

# Commissioners discuss signing Village lease

By Karen Krien

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The Good Samaritan Village administrator met with the Cheyenne County Commissioners on Friday where they further discussed the lease with the Good Samaritan Society. The administrator said it would probably be toward the end of April before the arrangements for the lease signing could be made.

Karan Thadani, county attorney, and the commissioners talked again about the wording in the lease, changing the word, "shall" to "remit funds if deemed necessary by the commissioners." They also discussed the wording "reasonably required and asked for." Mr. Thadani hadn't heard from the Society since the last changes were submitted.

Jeff Paulsen, Village administrator, reported, as of Friday, there were 30 residents. We can handle up to 35, he said.

He said that once the county has purchased the facility for \$1, the Society will no longer be taking out money for depreciation. Without the \$10,000 the Society

figures for funded depreciation, it would show the nursing home making money much of the time, depending on the number of residents living in the facility.

However, Mr. Paulsen said, the county will need to make sure there is money available for improvements and replacements. The commissioners pointed out that they already do take out money for repairs and replacements for other county equipment and facilities but, instead of calling it funded depreciation, it is called equipment reserve.

Arrangements for Randy Fitzgerald, director of operations for the Society, and other Society official(s) to attend a signing meeting will need to be made. The commissioners' meeting on April 30 would give them time to make those arrangements. It states in the donation agreement that there must be a signing by May 1.

"I look forward to having all of this in the rearview mirror," said Dale Patton, commissioner. He also encouraged the other two commissioners to "vote their

conscience" when it comes time to make a decision on signing the lease.

Mr. Paulsen asked about snow removal on the road which goes through the Village parking lot. He said that the road is the same road used to go to the airport.

The Village staff removes snow with a four-wheeler with a blade and a skidster. If there is only a little snow, they are able to remove it without a lot of problems but if there is a lot of snow, it is difficult.

Dave Flemming, road and bridge department supervisor, said the county provides a tractor for the airport staff to use to remove snow from the runway. He said it could probably be used to remove the snow from the Village road and parking lot.

Dave Yost, airport board president, earlier said there was a grant application available to purchase a tractor for snow removal. The commissioners agreed that Mr. Yost should be contacted to see if that money is still available.



**SNOW GUARDS AND GUTTERS** are being installed on the St. Francis Emergency Building on U.S. 36. The ice built up from snow dripping on the roof onto the north side of the building has been a problem. Krien Steel Building crew, left to right, Dale Carpenter, Ron Krien and Sam Reed are doing the work. Herald staff photo by Tim Burr

## Across the County

### Beef meeting in St. Francis April 2

Trichomoniasis (Trich) is a sexually transmitted disease caused by a parasite that causes infertility and abortions in the first trimester of cattle. All states neighboring Kansas, and most states further south, west and north of our neighbors now require Trich testing of bulls prior to importation into the respective states.

Since bulls are the carriers and maintenance hosts of this disease, they are the focal point of concern relative to transmission of this disease. A number of Kansas producers have experienced reproductive problems that made them or their veterinarians suspect and test for Trichomoniasis. As a result of this testing,

numerous new cases of this sexually-transmitted disease have been discovered in Kansas during the past year. To help producers gain a better understanding of the disease and what the proposed regulations are, Kansas State Research and Extension-Sunflower District has planned a Trichomoniasis informational meeting to be held Tuesday April 2, beginning at 6 p.m. at the Cheyenne County Fair building.

The meeting will begin with a meal and the program to follow at 6:30. Speakers for the meeting include Dr. Gregg Hanzlicek, Kansas State University, and Dr. LewAnn Schneider, Department of Animal Health, Kansas Department of Agriculture, along

By Marty Fear



County Extension Agent

with local veterinarians from Republican Valley Vet Clinic.

This meeting is a collaboration with Kansas Department of Agriculture, Kansas State Veterinary Diagnostic Laboratory, Veterinary Services and Sunflower District-Cheyenne County.

Those planning to attend should contact the extension office by April 1 to help with the meal count, however walk-ins are welcome. Contact the Cheyenne County Extension office at 332-3171 or cfear@ksu.edu with questions or comments.

Till next week - Marty

## Moments With Mila

### What you need to know about high cholesterol

Why is cholesterol important? High blood cholesterol is one of the major risk factors for heart disease. In fact, the higher your blood cholesterol, the greater your risk of developing heart disease or having a heart attack.

When there is too much cholesterol in your blood, it builds up in the walls of your arteries. Over time, this buildup causes "hardening of the arteries" so that arteries become narrowed and blood flow to the heart becomes slowed down or blocked. This may cause chest pain or even a heart attack.

High cholesterol itself does not cause symptoms; so many people are unaware when their cholesterol is too high. It is important to find out your cholesterol numbers. Lowering cholesterol levels that are too high lessens the risk of developing heart disease or dying from it if you already have it.

