

# Community could be place of healing for those in need

By Keary Carman

In last week's article, I alluded to my idea about creating a headquarters for the 555 Collective in Cheyenne County. The headquarters would function as a place where veterans of combat could stay for extended periods of time, immerse themselves in art and community, as well as engage in projects that aid other survivors of trauma (such as the families that were hurt by the Sandy Hook tragedy).

Cheyenne County is the perfect place for such an idea. I grew up in Texas, but all my family roots are here. They go back for several generations, through the Carmans, Evins, Waters, and the Grangers.

Every time I visited this area, I benefitted not only from the comfort of feeling part of a greater family, but the beauty of the countryside, and the peace and tranquility exuded by this environment.

Traumatic events like war, crime, and disaster rob humanity

of those exact elements—they steal all the beauty and peace from the lives of survivors—and worst of all, they create a feeling of alienation, of belonging to no family,

of betrayal and abandonment.

This community can become a place of healing for trauma survivors. I will write more about this in the coming weeks.

## Students graduate from university

Trey Allen Lohman graduated from Kansas State University, College of Agriculture, on Dec. 8, with a bachelor's degree in Animal Sciences and Industry with Production Management.

Trey is a 2008 graduate of Tonganoxie High School in Tonganoxie. He is the son of Terry and Karol Lohman.

Danielle Lohman Holzwarth also graduated from Kansas State University on Dec. 8. She earned a bachelor's degree in Secondary Education.

Danielle is a graduate of Ton-



Lohman



Holzwarth

ganoxie High School and is the wife of Brian Holzwarth and the daughter of Craig and Carol Lohman.

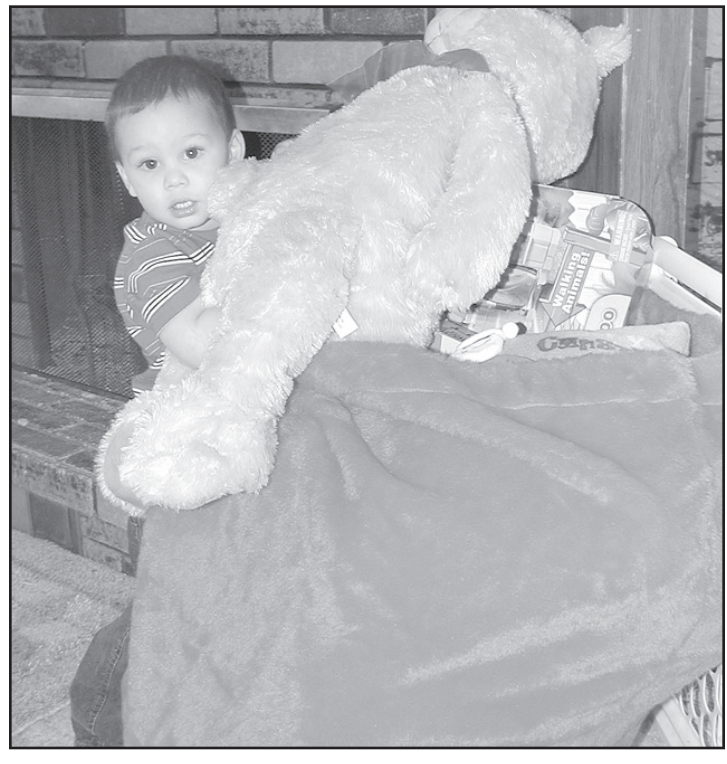


PEGGY JACKSON, grandmother of Paxton Jackson who has had several skull surgeries, presented some of the wreaths she had made to Jeff Paulsen, Village administrator, for decorations at the nursing home. Ms. Jackson had originally made the wreaths to help raise money for a helmet for Paxton to wear after his next surgery but Medicaid had agreed to purchase the helmet.

Herald staff photo by Scott Knebel



CHRISTMAS came a day early at Parkhill Restaurant when two kids received gifts in a drawing. Gaten Cooper, above, received a digital camera from Hilt's Fireworks. Colton Geise received a big, red bag full of toys including a teddy bear and puzzles from Parkhill.



## Behind The Scenes

By Janet Carman



Become a "Friend of the Museum of Cheyenne County" with a donation of \$25 or more. These funds will be used to maintain the Museum of Cheyenne County and the old country church.

All donations, memorials, and monetary gifts are vital for the prosperity of your museum and are tax deductible. "Friend of the Museum" gifts may be given in honor of another person. All

Museum "Friends" will be recognized.

## Book Review

Potboiler

By Jesse Kellerman

What happens when an ordinary man stumbles on the ultimate deception? A hilarious spin on the modern blockbuster thriller.

Arthur Pfefferkorn is a has-been, or perhaps a never-was: a middle-aged college professor with long-dead literary aspirations. When his oldest friend, bestselling thriller writer William de Vallee, is lost at sea, Pfefferkorn is torn between envy and grief, for de Vallee not only outshone Pfefferkorn professionally, but married the woman Pfefferkorn loved. Pfefferkorn's decision to reconnect with de

Vallee's widow sets in motion a surreal chain of events, plunging him into a shadowy realm of dou-

ble crosses and intrigue, a world where no one can be trusted—and nothing can be taken seriously.

**The Saint Francis Herald and Bird City Times**

**Will be CLOSED Mon., Dec. 31 and Tues. Jan. 1**

**Ad and Copy Deadline is Wed., Jan. 2 at 5 p.m. The papers will be delivered on Dec. 28.**

*The staff at the St. Francis Herald and Bird City Times wishes everyone a Happy New Year!*

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Debbie Stevens wasn't about to let a congenital hip condition slow her down. She conferred with one of Community Hospital's visiting orthopedic surgeons, who advised her of the outstanding joint replacement care right here in McCook.

Community Hospital's Orthopedic Package included classes to learn about pain management, and therapy strategies to help Debbie speed her recovery.

After surgery, Debbie had physical therapy at the Community Hospital Rehabilitation Center. Now she enjoys swimming, golf, and so much more!

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