

# Conserve America

By  
**Bernadette Luncsford**



*District Conservationist*

The word "buffer" may evoke a safety net, a filter or an area of shrubs and trees. In the landscape context, that's pretty much what it is.

A buffer, when referred to by a conservationist at the Natural Resources Conservation Service, is a small strip of land of trees, shrubs and other plants. This strip provides protection from things like wind or pollutants entering waterways and plays a crucial role as a safety net for the environment.

Conservation buffers trap sediment, fertilizers, pesticides, pathogens and heavy metals. To do this, buffers act like natural filters, removing nutrients or sediment that runs off the field, keeping them from entering waterways like the Republican River.

If properly used, buffers remove more than 50 percent of nutrients and pesticides, 60 percent of some pathogens and 75 percent of sediment.

In addition to trapping pollutants, buffers slow water runoff and increase the amount of water that enters the ground, recharging our aquifers and protecting communities downstream from flooding.

During the winter buffers help trap snow and cut down on soil erosion in areas with strong winds. They also can protect livestock and wildlife from harsh

weather, shield buildings from wind damage and reduce noise and odor coming from a farm.

Buffers also give many benefits for local wildlife. They provide food and shelter for many wildlife species like quail, rabbit and other fun-to-watch species while serving as corridor connectors that enable wildlife to move safely from one habitat area to another.

A conservation buffer's trees and shrubs shade streams and cool the water, making the water a better home for plants and critters. Without trees and shade, streams become warmer, lowering populations of aquatic species. The buffer also reduces evaporation, keeping more water in our streams and river for our use. Buffer trees and shrubs stabilize streams by holding the earth in place with their roots. In addition to their vital services, buffers simply beautify the landscape, enhancing the natural aesthetics of a farm or ranch.

The Conservation Service helps private landowners create buffers on their land, along waterways and between fields. If used as part of a comprehensive conservation system, buffers make good use of areas that are not ideal for growing crops or other uses.

But buffers aren't just for rural areas — they're helpful in suburbs and cities alike. Buffers in these

areas can yield the same benefits, especially along waterways and other ecologically sensitive areas. Buffers can not only protect these areas but also provide a place for access to enjoy them, such as at the River Walk here in St. Francis.

Whether you live in the country or in the city, buffers will help improve the environment near you. Equip your property with buffers if you can, and encourage your local officials to do the same, protecting streams and other key landscapes. Stop by your local Conservation Service office to learn how to get started.

## Fun Facts

### Bed Sheets

After drying my sheets, put both sheets and one pillowcase in the other pillow case. Fold neatly in a square. Next time you change sheets, you just take the one pillow case and all the sheets and pillow case are inside. No need to look for matches.

### Reheat Pizza

Heat up leftover pizza in a non-stick skillet on top of the stove, set heat to med-low and heat till warm. This keeps the crust crispy. No soggy micro pizza.



**SWIM MEET - Rosanna White serves food to Kevin Trembly inside the Scout Hut.**  
*Herald staff photo by Doug Sloper*

# Reunion held at center

The ninth reunion for the family of Edwin (deceased) and LaVera Beringer was held at the St. Francis Senior Center on Sunday, May 26. Everyone shared a potluck lunch and favorite childhood games. They played games everyone brought for the afternoon.

Darlene and Victor Zwegardt, Sylvia Queen, all of St. Francis; Jerry Meyer, Dorothy Meyer of Bethune, Colo.

Unable to attend were: Jon, Jennifer and Garrett Wiseman, Fremont, Neb.; Joe Kinning of Pender, Neb.; Becky and Lee, Samantha, Zackary and Morgan Long of Oxford, Neb.; Larry and Brenda Beringer of Sharon Springs; Brett and Jill, Fremont, Neb.; Alice Raile of Oxford Neb.; Barb Whitehead and Ridge of Orleans, Neb.. Special guests in attendance were:

Beringer of San Diego, Calif.; Karen and Allen Wright of Kingman; John and Misty Ham, Daytona, Logan, and Colton, Rob and Andrea, Daphanie, Aadon and Landon Ham, Craig (Bud) Ham Jr. and special friend Nicole Horniak of North Platte Neb.; and Tammy Ham and special friend Torrey Jones of Lexington, Neb.

## Student Graduates

Robert Tyler Voorhies was among the more than 4,500 candidates graduating at the University of Kansas this spring. Tyler graduated on Sunday, May 19, with a Doctor of Physical Therapy.

He is the son of Alan and Sabrina Voorhies, El Paso, Texas, and Tina and Kirby Elliott, St. Francis. His grandparents are Kent and Margaret Voorhies, McDonald, and David and Jenny Wright, St. Francis. Great-grandmothers are Trudy Voorhies, Bird City, and Elsie Cook, St. Francis.



Voorhies

## Be Prepared To Meet The "Beard" Police

Friday June 14, 2013

Get your sticker at the "BBQ in the Park" Cowgirl Creations and Design (next to Stuart's Jewelry) \$5.00

Don't get caught by the "Beard" police or you will have to pay \$10.00

Beard Judging Contest at 8 p.m. in the Park.

