and city council members would like to remind all citizens that the city council meetings are open to everyone. Contact the city clerk if there is an issue you wish to have added to the agenda.

Resident honored at nursing home

Bernice Zweygardt is the July Resident of the Month at the Good Samaritan Village.

Bernice, the daughter of Ed and Rosie Brunswig, was born on April 14, 1926, grew up with seven siblings on the farm south of Haigler. Her brothers were Elmer and Edward; her sisters were Virginia, Ellen, Elsie, Lois and Louise. Today, Lois and Louise are her only living siblings.

Growing up, Bernice remembers doing chores including feeding calves and cows, separating the milk, then feeding the skimmed milk to the hogs. The hogs, she said, were not her favorite animal and she didn't like to feed them. She also helped clean house, and helped with the gardening and watering.

She went to school at German Plains. The school was 2.5 miles away and she and her siblings would ride a horse and buggy to school. One time, the horse, named Alice, was spooked and she turned around and went back to the farm.

Bernice said her favorite

teacher was Vera Rockwell and her favorite subject was spelling. She went through the eighth grade, then went on to attend one year of high school.

She said that during the year in high school, the twin sisters, Lois and Louise, got the mumps. Bernice had never had the mumps so she was quarantined.

After that, she said, I didn't see the need to go back to school. So, she just stayed at home and worked on the farm.

Bernice had many memories of growing up. She remembered playing in the dirt with her brother, Edward. She also remembers him chasing her with worms. They would pull a wagon full of dirt up the hill just to have Bernice empty it.

One time while washing and drying dishes, they were playing tag in the house and, in the process, broke some dishes.

She laughed as she told about going camping as a family. They were staying in a tent when her mother got scared. She thought she heard a bear, Bernice said.

Dad went outside to see about the noise. Mother grabbed a hatchet, thinking the bear was coming in the tent. Before she swung, she found out it was Dad opening the tent.

Bernice's sister, Elsie, taught her how to drive. On one drive, Elsie told Bernice to back up and give the car a little gas. Instead of a little, Bernice hit the gas and it rammed into a disk parked in the yard. It didn't hurt the car but Bernice said she got hurt.

On July 8, 1945, she married Leonard Zweygardt at Salem Lutheran Church. They had met at Sunday School.

After they were married, Leonard went to the service. For the next three years, Bernice lived with her parents.

When he returned, they moved a house from Wheeler and put in on their farm southwest of St. Francis and started their farming operation.

They had three children, Judith, Debra and Nancy Sue, who died. Bernice has six grandchildren and 10 great-grandchildren.

The biggest influence in her life, she said, was her parents and going to Sunday school, Bible School and church. Her word of advice to young people was to go to church. One of the biggest changes in her life was getting a "modern" washing machine. Before the new machine, Bernice said she washed clothes on the old ringer-type machine for a longtime.

While the girls were young, they took family vacations but after they were married, they didn't travel much, she said.

Her hobbies included crocheting, quilting, cooking and baking and gardening. She belonged to an extension club. She and Leonard enjoyed dancing, playing games and going to card parties.

Following Bernice's interview, a power point presentation showing photos of Bernice and her family, set to music, was shown. Her special guests were sisters, Lois Lippert of Idalia and Louise Wilson of St Francis as well as her daughter, Deb Crites of Idalia.

Moments With Mila

Smoking and Asthma

Smoke from cigars, cigarettes, and pipes harms your body in many ways, but it is especially harmful to the lungs of a person with asthma. Tobacco smoke is a powerful trigger of asthma symptoms.

When a person inhales tobacco smoke, irritating substances settle in the moist lining of the airways. These substances can cause an attack in a person who has asthma. In addition, tobacco smoke damages tiny hair-like structures in the airways called cilia. Normally, cilia sweep dust and mucus out of the airways. Tobacco smoke damages cilia so they are unable to work, allowing dust and mucus to accumulate in the airways. Smoke also causes the lungs to make more mucus than normal. As a result, even more mucus can build up in the airways, triggering an attack.

Second-hand smoke is the

combination of smoke from a burning cigar or cigarette and smoke exhaled by a smoker. Inhaling second-hand smoke may be even more harmful than actually smoking. That's because the smoke that burns off the end of a cigar or cigarette contains more harmful substances (tar, carbon monoxide, nicotine, and others) than the smoke inhaled by the smoker.

Second-hand smoke is especially harmful to people who already have asthma. When a person with asthma is exposed to second-hand smoke, he or she is more likely to experience the wheezing, coughing, and shortness of breath associated with asthma.

Second-hand smoke harms children with asthma even more than adults. When a child is exposed to tobacco smoke, his or her lungs become irritated

and produce more mucus than normal. Since children's airways are smaller, the side effects of second-hand smoke affect them faster and can also affect lung function in later life. Children of parents who smoke are also more likely to develop lung and sinus infections. These infections can make asthma symptoms worse and more difficult to control.

Smoking harms an unborn child in many ways. Nicotine, the addictive substance in tobacco products, is carried through the mother's bloodstream directly into the baby. Children of mothers who smoked during pregnancy are more likely to have lung problems and are 10 times more likely to develop asthma. Smoking during pregnancy has also been linked with low-birth weight newborns, premature births, and sudden infant death syndrome (SIDS).

By Mila Bandel



County Health Nurse

Here are some ways to reduce exposure to tobacco smoke include:

- If you smoke, quit. Quitting isn't always easy, but the QUITLINE tobacco cessation program is there to help. Ask your health care provider about the QUITLINE. If your spouse or other family members smoke, help them understand the dangers of smoking and encourage them to quit.

- Do not allow smoking in your home or your car.

- Do not let anyone smoke around you or your child.

- Avoid restaurants and public places that permit smoking.

For more information on the Tobacco Cessation QUITLINE program call the Health Department at 785-332-2381.

4-H Council Food Stand Hours at the 2013 Cheyenne County Fair

Wednesday, July 31 — 10 a.m. - 10:30 p.m.
 Thursday, August 1 — 7:30 a.m. - 10:30 p.m.
 Friday, August 2 — 7:30- a.m. - 10:30 p.m.
 Saturday, August 3, 2013 — 11 a.m. - 11 p.m.

Come enjoy the Fair and support the Cheyenne County 4-H Program!

TJ's Improvements

Travis Milne • Owner

Remodels — New Construction
 Metal Buildings — Concrete
 Flooring — Siding — Windows
 Doors — Some Plumbing & Electrical
 Call for estimate 785-332-5254



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1 Bedroom 1 Bath • 2 Bedroom 2 Bath
First month's rent FREE

Monthly rent includes:

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Call Sherri Hilt, Senior Housing Manager,
 785-332-2531 for more information



820 South Denison,
 St. Francis, Ks. 67756
 St. Francis Good Samaritan
 Village is an EEO/AAP —
 M/F/V/D employer

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NOTICE OF BUDGET HEARING

State of Kansas
 Special District
 2014

Item	2014	2015	2016
1. Administration			
2. Public Works			
3. Police			
4. Fire			
5. Public Safety			
6. Parks and Recreation			
7. Community Development			
8. Other			
Total			