

Girls to compete in show

Over a year ago, the St. Francis Rec Commission director, Penny Gienger, announced that a gymnastic class was available for girls, first through sixth grade. The coach is Conny Paulsen.

Some parents, Mrs. Paulsen said, had told me they would love their girls to do gymnastics. Mrs. Paulsen had several years coaching experience in Wisconsin at a gymnastic center.

Mrs. Paulsen began looking for equipment and was encouraged by the school administrators. Some of the equipment was found at the school but it took a combined effort to get most of the old school equipment into better shape.

Lyn Wiley, ag instructor, and his students drilled holed and welded the bars together. Dennis Friedrichs and David Morrow, both teachers, smoothed the surface of the wooden beam, Tim Schmid, local carpenter, repaired the spring board and Mrs. Paulsen sewed the mats together.

The Rec Committee, the Thrift Store and bake sales helped to buy additional equipment and leotards for the girls.

Through an acquaintance of Jennifer Witzel, who is also teaching gymnastics, they were offered a balance beam and uneven parallel bars which is current standard equipment. And, Mrs. Paulsen said, it was free! All they had to do was pick it up in Denver, which they did with a large animal trailer.

During the school year, the girls are practicing for two events. In April, there is a gymnastics meet in Atwood where the girls compete with gymnasts from Oberlin, Goodland, Atwood and Sharon Springs.

In November, a gymnastic



LYDEN LAMPE practices on the balance beam during the practice on Tuesday evening. Herald staff photo by Tim Burr

Gymnasts compete in Atwood on Saturday

program is held in St. Francis. During the Atwood event, the girls are showing routines on the floor. In St. Francis, the girls perform in addition to the floor, they are also on the balance beam, the horse and uneven parallel boards.

At the present time, gymnastics is held in the wrestling

room at the high school. However, during wrestling season, they are at Dr. Poling's "upper room."

"It is fun to see the girls learning new skills," Mrs. Paulsen said. "I am thankful for all the support that is making gymnastics in St. Francis possible."

SOCIETY

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of profit sharing. They also agreed that plans for assisted living was a good idea but they would need to bring the matter to the voters and that would take time.

At the Friday meeting, the commissioners discussed what could and probably would take place if the county took over the nursing home. First of all, said Dale Patton, commissioner, the fire marshal will come in and demand that certain equipment be fixed and the air conditioning, heat and air vac systems will need to be repaired, replaced or installed.

All we are getting, said Andy Beikman, commissioner, is 20 acres and the independent living apartments. The nursing home probably needs to be bulldozed down.

Mr. Patton said that if the county builds the assisted living apartments on the Village grounds, then all electrical, plumbing and other areas which have been "grandfathered" in for years, will no longer be grandfathered and the county will be required to bring everything up to code.

Why, asked Mr. Beikman, do we want to be involved in a business where there is no profit?

At this point, Mrs. Gilliland said the commissioners needed to find out where the county stood with Good Samaritan - did the Society still plan on selling the

nursing home and apartments for \$1. We have got to be thinking about the future of Cheyenne County, she said.

Mrs. Gilliland said Mike Day and Tom Keller, representing the St. Francis Community Foundation, had talked to her about the money raised last year which was designated to help with the Village. This money could be used to research whether or not the county should continue negotiations with the Society or whether or not we need to look at something new in the future. The study will be no cost to the county, Mrs. Gilliland said.

The commissioners noted that they didn't want another feasibility study and get a bunch of "blue sky." What we want, Mr. Patton said, are facts of what we need in a contract.

Mr. Miller said Mr. Fitzgerald wanted to know what the commissioners' decision was concerning the fact that the Society would not profit share. Mrs. Gilliland said she would contact him.

The commissioners agreed that a nursing home is needed, as are the independent living apartments. They also see a need for assisted living but before they make any hasty decision, they want to make sure they are making the right decision for the people and the county.

SFCCHS HONOR ROLL THIRD NINE WEEKS ♦ 2011-2012



Superintendent's Honor Roll - Grade point avg. above 3.75

Senior

Tilyn Bell
Kaitlin Figgins
Ross Nicklos

Caitlin Northrup
Stephanie Perry
Christina Schoenrogge
Logan Whitmore

Junior

Zach Gienger
Casey Keller

Allyson Northrup

Randee Grover
Bailey Merklin

Freshman

Kyla Bandel
Mariah Beikman

Eighth grade

Garrett Brunk

Clayton Cassaw

Jakob Church
Kattie Jenik
Austin Patton

Sydney Sundstrom

Hannah Wolff

Seventh Grade

Joel Hill

High Honor Roll - Grade point avg. 3.33 to 3.74

Senior

Hayley Brown
Jonathan Butler
Gavin Cooper
Allison Grice
Luke Guggenmos
Jenna Hill
Lexi Hilt
Martin Hnizdil
Jacquelyn Ketzner
David Leibbrandt
Trista Orth

Isaac Schiltz

Taylor Archibald
Laura Brunk
Christina Harris
Gus Jardine
Clarice Neitzel
Steven Nelson
Tyler Raby
Juliana Wendling
Sarah Whitmore

Sophomore

Shelby Cassaw
Mason Schiltz
Alyssa Schlepp
Nicholas Easter
Erik Nelson
McKayla Taylor
Jude Faulkender
Lane Hobrock

Journey Lee

Kayla Reed
Travis Rogers
Kylie Sherlock
Seventh grade
Jenna Confer
Quinton Cravens
Kenneth Leibbrandt
Makayla Rogers
Taylor Rogers
Katie Schmid

