

Moments With Mila

By Mila Bandel
Influenza starting to hit Cheyenne County

The flu is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness, and at times can lead to death.

Symptoms of flu include: fever (usually high), headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose, and muscle aches. Stomach symptoms, such as nausea, vomiting and diarrhea, also can occur but are more common in children than adults.

While getting a flu vaccine each year is the best way to protect against flu, influenza antiviral drugs can fight against influenza, offering a second line of defense against the flu. If you do get the flu, antiviral drugs are an important treatment option and you need to see your local medical provider. (They are not a substitute for vaccination.) Antiviral drugs are prescription medicines (pills, liquid or an inhaler) that fight against the flu by keeping flu viruses from reproducing in your body. Antiviral drugs can make your illness milder and make you feel better faster. They may also prevent serious flu complications. This could be especially important for people at high risk. For treatment, antiviral drugs work best if started soon after getting sick (within two days of symptoms).

Most healthy people recover from the flu without complications. If you get the flu:

- Stay home from work or school. Get lots of rest, drink plenty of liquids, and avoid using alcohol and tobacco. There are over-the-counter (OTC) medications to relieve the symptoms of the flu (but never give aspirin to children or teenagers who have flu-like symptoms, particularly fever). Remember that serious illness from the flu is more likely in certain groups of people including people 65 and older, pregnant women, people with certain chronic medical conditions and young children.
- consult your medical provider early on for the best treatment.
- Wash your hands thoroughly.



KINDERGARTEN ENROLLMENT was held Wednesday. Teri Richard, grade school secretary, helps Karla Mills, who will have a student enrolled next school year.

Herald staff photo by Karen Krien

Couple celebrate 65 years together

Those helping Ruben and Bernice Bandel celebrate their 65th anniversary on Feb. 28 were Jim and Hollis Green, Kansas City; Don and Teresa Kirkpatrick and boys, Basehor; Kenneth Bandel, Arvada, Colo.; Sonya Rath, Broomfield, Colo.; Al and Norma Bandel, Burlington, Colo.; Martha and Stan Pettibone, Kanorado; Becky Brown, Kaylin, Lane Brown, Gary and Peg Bernard, Benkelman, Neb.; Sam Brown and Holdyn, North Platte, Neb.; Herb and Doris Weed, Sandy, Alexis, Kehlsie, Jace, Cory, Stephanie and Tabatha Juhnke, Laird, Colo.; Marcella Schweitzer, Torrington, Wyo., Myron Schweitzer, Windsor, Colo.; Willard and Ila Miller, Sterling, Colo.; Larry and Candy Reichert, Warrensburg, Mo.; Marion and Betty Miller, Tom and Sandy Bandel, Mila Bandel, Dale and Bonnie Hill, Kathleen Ewing, St. Francis; and Charles and Cathy Bandel, Goodland.

and Teresa Kirkpatrick and boys were weekend guests of Ruben and Bernice Bandel.

Saturday evening guests of Ruben and Bernice were Kenneth Bandel, Samantha Juhnke and friend, Herb and Doris Weed, Sandy, Alexis, Kehlsie, Jace, Cory, Stephanie and Tabatha Juhnke, Laird, Colo.; Martha and Stan Pettibone, Marcella Schweitzer, Myron Schweitzer, Jim and Hollis Green, Don and Teresa Kirkpatrick and boys, Kathleen Ewing, Charles and Cathy Bandel.

Saturday dinner guests of Ruben and Bernice were Jim and Hollis Green, Don and Teresa Kirkpatrick and boys, Willard and Ila Miller, Marion and Betty Miller, Kathleen Ewing, and Charles and Cathy Bandel.



Woodwind group performs in Goodland

Festhaus-Musikanten, an eight-to-10-piece wind band, will give a performance in Goodland on Sunday, at 3 p.m. (central time), in the high school auditorium. The band is being presented by the Western Plains Arts Association and Kansas Arts Commission.

The band, an authentic German Wind Orchestra, is dedicated to the performance of German folk music. *Festhaus-Musikanten* hopes the sounds of their authentic polkas, waltzes and marches will musically transport you to the heart of Bavaria.

Arrangements for the orchestra are imported from Germany, Austria, Switzerland, Czech Republic and Bohemia. Songs include *Rosamunde*, *In Munchen steht ein Hofbrauhaus*, *Liechtensteiner Polka Schneewalzer*, *Radestsky March*, and yes, the *Chicken Dance*. It's music that lifts the soul and defines Gemutlichkeit!

Admission to the concert is with Western Plains Arts Association season ticket, or at the door.

St. Francis News

Family and friends gathered at the Bird City Diner on March 6 to celebrate Meta Dankenbring's 92 birthday.

Guest arrived at 6 p.m. to enjoy carrot cake made and decorated by Julie Bock and ice cream. Before the cake was cut, everyone sang *Happy Birthday*.

Those who attended were Gerald and Phyllis Wright, Wil and Adam Orten, all of Bird City. Mil Dankenbring, Hutchinson, Keith and Cinda Dankenbring, Vic Dankenbring, Diane Hockenberry, and Jason, Jennifer Padgett, and Mahru all of St. Francis.

