



Mr. and Mrs. Claire (Shorty) Kahler

Couple celebrates wedding anniversary

Mr. and Mrs. Claire (Shorty) Kahler are about to celebrate 70 years of marriage! His family is inviting you to send a card of congratulations to Shorty and Betty by their anniversary date of April 16. They currently live at 2121 Meadowlark Rd. No. 503, Manhattan, KS 66502. They would love to see

you if you are in the area. Their three daughters, Jane Boys, Janet LeBlanc and Kit Krehbiel, will be celebrating the occasion with a reception and concert at Meadowlark on April 14, 2-4 p.m.

Mr. Kahler is a former music teacher in the St. Francis school system.

Lions club meeting

The St. Francis Lions Club will meet Monday, April 8, at the Church of Christ beginning at 6:30 p.m. In its past 60-plus years, members of the club have directed tens of thousands of dollars back into the St. Francis community and members have donated thousands of hours volunteering time to make the community a better place to live. People wishing to join in living out the Lions motto, "We Serve," are invited to attend.

Remove insulation

Spring is here. Those who insulated their water meter in the fall should plan to remove any insulation so the meters may be read.

Compost collection

If anyone has leaves or grass clippings, they can bring them to the compost bins at the community garden spot at 104 W Third. The bins should be set up next week.

Lions collects wheelchairs, bicycles

The St. Francis Lions Club collects wheelchairs, bicycles and bicycle parts that are then taken to the correctional facility in Norton for repair. After being repaired, these items can be brought back to St. Francis for use here or distributed to people needing them in the United States or other countries. People wanting to donate for this purpose should call 785-332-3110 or 785-332-2950.

Painting class

The Cheyenne Center for Creativity, 109 N. Quincy will offer a Paint with Peggy beginning art class taught by local artist Peggy Moberly from 9 a.m. to noon on Monday, and 6:30 to 9:30 p.m. on Friday, April 12.

For more information or to register for the class, email info@cc4creativity.org or call Kay Shay, 332-3342 or Janet Carman, 332-3569 or see article or ad elsewhere in this issue.

Training scheduled

The Northwest Kansas Area Agency on Aging and the Kansas Department for Aging and Disability Services will sponsor training for the Senior Health Insurance Counseling for Kansas (SHICK) program. The training will be held in Hays on May 2, June 12, and July 10. Attendance at all three days is required to be fully certified. Alternate training dates and locations are available. Pre-registration by April 24 is required. For more information contact Glenna Clingingsmith at the Northwest Kansas Area Agency on Aging at 1-800-432-7422 or (785) 628-8204.

Wildlife banquet

The Cheyenne County Wildlife banquet will be held Saturday, April 6, at the Bird City Legion hall. Doors will open at 6 p.m. The price of the ticket includes membership dues. Tickets are available at local businesses. Look for the sign in the window. There will be no tickets sold at the door. Check with a Wildlife member for more information.

Fair board

The Cheyenne County Fair

Board will meet at 7 p.m. on Thursday (tonight) in the commissioners' room in the courthouse.

School board

The St. Francis Board of Education will meet at 7 p.m. on Thursday, April 11, in the board room at the high school.

Commissioners

The Cheyenne County Commissioners will meet at 8 p.m. on Monday, April 15, in the commissioners' room in the courthouse.

Veterans' Affairs

Jody Tubbs of the Kansas Commission on Veterans' Affairs will be in St. Francis at 10:30 a.m. until 11:30 a.m. at the county clerk's office to assist veterans and their dependents with Veteran Administration claims work on Thursday,

April 4. If you are unable to contact Ms. Tubbs in St. Francis, you may contact the office in Colby any Monday, Wednesday or Friday. That phone number is (785) 462-3572.

Grief Support Group

The Grief Support Group will meet every second and fourth Mondays at 2 p.m. Meeting place is the Immanuel United Methodist Church, 116 E. Fourth, Bird City. For more information, call 785-734-2739.

The group is a confidential support to all who have experienced the loss of a loved one in a safe place of mutual help and comfort.

Emergency number

The new phone number for Cheyenne County Communica-

tions Center (Dispatch) for non-emergency calls: 785-332-8822. Dial 9-1-1 for an emergency.

Narcotics Anonymous

Narcotics Anonymous meetings are held at 104 W Webster/Methodist Education Building on Thursday nights at 7:30 p.m. Contact (785) 342-0028.

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.



LAST YEAR the music club performed 'Cats'. Pictured left to right, Debbie Fiala, Sandy Bandel, Deb Grace, Lila Whitmore and Tema Trumbo.

Music club to hold 'Pianorama'

The St. Francis Music Club will hold a "Pianorama" at 6:30 p.m. on Monday, April 15, at the Seventh-day Adventist Church, at Third and Adams streets. This is the second year the club members have presented the program which consists of eight pianists on four pianos.

Some of the numbers performed, "You'll Never Walk Alone," "Oh, What a Beautiful Mornin'" and "Hello, Dolly," and "Luck Be A Lady" from "Guys and Dolls" were presented by local singers and actors through the Community Theater several years ago. Other numbers include, "The Phantom of the Opera," "My Favorite Things,"

Following the program, a salad supper will be served.

There is no charge and the public is urged to attend this evening of music.

School Menu

April 8-12

Breakfast: Juice, cereal, milk served every day.

Lunch: Junior/senior high salad bar; both schools milk every day..

Grade school menu

Monday: breakfast: French toast sticks, fruit cup; lunch: chicken club sandwich, lettuce, tomato, red onion, baked beans, fruit cup.

