

Garden meeting planned for kids

There will be an organizational meeting at 4 p.m. on Wednesday, May 9 at the United Methodist Church for children interested in helping with the community garden. We will continue to meet on Wednesdays at 4 p.m. until the week of May 28. At that time, the garden club will meet on Monday, Wednesday and Friday of each week for an hour at 9 a.m. Youth of any age are welcome, but pre-school children should be accompanied by an adult. Andy adults who wish to help with the program are welcome. The garden is located on the lot just southwest of the church. At the organizational meet-

ing, interested children and their parents will have to sign United States Department of Agriculture volunteer agreements. The club will provide children with the opportunity to learn about the responsibilities of gardening and of the value of exercise through gardening. They will also have the opportunity to taste the different garden produce. Some of the tasks that will be involved will be planting, weeding, watering and picking vegetables. If you have questions about the program or you can't be at the organizational meeting, please call Warren Cico at 772-7098 or 332-2292.

Rough Writers Read

Public is invited to "Rough Writers Read" (readings by local writers of their original work) from 2 to 3:30 p.m. at Old Country Church, on Sunday. Some of Lisa Gibson's students will also do readings.

Steak fajita dinner

St. Francis Community Church will be serving a steak fajita dinner from 11:30 a.m. to 2 p.m. on Sunday at the St. Francis high school cafeteria. They are raising money to send eight people from the community to Kenya, Africa, as well as purchasing supplies to build a classroom in Kenya. For more information, see ad in this week's Herald.

Music recital

Music recital May 6 at 7 p.m. At Seventh Day Adventist Church, 3rd and Adams.

Veterans' Affairs

Jody Tubbs of the Kansas Commission on Veterans' Af-

fairs will be in St. Francis at 10:30 a.m. until 11:30 a.m. at the County Clerk's office to assist veterans and their dependents with VA claims work on Thursday, May 3. If you are unable to contact Ms. Tubbs in St. Francis, you may contact the office in Colby any Monday, Wednesday or Friday. That phone number is (785) 462-3572.

Treasurer's office opens hour later May 1-7

The Cheyenne County Treasurer's office will be closed from 8 to 9 a.m. each day until May 7 so the staff can practice and test for a new system. The treasurer's office will NOT be able to do motor vehicle or driver's license transactions from May 1-May 7.

National Day of Prayer

The National Day of Prayer will be held at 1:30 p.m. on Thursday, May 3, at Wesleyan Fellowship Hall. All are welcome to join in prayer for our nation.

Community Builders' meeting

The St. Francis Community Builder community leadership members are considering a fall leadership class. They will have a Picnic in the Park at the band shell on Sunday evening starting at 5 p.m. All former members are asked to bring a guest. Those interested in taking the leadership class should contact Casey McCormick, 332-3554, or Roger Jensen, 332-5011.

Taxes due

The second half of 2011 taxes are due by May 10 to pay without penalty. Notice: The postcard notices were sent stating 2010 taxes in error.

Book sale

The St. Francis Public Library is holding the annual book sale starting April 16.

New address

Bruce Roelfs is improving daily. He has received many cards which have helped keep his spirits up. However, the family is

asking that people still continue to remember him. His new address is: Porter Adventist Hospital, Bruce Roelfs, Room 3109, 2525 South Downing, Denver, CO 80210.

Fireman's Ball tickets

St. Francis Fireman's Ball is set for May 5 at Riverside.

Big Brothers Big Sisters

Look for jars in participating businesses which support the Big Brothers Big Sisters promotion.

Tornado Safety drills

The Cheyenne County Communications Center will conduct monthly siren testing starting the second Wednesday in April at 9 a.m. The testing will continue through the end of September.

Grief Support Group

The Grief Support Group will meet every second and fourth Mondays at 2 p.m. Meeting place is the Immanuel United Methodist Church, 116 E. Fourth, Bird City. For more information, call 785-734-2739.

The group is a confidential support to all who have experienced the loss of a loved one in a safe place of mutual help and comfort.