Honor Roll - Grade point avg. 3.0

Senior

Paul Nelson
Laila Radwan
Sam Reed
Junior
Thomas Douthit
Foster Grant
Dylan Peter
Noelle Sherman

Sophomore

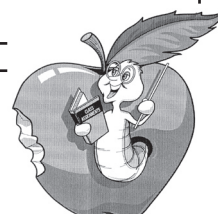
JT Woodcox
Freshmen
Shakotah Blanka
Cade Bracelin
Abigail Fernandez
Echo Jones
Ashlee Orth
Ian Schmid

Justice Wiley

Valerie Wurm
Eighth grade
Payton Beims
Emily Elfers
Carl Fabre
Justin Pacheco
Hannah Stafford
McKenzie Taylor

Zachary White

Seventh Grade
Danielle Frink
Ryan Grover
Jeremiah Neitzel
Trey VanAllen



Keep up the good work

BANKWEST OF KANSAS
Bartlett Company Grain LP
Becky's Bierocks
Bier's Hometown Store
Bill Wilson Ltd.
Brice's Auto Repair
Laverne & Donna Boll
Bumper to Bumper Auto Parts
Hoagie & Dara Carmichael
Click Photography
Cheyenne Co. Clinic/Hospital
Cheyenne Feeders L.L.C.
CHS-Dale Hazuka
Pat & Vicki Cress
Theron & Carolyn Culwell
Dr. Melvin & Barb Dunn
Deb's Embroidery - Deb George
Diamond R Bar & Grill
Farm Bureau Financial Services
Bruce & Sharon Feikert
Frewen Insurance Agency
Kelly & Penny Gienger
Girlfriends & Guys Too
Good Samaritan Village
Goodland Greenline - Wheeler
Grace Flying Service
Homesteader Motel & Trailer Park
Uptown Meat Market & Deli
Glenn and Louanne Isernhagen
Jenik Oil Co.
Floyd & Elaine Jensen
K-Store
Tom & Lea Keller

Kite & Day Law Office
Knodel Funeral Home
Twila Kramer
Krien Masonry Service
Krien Pharmacy/ The Flower Shop
Krien Steel Buildings
Lampe Hardware
Leach Insurance Agency
Daryl & Keely Loyd
L&W Andrist Ins. Agency-
Linda & Walt Linthacum
Lonestar Storage
Casey & Lezlie McCormick
Mill & Seed
Terry & Mary Beth Miller
James Milliken, Chartered
Morrow's Garage/
Cochran Farm Supply
Neitzel Insurance Service
Roger Neitzel Heating & Cooling
Noble Energy
Owens True Value
Dale & Deb Patton
Park Hill Restaurant & Lounge
Pizza Hut
Brett Poling Chiropractic
Dr. Tim & Margaret Poling
Cliff & Judy Raile
Raile Gelbvieh -
Delbert & Marilyn Raile
Republican Valley Auto Supply
Republican Valley Vet Clinic
RM Jaqua Abstract
Kenneth & Janet Roberson

Rick & Linda Rogers
Rosewood Resources, Inc.
Ross Manufacturing
Marlin & Anabelle Rueb
Randy & Rikki Rueb
Sainty Liquor
Sherlock Spraying
St. Francis Booster Club
St. Francis Car Wash & Storage
St. Francis Equity
St. Francis Herald
St. Francis Mini Storage
St. Francis Sand & Redi Mix
St. Francis Tire & Service
Schultz's Ltd.
Shay Realty, Inc.
Silver Crest Farms
Tom & Sandy Small
Dan & Rita Stephens
Dr. Pat & Bonnie Stuart
Talley's Portrait Photography
The Classic Rose
Tri-State Irrigation
TR Services Inc.
Troy's Transformations
Unger Chiropractic Clinic
United Methodist Thrift Store
Video Kingdom
Carl Werner
Western State Bank
Wheeler Equity
Betty Jean Winston
Yost Farm Supply
Ron & Bonnie Zweygardt

Wray Community Health Fair

**Blood Draw Dates: Weekdays, April 9- April 20, 6-9:30 a.m. MT
Wray Hospital**

Idalia Visions April 23 & April 24, 7-9 a.m. MT

May take normal medications prior to test
Fast for 12 hours (but DRINK plenty of water!)

\$35 - Chem Panel (glucose, blood count, electrolytes, thyroid & more)
\$15 - PSA (prostate blood test for men)

Fair Date: April 28, 8 - 11 a.m. at Wray Schools Kitzmiller Building

Call for a Blood draw appointment: 970-332-4811

(Appointments Highly Encouraged!)

Jennifer Kramer, RN; Karen Keller, RN; Jeannie Neubauer-RN, or Rachel Cure, EP

Sponsored by: The Wray Community District Hospital, Wray Clinic, and the Wray Lions Club

Coming

Hometown Heros



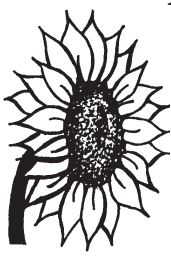
*Hometown
Heroes*

*Submit the name
of someone you think
should be featured
as a "Hometown
Hero" and why.*

*Starting in June, The Herald will begin
a "Hometown Hero" regular feature.*

*Advertiser are needed to sponsor
what will be a best read series*

*For more details, contact Tim Burr at
the Saint Francis Herald
at 785-332-3162*



The Saint Francis Herald