Tuesday: breakfast: donuts, fruit cup, yogurt cup; lunch: sausage pizza, salad mix with tomatoes, green beans, pineapple.

Wednesday: breakfast: breakfast sandwich; lunch: taco with shell, salad mix, corn, apple and banana.

Thursday: breakfast: bubble

bread, fruit cup; lunch: chicken casserole, peas, applesauce, biscuit.

Friday: breakfast: biscuits and gravy; lunch: hot ham and cheese on bun French fries, carrots and celery, peaches.

High school menu

Monday: breakfast: frosted long John, whole grain cereal; lunch: taco soup, whole grain corn chips, cornbread with honey, fresh vegetables, sliced pears.

Tuesday: breakfast: pancakes with syrup, sausage links; lunch: chili dog with whole grain bun, cheddar cheese, waffle fries, seasoned peas, apple wedges.

Wednesday: breakfast: blueberry bagel, whole grain cereal, fresh fruit cup; lunch: beef and noodles, mashed potatoes, steamed carrots, blueberry muffin, tropical fruit.

Thursday: breakfast: breakfast pita with salsa, tri-tater; lunch: chicken Alfredo, buttered noodles, green beans, breadsticks, strawberries and bananas.

Friday: breakfast: scrambled eggs, buttered toast; lunch: cavatini, tossed salad, green beans, whole wheat roll and jelly, peach halves.

Weather

| Date | H | L | Prec. |
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| March 25 | 29 | 8 | |
| March 26 | 42 | 8 | |
| March 27 | 57 | 25 | |
| March 28 | 63 | 27 | |
| March 29 | 71 | 38 | |
| March 30 | 71 | 33 | .04 |
| March 31 | 71 | 29 | |
| April 1 | 51 | 29 | |

Helpful Hints

Common baking soda found in most kitchens can be used in other ways besides baking.

• Exfoliate skin. Wash your face, then apply a soft paste made of three parts baking soda and one part water. Massage gently with a circular motion, avoiding the eye area; rinse clean.

• Erase crayon, pencil, ink, and furniture scuffs from painted surfaces. Sprinkle soda on a damp sponge, rub clean, and rinse.

• Settle a stomach during occasional indigestion. Stir 1/2 teaspoon of baking soda into 1/2 cup of water and drink for a safe and effective antacid.

James E. Reeves, DPM
Podiatrist/Foot Specialist
Reconstructive Surgery
Foot & Ankle Injuries
For appointments call:
Rawlins County Health Center
785-626-3211
Wed., Apr. 17
Cheyenne County Hospital - P.M.
210 W. 1st • 785-332-2104
Thurs., Apr. 18
Atwood (a.m.) • 626-3211
Colby (p.m.)
CSMC, 175 S. Range
785-462-3332
CMC, 100 E. College Dr.
785-462-7511
Mon., April 15
CSMC at 9 a.m.

Specials

Sunday
Ham Steak

Monday
Guess "cluck, cluck"
Lunch every day except Saturday!
**Breakfast every day*
**Daily Lunch Specials*

Majestic Service & Truck Stop
510 West Highway 36
St. Francis, Ks.
785.332.2905

You're Invited to
a wedding dance for
Trent & Brianna Raile
Sat., April 6
8 p.m. CDT - ??
at the Elks Lodge in Goodland

Congratulations!
Trayton Doyle on your State Championship at Kansas Kids Wrestling Tournament in Topeka!

Book Review

The Innocent

By David Baldacci

It begins with a hit gone wrong. Robie is dispatched to eliminate a target unusually close to home in Washington, D.C. But something about this mission doesn't seem right to Robie, and he does the unthinkable. He refuses to kill. Now, Robie becomes a target himself and must escape from his own people.

Fleeing the scene, Robie crosses paths with a wayward teenage girl, a 14-year-old runaway from a foster home. But she isn't an ordinary runaway - her parents

were murdered, and her own life is in danger. Against all of his professional habits, Robie rescues her and finds he can't walk away. He needs to help her.

Even worse, the more Robie learns about the girl, the more he's convinced she is at the cen-

SHOWTIME: 7:30 p.m. **1 hr. 55 min.**

The Croods
April 5, 6 & 7 *Animated/Family*
Ryan Reynolds, Nicolas Cage, Catherine Keener **PG**

CHEYENNE THEATER St. Francis, KS 785-332-2747

Children 12 & Under: \$4 All Others: \$6
3D Movies: Children 12 & Under \$6 All Others: \$8

CHEYENNE COUNTY HOSPITAL 210 W. 1st • St. Francis, KS 785-332-2104

Health Fair 2013
Join us for the Cheyenne County Spring Health Fair
April 15 - 17 (In St. Francis)
April 18 - 19 (In Bird City)

Blood Lab Draws: Monday, April 15th, Tuesday, April 16th, Wednesday, April 17th
6:30 to 10 a.m. each day in St. Francis at the Cheyenne County Health Department (no appointment needed for lab draws)

Blood Lab Draws: Thursday, April 18th and Friday, April 19th
6:30 to 10 a.m. each day in Bird City at the clinic (no appointment needed for lab draws)
Lab Fee: \$45.00 due at time of service!

Men and Women Exams also available - \$25
April 22- 26 (in St. Francis) call 785-332-2682 to make an appointment.

April 22-26 (in Bird City) call 785-734-2200 to make an appointment. For more information contact Mila Bandel, RN at 785-332-2381.

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American Profile
Celebrating Hometown Life
See American Profile magazine in this week's issue of
The Saint Francis Herald
(available in local area only)

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For more information contact: **Tim Burr**
at 785-332-3162