

Family requests card shower

Ilene Raile will be celebrating her 90th birthday on Thursday, June 27. Her family is requesting that cards be sent to her at 104 E. Third, St. Francis, KS 67756.



Raile



Springhorseshow set for Sunday

The Cheyenne County Spring Horse Show will start with registration at 9 a.m. on Sunday, June 23, at the fairgrounds in St. Francis. Show time is 10 a.m.

Age divisions include 7 to 9 years, 10 to 13 years, 14 to 18 years and an open division. There will be all-around prizes for each age division and for each class

placing first through fourth.

Events include halter, showmanship, hunter under saddle, hunt seat equitation, western pleasure, horsemanship, reining, barrels, poles, flag race and the stake race.

Concessions will be served by the Hobo Snack Shack as well as a luncheon special.

50th wedding anniversary

On Sunday, June 23, Bert and Nancy Follett will celebrate their 50th wedding anniversary. Their children are asking that friends and relatives remember them by sending cards at P.O. Box 662, St. Francis, KS 67756.

65th wedding anniversary

An open house will be held for R.B. and Betty (Cook) Smith celebrating their 65th wedding anniversary. The celebration will be from 2 to 4 p.m. on Saturday, June 29, at the McArthur Senior Center, 330 Hoffowell Street, Burlington. They are requesting no gifts, only your presence.

Those unable to attend can send cards to them at 455 Webster Ave., Burlington, CO 80807.

Note different day

The KU Alumni Association welcomes alumni and KU enthusiasts of all walks to enjoy dinner with members of the KU Alumni Association staff June 19 (not June 20) at the Diamond R Bar and Grill at 118 W Washington Street in St. Francis. The dinner will take place at 5:30 p.m. and light snacks and soft drinks will be provided.

Lions will take

St. Francis Lions Club collects used glasses, glasses cases, hearing aids, and used cell phones. Collection boxes in St. Francis are located at: Bella's Market, Cheyenne County Clinic (Health Nurse's Office), Courthouse, Krien Pharmacy, Dr. Tim Poling's

Office, Senior Center, and Thrift Store. Collection boxes are also located in Bird City at the Hometown Market and the Senior Center. Questions? Call 332-3119 or 332-2950.

Cheyenne County Young Miss

Due to the lack of participants we will not be holding a Cheyenne County Young Miss program this summer. Bailey Merklin will get the title as 2014 Cheyenne County Young Miss. The young miss board has asked her to submit an essay in order to receive a scholarship. Be watching for her essay that will be published in the paper in July. We appreciate everyone's understanding and continued support. Chairman Jessica Nelson.

Painting classes

Peggy Moberly will be giving her "Canvas" classes again on Friday evening, June 21 (6:30-9:30) and Monday morning June 24 (9-12) at the Cheyenne Center for Creativity art workroom, 109 N. Quincy Street. All supplies are provided...just come and enjoy yourself! (Please note that the Friday June 28 class was rescheduled and is taking place on June 21 instead.) Sign up at Cuppa Joe Espresso or call Janet Carman 785-332-3569.

Bible school

Solid Rock Baptist Church will hold a Vacation Bible School Block Party on Friday and Saturday, June 21 and 22, at 300 S. Benton, St. Francis. Children, ages 3 to 11, will meet at the lot from 8:30 to 11:30 a.m.; those 12 years and older will meet from 6:30 to 9:30 p.m.

Hospital golf tourney

The Cheyenne County Hospital and Clinic golf tournament is set for Saturday, June 22, at Riverside Recreation, west of St. Francis. Lunch will be served after the tournament. Teams are four-person teams. The registration cost includes player gift bags,

lunch and 18 holes of golf. Those interested in playing and would like a chance for the donated spots, please call Stacy at Cheyenne County Clinic, 785-332-2682.

Reception for Dr. Allard

There will be a community come and go reception for Dr. Allard on Tuesday, June 25, from 5-7 p.m. in the clinic conference room, St. Francis.

Shooting range rules

The members of the Cheyenne County Wildlife have set some new rules for the shooting range at the Gun Club. Regulations include: 1) no use of tracer rounds; 2) no exploding targets; 3) no 50 BMG; 4) no glass targets.

Theater hours

The summer hours at the Cheyenne Theater are in effect. The ticket booth will open at 7:30 p.m. and the movie begins at 8 p.m.

Home Garden Program

The county conservation district is sponsoring the Home Garden Program to help residents establish their own gardens. Pick up an application and return it, then receive 10 seed packets to plant. Participants will be required to donate a portion of their produce to the conservation office where it will be weighed and donated to local schools, Food Pantry and the Good Samaritan Village. A prize will be awarded to the person donating the most food.

Bible school

The Kingdom Rock Bible School will be held at the Methodist Church from June 17 to 21. The Bible school is for kids, preschool (3 and 4 year olds) to fifth graders (finished), and will run from 8:30 to 11:30 a.m. each day. For more information, call 332-2292.

Amusement Authority volunteers

The Cheyenne County Amusement Authority is looking for men and woman to be a part of the organization. Volunteers will help with fair setup and put away

afterwards. If interested or have any questions, call Bill Ehrman at 332-2784 and leave a message.

Compost collection

If anyone has leaves or grass clippings, they can bring them to the compost bins at the community garden spot at 104 W Third.

Grief Support Group

The Grief Support Group will meet every second and fourth Mondays at 2 p.m. Meeting place is the Immanuel United Methodist Church, 116 E. Fourth, Bird City. For more information, call 785-734-2739.

