

At the Game

Practice underway for winter sports season

By Nathan Fiala
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Practice is underway for the 2011-2012 winter sports season. The high school wrestling team is coached by Nathan Smith with Kyle Buffington assisting. Students signed up for the team are: Austin Manners (of Cheylin) and Paul Nelson, seniors; Thomas

Douthit, Zach Gienger, Foster Grant, Blaine Guggenmos, Casey Keller, Michael Leibbrandt, Tyler Raby and Dylan Wolaver, juniors; Lane Hoffman, Logan Lampe, Derek Queen, Austin White, Matt White and J.T. Woodcox, sophomores; Shakotah Blanka, Tanner Gilliland, Jonathan Hoard, Matt Howell and Erik Nelson, fresh-

men. Caitlin Northrup, Taylor Archibald, Dallas Reed and Jandy Dunn are the mat maids. The Indians will host the Gabel/Jenkins Invitational Wrestling Tournament on Saturday, Dec. 3 to start the season. The boys basketball team is coached by Jeff Beims with Tanner Kinen assisting. Team

members are: Jonathan Butler, Matt Tygart and Isaac Schiltz, seniors; Caleb Frink, Joey McCormick, Steven Nelson, Dylan Peter, Keegan Sherlock and Dillon Straub, juniors; Jacob Baxter, Jacob Butler, Wyatt Landenberger, Tyler Lee, Lenny Olivares and Mason Schiltz, sophomores; Cade Bracelin, Nicholas Easter

and Kyler Zweygardt, freshmen. The girls basketball team is coached by Susan Dinkel with David Morrow assisting. Team members are: Kaitlin Figgins and Jenna Hill, seniors; Laura Brunk, Krissy Harris, Audrey Mills and Clarice Neitzel, juniors; Ally

Schlepp, sophomore; Kyla Bandedel, Mariah Beikman, Aby Fernandez, McKayla Taylor, Justice Wiley and Valerie Wurm, freshmen. The basketball season will start on Thursday, Dec. 1, on home court, hosting Dundy County.

Undefeated team travels to Hoxie for competition

By Nathan Fiala
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The junior high boys' basketball team, still early in the season, traveled to Hoxie last Thursday to compete against their A, B and C teams. The B-Team boys brought their record to 4-0 so far this season, beating Hoxie 42-12.

These guys had control of this game from the very beginning, Coach David Morrow said. Once again, our success in the game started with the great play of our three guards. Taylor Rogers had a great game and was able to penetrate the defense essentially at will. The other two starting guards also had great games. Joel Hill ran the court very well, scoring several of his baskets in transition. Quinton Cravens was also able to find some holes in the Hoxie defense and attack the basket. Travis Rogers had a great defensive game, but also made it to the foul line and connected on one field goal. Our post players, Austin Patton and Francisco Fernandez, also played very well. Patton has improved steadily throughout the year and had maybe his best scoring night. Fernandez also played maybe his best game as an Indian. Francis-

co made it to the foul line twice in the third quarter. Scoring for Sainty were: Taylor Rogers with 12 points, Austin Patton with nine, Joel Hill with eight, Francisco Fernandez with seven and both Travis Rogers and Quniton Cravens scored three points each. The varsity team lost a close game to Hoxie, 36-33.

This was another game that we'll look back on with a lot of regret, Coach Morrow said. Having trailed Hoxie throughout the entire contest, the guys were able to come within two points in the final minutes of the game. During the entire fourth quarter, we were able to come up with numerous steals and convert some of them into points. The ones we didn't convert were most certainly costly missed opportunities. In that same stretch, we had some lapses in defense that cost us some easy points. The game illustrates how important each mistake can be when competing against a good team.

All that being said, I was extremely proud of these young men, Coach Morrow said. They are tough competitors and have grown immensely since last year. The Hoxie game was fast and

physical, and our athletes represented themselves well. It would have been very easy to give up in the third quarter and tap out, but they put themselves in a position to win. The quiet leaders on this team, who lead mostly by example, exerted themselves in the fourth quarter and made this a very exciting basketball game. Scoring for Sainty were: Garrett Brunk with 11 points, Carl Fabre with nine, Justin Pacheco with five, Lane Hobrock with four and both Jakob Church and Clay Cassaw scored two points apiece.

The C-Team won out against Hoxie 28-18. We played a full, regular C-team game against Hoxie, which gave these guys another chance to shine . . . and shine they did, Coach Morrow said. Chris Hoard had an outstanding, 19-point scoring night. To say the least, it was a breakout game for him, one in which he made his first three-point shot. Some of the other guys also really got on track, especially in the second half. J.R. Landenberger is getting some great experience handling the ball and did pretty well against Hoxie. Zach White also had a breakout game. In the second half, he attacked the basket and really tried to create some motion on the offense. Payton Beims had a good night in the post area, scoring two baskets and earning a two-shot opportunity at the line. Our other post players, Jeremiah Neitzel and Ryan Grover, also played well in this game. Neitzel hit two shots from the baseline which helped us keep our momentum in the third quarter.

