



THIS HANDMADE quilt, donated to the Relay for Life, was made by Sharron McQuigg. Holding the quilt are John Finley, Christy Wurm, Pat Rose and Betty Louden.

Herald staff photo by Karen Krien

County Relay for Life will be held at Sawhill Park

The Cheyenne County Relay for Life will be held at Sawhill Park, St. Francis, on Saturday night, June 9. The relay will start at 7 p.m. and end the next morning at 7 a.m.

"This annual event raises money for the American Cancer Society and honors our local survivors," said Pat Rose, chairman of the relay.

Plans are underway for the evening. They include a community free-will barbecue which will be served by Pam and Jim Bolin, serving from their Hobo Snack Shack.

The Cheyenne Shrine Club will have their candy wagon there for drinks and popcorn. All proceeds will be donated to the relay.

Survivors are guests at the barbecue which will start at 6 p.m. The first lap with the survivors begins at 7 p.m. and the closing service starts at 6:45 a.m. on Saturday.

"If you are a new survivor or have information on a relative or friend in the county who is a survivor, please contact any committee member," Ms. Rose said.

Auction items have already started to come in. The first was a handmade quilt donated by Sharron McQuigg, in honor of her daughter, Olivia, who has been diagnosed with cancer. It will be displayed at the United Methodist Thrift Store, along with all donated items. Miche Bags have been donated by Stephanie Workman; and Rachel Schmidt is donating Jordan Essential products. Anyone interested in donating items, contact Betty Petersen at 785-332-2368 or any committee member.

We are actively seeking teams for the relay, Ms. Rose said. If someone doesn't feel they can stay all night on the track, the teams can split up the hours, so that someone is on the track each hour.

Those from a former team or who have never been on a team,

we need you this year, Ms. Rose said. Contact Cristy Wurm, team coordinator, at 785-332-2650.

To encourage the grade school students to get excited about the relay, Ms. Rose will visit the school and leave "change buckets" in each room and will encourage a contest between rooms to see who can raise the most donations to the relay. The winning room will receive a pizza party from the Relay Committee.

Ms. Rose will visit the high school and speak to the students encouraging them to form teams to help their community raise these life-saving funds to fight cancer.

Activities and entertainment are planned for all night by Dana Rose and her committee. Randy Smestad will be the DJ for the evening.

People are asked to begin thinking about who they want to purchase luminarias for. The luminaria sacks are placed around Sawhill Park and are lit at dark to honor those who have survived cancer, and to memorialize those who have died from cancer. Tammy and Allison Grice are in charge of the luminarias and all team members and committee members can sell them, too. Contact Tammy for further information at 785-332-2910.

As always, there will be entertainment in the band shell before the auction and luminaria service. At this stage, the committee is asking for volunteers from the area. Call Ms. Rose at 332-5348.

Those who have grown their hair can have it cut to be donated for wigs for cancer survivors. Contact any hair salon in the county and they will cooperate in cutting your hair, seeing that it gets to the Relay Committee.

The Cheyenne Bowl will once again let the committee hold "Cosmic Bowling," with proceeds going to the relay. Watch the newspaper for date and time. Last year's event was a lot of

fun, Ms. Rose said, so come join the bowlers.

"This community always surprises and pleases the Kansas Relay chairman because of the per capita volume of money raised to help cure cancer," said Betty Louden, publicity chairman. "Please mark this date on your calendar and plan to join us at the park."

Club Clip Tuesday Club

Tuesday Club met on April 10 with 16 members present at the Cheyenne Manor. Hostesses were Pat Confer and Shirley Sherlock. Spring flowers decorated the tables with matching service pieces. Dessert was served before the meeting.

The meeting was called to order. Election committee informed members of the coming year's officers. They include Glorianne Milne, president; Carol Rogers, vice president; and Donna Zimbelman, secretary-treasurer. Geri Lampe gave a program on gardening.

The May 10 meeting will be a potluck salad supper. Hostesses are RoseMary Bierig and Valjean Schultz.

Helpful Hint

Easy Deviled Eggs

Put cooked egg yolks in a zip lock bag. Seal, mash till they are all broken up. Add remainder of ingredients, reseal, keep mashing it up mixing thoroughly, cut the tip of the baggy, squeeze mixture into egg. Just throw bag away when done easy clean up.

Group from Sainty heads to Kenya on mission trip

A group of St. Francis people including four young people will be traveling to western Kenya on June 5, returning on the 22nd, where they will serve in the missionary field. They will be a part of the Commit Ministries which mobilizes short-term mission trips as well as providing training for people to serve in China, Mexico, Sri Lanka and Africa.

Those planning to go are Pastor David Butler and son, Jon; Derek Crow and son, Jayden; Kary Zwegardt, Debbie Harris and daughter, Krissy; and Luke Guggenmos.

Each individual making the trip needs \$4,875, which covers only the costs. Any additional expenses are above the amount.

In order to help with the missionary trip, a Mexican beef fajita dinner with beans and rice will be held from 11:30 a.m. to 2 p.m. on Sunday, April 29, in the St. Francis high school cafeteria. During the dinner, there will be entertainment including Luke playing the guitar and singing.

All funds raised go to the mission trip. Everyone going on the mission trip is experiencing it for the first time, with the exception of Mr. Crow. Ms. Harris, a registered nurse, will take her experience and education with her and will be at the clinic for two days. In fact, everyone will have a chance to work with the people in the clinics.

