Activities set for awareness week

Bullying Awareness Week and play with, to play with them at the students at the St. Francis grade school are participating in different activities through-

I teacher and a committee organizer of the events. We are also hoping to teach kids how to stand up for others who are being bullied and how to deal with a bully.

On Monday, the students cheers by the sixth graders. picture. They also said the anti-bullychange things.'

lunch that they never sit by or how make new friends. talk to.

"We want them to invite

Oct. 1 through 5 is Anti- someone they don't normally recess," Mrs. Queen said.

"Cool day," was the theme on Wednesday. Students wore sunglasses to remind them to We are helping students be stay cool when they are angry; aware of the different types of not to hurt someone else with bullying and what bullying re- their words or their hands. ally is, said Kim Queen, Title They also listened to a studentcomposed song on the intercom after announcements.

Thursday (today) students will be signing an anti-bullying banner that will be hanging in the downstairs hallway.

Friday is "blue day." Ev-"kicked off" the week by eryone is encouraged to wear meeting in the gym where blue to symbolize peace and three video clips were shown safety. at 3:15, they will pose and the students were led in on the playground for a group

Bullying awareness posters ing pledge: "I won't stand by, and poems will be on display I will stand up, and I can help in the halls. Throughout the week, students read tips on Tuesday was "challenge what to do if bullied or if they day" where students were to saw someone who is bullied, talk to or sit by someone at how to deal with anger and

-School Menu-

Junior-senior high school Oct. 8-12 **Monday**

No school.

Tuesday

Breakfast: Star spangled pancakes, sausage links, fruit juice choice.

Chicken nuggets, mashed potatoes and gravy, steamed broccoli, roll and jelly, strawberries and bananas.

Wednesday

Breakfast: Whole wheat bagel milk. with toppings, fresh orange.

Lunch: Chili with corn chips, celery and cucumbers, cinnamon gurt, fresh fruit. roll, fresh orange.

Thursday

Breakfast: Breakfast pita with tomato salsa, hash brown potatoes, peaches.

Lunch: Baked ham, two potato mash, green beans, biscuit and jelly, fresh kiwi.

Friday

Breakfast: Breakfast lasagna, fruit cocktail.

seasoned pease, fresh baby car- served every lunch. rots, roll and jelly, apple wedges.

Lady Trojan golfers competed

Sept. 30-Oct. 1 at the Coffeyville

Country Club in the Women's Jay-

Tournament held in Coffeyville.

United

Methodist

Women's

Annual

Soup

Supper

Fri., Oct. 12 • 5-7 p.m.

Prior to St. Francis vs

Ellis Football game

512 S. Scott

St. Francis United

Methodist Church

Fellowship Hall

Serving: Chicken &

Noodle, Chili Soup

sandwiches, pies,

coffee or tea

Free Will Offering

Jaly McCauley (St. Francis) tied

for fourth place with a 27-hole to- in Hutchinson.

Elementary school menu Monday

No school.

Tuesday

Breakfast: Blueberry pancakes. Lunch: Corn dog, peas, veggies with dip, apples, milk.

Wednesday

Breakfast: Breakfast casserole,

Lunch: Beef and noodles, mashed potatoes, green beans, biscuits with honey, pineapple,

Thursday

Breakfast: Fruit turnovers, yo-

Lunch: Chicken and cheese roll ups, salad mix, chips with salsa, refried beans, applesauce.

Friday

Breakfast: Hot oatmeal, toast, fruit cup.

Lunch: Cowboy Cavatini, corn on the cob, sald, roll, banana.

Note: Salad bar is offered daily at the junior-senior high school. Juice, cereal and milk are served Lunch: Macaroni and cheese, every morning. Fruit and milk are

Menu is subject to change.

finished 10th with a total of 141. Taylor Gobin (Hill City) posted

147; Rachel Platt (Syracuse), 182;

The women will compete Oct. 8

Student News

Colby Community College

Colby Community College tal of 134. Kaylee Keck (Colby)

hawk Conference Designated #2 and Brooke Gattler (Topeka),

at the Immanuel United Methodist Church, 116 Bressler, Bird City. Call 1-800-RED-CROSS to sched-

ule your appointment. This drive is by appointment only. **Chevenne County Wildlife**

sent to this address.

Accordions.'

Cheyenne County Wildlife is on

Death notice

held for Harvey Ryan at 3 p.m. on

Wednesday, Oct. 3, at Knodel Fu-

neral Home, St. Francis. Mr. Ryan,

who died on Monday, Sept. 24, in

St. Francis, will be buried at the

Zion Lutheran Cemetery in Macon,

Food Pantry drive

and 11 a.m. people are encouraged

to place non-perishable and canned

food items on their front porches for

the Food Pantry. The Boy Scouts,

Girl Scouts and United Methodist

Church youth group will be picking

up these items and taking them to

If your donated items are missed

for pick up; please contact Pas-

tor Warren Cico at the Methodist

Trap shoot

Sunday at the Cheyenne County

Wildlife clubhouse south of St.

