

Huelskamp staffer to be in St. Francis

The Kansas offices of Congressman Tim Huelskamp announced that district staff will host local office hours in 46 counties including Cheyenne County across Kansas' big first. One of his staff members will be in St. Francis from 11 a.m. to noon on Tuesday, July 31, at the St. Francis Public Library, 121 N. Scott. That same day, there will also be a representative at the Goodland Public Library 812 Broadway, Goodland, from noon to 1 p.m. mountain standard time. During these local office hours, Congressman

Huelskamp said, the staff will be available to hear constituents' opinions, ideas, and concerns about issues being debated in Washington. A representative will also be available to help constituents with federal agencies and programs, including Social Security, Medicare, Veterans' Affairs, and visas. Constituents with questions should contact Congressman Huelskamp's Salina office at 785-309-0572 or visit www.huelskamp.house.gov/events.

Brothers graduate from state university

Maclain Frewen and Keaton Frewen are among the 1,683 undergraduate students and 261 graduate students completing the requirements to graduate from Fort Hays State University.

Maclain graduated with bachelor's degree in technology studies - industrial technology. Keaton graduated with a bachelor's of general studies in criminal justice.

Maclain was on the Dean's Honor Roll. To be named to the Dean's Honor Roll, the student must attend full time and have a 3.60



Maclain Keaton

grade-point average for the semester.

Both men are St. Francis Community High School graduates and the sons of Kelly and Joellen Frewen, St. Francis.

Highway testing may slow down traffic

Travelers going through Cheyenne County this week may find a delay. The Kansas Department of Transportation will be conducting pavement evaluation tests on K-27 Highway from the Sherman County line to the Nebraska state line and on U.S. 36 from the Colorado state line to the Rawlins County line.

This operation includes the use of a pilot car operation to control traffic.

Specifically, these annual surveys called Falling Weight

Deflectometer tests are performed by the agency each year. The pavement strength surveys test the quality of pavement and certain aspects of deflection upon the roadway.

Department technicians will be working in four-mile segments while performing the tests which will be conducted only during daylight hours. Travelers should expect a minimal wait of 15 minutes or less while the survey is underway.



Miche Bag, Vault Denim & Premier Jewelry
Open House
Saturday, July 21
10 a.m. - 1 p.m.
 at the St. Francis Senior Center
 Join Stephane Workman, Christina Zimmerman and Sara Wilson for some after harvest shopping fun!

James E. Reeves, DPM
Podiatrist/Foot Specialist
Reconstructive Surgery
Foot & Ankle Injuries
 For appointments call:
Rawlins County Health Center
785-626-3211
Wed., Aug. 8
Cheyenne County Hospital - P.M.
 210 W. 1st • 785-332-2104
Thurs., Aug. 9
Atwood (a.m.) • 626-3211
Colby (p.m.)
 CSMC, 175 S. Range
 785-462-3332
 CMC, 100 E. College Dr.
 785-462-7511
Fri., Aug. 10
CSMC at 9 a.m.

Specials
Sunday
 Barbecue Ribs
Wednesday
 Fried Chicken
Cool off with a Fruit Slushy or Fountain Drink
Majestic Service & Truck Stop
 510 West Highway 36
 St. Francis, Ks.
 785.332.2905

Board of Education meeting

The next meeting of the St. Francis Board of Education is a special meeting set for 7 a.m. on Monday, July 23, to study the proposed budget. The meeting will be held in the board room at the high school.

Election places

The primary election is set for Tuesday, Aug. 7. Voting places will open at 7 a.m. and close at 7 p.m. The election place in St. Francis is at the United Methodist Church (not Peace Lutheran). In Bird City, the election place is at the Immanuel Methodist Church (not the Legion hall).

Glassware needed

Collectible glassware is needed to fill the new glass display cases in Eggers No. 8 at the Tri-State Antique Engine and Thresher show grounds. Bonnie Burr and Vernetta Haack are looking for people who will share their items during the show, July 26-28. Call Mrs. Burr, 785-734-2784 or Mrs. Haack, 734-2575.

Open class wheat show

Samples of Cheyenne County wheat that are being entered in the open class wheat show at the fair are due by Thursday, July 19, to the Extension office. The wheat sample should be put into a gallon zip-lock bag along with an official entry card.

Cheyenne Center for Creativity meeting

Cheyenne Center for Creativity meeting for artists, musicians, craft people is at Cuppa Joe Espresso on Saturday, July 21, at 2 p.m. Call Dianna at 772-7404 for more information.

Schorzman/Bandel Reunion
 Schorzman/Bandel Reunion will be held Aug. 4 at the St. Francis Senior Center.

Volunteers needed for fair

Volunteers are needed to run rides and booths during the Cheyenne County Fair, Aug. 1-4. These jobs are only for two-hour shifts (more if the volunteer requests). Not only do local residents volunteer to run these events but people coming to visit at that time often sign up. People can call Connie Wilger 785-332-2835, to volunteer or get more information.

Volunteers are also needed to help get the carnival ride and grounds ready for the fair. Workers meet each Thursday evening - just show up. For more information, call Greg 332-3486.

Electronic books

The St. Francis Library and Northwest Kansas Library System will be offering training for those interested in learning how things work with the 3M app, the One Click digital managers, I-Pads, Nook, Kindle Fire and other devices.

Please call the library at 785-332-3292 for more information.

Blood drive

American Red Cross Blood Drive will be held from 10 a.m. to 3 p.m. on Wednesday, July 25, at the Immanuel United Methodist Church, 111 W. Bressler, Bird City. Go online to redcrossblood.org or call 800-733-2767 to schedule an appointment.

St. Francis website

Check out the updated St. Francis website at www.stfranciskansas.com.

