

The Saint Francis Herald

At the Game

Fun meet enjoyed by many Sainty Sharks

June 30 was the last home meet of the season for the Sainty Sharks. It was called a fun meet because most swimmers needed to participate in another meet, but only a few needed qualifying times. Those few swam their serious races first, then all the swimmers were included in fun races and relays. They swam butterfly relays, noodle relays and T-shirt relays.

"Everyone enjoyed the fried chicken meal being served by Kary Meyer and the Majestic," Coach Margaret Poling said. "She ran out of chicken four times.

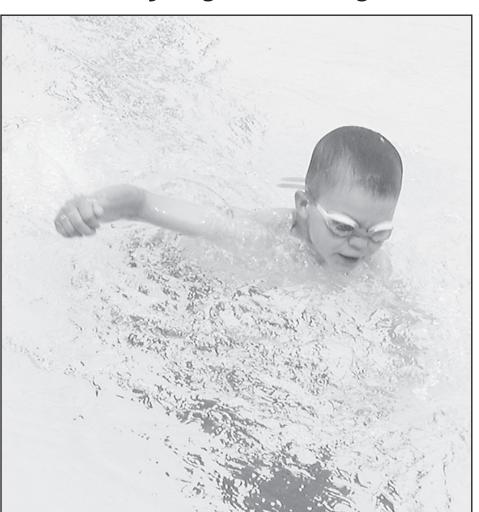
"Helping inside at the meet were not only parents, but Bruce Swihart (manning the start whistle) and Keely Loyd helping in the ready area."

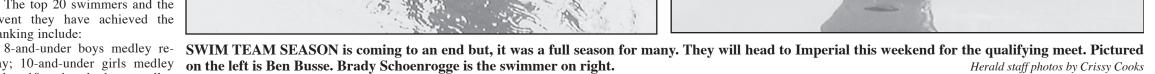
The team heads to Imperial this weekend for the qualifying

"We hope to have a great performance," Coach Poling said. "We have a number of swimmers hanging in the top 20 in their events. After the qualifying meet we are hoping to be in the top 16."

The top 20 swimmers and the event they have achieved the ranking include:

lay; 10-and-under girls medley relay; 10-and-under boys medley relay; 12-and-under girls medley relay; 12-and-under boys medley relay; 14-and-under girls medley relay; 14-and-under boys medley relay; 18-and-under boys medley relay; and open girls medley re-





son, Brianna Cooks, McKenzie Taylor and Crissy Cooks.

Butterfly: Adam Krien, Shadryon Blanka, Cassie Cooks, KC Krien, Wyatt Hill, Luke Lampe, Brianna Cooks, McKayla Taylor, Emily Elfers, Zach White, Long free: Keigan Taylor; Matt White, Caleb Frink, Logan Lindsey Johnson, Lauren John- Lampe, and Taylor Spike

Backstroke: Emma Johnson, Adam Krien, Shadryon Blanka, Aaron White, Lauren Johnson, Coy Cassaw, Connor Keller, McKenzie Taylor, McKayla Taylor, Matt White, Zach White, Zach White, Caleb Frink, Logan Lampe and Crissy Cooks.

Long free relay: 14-and-under

girls; 14-and-under boys; open girls and open boys.

Breaststroke: Ben Busse, Aaron White, Coy Cassaw, Tate Busse, McKenzie Taylor, McKayla Taylor, Matt White, Zach White, Caleb Frink, Taylor Spike, Crissy Cooks and Margi Poling.

Short free: Adam Krien, Shadryon Blanka, Ben Busse, Keigan Taylor; McKenzie Taylor, Lauren Johnson, KC Krien, Tate Busse, Luke Lampe, Zach White, Matt White, Caleb Frink and Taylor Spike.

Individual medley: Adam Krien, Shadryon Blanka, Cassie der boys and open girls.

Cooks, KC Krien, Tate Busse, Alexis Frink and Caleb Frink.

Short free relay: 8-and-under girls, 8-and-under boys, 10-andunder girls, 10-and-under boys, 12-and-under girls, 12-andunder boys, 14-and-under girls, 14-and-under boys; 18-and-un-

Golfer excited about hole-in-one hit at Riverside

Susan Dinkel is the latest golfer to hit a hole-in-one at Riverside Recreation. She accomplished this fete during Ladies Night on Tuesday, June 28. There were approximately 10 ladies on the course that evening

Roxy Stuart and Cynthia Poling, who were golfing with Susan, said Roxy had hit to the left on hole number four and Cynthia to the right, but when Dinkel took her tee shot it went right down the middle. Number four is a par four hole.