Music Club

meet at 7 p.m. on Monday, Oct. 8,

at the St. Francis Library meeting

room. Under the theme "Crusade

for Strings," Bonnie Cram and her

daughter, Ione Slattery will present

one of their several programs of sa-

cred music and scripture. Mrs. Slat-

tery taught elementary school mu-

sic in Hays and is an accomplished

classical guitarist. Hostesses for the

meeting are Jackie Butler, Raedell

Winston and Helene Landenberg-

The November meeting will be

held at Beth Maifeld's home on

Monday, Nov. 5, with Althea Leb-

ow and Dr. Ron Maifeld providing

the program called "According to

Cards needed

Busby is recovering at Life Care

Center of Greeley, 4800 25th St.

Greeley, CO 80034, Rm 218. She

would appreciate cards and letters

Blood drive

Drive will be held from 9:30 a.m.

to 4:45 p.m. on Thursday, Oct. 25,

The American Cross Blood

After taking several tumbles, Lee

er. Guests are welcome to attend.

The St. Francis Music Club will

Five stand-trap shoot, 3 p.m. on

church.

the local pantry at the courthouse.

On Saturday, Oct. 6, between 9

A time of remembrance will be

Face book! See CCWI St. Francis. Veteran's affairs

Jody Tubbs of the Kansas Com-

Bulletin Board in St. Francis on Thursday, Oct. 4, seum.

from 10:30 a.m.-11:30. You may also contact the office on Monday, Wednesday or Friday at 785-462-

Haigler's **Fall Tumbleweed Festival**

Plans are underway for Haigler's fifth Fall Tumbleweed Festival, Oct 13. Look for more information in upcoming issues of The Saint Francis Herald.

Blue star banners

The Goodland Elks Lodge 1528 is presenting "blue star banners" to those who have children or grandchildren in the active duty military service. Call the Elks at 785-890-6251 for more information.

Fair board

The Cheyenne County Fair Board will be held at 7 p.m. on Thursday, tonight, in the commissioners' room in the courthouse. There will be an election of officers.

Shakespeare, Socrates, Mark comes to St. Francis

On the weekend of Friday, Saturday and Sunday, Nov9 through 11, Patrick McWilliams, former teacher of literature and drama at The Phillips Exeter Academy, will visit St. Francis. He will offer a series of workshops and performances, sponsored by the Cheyenne Center for Creativity. A schedule and more information will be published soon.

Christmas Community

Chorus

Christmas Community Chorus will not present its annual Christmas Benefit Concert this year. as Neala Carmichael, director, has been ill. However, the chorus has been asked to sing two songs from last year's concert at Salem Lutheran's "Christmas in the Country" service on Dec. 15.

Cheyenne County **Development meeting**

The annual membership meeting of the Cheyenne County Development Corporation (CCDC) will be at 7 p.m. on Thursday, tonight, at Captain Hook's located on U.S. 36 in Wheeler. All members (registered voters in Cheyenne County) are encouraged to attend.

Open house

An open house for The Flower Shop is planned for Wednesday, Oct. 17. Andi Culwell, owner, is hoping lots of people stop by for refreshments and to see what the shop has to offer.

Museum website

The Cheyenne County Historical Society wishes to announce a website for the Museum and Old Country Church is now available at: mission on Veteran's affairs wll be mcheyenne.wix.com/cheyennemu-

Craft fair

your crafts ready for the Bird City Holiday Craft Fair on Oct. 27. Tables are filled but call Barb Gerdes 734-2421 for cancellations.

Show time

Movies at the Cheyenne Theater start at 7:30 p.m. and this time will continue throughout the winter. St. Francis website

Check out the updated St. Francis website at www.stfranciskansas.

Free popcorn

The Cheyenne Theater Committee is asking, that the first weekend of the month, those attending the movie bring a canned food donation for the Food Pantry and they will receive a free sack of popcorn. Show time is 8 p.m.

Grief Support Group

The Grief Support Group will meet every second and fourth Mondays at 2 p.m. Meeting place is the Immanuel United Methodist Church, 116 E. Fourth, Bird City. For more information, call 785-

The group is a confidential support to all who have experienced the loss of a loved one in a safe place of mutual help and comfort.

Emergency number

The new phone number for Chey-It's that time of the year, to get enne County Communications Center (Dispatch) for non-emergency calls: 785-332-8822, Dial 9-1-1 for an emergency.