You can find out your cholesterol numbers by participating in the upcoming spring health fair April 15-19. Blood draws will be available April 15-17 in Saint Francis and April 18-19 in Bird City at the clinic. Blood draws will be available from 6:30 - 10

a.m. each morning. Your total cholesterol measurement desired is less than 200 mg/dL; Low-density lipoprotein (LDL) - bad cholesterol is the main source of cholesterol buildup and blockage in the arteries. It is optimal to have a low-density lipoprotein level lower than 100 mg/dL. The higher your low-density lipoprotein cholesterol level, the greater your chance of getting heart disease. High-density lipoprotein (HDL) - good cholesterol helps keep cholesterol from building up in the arteries. A high-density lipoprotein of greater than 60 mg/dL will help lower your risk of heart disease. Triglycerides are another form of fat in your blood. Levels that are borderline high (150-199 mg/dL) or high (greater than 200 mg/dL) may need treatment in some people.

A variety of things can affect cholesterol levels. These are some things you can do to help lower your cholesterol and decrease chances of heart disease:

- Diet - saturated fat and cholesterol in food may increase your cholesterol level.
- Weight - being overweight

tends to increase your cholesterol level.

Physical activity - being inactive is a risk factor for heart disease. Regular physical activity can help lower low-density lipoprotein cholesterol and raise high-density lipoprotein cholesterol.

For more information about cholesterol and/or about the upcoming health fair contact the Cheyenne County Health Department at 785-332-2381.

By Mila Bandel



County Health Nurse

## Ag Talk with Jeanne

### Wheat - Dicamba, 2,4-D or MCPA?

By Jeanne Falk



Agronomy Specialist

When we are top dressing wheat this spring, it is usually a good plan of attack to use a tank-mix containing some type of growth regulator herbicide. So, which one - dicamba, 2,4-D or MCPA - is the best to use? And when can I use them?

In general, the sooner this is done and the smaller the weeds, the better the results will be. Spring applications generally are most effective on winter annual broadleaf weeds soon after green-up when weeds are still in the rosette stage of growth, and during periods of mild weather. Once weeds begin to bolt and wheat starts to develop more canopy, herbicide performance often decreases dramatically.

When applying herbicides at this time of year, near jointing, there are some timing issues related to the growth stage of wheat that producers will have to take into account.

Dicamba can be applied to wheat between the two-leaf and jointing stages of wheat. Application of dicamba after wheat reaches the jointing stage of growth causes severe prostrate growth of wheat and significant risk of yield loss.

Dicamba is effective for control of kochia, Russian thistle, and wild buckwheat, but is not good for control of mustard species. Kochia, Russian thistle, and wild buckwheat are summer annual weeds that may emerge before or after wheat starts to joint, so timing of dicamba for control of these weeds can sometimes be difficult.

Fortunately, dicamba provides some residual control of these weeds following application. Herbicides containing dicamba include Banvel, Clarity, Rave, Pulsar, Agility SG, and several generic dicamba products.

Other herbicides that must be applied prior to jointing include Agility SG, Beyond (on Clearfield varieties only), Olympus, Olympus Flex, Orion, PowerFlex, Pulsar, Rage D-Tech, and Rave.

MCPA and 2,4-D have different application guidelines. In general, MCPA is safer on wheat than 2,4-D, especially when applied prior to tillering. We recommend that 2,4-D not be applied to wheat until it is well-tillered in the spring. Application of 2,4-D prior to tillering hinders the

2,4-D is labeled for application to wheat from the full-tiller stage until prior to the boot stage of growth, but is probably safest between full-tiller and jointing stages of growth. Wheat will sometimes exhibit prostrate growth from 2,4-D applications applied in the jointing stage of growth, but yields generally are not significantly affected if applied before the boot stage of growth.

MCPA is relatively safe on young wheat and can be applied after the wheat is in the three-leaf stage (may vary by product label) until it reaches the boot stage of growth. Consequently, it would be preferred over 2,4-D if spraying before wheat is well-tillered. Neither herbicide

should be applied once the wheat is near or reaches the boot stage of growth, as application at that time can result in malformed heads, sterility, and significant yield loss.

Both 2,4-D and MCPA are available in ester or amine formulations. Ester formulations generally provide a little better weed control than amine formulations at the same application rates, but are more susceptible to vapor drift.

Ester formulations generally are compatible for use with fertilizer carriers, while amine formulations often have physical compatibility problems when mixed with liquid fertilizer.

Other herbicides used in the spring on wheat can be applied up to the time the flag leaf is visible, or later. Affinity BroadSpec, Affinity TankMix, Ally Extra SG, Express, Harmony + 2,4-D or MCPA, Harmony Extra, and Supremacy must be applied before the flag leaf is visible.

Huskie and WideMatch can be applied through the flag leaf stage. Herbicides that can be applied later in the spring - prior to the boot stage -- include Ally + 2,4-D, Amber, Finesse, Starane Ultra, and Starane Plus Salvo.



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