"After Roxy went left and Cynthia went right, I just tried to split the two balls," Susan said "Since we were facing west, the trees behind the green do a good job shading the green, so you don't necessarily see where the ball is down until you get up there.

"I knew that the ball had to be on the green, but we couldn't see it. As Roxy and I drove up to get her ball, I just kept asking her if she could see my ball. Neither one of us could see it. Eventually, I jumped off the cart and started walking up to the green,

began to jog, and then eventually ran up there to see if it could actually be in the hole.

"When I looked down, I began screaming 'It's in the hole! It's in the hole!

Cynthia and Roxy both ran up there in disbelief screaming and offering hugs, high fives, and tears! It was so much fun - and I'm still in shock.

"Last week, I was waiting for the Ladies Professional Golf Association (LPGA) to call me. This week - I remembered why that call never came. I'm just so thankful there were people out there to witness it - otherwise, no one would have ever believed me!

Interestingly enough, Susan's father had also hit a hole-in-one on this same hole at one time.

There was some discussion in the club house later about whether a women had ever hit a holein-one on the Riverside course as no one there could remember one, but no conclusion was

Two Sainty men run in Atwood

By Betty Jean Winston betty.w@.nwkansas.com

Kelly Frewen and Mike Frewen of St. Francis represented Cheyenne County at the 31th running of the Lake Atwood County Challenge Race held on the Fourth of July. Mike finished with a time of 42.36 and Kelly 43.27.

The men each ran four times around the lake for a distance of 5.0 miles, as each lap is one and one-fourth miles.

"The weather was good for the 7 a.m. race," said Kelly.

"And there

was a nice turnout this year, approximately 30."

He estimated that Rawlins County had the most points as they had a number of runners and in nearly every race, the team having the most participants wins the competition. He also said the women by far outnumbered the men. The women run twice around the lake for 2.5 miles.

There are no awards and runners take part for the honor of their county.



CAITLIN NORTHRUP was one of the participants at the volleyball camp held last week. The camp was sponsored by the St. Francis Rec Commission.

Herald staff photo by Lezlie McCormick

See July Fourth triathlon results on Page 6B

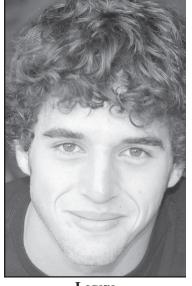
Runner invited to Shrine Bowl 2-mile all-star run

Miles Legere, a graduate of Blue Valley West High School, Overland Park, has been invited to participate in the All-Star Cross Country run as part of the 38th annual Kansas Shrine Bowl in Hays on July 30. The 2-mile run will feature 60 of the state's best runners, divided into two teams, east and west. The race is part of the pre-game show at Lewis Field Stadium. The 2011 Shrine Bowl Events all benefit Shriners Hospitals for Children.

The cross country all-stars, the Shrine football players and the all-state Masonic marching band will be featured in the traditional Shrine Bowl Parade in downtown Hays, the largest annual Shrine parade in Kansas

Legere is a three-time state qual-Eastern Kansas League team.

the University of Arkansas this Legere, Hays.



Legere

ifier and 4-year letterman in cross fall, is the son of Shawn and Leigh country. He was named to the All Legere, Overland Park, and the grandson of Betty Jean Winston, Legere, who will be attending St. Francis, and Scotty and Libby

Basketball league tournament action finished

By Betty Jean Winston betty.w@.nwkansas.com

The summer league is over. St. Francis had four team involved in the Atwood Summer Basketball League this year, boys and girls teams in both junior high

and high school. The high school boys ended the year with a 5-3 record in regular season games and 0-1 in tournament play.

In the tournament, the team was defeated by Atwood 2 by the score of 45-41.

Wyatt Landenberger and Dy-Sainty with eight points each. lion Straub 1.



Also scoring were Mason Schiltz 7, Cade Bracelin 7, Isaac Schiltz lan Peter led the scoring for 6, Kyler Zweygardt 4 and Dil-

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