After the cake and ice cream were eaten, everyone went to Meta's home to continue with the celebration.

Mil Dankenbring spent Thursday night through Saturday visiting at his mother's home.

Sunday, Meta had a surprise visit from her granddaughter, Teresa Lipsey, Bloomfield, Colo. They attended church and had lunch together. Teresa then visited with her family in St. Francis.

Betty Jean Winston spent Saturday and Sunday in Ellsworth with the Dan Winston family. Other guests were Junius and Doris Stuhlmiller of Wheatridge, Colo. Saturday evening they all attended the play "Who's Crazy Now" at the Ellsworth High School. J.J. was a member of the cast. Betty Jean also attended a banquet with Dan while there.

Idalia News

By Angela DeLeon
St. John United Church of Christ News

Men's Bible study is weekly from 7 to 7:30 a.m. on Thursdays at St. John Church. All men are welcome.

News Items

If you have a news item to include in the Idalia news, please give Angela De Leon a call at (970) 354-7204, or e-mail jadd_delmire2006@yahoo.com

Lenton soup suppers

On Wednesday St. John Church will continue its weekly Lenton soup suppers at 6:30 p.m. The program will be, "Why Pray." Families are invited to come at 5 p.m.

and listen to the video program. There will be planned activities for children. The community soup supper will be at 6 p.m. followed by a repeat of the adult program. Everyone is welcome to enjoy the meal and take part in the discussion.

Easter egg hunt

Easter eggs are available at the church for members to take and fill with pre-wrapped candy for the Easter egg hunt.

Idalia school news

Idalia High School will be taking grades 9 - 12 to the Career Fair at Liberty School on Monday, March 23. The fair begins at 8:30 a.m. This will be a great opportunity for students to explore career options that are available to them. Spring break for Idalia schools will be next week.

Idalia will have the Bookmobile here at 10:45 a.m. on Monday, March 23.

Parent-Teacher conferences for Idalia will be on Friday, March 27. For more information on times call 970-354-7298.

Idalia pre-school has Parent-Teacher conferences on Thursday, March 26 from 4-7 p.m. If more information is needed call Crystal Richards at 970-354-7298.

Lions Club

The Lions Club will have their meeting at Route 36 in Idalia at 6 p.m. on Monday, March 23.

Annual meeting

Y-W Electric 2009 annual meeting will be held on Friday, March 20, at the Idalia High School. It will start at 9 a.m. with registration and ends at 10 a.m. with the meeting following.

Family and Community Education

The meeting is scheduled for Thursday, March 19 at 7 p.m. The program is the Craft Style Review and the roll call is "What craft would you like to do?"

Public Notices

Notice of hearing published

Published in The Saint Francis Herald, St. Francis, Kansas, Thursdays, February 26, March 5 and March 12, 2009. (9-11)

IN THE DISTRICT COURT OF CHEYENNE COUNTY, KANSAS FILED PURSUANT TO CHAPTER 59 OF THE KANSAS STATUTES ANNOTATED

IN THE MATTER OF THE ESTATE OF BLUFORD V KELLNER, Deceased. Case No. 09-PR-09

NOTICE OF HEARING AND NOTICE TO CREDITORS

THE STATE OF KANSAS TO ALL PERSONS CONCERNED:

You are hereby notified that on the 19th

day of February, 2009, a Petition was filed in this Court by Royce Kellner, an heir, devisee and legatee and executor named in the Last Will and Testament of Bluford V Kellner, deceased, dated June 21, 1994 praying the will filed with the petition be admitted to probate and record; petitioner be appointed as executor, without bond and petitioner be granted Letters Testamentary.

You are required to file your written defenses thereto on or before the 19th day of March, 2009, at 10:00 o'clock A.M., of said day, in this Court, in the City of St. Francis in Cheyenne County, Kansas, at which time and place the cause will be heard. Should you fail, judgment and decree will be entered in due course upon the Petition.

All creditors are notified to exhibit their demands against the estate within four months from the date of first publication of this Notice, as provided by law, and if their demands are not thus exhibited, they shall be forever barred.

Royce Kellner, Petitioner

VIGNERY & MASON L.L.C.
214 E. 10th, P. O. Box 767
Goodland, Kansas 67735
Telephone: 785-890-6588
Attorneys for Petitioner

Notice of mortgage foreclosure

Published in The Saint Francis Herald, St. Francis, Kansas, Thursdays February 26, March 5 and March 12, 2009. (9-11)