The group is a confidential support to all who have experienced the loss of a loved one in a safe place of mutual help and comfort.

Emergency number

The phone number for Cheyenne County Communications Center (Dispatch) for non-emergency calls: 785-332-8822, Dial 9-1-1 for an emergency.

Narcotics Anonymous

Narcotics Anonymous meetings are held at 104 W Webster/ Methodist Education Building on Thursday nights at 7:30 p.m. Contact (785) 342-0028.

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour 7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

Weather

Date	H	L	Prec.
June 11	109	64	
June 12	95	56	
June 13	93	57	.11
June 14	89	50	.02
June 15	90	60	.05
June 16	93	50	.08
June 17	82	53	T



SUE GRIFFIN looks at Kary Zweggardt's water color paintings that were on display at Cuppa Joe during the art walk held on Friday.

Herald photo by Karen Krien

Moments With Mila



By Mila Bandel
County Health Nurse

Preventing mosquito and tick bites

Spending time together outdoors is good for the whole family this summer. Don't let bug bites ruin your fun. Most bug bites are harmless, but some mosquitoes and ticks carry diseases. You can get serious diseases from mosquitoes, like West Nile virus, Eastern equine encephalitis (EEE), and dengue fever. Lyme disease and Rocky Mountain spotted fever are two of the serious diseases you can get from ticks. The good news is that you can take easy steps to protect yourself and your family from mosquito and tick bites.

- Get rid of standing (still) water around your home to keep some types of mosquitoes from laying eggs nearby.
- Cut back brush and tall grasses and get rid of fallen leaves to keep ticks away.

• Wear long-sleeved shirts, long pants, and socks while out in the taller grass and trees.

• Use bug repellent on skin and clothing. Use a bug spray with 20 - 50 percent DEET to avoid tick and mosquito bites. Do not use repellent on babies under 2 months of age. You need to always wash the repellent off of your skin with soap and water when you go inside.

• Check everyone for ticks after spending time outside. Check the entire body, especially; under the arms, in and around the ears, behind the knees and between the legs, around the waist and inside the belly button, and in

and around the hair.

- Take a shower after going inside to help get ticks off of you.
- Use a tick collar or other repellent product on your pets. And remember to check your pets for ticks.

Don't let those mosquitoes and ticks spoil your fun in the sun this summer. Take action and protect you and your family from those pesky bugs. For more information contact the Cheyenne County Health Department at 785-332-2381.

SHOWTIME: 8 p.m. 1 hr. 40 min.

Hangover Part 3
Comedy / Sequel

June 21, 22 & 23
Bradley Cooper, Ed Helms, Zach Galifianakis
R

CHEYENNE THEATER St. Francis, KS 785-332-2747

Children 12 & Under: \$4 All Others: \$6
3D Movies: Children 12 & Under \$6 All Others: \$8

James E. Reeves, DPM
Podiatrist/Foot Specialist
Reconstructive Surgery
Foot & Ankle Injuries
For appointments call:
Rawlins County Health Center
785-626-3211
Wed., June 19
Cheyenne County Hospital - P.M.
210 W. 1st • 785-332-2104
Thurs., June 20
Atwood (a.m.) • 626-3211
Colby (p.m.)
CSMC, 175 S. Range
785-462-3332
CMC, 100 E. College Dr.
785-462-7511
Fri., June 21
CSMC at 9 a.m.

Check facebook for daily specials

Extended Hours—
Sun. - Thur. till 9 p.m.
Fri. & Sat. till 10 p.m.

We sell Ice Cold drinks by the case!

Now accepting employment applications

Don't forget the discount for cash fuel

Majestic Service & Truck Stop
510 West Highway 36
St. Francis, Ks.
785.332.2905

Thank You

Thank you so much for all of your support for this years RELAY FOR LIFE kickoff meal--we appreciate all the donations so that we could give the relay for life everything that was collected in the free will donations for the meal. Following is a list of all the businesses who donated---

THANK YOU ALL!!!!!!

Captain Hook's Fine Dining	United Methodist Thrift Store
Wheeler Cooperative	Western State Bank
Mercantile Equity	St. Francis Tire and Service
American Implement	Brice's Auto Repair
St Francis Herald	RM Jaqua Abstract
Weber Barber Shop	Republican Valley Auto Supply
Bellas Market	Ross Manufacturing
Leach Insurance	Homesteader Motel
St. Francis Auto Parts	Donnas Gift Palace
Heartland HVAC	

CHEYENNE COUNTY HOSPITAL 210 W. 1st • St. Francis, KS 785-332-2104

Community Reception for Dr Rebecca Allard
Tuesday, June 25
5 to 7 p.m.
in the Clinic Conference Room
located in the basement
Come & Go

Cheyenne County Hospital & Clinic will host the annual 4-person scramble.
Saturday, June 22
Registration starting at 7 a.m.
Tournament start time at 8 a.m.
\$200 per team
There will be hole prizes and silent auction
For more information or to enter a team, please contact Stacy at 785-332-2682

American Profile
Celebrating Hometown Life
See American Profile magazine in this week's issue of **The Saint Francis Herald**
(available in local area only)
Brought to you by The Herald

"Your sponsorship could be right here."
For more information contact: **Tim Burr** at 785-332-3162

Fractionalization
W O O D S B L O K E H E M
W O V E N A U D I E A V A
W H O L E S A L I N G R E D
T R E B L E D H A N D
R E G A T T A J E S S E
A X I S H A L F N E L S O N
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