Emergency number

The new phone number for Cheyenne County Communications Center (Dispatch) for non-emergency calls: 785-332-8822,

Dial 9-1-1 for an emergency.

Free popcorn

The Cheyenne Theater Committee is asking, that the first weekend of the month, those attending the movie bring a canned food donation for the Food Pantry and they will receive a free sack of popcorn.

Narcotics Anonymous

Narcotics Anonymous meetings are held at 104 W Webster/Methodist Education Building on Thursday nights at 7:30 p.m. Contact (785) 342-0028.

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

Weather

Date	High	Low	Prec.
April 17	75	41	
April 18	73	45	
April 19	69	38	.12
April 20	66	41	
April 21	73	41	
April 22	69	41	
April 23	85	44	

The Gardener

By Kay Melia



It's the year 2012, right? It's an era of unbelievable technological advances, like 100 bushel per acre wheat crops, and federal budgets measured in the trillions of dollars, and so much more. And yet, most home gardeners are not aware that unconsumed organic material carries more nutrients than it does after it has been ingested, digested, and expelled.

It is not difficult to believe in this computerized age that there are very few who remember when animal manure added untold value to the soil, and it's distribution from barns and chicken houses to gardens and cornfields was what made things grow and thrive. When just an "overall" kid, I was the one to roll the trailer over to the chicken house door and scoop everything out for delivery to the garden site. It was a "twice a year" ritual, because everyone knew that manure, from all farmstead occupants, was the reason that field crops and garden vegetables thrived and produced outstanding yields.

And then came a time when the word was spread by scientists that studied such things that the manure of most farm animals is low in plant feeding elements, even when it is fresh, and then when it ages sufficiently so that

it does not burn plant roots, most of the nutrients have drained away. The result is that when the gardener works the dry material into the soil, there isn't much left but fiber. That's not all bad, because fiber enhances the structure of the soil. But the truth is that cow manure, when dry, contains only about 2-percent nitrogen, and that's not enough to help the plant very much.

It was in 1940 that Sir Albert Howard of England wrote a book entitled "Agricultural Testament" that was the springboard for information that manure just wasn't the valuable stuff that people were brought up to believe. Sir Albert wrote that animals, in digesting and assimilating vegetable matter, actually use practically all the nutrient content for their own bodies, leaving very little recyclable value in their manure.

Therefore, organic matter of almost every kind, when plowed into the soil and allowed to biodegrade, provides more soil nutrients than manure, because most of the nutrients were used by the animal during his own growth cycle. Still, we have the fiber factor, which really helps the soil. We just have to find other ways to fertilize field and garden crops.

If gardeners really want to do something for soil enhancement, they should build and maintain a compost pile. Research shows that homemade compost provides twice the feeding elements of an old manure pile. But we must remember that the addition of any organic material, while tremendously valuable for soil structure, does not and cannot begin to equal the value of commercial fertilizers in terms of crop production.

I think back to all those years that I was the appointed one to clean out the barn and chicken house and spread it over the garden and around the fruit trees. Chopped up cornstalks would have done the job better! Now they tell me!



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800-524-9678 785-332-2188 yostford.com

