

At the Game



RON KRAMER was one of the golfers at the alumni tournament on July 15.



SONDRA BRACELIN talks to golfers before they head out. This was the fourth year for the alumni golf tournament. *Herald staff photos by Doug Sloper*

Alumni tournament has 43 golfers

The St. Francis alumni golf tournament was held Saturday, June 15, at Riverside Recreation.

There were 43 golfers, said Shirley Zwegardt, alumni coordinator. It was the biggest turnout since the tournaments began in 2010.

Winning with a score of 30 was the group of six players: Libby McCall, Mike Jackson, Marlene Nederman, Jeff Nederman, Royce Gienger and Ron Kramer.

Special prizes were awarded at the alumni meeting that evening. They went to: Matt Bandel - longest putt on the first hole.

Daryl Loyd - closest to pin on the third hole. Mike Jackson - longest putt on the fifth hole. Chris Bracelin - closest to pin on the seventh hole. Andy Rinehart - longest putt on the ninth hole.



SOPHIE WHITE DIVES in at a recent meet while Cassie Cooks gets ready for her turn. *Herald staff photos by Doug Sloper*

Sharks are second at Benkelman

The Sainty Sharks saw action in Benkelman on Saturday, June 16. Other teams participating were Cheylin, Benkelman, Atwood and Indianola. The Sharks were in second place behind Atwood.

The parents were in charge because Margaret Poling, coach, was out of town for a wedding.

They did a great job, Coach Margaret said. And, the meet ran quickly.

Some new, great swims were put in by Bree DeWaal and Emma Johnson in the butterfly. I think they even surprised themselves, the coach said. I also heard that Taryn Zwegardt did an awesome flip turn. Nice job swimmers!

Adam Krien, with five heat winners and first places, was the swimmer of the week.

Swimmers are practicing every day and working super hard to try to get faster times for the qualifying meet.

Bree DeWaal: 8-and-under age division, 18-and-under 100-yard medley relay, second; 25-yard butterfly, heat winner, exhibition; 25-yard backstroke, third; 25-yard breaststroke, heat winner, first; 25-yard freestyle, fourth; 8-and-under 100-yard free relay, heat winner.

Emily Elfers: 15-18 age division, 18-and-under 100-yard medley relay, second; 50-yard backstroke, heat winner, first; 50-yard freestyle, fourth; 18-and-under, 100-yard free relay, second.

Skye Feldman: 8-and-under age division; 8-and-under 100-yard free relay, heat winner.

Alexis Frink: 15-18 age division, 18-and-under 100-yard medley relay, second; 50-yard butterfly, second; 50-yard freestyle, second; 100-yard individual medley, heat winner, first, 18-and-under, 100-yard free relay second.

Christina Frink: 11-12 age division, 50-yard freestyle, sixth; 12-and-under 100-yard free relay, first; 18-and-under, 100-yard free relay, second.

Emma Johnson, 9-10 age

division, 18-and-under 100-yard medley relay, second; 25-yard butterfly, heat winner, first; 25-yard backstroke, third; 25-yard freestyle, first; 12-and-under 100-yard free relay, first.

Elle Krien: 8-and-under age division, 25-yard backstroke, second; 25-yard breaststroke, second, 25-yard freestyle, heat winner, first; 100-yard individual medley, exhibition, 8-and-under 100-yard free relay, heat winner.

Lyden Lampe: 8-and-under age division: 25-yard backstroke, heat winner, sixth; 25-yard freestyle, heat winner, third; 8-and-under 100-yard free relay, heat winner.

Dawn Rice: 11-12 age division, 50-yard breaststroke, heat winner, fourth; 9-10 25-yard freestyle, heat winner; 12-and-under 100-yard free relay, first.

Jesse Baxter: 9-10 age division, 10-and-under 100-yard medley relay, heat winner, first; 25-yard backstroke, third; 25-yard freestyle, fourth; 100-yard individual medley, second; 10-and-under 100-yard free relay, heat winner, first.

Shadryon Blanka: 9-10 age division; 10-and-under 100-yard medley relay, heat winner, first; 25-yard butterfly, second; 50-yard freestyle, third; 25-yard backstroke, second; 100-yard individual medley, exhibition; 10-and-under 100-yard free relay, heat winner, first.

Caleb Frink: 15-18 age division; 18-and-under 100-yard medley relay, second; 50-yard butterfly, heat winner, first; open 200-yard free relay (swimmer swims 50-yards), second; 50-yard freestyle, heat winner, first; 18-and-under 100-yard free relay, second.

Connor Keller: 11-12 age division; 18-and-under 100-yard medley relay, second; 50-yard backstroke, third; open 200-yard free relay, (swimmer swims 50-yards) second; 50-yard freestyle, heat winner, sixth; 18-and-under 100-yard free relay, second.

Adam Krien: 9-10 age division;

10-and-under 100-yard medley relay, heat winner, first; 25-yard butterfly, heat winner, first; 50-yard freestyle, heat winner, exhibition; 25-yard freestyle, heat winner, first, 100-yard individual medley, heat winner, first; 10-and-under 100-yard free relay, heat winner, first.

KC Krien: 11-12 age division; 18-and-under 100-yard medley relay, heat winner, second; 50-yard butterfly, second; 50-yard breaststroke, heat winner, first; 50-yard freestyle, exhibition; 100-yard individual medley, heat winner, first;

Keigan Taylor, 11-12 age division; 50-yard butterfly, fourth; open 200-yard free relay, (swimmer swims 50-yards), second; 50-yard breaststroke, third; 50-yard freestyle, fifth; 18-and-under 100-yard free relay, second.

Lukas Zwegardt: 9-10 age division; 10-and-under 100-yard medley relay, heat winner, first; 25-yard breaststroke, second; 10-and-under 100-yard free relay, heat winner, first.

Taryn Zwegardt, 13-14 age division, 18-and-under 100-yard medley relay, second; 200-yard free relay, (swimmer swims 50-yards), second; 50-yard freestyle, third; 18-and-under 100-yard free relay, second.

The team headed for Atwood last Saturday. This is the last meet of the year to get an absentee time for the qualifying meet.

"We need all our relays to be on their toes for this one," Coach Margaret said.

Home swim meet
St. Francis will be hosting a second meet starting at 6 p.m. on Thursday, June 27. Friends, neighbors and relatives are urged to come to the pool and support the swimmers.

Look for the flags flying at the pool and you will know we are practicing, Coach Margaret said.

Good job parents for taking over at the Atwood meet. See you at the races!!

Annual run held in Atwood

The 33rd running of the Lake Atwood County Challenge Race will be held on Monday, July 4, beginning at 7:30 a.m.

The men will run four times around the lake for a distance of 8 kilometers (5.0 miles) and the women will run twice around the lake for a distance of 4 kilometers.

Every age-division finisher scores points for his or her county. In nearly every race, the team having the most participants won the competition.

There are no awards and no entry fees. Runners

take part for the honor of his or her county. All you have to do is show up.

County residence is not a requirement. Bring an out-of-county friend to the race and have that friend run for your county.

The County Challenge Race is the first event of the annual Lake Atwood Day celebration hosted by the Atwood Rotary Club.

Runners should make plans to participate in the race.

Sainty swim meet held Thursday starting at 6:30 p.m.

Upcoming Promotions

For more information contact Tim Burr at:



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Tri-State Antique Engine & Thresher Show

July 25 - July 27

Featuring stories about the demonstrations, buildings, history, shows and Queens.



Cheyenne County Fair

July 31 - Aug. 4

Featuring 4-H's, fair and carnival activities, schedule of events and other interesting happenings at fair time.