Narcotics Anonymous

Narcotics Anonymous meetings are held at 104 W Webster/Methodist Education Building on Thursday nights at 7:30 p.m. Contact (785) 342-0028.

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

–Weather-

Date	High	Low	Prec.
Sept. 25	76	47	
Sept. 26	78	55	T
Sept. 27	68	53	1 in.
Sept. 28	72	55	
Sept. 29	75	51	
Sept. 30	82	51	T
Oct. 1	69	36	

Church groups plan walk for life

Two groups of "Prayer Walkers those who work to preserve and for Life" will be walking to each enhance life for all. church in Bird City and St. Francis on Sunday, Oct. 7, beginning at 2 p.m. at Peace Lutheran Church in Bird City at 2 p.m. for a time of St. Francis and 3 p.m. at St. John Lutheran Church in Bird City., The participants will pray at

each church for the congregation and its pastor. The pastor or a member of the congregation will have the opportunity to pray for 2703 or 785-332-2950.

Both groups will meet at the Wesleyan Community Church in fellowship and a brief meeting at the end of the walk. The event is being sponsored by Cheyenne County Kansans for Life. Everyone is welcome to participate. For more details, call 785-734-

- Helpful Hints -

Common baking soda found in ways besides baking.

possible). Follow with a gallon of Wipe dry with a clean cloth. boiling water.

• Remove tough stains from most kitchens can be used in other enameled cast iron and stainless steel. Scrub enameled cast iron • Unclog a drain. Pour 1/2 to with a soft nylon brush and a thick 1 cup of baking soda down the paste of baking soda and water. drain, then slowly pour 1/2 to 1 Clean stainless steel with a soft cup of white vinegar after it. Let cloth and 4 tablespoons of baking sit for five minutes (covered, if soda dissolved in 1 quart of water.

SHOWTIME: 7:30 p.m.

Trouble with the Curve

1 hr. 51 min.

Oct. 5, 6 & 7

Sports/Drama

Clint Eastwood, Amy Adams, Justin Timberlake

PG-13

St. Francis, KS 785-332-2747 Children 12 & Under: \$4

3D Movies: Children 12 & Under \$5

All Others: \$6 All Others: \$7

Thank You

We would like to express how thankful we are to Dr. Mary Beth Miller, Dr. Allard and Kim Zweygardt for all of the wonderful care while our son, Ethan Moore, was in the Cheyenne County Hospital. Also a big thanks to Tammy and Connie and all of the great nurses and CNAs for giving such loving attention to Ethan. Also would like to thank Kary Zweygardt and Jacob Butler for coming to visit Ethan and bringing us joy and prayers. Jason, Lori, Ethan & Audrey Moore, Levant, Ks

CHEYENNE COUNTY 210 W. 1st • St. Francis, KS **HOSPITAL** 785-332-2104

Diabetes Education Management Meeting

Wednesday, October 17, 2012 $1:30 \ p.m.$ Cheyenne County Clinic Basement

Topic: Diabetes Education Healthy Coping skills

For more information contact Mila Bandel, RN – County Health Nurse 785-332-2381

10/2/12 7:39:53 PM

Frontier Medical Rejuvenation

IPL Hair Removal IPL Photo Facials

Acne Treatments Laser Spider Vein Treatments

Dr. Rebecca Allard

607 South Benton St.

St. Francis, Kansas 67756

(785)772-1906 www.frontier-med.com



Coming Soon

Saturday, October 13 Haigler's 5th Annual

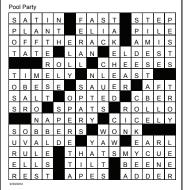
Fall Tumbleweed Festival

Shane Guggenmos

For Cheyenne County Sheriff

It is my conviction that law enforcement should be more than law enforcement. Throughout my 16 years of experience I have learned that we in law enforcement must serve and protect the public with mercy and compassion. It is my intent to extend that service to Cheyenne County.

Paid for by Shane Guggenmos



James E. Reeves, DPM Podiatrist/Foot Specialist Reconstructive Surgery Foot & Ankle Injuries For appointments call:

Rawlins County Health Center 785-626-3211

Cheyenne County Hospital - P.M. 210 W. 1st • 785-332-2104

Wed., Oct. 10

Thurs., Oct. 11 Atwood (a.m.) · 626-3211 Colby (p.m.) CSMC, 175 S. Range 785-462-3332 CMC, 100 E. College Dr.

> Fri., Oct. 12 CSMC at 9 a.m.

785-462-7511

Celebrating Hometown Life See American Profile magazine in this week's issue of

The Saint Francis Herald

Brought to you by

The Herald

(available in local area only)

could be right here." For more information contact: Tim Burr at 785-332-3162

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