Scoring were: Chris Hoard with 19 points, Payton Beims and Jeremiah Neitzel both scored four points apiece and J.R. Landenberger scored one point.

Junior high boys basketball teams have mixed results

By Nathan Fiala
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The junior high boys basketball team had mixed results against the Oakley Plainsmen on Thursday, Nov. 10. On home court, the Indians B-Team won against Oakley in a close game, 23-22.

After having trailed for most of the first quarter, the boys were able to take the lead in the second quarter and keep it throughout the rest of the game, Coach David Morrow said of the B-Team game. In some respects, we played better against Oakley than we have in the previous two games. We were more fluid on offense, and the guys showed a lot of patience and control against Oakley's half-court defense, which was different from anything else we've seen this year. Once again, the guards set the tone for this game by handling a little bit of pressure and playing good defense. Taylor Rogers had another good shooting night, scoring two three-pointers. Joel Hill also had another good game, scoring six points.

Toward the end of the game, the guys had to play smart basketball and run some time off the clock, Coach Morrow said. At the very end of the game, Oakley got a turnover and scored a basket, but time ran off the clock as the ball came out of the net.

Taylor Rogers was the leading scorer with nine points, Austin Patton and Joel Hill both scored six points and Jeremiah Neitzel

scored two points. The A-Team lost to Oakley with a score of 30-27.

This was another close contest throughout the entire four quarters that saw several lead changes later in the game, Coach Morrow said. Oakley played the same half-court trapping defense against the A-team that they had played in the B-game. At times, we handled this pressure very well, but as time wore on, the Plainsmen caught on to some of our tendencies and created some costly turnovers for us. Nonetheless, the guys played pretty well in most aspects of the game. We created a lot of turnovers with our pressure, and once again, not scoring our lay-ups on these opportunities proved costly. Though we don't keep detailed statistics for the junior high games, I would estimate that we missed no fewer than seven or eight lay-ups, which easily could have been the difference in the game.

In the last few seconds, we had opportunities to pull to within one point, but we couldn't convert on the out-of-bounds play or another opportunity we had from the half-court offense, Coach Morrow said.

Garrett Brunk and Carl Fabre had very good games and were both exciting players to watch, Coach Morrow said. Both of these guys are athletic and create a lot of action on both offense and defense. One great thing about this team is that we have a lot of players who come

in and contribute. Oakley is still undefeated, but it's very clear to all of us that we can beat them.

Scoring for the game was Garrett Brunk and Carl Fabre with 11 points each, Jakob Church with three points and Lane Hobrock with two.

The C-Team boys also lost to Oakley by a score of 21-13. It's a wonderful thing to play another team with enough players to field a C-team, Coach Morrow said. We had a lot of kids play five or six quarters between B and C team competition, which gives them an extra chance to develop their skills and compete.

J.R. Landenberger is our primary ball-handler, and he got quite a workout on Thursday, Coach Morrow said. Oakley used the same pressure defense in this game as in the other two, and he had to get the offense in action under some tough circumstances at times. When he did, we found Payton Beims a couple of times in the post area for some easy baskets.

These guys played hard throughout the entire four quarters, Coach Morrow said. At times we out-rebounded the Plainsmen, and had we been able to put a few more of those back into the basket, we might have won the contest.

Scoring for the Indians were J.R. Landenberger with eight points, Payton Beims with four points and Austin Patton scored one point.

Pumpkin pie needs to be refrigerated

Grocers display pumpkin pies on store shelves without refrigeration, yet cooks who make pumpkin pies at home are instructed to refrigerate the perennial fall favorites.

"The difference in recommendations is due to the formulation of the pie recipes," said Karen Blakeslee, K-State Research and Extension food scientist.

A traditional, homemade pumpkin pie, which typically is prepared with eggs and milk, has a high moisture content that, if stored at room temperature, will attract bacterial growth, Ms. Blakeslee said.

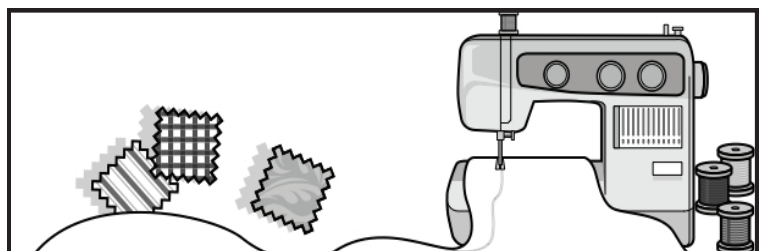
Recipes for commercial pumpkin pies are formulated with shelf-stable ingredients, including preservatives and antimicro-

bials that discourage bacterial growth.

If buying a commercial pumpkin pie displayed at room temperature, the food scientist advises shoppers to check the product label for "RT," which indicates the pie meets the requirements for display at room temperature.

She also advises shoppers to check "sell by" or "use by" dates, and after purchasing and cutting, to cover and store leftover pie in the refrigerator and use within two to three days.

More information about food and food safety is available at K-State Research and Extension offices throughout the state and online: www.ksre.ksu.edu and www.rrc.ksu.edu.




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