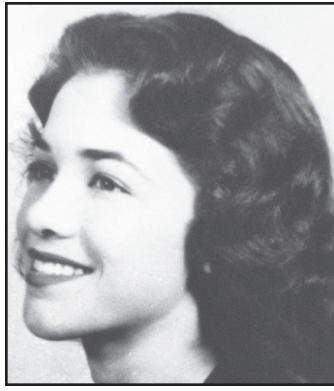


Cards requested for 85th birthday

Darlene (Peter) Ochsner will be celebrating her 85th birthday Sept. 14. In honor of this special occasion, her family is requesting a card shower in her honor.

Cards may be sent to: 907 Arapahoe Street, Benkelman, NE 69021.



Ochsner



School Menu

Sept. 10-14 Monday

Breakfast: Pancake on a stick, fruit.

Lunch: Hot dog on whole wheat bun, potato wedges, veggies and dip, yogurt fruit cup, peaches.

Tuesday

Breakfast: Scrambled eggs with ham and cheese, toast.

Lunch: Mac and cheese with wheat noodles, green beans, apple and orange wedges, carrots and celery with peanut butter.

Wednesday

Breakfast: Waffles with strawberries and whipped cream.

Lunch: Chicken fajitas with whole wheat shell, pico de gallo, cheese, salad mix, mexican corn, pineapple tidbits, lime Jell-o with pears.

Thursday

Breakfast: Glazed donuts, fresh fruit yogurt.

Lunch: Taco burger on whole wheat bun, cheddar cheese, salad, black bean and corn salsa with whole grain chips, banana.

Friday

Breakfast: Biscuits and sausage

gravy.

Lunch: Chicken and noodles, mashed potatoes, peas and carrots, whole wheat biscuit with jelly, rainbow fruit salad.

Junior-senior high school

Every day at the junior-senior high school, juice, cereal assortment and milk are offered at breakfast. On the lunch menu, salad bar is available.

Monday

Breakfast: Frosted long john.

Lunch: Chicken Enchiladas, tortilla, Mexican corn, apple wedges.

Tuesday

Breakfast: Scrambled eggs, toast and jelly.

Lunch: Ham and cheese stromboli, cooked carrots, garden spinach salad and fresh strawberries.

Wednesday

Breakfast: Breakfast Sundae (yogurt, granola and raisins).

Lunch: Barbecued beef with bun, sweet puffs, baked beans, orange wedges and oatmeal cookie.

Thursday

Breakfast: Breakfast taco with salsa.

Lunch: Turkey and cheese sub, romaine and tomato, oven fries, and peach crisp

Friday

Breakfast: French toast, fresh citrus fruit cup.

Lunch: Hot hamburger with bread, masked potatoes and gravy, steamed broccoli, and banana.

Death notice

St. Francis resident, Terry Rueb, 78, died Tuesday, Sept. 4, at the Good Samaritan Village. Funeral services are pending.

Denver Brass

The Denver Brass will conduct a clinic "Unlocking the Door to Performance Excellence" at St. Francis high school for students and adults on Sunday, Sept. 9 at 1 p.m. in the auditorium. A concert "Denver Brass 5: Fanfares & Flourishes" will be performed at 4 p.m. The public is welcome to attend both events.

Tickets available at the door or at Milliken Law, Kite and Day, Frewen Insurance, Dr. Tim Poling, Bankwest, First National Bank, Western State Bank and from Music Club members. Students who attend the clinic and concert will be fed lunch in the park between the two events.

Beecher Island reunion

It is time to make plans to attend the 113th Beecher Island reunion which takes place on Sept. 15 and 16 at the Beecher Island Battleground located north on Colorado county road KK. It will be a fun-filled weekend for the entire family with games, races black powder shooting, live music and history, just to name a few. There is ample room for camping. A full schedule of events is in this week's paper.

Shakespeare, Socrates, Mark comes to St. Francis

Save the weekend of Nov. 9 - 11. Shakespeare, Socrates and Mark are coming to St. Francis in one person.

Shakespeare and Socrates will be at the St. Francis high school on Nov. 9. They will appear again for a workshop in downtown St. Francis on Saturday, Nov. 10.

Mark, KJV, will speak at the Old Country Church on Sunday, Nov. 11. Circle the dates on your calendar and don't miss these events.

UM breakfast

Men's breakfast is on Sept. 15 at 8 a.m. at the United Methodist Church.

Museum website

The Cheyenne County Historical Society wishes to announce a website for the Museum and Old Country Church is now available at: mcheyenne.wix.com/cheyennemuseum.

Trap shoot

Five stand trap shoot from 3 to 5 p.m. on Sunday at the gun club south of St. Francis.

AWANAs

The AWANA Club of First

Baptist Church will begin their year with a hot dog supper and meet-your-teacher night on Wednesday, Sept. 12, at the park behind the courthouse. Please bring your children at 6:30 p.m. and pick them up at 7:30 p.m.

New and old clubbers from 3-years-old (as of Sept. 1) through sixth grade are welcome to kick off the new year together. The club will be meeting each Wednesday evening from 6:30 to 8 p.m. at the First Baptist Church, 420 South Scott Street.

St. Francis City Council

St. Francis City Council will meet at 7:30 p.m. on Monday, Sept. 10, in city hall on Main Street.

Fair board

The Cheyenne County Fair Board will start at 7 p.m. on Thursday, Sept. 6, in the commissioners' room in the courthouse.

Program canceled

The program, Robin Marks Dance Studio, which was scheduled for Sunday, Sept. 9, at the Gateway Civic Center in Oberlin was canceled by the artist.