(proceeds go to the "Celebrate St. Francis" Fund)



# SFCHS HONOR ROLL

**FOURTH NINE WEEKS ♦ 2012-2013**

*Superintendent's Honor Roll - Grade point avg. above 3.75*

<b>SENIORS</b> TAYLOR ARCHIBALD • LAURA BRUNK THOMAS DOUTHIT • ZACH GIENGER FOSTER GRANT • CHRISTINA HARRIS GUSTAVA JARDINE • CASEY KELLER CLARICE NEITZEL • STEVEN NELSON ALLYSON NORTHRUP • DYLAN PETER TYLER RABY • SARAH WHITMORE	<b>FRESHMEN</b> JAKOB CHURCH • KATTIE JENIK JOURNEY LEE • AUSTIN PATTON SYDNEY SUNDSTROM • HANNAH WOLFF
<b>JUNIORS</b> RANDEE GROVER • BAILEY MERKLIN ALYSSA SCHLEPP	<b>EIGHTH</b> JOEL HILL • KATIE SCHMID
<b>SOPHOMORES</b> KYLA BANDEL • MARIAH BEIKMAN	<b>SEVENTH</b> REAGAN BEIMS • COY CASSAW LUKE LAMPE • ZOE SUNDSTROM MADISON TICE • MATTHISEN WITZEL

**SECOND SEMESTER ♦ 2012-2013**

*Superintendent's Honor Roll - Grade point avg. above 3.75*

<b>SENIORS</b> TAYLOR ARCHIBALD • LAURA BRUNK THOMAS DOUTHIT • ZACH GIENGER FOSTER GRANT • CHRISTINA HARRIS GUSTAVA JARDINE • CASEY KELLER MICHAEL LEIBBRANDT • CLARICE NEITZEL STEVEN NELSON • ALLYSON NORTHRUP TYLER RABY • SARAH WHITMORE	<b>FRESHMEN</b> GARRETT BRUNK • JAKOB CHURCH KATTIE JENIK • JOURNEY LEE AUSTIN PATTON • SYDNEY SUNDSTROM HANNAH WOLFF
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<b>SOPHOMORES</b> KYLA BANDEL • MARIAH BEIKMAN	<b>SEVENTH</b> REAGAN BEIMS • LUKE LAMPE ZOE SUNDSTROM • MADISON TICE MATTHISEN WITZEL

*High Honor Roll - Grade point avg. 3.33 to 3.74*

<b>SENIORS</b> MICHAEL LEIBBRANDT • JOSEPH MCCORMICK KEEGAN SHERLOCK	<b>FRESHMEN</b> KAYLA REED • TRAVIS ROGERS KYLIE SHERLOCK
<b>JUNIORS</b> DEREK QUEEN • MASON SCHILTZ	<b>EIGHTH</b> QUINTON CRAVENS • KENNETH LEIBBRANDT MAKAYLA ROGERS • TAYLOR ROGERS TREY VANALLEN
<b>SOPHOMORES</b> CADE BRACELIN • DALLAS REED MCKAYLA TAYLOR • VALERIE WURM	<b>SEVENTH</b> MARTIN BEIKMAN • HANNA BRACELIN TATE BUSSE • EMILEIGH DINKEL SAYED FIERRO • DEVIN PATTON JANETH PEREZ-MEDINA
<b>FRESHMEN</b> PAYTON BEIMS • GARRETT BRUNK CLAYTON CASSAW • EMILY ELFERS LANE HOBROCK • WADE JONES	

*High Honor Roll - Grade point avg. 3.33 to 3.74*

<b>SENIORS</b> JANDY DUNN • JOSEPH MCCORMICK AUBREY MILLS • KEEGAN SHERLOCK	<b>FRESHMEN</b> JUSTIN PACHECO • KAYLA REED TRAVIS ROGERS • KYLIE SHERLOCK
<b>JUNIORS</b> DEREK QUEEN • MASON SCHILTZ SCOTT WARREN	<b>EIGHTH</b> JENNA CONFER • QUINTON CRAVENS RYAN GROVER • KENNETH LEIBBRANDT MAKAYLA ROGERS • TAYLOR ROGERS TREY VANALLEN
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*Honor Roll - Grade point avg. 3.0*

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<b>JUNIORS</b> LENNIN OLIVARES • SCOTT WARREN MATTHEW WHITE	<b>EIGHTH</b> HANNAH STAFFORD • ZACHARY WHITE
<b>SOPHOMORE</b> SHAKOTAH BLANKA • ABIGAIL FERNANDEZ KYLER ZWEYGARDT	<b>SEVENTH</b> JENNA CONFER • TARYN ZWEYGARDT TRAYTON DOYLE • JAKE FAULKENDER JULIAN LATEN • NICK PAULSEN

*Honor Roll - Grade point avg. 3.0*

<b>SENIORS</b> LUCAS CARMICHAEL • JORDON EASTER NOELLE SHERMAN	<b>FRESHMEN</b> JUDE FAULKENDER • RACHEL LEE-HOPPER HANNAH STAFFORD • ZACHARY WHITE
<b>JUNIORS</b> WYATT LANDENBERGER LENNIN OLIVARES • MATTHEW WHITE	<b>EIGHTH</b> JEREMIAH NEITZEL
<b>SOPHOMORE</b> SHAKOTAH BLANKA • KYLER ZWEYGARDT	<b>SEVENTH</b> MARTIN BEIKMAN • TATE BUSSE TRAYTON DOYLE • JULIAN LATEN NICK PAULSEN • JANETH PEREZ-MEDINA
<b>FRESHMEN</b> EMILY ELFERS • CARL FABRE	

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## Keep up the good work

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| American Implement           | Girlfriends & Guys Too       | Milliken Law Office             | St. Francis Herald              |
| Matt & Mila Bandel           | Grace Flying Service         | Neitzel Insurance Service       | St. Francis Mini Storage        |
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| Bartlett Company Grain LP    | & Trailer Park               | Noble Energy                    | St. Francis Tire & Service      |
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302 W. 1st, Trenton, Nebraska  
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