IN THE DISTRICT COURT OF CHEYENNE COUNTY, KANSAS

JPMORGAN CHASE BANK, NATIONAL ASSOCIATION PLAINTIFF

Case No. 09CV5
Div. No. K.S.A. 60
Mortgage Foreclosure

SHARANNE LAMPE DEFENDANTS

NOTICE OF SUIT

The State of Kansas to: SHARANNE LAMPE; JOHN DOE (REAL NAME UNKNOWN); MARY DOE (REAL NAME UNKNOWN); CHRIS LAMPE, A/K/A CHRISTOPHER LAMPE

and the unknown heirs, executors, administrators, devisees, trustees, creditors, and assigns of such of the defendants as may be deceased; the unknown spouses of the defendants; the unknown officers, successors, trustees, creditors and assigns of such defendants as are existing, dissolved or dormant corporations; the unknown guardians and trustees of such of the defendants as are minors or are in anywise under legal disability; and all other persons who are or

may be concerned:

You are hereby notified that a petition has been filed in the District Court of Cheyenne County, Kansas, by JPMorgan Chase Bank National Association for judgment in the sum of \$14,807.27, plus interest, costs and other relief; judgment that plaintiff's lien is a first lien on the said real property and sale of said property to satisfy the indebtedness, said property described as follows, to wit:

ALL THAT PARCEL OF LAND IN CHEYENNE COUNTY, STATE OF KANSAS, AS MORE FULLY DESCRIBED IN DEED BOOK 140, PAGE 233. ID # 1682702009006, BEING KNOWN AND DESIGNATED AS LOT 9 AND 10, BLOCK 10, PARK HILL ADDITION TO SAINT FRANCIS, FILED IN PLAT BOOK 140, PAGE 223. RECORDED 1/21/2005. Commonly known as 517 South Quincy Street, Saint Francis, Kansas 67756

and you are hereby required to plead to said petition in said Court at St. Francis, Kansas on or before the 12th day of April, 2009.

Should you fail therein judgment and decree will be entered in due course upon said petition.

THIS IS AN ATTEMPT TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

SHAPIRO & MOCK, LLP
Attorneys for Plaintiff
6310 Lamar - Ste. 240
Overland Park, KS 66202-4287
(913) 831-3000
Fax No. (913) 831-3320
Our File No. 09-101272/jrg

Resolution adoption published

Published in the Bird City Times, Bird City, Kansas, Thursday, March 12, 2009. (11)
Resolution Adoption by Reference Pursuant to the provisions of K.S.A. 12-3009, 12-3010, and 12-3301

Resolution No. 319

AN ORDINANCE TO ESTABLISH THE BIRD CITY, KANSAS FLOODPLAIN MANAGEMENT REGULATIONS BY REFERENCE NEW FLOODPLAIN ORDINANCE BASED ON THE MODEL RECOMMENDED BY FEMA AND THE KANSAS DEPARTMENT OF AGRICULTURE.

WHEREAS, in accordance with state and federal law, all such floodplain regulations must be approved by the Chief Engineer of the Kansas Department of Agriculture Division of Water Resources and must coordinate with the requirements of the National Flood Insurance Act of 1968 as amended; and

WHEREAS, the Chief Engineer of the Kansas Department of Agriculture, Division of Water Resources and the officials of the Federal Emergency Management Agency (FEMA) Region VII have recommended that Bird City, Kansas revise its floodplain management regulations and adopt new regulations based upon the recommended model floodplain management regulations;

WHEREAS, the City Council has determined it is in the best interest of Bird City, Kansas to create Bird City, Kansas floodplain management regulations and incorporating by reference new regulations based on the model floodplain management zoning regulations;

THEREFORE, BE IT ORDAINED BY THE GOVERNING BODY OF BIRD CITY, KANSAS:

SECTION 1.
That the Bird City, Kansas Floodplain Management Ordinance No. 319 is hereby created, which reads as follows:

INCORPORATION OF FLOODPLAIN MANAGEMENT ORDINANCE. Pursu-

ant to the provisions of K.S.A. 12-3009, 12-3010 and 12-3301, there is hereby incorporated by reference for the purpose of providing floodplain zoning regulations within Bird City, Kansas all of the regulations contained in that document thereafter known and referred to as the "Floodplain Management Ordinance for Bird City, Kansas," which is based upon and modeled after the Model Floodplain Management Ordinance as approved and recommended by the Federal Emergency Management Agency Region VII and the Kansas Department of Agriculture, Division of Water Resources.

No fewer than three copies of the Floodplain Management Ordinance for Bird City, Kansas, and such copies shall be marked or stamped "Official Copy as incorporated by Resolution No. 319 of Bird City, Kansas," and such copies shall be filed with the City Clerk to be open for inspection and available to the public at all reasonable business hours, provided that such official copies may not be removed from the Community Building. All City officials requiring the use of the Floodplain Management Ordinance for Bird City, Kansas, shall be supplied, at the expense of the City such number of official copies of such ordinance as may be deemed expedient by the Governing Body.

SECTION 2

This resolution shall take effect and be in force as of the date of its passage, approval publication as provided by law.

PASSED AND ADOPTED by the Mayor and City Council members, this 2 day of March, 2009

Troy D. Burr
Mayor

Loren White
Council Member

Deb Smith
Council Member

Ray Magnani
Council Member

Frank Serrano
Council Member

Wade Carmichael
Council Member

Attest: DeAnza Ambrosier
City Clerk