

DAWSON ROSE checks out some of the books on sale at the PTA Book Fair on Friday. It was part of the Craft Fair sponsored by the Chamber of Commerce.

Herald staff photo by Tim Burr

Turn in items for soldiers

Shopping for a Christmas gift Express Pasta - No pork items, for our military overseas is fast easy Mac-N-Cheese. coming to a close.

fore it will be taken to the distri- iced tea.) bution center," said Hulda Dorsch, coordinator. "We have some very nice food items collected but it is not even close to what we had last year nor is the cash gift for post- en salad mixes, jerky. age adding up very fast.

We know that many of you have been busy in harvest with dings. this nice fall weather. However don't forget the men and women that make it possible for us to live in a free country and doing without most of the comforts of home that they make possible for us to

Please consider giving a gift or soning, salsa. a gift of cash to bring joy to our men and women who are serving or singles). in the military overseas.

the next week. Some items that are needed:

Ar-Dee, Dinty Moore meals, Ragu water bottles).

Powdered drink mix (pre-"We have one more week be- sweetened Kool Aid, lemonade,

Canned snack food.

Puzzle books, crossword puzzle books, paperback books.

Dried fruit, small cans of fruit with pop top lids, snack size pud-

Gum, Tootsie Rolls, jelly beans, hard candy, licorice, nuts, granola

White tube socks, batteries (AA

and AAA). Seasonings - Onion and garlic salt, cayenne pepper, Italian sea-

Coffee (small instant containers

Breakfast cereal (Raisin Bran, The items collected will be Corn Pops, Lucky Charms, Frostboxed and mailed out to them in ed Flakes individual small boxes), Pop Tarts.

Powdered laundry soap (Soap is Heat and eat meals - Chef-Boy- packaged into 20 ounce soda and

Toothbrushes, toothpaste, shaving cream (male/female) disposable razors, deodorant, shampoo (trial sizes work best), chapstick, sunscreen

Packing items - Zip Lock bags quart or gallon size

Large paper bowls (not styro-Snack crackers, tuna and chick- foam) to go with pudding. Plastic spoons and forks

and put two pairs per quart-size bag

All the powdered drink mixes need to go in plastic bags. The soldiers re-use these bags for a variety of things.

Since these are to be holiday boxes, some holiday decorations such as garlands would be nice including Christmas lights (50 or less lights per strand), lightweight Holiday decorations and short extension cords.

For more information, contact Mrs. Dorsch, chairman, Bird City American Legion, 785-734-2792 or Christy Wurm, 4-H chariman, St. Francis, 785-332-2650.

Group picks way to Denver

By Karen Krien

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Last week, a group of young men and women were seen in Cheyenne County along U.S. 36 picking up roadside trash.

There were six of them – all part of the Pick Up America program. Greg Katski, public relations director, said the program was started by Jeff Chen and Davey Rogner two years ago.

Mr. Chen was a student at the University of Maryland. He worked as a summer intern in Yosemite National Park and was amazed at the amount of trash people were leaving in the park.

He went back to Maryland and talked to his friend, Davey, and the two of them started the "Pick Up America" program. Mr. Rogner had already founded two environmental student groups on campus and shortly after graduating, was awarded the Green College Park Award by the city of College Park,

To make the program work, volunteers were needed as well as money to fund the expenses of the trip. They wrote and received grants. They purchased a school bus and outfitted it with beds, a sink and a rest room.

However, they would need gas, food and money for incidentals such as breakdowns of the bus. The cash would come from selling items they collected to recyclers. They also accept donations from people along the way.

They have found that there are a lot of nice people and this year, they have only had to stay in the bus one night. In Atwood, they stayed with the pastor of the Lutheran church. In St. Francis, they spent several days with Elmer and Dorothy Kellner.

Along the way, they are educating people on how to keep as much waste out of the landfills as possible. They encourage "zero waste." Our ancestors used everything, said Mr. Katski. It can be done again.

"In an interconnected world, there is no 'away' in 'throw away," Mr. Rogner said. "So much of what we send to the dump could be composted, reused or recycled. There is a severe inefficiency in our society."

Mr. Katski said the two items they pick up the most are plastic bottles and aluminum cans, especially beer cans. He said as they passed through Rawlins County, they picked up more beer cans than in any other county. However, overall, the state of Kansas has been one of the cleanest states.

In March 2010, a group of volto pick up roadside trash from Maryland to San Francisco, Calif. They figured it would take about 32 months but would need to be done in warmer weather. The trek was divided into three years.

The first year, they traveled from Maryland to Ohio and disbanded for the winter. This year, the volunteers met in Ripley, Ohio, on March 21 and plan to be in Denver by the middle of November. Mr. Katski said they were on schedule even with the snow on Tuesday, Nov. 1. It's hard to pick up trash, he said, when we can't see it.

Mr. Katski said he was not one of the group there in 2010. However, he was a student at the Uni-



most picked up trash along the roadsides. Greg Katski, member of the Pick Up America program, is picking up trash west of St. Francis on U.S. 36. Herald staff photo by Karen Krien

versity of Maryland and a friend of or more. Mr. Rogner. He shared his interest in recycling. Mr. Katski graduated from the university with a journalism degree so, along with picking up trash, he has taken on the job of public relations, writing the press releases for the program. Katski said he was also interested in learning more about America and this was a good way to do that.

The six volunteers this year besides Rogner, Katski and Chen are Lily Berman, Kelly Donoghue and Mark Sanchez. As they walk, other volunteers join them – some for a few days, others for a week merica.org.

As of Oct. 31, they had picked up 143,000 pounds in 1,700 miles. They had talked to over 5,000 students and been featured in over 150 local, regional and international news outlets.

They plan to reorganize in Denver next year. Since this a volunteer program, there could be changes in those joining the group but Rogner and Chen plan to be there to see the project to the end.

Those wanting to know more about Pick up America can go to to their website, www.pickupa-

we divide packages of socks and put two pairs per quart-size and p in college activities

ate, Andrea Holzwarth, is a senior at Wichita State University. She is working on her bachelor's degree in communication with an emphasis in integrated marketing while also obtaining a minor in market-

Andrea is currently the president of the Lambda Pi Eta chapter at the university and is also the vice president of marketing for Alpha Phi Sorority. Lambda Pi Eta is the official communication

St. Francis high school gradu- studies honor society of the National Communication Association. It helps find and reward outstanding scholastic achievement in communication studies, while stimulating interest in the field, promoting professional development among communication majors and providing an opportunity to discuss and exchange ideas in the field of communication.

Andrea is the daughter of Lisa and Rick Gibson, St. Francis, and the late Steve Holzwarth.

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