Free popcorn

The Cheyenne Theater Committee is asking, that the first weekend of the month, those attending the movie bring a canned food donation for the Food Pantry and they will receive a free sack of popcorn. Show time is 8 p.m.

Tornado Safety drills

The Cheyenne County Communications Center will conduct monthly siren testing starting the second Wednesday

in April at 9 a.m. The testing will continue through the end of September.

Grief Support Group

The Grief Support Group will meet every second and fourth Mondays at 2 p.m. Meeting place is the Immanuel United Methodist Church, 116 E. Fourth, Bird City. For more information, call 785-734-2739.

Emergency number

The new phone number for Cheyenne County Communications Center (Dispatch) for non-emergency calls: 785-332-8822, Dial 9-1-1 for an emergency.

Narcotics Anonymous

Narcotics Anonymous meetings are held at 104 W Webster/Methodist Education Building on Thursday nights at 7:30 p.m. Contact (785) 342-0028.

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups

are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

Helpful Hints

Expanding Frosting

When you buy a container of cake frosting from the store, whip it with your mixer for a few minutes. You can double it in size. You get to frost more cake/cupcakes with the same amount. You also eat less sugar/calories per serving.

Reheating refrigerated bread

To warm biscuits, pancakes, or muffins that were refrigerated, place them in a microwave with a cup of water. The increased moisture will keep the food moist and help it reheat faster.

Newspaper Weeds-Away

Start putting in your plants, work the nutrients in your soil. Wet newspapers, put layers around the plants overlapping as you go, cover with mulch and forget about weeds. Weeds will get through some gardening plastic, they will not get through wet newspapers.

Student chosen to play in Masonic band

Logan Whitmore, a 2012 graduate of St. Francis Community High School, has been chosen to attend the 29th Kansas Masonic All-State High School Marching Band Camp from Tuesday, July 24, to Saturday, July 28, at Emporia State University. This will be Logan's third year playing trumpet with the Shrine Bowl Marching Band.

The five-day band camp features the top high school musicians from across the

state of Kansas. Marching and musical instructions are under the direction of Nathan Gay and his Emporia State band staff.

Band camp ends with performances in the Shrine Bowl parade Saturday morning and a pre-game and half-time performance at the Kansas East-West Shrine Bowl football game on Saturday evening. The band will also perform at the banquet Friday evening.

The marching band is a project of the Kansas Masonic Foundation. Sponsorship for Logan is paid by the St. Francis Masonic Lodge.

The money left after the expenses for the camp is donated to the Kansas Masonic Cancer



Logan Whitmore

Research Institute located at the University of Kansas Medical Center in Kansas City. The net proceeds from the East-West Shrine Bowl Game are donated to the Shriner's Hospitals for Children.

Weather

Date	High	Low	Prec.
July 10	85	57	
July 11	91	57	
July 12	95	67	T
July 13	95	62	
July 14	98	68	
July 15	102	67	
July 16	99	62	

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 Bird City, KS

(785) 462-8255
www.HomeLandRE.com

Newly remodeled
3 Bedroom/2 Bath
 Call Pat Sloan at 785-443-3261
"Western Hospitality"

Cheyenne County Fair
Aug. 1-4
 St. Francis

Demolition Derby, Aug. 4
 Admission - \$10 • Pit Pass - \$15
 (16 and under must be accompanied by a parent)
 Adam Peter - 785-332-4039
Derby Cars plus Pickup Division
\$1,500 Demo purse • \$800 Pickup purse
 • Mad Dog \$500
In between heats - Garden Tractor Pull
 Marty Church - 785-332-4622
Tuff Truck Competition, Aug. 3
 Follow the track - Best time wins
 All vehicles, including derby cars, are eligible
 More information or rules contact:
 Adam Peter - 785-332-4039

Ward Cassidy
 for
Kansas State Representative
 I give you my word that no one will work harder for Cheyenne County and Northwest Kansas.
 The polls are open — I would really appreciate your vote.
Ad paid for by Cassidy for Representative, Mike Day Treasurer

SHOWTIME: 8 p.m. 2 hr. 16 min.
Spiderman 3D
July 20, 21 & 22
 Andrew Garfield, Rhys Ifans, Emma Stone
Sci-Fi/Fantasy/Action/Adventure/Adaptation
 PG-13
CHEYENNE THEATER St. Francis, KS
 785-332-2747
 Children 12 & Under: \$4 All Others: \$6
 3D Movies: Children 12 & Under \$5 All Others: \$7

CHEYENNE COUNTY HOSPITAL
 210 W. 1st • St. Francis, KS
 785-332-2104
Free School Sports Physicals
 Sponsored by the Cheyenne County Hospital, Clinic & Health Department
July 23-27, 2012
 at the
Cheyenne County Clinic & Bird City Clinic
 Please call 785-332-2682 or 785-734-2200 for an appointment
Cheyenne County Clinic Physical Hours:
 Monday thru Thursday - 8:30 a.m. - 5:30 p.m.
 Friday - 8:30 a.m. - 3:30 p.m.
Bird City Clinic Physical Hours:
 Monday thru Friday - 9:00 a.m. - 11:30 a.m.
Students 7th grade thru 12th grades must have passed a school physical examination given by a physician to participate in school sports for the 2012-2013 school year.
The physicals are free of charge the week of July 23-27, 2012.
For more information contact the Cheyenne County Clinic at 785-332-2682.

Horsemen

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A	L	E	S	E	A	N	A	M	P	E	R	E
K	A	Y	E	A	S	T	H	E	A	T	E	D

American Profile
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 See American Profile magazine in this week's issue of
The Saint Francis Herald
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 For more information contact: **Tim Burr**
 at 785-332-3162