Another program has been selected for Saturday, Sept. 29, to replace the canceled program and will be an Oberlin Arts and Humanities season ticket event. Details will follow closer to the event.

Electronic books

The St. Francis Public Library will be holding electronic book training at 5:30 p.m. on Thursday, Sept. 20, at the library. Those having questions can call the library at 332-3292.

New show time

Movies at the Cheyenne Theater will begin showing at 7:30 p.m. This time will continue throughout the winter.

County commissioners

The Cheyenne County Commissioners will meet at 8 a.m. on Friday, Sept. 14, in the commissioners' room in the courthouse.

Board of education

The St. Francis Board of Education will meet at 7 p.m. on Thursday, Sept. 13, in the board room at the high school.

Alzheimer's Walk

Colby will be hosting their Alzheimer's Walk on Saturday, Sept. 8, with registration to begin at 9 a.m. followed by the opening ceremony. The one mile walk will begin approximately at 9:30 a.m. Sign a team up, join an existing team or donate to a team member

by going to <http://alz.org/walk> and listing your town. If you are unable to walk the day of but would like to support the cause, call Jan Evans, Outreach Coordinator at 316-267-7333.

St. Francis website

Check out the updated St. Francis website at www.stfranciskansas.com.

Free popcorn

The Cheyenne Theater Committee is asking, that the first weekend of the month, those attending the movie bring a canned food donation for the Food Pantry and they will receive a free sack of popcorn. Show time is 8 p.m.

Tornado Safety drills

The Cheyenne County Communications Center will conduct monthly siren testing starting the second Wednesday in April at 9 a.m. The testing will continue through the end of

September.

Grief Support Group

The Grief Support Group will meet every second and fourth Mondays at 2 p.m. Meeting place is the Immanuel United Methodist Church, 116 E. Fourth, Bird City. For information, call 785-734-2739.

The group is a confidential support to all who have experienced the loss of a loved one in a safe place of mutual help and comfort.

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour 7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or assistance, call the toll-free number 1-800-794-4624.

Free family movie at Methodist Church

The St. Francis United Methodist Church will host its second monthly free movie night at 7 p.m. on Friday, Sept. 14. The movie "Possums" is produced by Feature Films for Families. There will be snacks and drinks served by the United Methodist Youth Fellowship before the movie and during intermission.

The town of Nowata's football team, the Possums, hasn't scored a single touchdown in 13 years. Everyone except Will Clark, the voice of the Possums, wants to give up on the team and drop football because they are losers. In a remarkable story about second chances, the town of Nowata rallies around their team.

U.S. 36 treasure hunt coming Sept. 14-16

By Karen Krien

karen.k@nwkansas.com

People are gathering their items and making plans for the 400-mile long yard sale held along U.S. 36 from the Colorado border to the Missouri boarder.

The U.S. 36 Treasure Hunt will be held Friday, Saturday and Sunday, Sept. 14, 15 and 16.

The county map of St. Francis and Bird City vendors has been put together and is published on the web site, www.ushwy36.com. Maps can also be picked up at

Majestic Truck Stop, Cheyenne County Extension office or Scott Northrup lot at 300 S. Benton.

Next week, there will be a special place on the classified page for garage sales being held that weekend. Call by 5 p.m. on Monday to place an ad.

For more information, contact Linda Elfers at 785-332-5155 or e-mail her at lelfers@ksu.edu.

Look for more information on the Treasure Hunt in upcoming issues of *The Herald* and the *Times*.

Weather

Date	High	Low	Prec.
Aug. 28	101	65	
Aug. 29	101	59	
Aug. 30	101	55	
Aug. 31	98	58	
Sept. 1	98	62	
Sept. 2	94	64	T
Sept. 3	90	54	

Did You Know?

- James A. Garfield, 20th President of the United States, could write in two different languages at the same time.
- When a sea elephant gets angry, his nose fills with air,

swells like a balloon and forms a snout up to 20-inches long.

- The gentoo penguin can swim at speeds up to 17 miles per hour.



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'nBalance training studio is introducing a new workout session using the TRX Suspension Training apparatus. There will be 2 opportunities to work out during the week: One class will be held on Monday & Wednesday at 6 p.m.; the other on Tuesday & Thursday at 6 p.m. Classes will begin the week of September 17th. Each class size is limited to 6 participants.



If interested, please call Natalie at 785-332-0191.

James E. Reeves, DPM
Podiatrist/Foot Specialist
Reconstructive Surgery
Foot & Ankle Injuries
For appointments call:
Rawlins County Health Center
785-626-3211
Wed., Oct. 10
Cheyenne County Hospital - P.M.
210 W. 1st • 785-332-2104
Thurs., Oct. 11
Atwood (a.m.) • 626-3211
Colby (p.m.)
CSMC, 175 S. Range
785-462-3332
CMC, 100 E. College Dr.
785-462-7511
Fri., Oct. 12
CSMC at 9 a.m.

Specials

Closed
Saturday, Sept. 8
and Sunday, Sept. 9

Tuesday

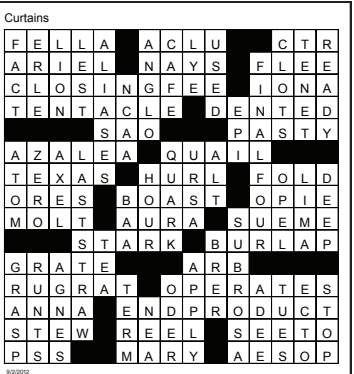
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