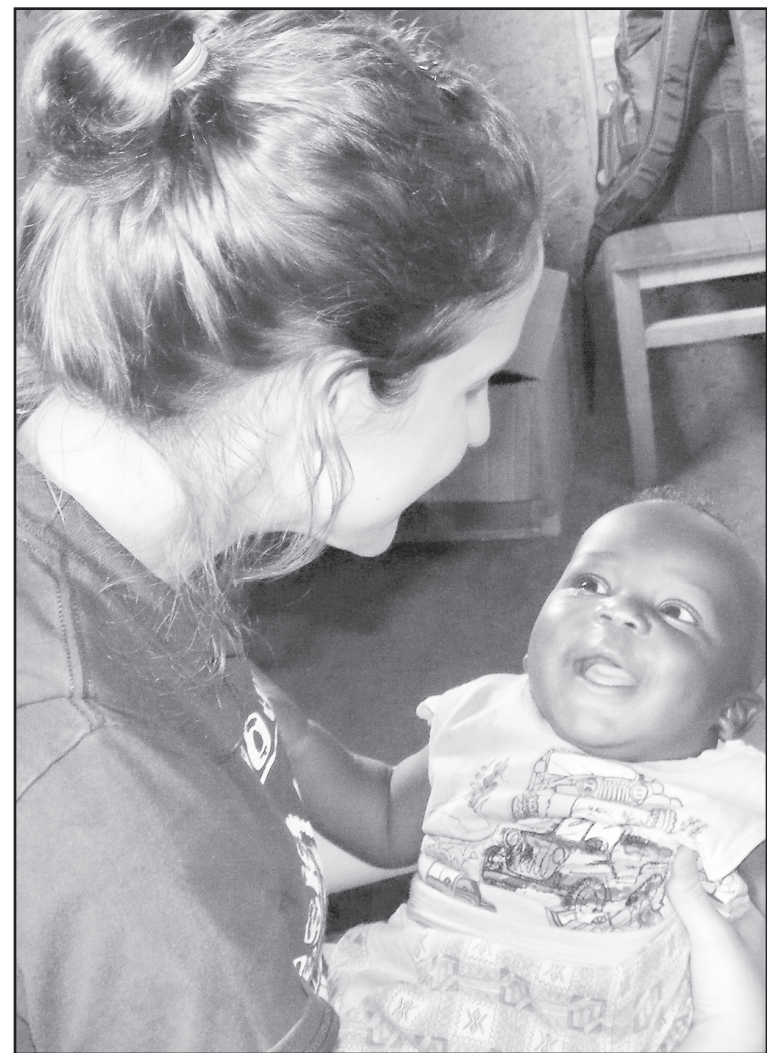
Both Krissy and Luke have expressed an interest in missions. The trip will give everyone attending a chance to experience the desperate needs of people in Kenya. While there, they will be helping build a high school, will work in the classrooms and several days will be spent working in a medical clinic.

Derek Crow has been to Kenya three times and to China, once. He said the first time, he knew he wanted to go but didn't know how he would pay for it. However, he said, the money came in and I was able to go. It has been that way ever since, he said.

One of his children have gone with him on the missionary trips.

In 2005, Mr. Crow was suffering from a back injury that had left him unable to work and provide for his family for a year. He went through many different types of therapy and injections to try and get through a day. Nothing was working and life was very difficult both physically and financially. God had blessed him with his children but he could hardly provide for them.

We purchased groceries day to day, said his wife, Stacy, and we were barely scraping by. One day Stacy opened her Bible and there was a \$20 bill which bought groceries. To this day we know it was a gift from God as we didn't put it there.



KARLIISA CROW WHITE was getting set up at the medical clinic in Kenya. Karliisa went to Kenya with her dad, Derek Crow in 2007.

We knew he needed surgery, she said, but with no insurance and every doctor we spoke with was wanting thousands of dollars. We just didn't know what to do.

One day they got a call from Dr. Slovek which is our second daughter, Lindsay's father-in-law. They had just gotten married a few months before. Dr. Slovek said this wasn't his area of expertise but if Derek can get to California he would take care of him. We didn't even have the money for the plane ticket to get there, Stacy said. Some dear friends, the Velasquez, helped us to get the ticket bought. In just 24 hours we went from not knowing what to do, to Derek being on a plane headed for California.

The surgery was an instant success. The pain was gone! He had to spend two weeks in California before being cleared to fly home. He then spent six more months in recovery not being able to work, but he was healed.

"Derek kept telling me, 'you just don't understand how it makes a man feel to want to work and take care of his family but physically

being incapable to do so,'" she said. He never again wanted to take for granted his ability to provide and take care of us.

Derek said he wanted to give back for all that God had done for him. He had been given back his health and his ability to provide for his family.

He saw some information about a mission group called Commit Ministries and gave them a call. It seemed like the perfect way to say thank you. He has been there three times now to help build the school and will be returning again in June.

Derek says he loves the African children. They want to better themselves, they are looking for hope to live a better life. Most of the kids will only be fed the one noon meal they get while in school. Many of the children have no parents and no one to even look after them.

"It has been such a rewarding experience to serve the people of Kenya," he said.

Each time he has taken one of his older children to share in the experience.

"It is life changing!"

We are so excited for Spring we wet our plants!

We have seed potatoes: Lasoda reds, Kennebec whites and Yukons. Onion sets including Walla Walla sweet variety onion plants for larger onions at both locations. Blackberry, raspberry, strawberry, grape (green, red & wine), rhubarb, asparagus and horseradish plants at the nursery.

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