Betty Maxine Shaw May 22, 1921 - June 15, 2014

of age, of Holdrege, Neb., formerly of Phillipsburg, Kan., passed away on Sunday, June 15, 2014 at the Christian Homes Care Community in Holdrege. She was born on May 22, 1921 at Logan, Kan. She attended school at Logan, graduating from Logan High School with the class of 1939.

Following her education, she was united in marriage to Harold Gasser, a pilot who was killed in action in World War II.

On February 18, 1946, she was united in marriage to Fred Shaw. The family made their home in Norton, Kan., Sapulpa, Okla. and Tulsa, Okla. The family then settled down in Phillipsburg, Kan., where she resided until 2004 when she began to

Betty Maxine Shaw, 93 years make her home at the Christian Homes Care Community in Holdrege.

> During her career, Betty was employed as an AVON Representative for over 50 years.

She was a member of the First Christian Church in Phillipsburg and a life member of the Order of the Eastern Star.

Besides her parents and both husbands, she was preceded in death by her sister, Lorine Pfortmiller; a son, Terry; and niece, Regina Woods.

Betty is survived by her two Robert and Eddy of Oklahoma; one brother-in-law, Leonard Pfortmiller; and nieces and nephews including: C. Richard Hite of Holdrege, Tim Pfortmiller and his wife, Diane of Rogers, Ark., Yolanda Moll

and her husband, Randy of Gentry, Ark., Phillip Pfortmiller and his wife, Mary, and Matthew Pfortmiller, all of Stuttgart, Kan.; a host of great and greatgreat nieces and nephews.

There will be no visitation as the family is honoring Betty's wish for cremation.

Private family graveside services for Betty M. Shaw will be held at a later date in the Pleasant View Cemetery in Logan,

A memorial has been established in Betty's honor and will be designated at a later date.

Expressions of caring and kindness can be sent to the family at www.nelsonbauerfh.com.

The Nelson-Bauer Funeral Home in Holdrege is in charge of the arrangements.

A head of broccoli, ahead in life

By Ron Wilson Huck Boyd Institute

A head of broccoli. That sounds like the beginning of a healthy supper. In one case, a head of broccoli also became the beginning of a healthy courtship and a happy marriage. This marriage entailed the bride's transformation from city girl to farm wife. The woman who experienced the transformation is now a rural Kansas author.

June Hilbert is a farm wife and the author of a new book which describes her experiences. She grew up in Burlingame and was exposed to farm life through her grandparents. But after studying at Emporia State and Kansas State, June became a full-fledged city girl in Topeka. She got a job at Capitol Federal downtown and enjoyed the urban lifestyle of the capital

In 1982, she took up competitive running and joined the local runner's club. While volunteering to help with a local athletic event, she met the event chairman: a former farm boy and Kansas Department of Agriculture staff person named Bill Hilbert. Bill asked her to lunch and then to dinner.

That's where the head of broccoli came in. After their first date, Bill didn't send flowers – that would be too boring. Instead, our creative farm boy showed up at her desk with a bouquet consisting of a head of broccoli – bigger than a dinner plate. It made an impression.

The two fell in love and ultimately were married. Bill had

Center is celebrating 50 years of

serving the people of Northwest

Kansas. Lt. Governor Jeff Col-

lyer will speak at the 50th Anniversary Banquet, to be held on

Saturday at the Fort Hays State

University campus. Attendees

include current and former staff,

Board Members, local and state

leaders, and community mem-

bers from High Plains Men-

tal Health Center's 20 county

High Plains Mental Health

Center was founded in 1964 as

part of a nationwide effort to establish Comprehensive Com-

munity Mental Health Centers.

The effort began as part of the

Community Mental Health Act

of 1963, which was signed by

President Kennedy. High Plains

Mental Health Center began ac-

cepting patients from Norton,

Philips, Rooks, and Ellis coun-

ties in 1964 and today serves

catchment area.

High Plains 50th anniversary

High Plains Mental Health sas. Since 1964, High Plains

a cattle operation near Valley Falls and June joined him there but continued to work in Topeka. They later moved to their current farm near the rural community of Meriden, population 807 people. Now, that's rural.

When the two were wed, June began the transition from city girl to farm wife. It was a bit of culture shock. Country living, big farm equipment, and recalcitrant cattle were all a change from her everyday life in the

June continued to work at Capitol Federal. During lunch and breaks at work, she regaled her coworkers with tales of her (mis)adventures on the farm. Her coworkers greatly enjoyed her stories and would say: "You should write a book." Eventually, she decided to do just that.

With help from a neighbor and published authors Max and Carol Yoho, June joined a writer's group and began the process of authoring a book about her experiences. In August 2013, the book was published. It is titled "From High Heels to Gumboots One Cow Pie at a Time.

The book describes the hilarious misadventures which farm women can experience. Unfailingly, it seemed these incidents would happen at a time when Bill had a professional obligation elsewhere and June had been left in charge. Suddenly the city girl was faced with perplexing situations such as how to find and catch a missing steer or how to help a cow in labor. It was a new world.