Swap Your Ride Sales Event

1995 Ford Taurus, 113,000, #T2584M	\$2,650
2001 Ford Excursion XLT, V10, 4x4, 129,000 miles #T9176M	\$8,500
2002 Ford Ranger 4x4, S-cab, 4x4, V-6, 128,000 #T9176B	\$8,500
2003 Buick Lesabre, 128,700, Leather, #T8153	\$5,800
2004 Dodge Durango SLT, AWD, #T3404C	\$9,800
2004 Ford F-250 Lariat 6.0, 115,447, #T3872B, sale	\$14,995
2005 Ford F-250 XLT, 124,000 Super Cab, #T1920A	\$16,900
2005 Ford Explorer XLT AWD, #T2027A	\$8,595
2005 Ford F-250 Lariat, L. Box, 133K miles, #T9945A	\$17,500
2006 Ford 250, R/C, L. box, Local Trade, 100K, #T4374A	\$18,900
2006 Ford F-350 Crew, #T1726B	\$12,900
2007 Ford F150 Lariat Crew Cab, Leather, 91K, #T0005A	\$25,500
2007 Ford F-150 King Ranch, Crew Cab, 69K, #T6497B	\$27,000
2007 GMC Yukon XL, 108,000, loaded, #T5284A	\$25,995
2008 Mercedes C300 Sport, 56K, loaded, #4538VA	\$28,500
2008 GMC Acadia, SLT pkg., Loaded, Dual DVD, #T0869B	\$18,000
2008 Chevy K2500 HD LT, Crew 76K,	\$25,700
2008 Ford Expedition King ranch, 76K, #T7062A	\$29,475
2009 Lincoln MKZ, Super low miles, 16K, #85233A	\$27,900
2009 Cadillac STS, loaded, #T2882A	\$29,000
2009 Nissan Altima, loaded, #22328A	\$17,000
2010 F-250 Super Cab Lariat, 10 K, 4x4, 6.4, #50842A	\$44,000
2011 Ford Taurus SEL, #06614A	Was \$33,000 Now \$29,300
2011 Ford Edge Limited, #T8768A	Was \$35,700 Now \$31,300
2012 Dodge Dodge Ram 1500, SLT, 2,360 miles, #T9108	\$29,900

View all of our inventory at
www.yostford.com

SHOWTIME: 7:30 p.m. 1 hr. 32 min.

Mirror Mirror
April 27, 28 & 29
Romance/Fantasy/Adaptation/Action/Adventure/Comedy

Julia Roberts, Lily Collins, Armie Hammer PG

CHEYENNE THEATER St. Francis, KS 785-332-2747

Children 12 & Under: \$4 All Others: \$6
3D Movies: Children 12 & Under \$5 All Others: \$7

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St. Francis, Kansas 67756 www.frontier-med.com

CHEYENNE COUNTY HOSPITAL 210 W. 1st • St. Francis, KS 785-332-2104

cheyenne County Health Department
Hosts

Breastfeeding Basics

Guest Speaker, Brenda Bandy, IBCLC
Of the Kansas Breastfeeding Coalition and Kansas Le Leche League

Funding provided by UMHMF/KPHA

Date: Monday, April 30
Time: 9 am - 4 pm
Place: Cheyenne County Clinic Basement

Registration Fee: \$10.00 (includes lunch and snacks)
** Approved for 6 hours of CEU's**

Please contact for more information:

Candi Douthit, RN
Education Coordinator
cdouthit@cheyennecountyhospital.com
785-332-2104

Lori Raile, RN
Lactation Nurse
lraile@cheyennecountyhospital.com
785-332-2104

James E. Reeves, DPM
Podiatrist/Foot Specialist
Reconstructive Surgery
Foot & Ankle Injuries

For appointments call:
Rawlins County Health Center
785-626-3211
Wed., May 2
Cheyenne County Hospital - P.M.
210 W. 1st • 785-332-2104

Thurs., May 3
Atwood (a.m.) • 626-3211
Colby (p.m.)
CSMC, 175 S. Range
785-462-3332
CMC, 100 E. College Dr.
785-462-7511

Fri., May 4
CSMC at 9 a.m.

Specials

Sunday
Chicken Fried Chicken

Thanks to those that participated in our anniversary celebration and congratulations to the drawing winners

Like us on facebook

Majestic Service & Truck Stop

510 West Highway 36
St. Francis, Ks.
785.332.2905

Bird Watching

G	O	N	G	S	T	E	S	S	C	H	O	P
O	P	E	R	A	U	T	A	H	H	I	K	E
D	E	R	A	T	B	O	N	A	A	F	R	O
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Y	E	L	L	E	Y	R	E	D	O	T	E	R

American Profile
Celebrating Hometown Life

See American Profile magazine in this week's issue of

The Saint Francis Herald

(available in local area only)

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For more information contact: **Tim Burr**
at 785-332-3162