I don't think there is an opera-

Mental Health Center has re-

mained on the forefront of men-

tal healthcare, with community services like Woodhaven Apart-

ments, Westside School, and the

High Plains Mental Health

Center is a licensed community

mental health center dedicated

to an aggressive pursuit of pro-

viding a comprehensive mental

health program to citizens of

Northwest Kansas. Embodied

in this pursuit are fundamental

principles of establishing qual-

ity services as close to home

as possible, at an affordable

fee, and delivered in the least

disruptive manner available.

Such services will offer a con-

tinuum of care so that treatment

can be individualized, and our

staff can respond quickly and

compassionately to those reach-

ing out to us. If you live within

our twenty-county service area,

Schwaller Center.

tor's manual for farm wife living. Maybe this book is the closest thing to it. It is written with June's wry humor. For example, at calving time she describes herself as a Certified Bovine Midwife Assistant. She writes, "First calf heifers do not read What to Expect When You're Expecting. They do not attend baby showers. They do not attend pre-natal classes." Assisting those heifers can be a major job on the farm.

June also coined terms such as St. Barb, the Patron Saint of Barbed Wire Fences; Pasture Pyrotechnics; and the Mars and Venus of the Laundry Room.

June's chronicle of trials, joys and triumphs on the farm make for a very interesting and enjoyable book. For more information or to order, go to amazon.com or to www.highheelstogumboots.com.

A head of broccoli. It's not just a healthy supper, it became the beginning of a romance for June and Bill Hilbert which would take her on a journey from high heels to gumboots. We salute June Hilbert and farm women everywhere for making a difference with their contributions to family and farm. We appreciate this wonderful book which describes June's transformation. We might say that this journey in her life has helped her get a head.

Mother Goose Moments



Thursday morning Tranda Watts from the Twin Creeks Extension office presented Kitchen Science for library attendees. Color was discussed when she read two books, the first about a colorful chameleon and then one about a green tree frog. The children enjoyed an experiment with Skittles and water, and the concept of things dissolving. - Telegram photo by Dana Paxton

Agency seeking volunteer counselors

The Northwest Kansas Area Agency on Aging and the Kansas Department for Aging and Disability Services will sponsor training for the Senior Health Insurance for Kansas program. The training will be held in Hays on August 19 and 20. Attendance at both days is required to be a fully certified counselor. Alternate training dates and locations are abatable. Mileage and lodging (if needed) will be paid. Pre-registration by August

Senior Health Insurance Counseling is a free program that uses trained community volunteers to answer people's questions about Medicare and other insurance issues. Senior Health Insurance counselors provide free, unbiased, and confidential assistance to beneficiaries, their caregivers, and others who have questions about Medicare.

Senior Health volunteers re-

ceive training on Medicare, Medicare Prescription Drug insurance, Medicare Supplement Insurance, Long-Term Care Insurance and other health insurance subjects that concern Kansans.

For more information, contact Glenna Clingingsmith at the Northwest Kansas Area Agency on Aging at 1-800-432-7422 or (785)-628-8204.

Free workshop over Trust Fund Grant

The Kansas Historical Society and the Kansas Humanities Council will present a grant workshop from 1-5 p.m. on Monday, on the main floor gallery at Hays Public Library, 1205 Main Street, Hays, KS. This free workshop will provide information about the 2015 Heritage Trust Fund grant and grants for documentary films, exhibitions, oral history projects, and photo/artifact preservation projects. Attendance is highly recommended for anyone planning to apply for these grants. To be placed on the attendance list, contact Marsha at 785-272-8681, extension number 240, or cultural_resources@

kshs.org. Participants' contact information is requested in the event of a cancellation.

An additional presentation of this workshop is scheduled for July 8 in Topeka.

The Heritage Trust Fund grant program funds projects for properties listed in the National Register of Historic Places or the Register of Historic Kansas Places. Qualifying expenses include professional fees and construction costs. Properties owned by the state or federal governments are not eligible. Individual grant awards may not exceed \$90,000 and must

June 13-

be matched by the grant recipient. The deadline for the 2015 round of Heritage Trust Fund grant applications is 4:30 p.m., November 3. For more information about Heritage Trust Fund grants or to apply, visit kshs. org/14617.

The Kansas Historical Society does not discriminate on the basis of disability in admission to, access to, or operation of its programs. The Historical Society requests prior notification to accommodate individuals with special needs or disabilities.

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Due to reporter error Spen- of OK Kids Day in the Tuesday, cer Braun was misidentified as Lance on the photo page photo

June 10 issue of the Telegram.

The Norton Telegram will correct or clarify any mistake or misunderstanding in a news story. Please call our office at 877-

We believe that news stories should be fair and factual and appreciate your calling to our attention any failure to live up to this standard.

The felicina There will be a

FREE showing of the film, "Bonhoeffer, **Agent of Grace**

This Coming Sunday evening at 6:30 p.m. at the **Cornerstone Church in Norton**

heoffer, a German clergyman who opposed Hitler and the Nazis. The film sheds light on the little known efforts of the German resistance. The film is 90 minutes in length and was the winner of the Best

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