THE NORTON I ELEGRAM



WEBSITE: nwkansas.com

8 PAGES

Tuesday April 1, 2014

Briefly

Come play cards with Bridge group

Bridge will be held at the Norton Public Library on Wednesday, from 2-4 p.m. Everyone is welcome.

Spaghetti supper to be held Thursday

The Norton Senior Citizens Community Center will hold a spaghetti supper fundraiser on Thursday from 5 to 7 p.m. Free will donations will be accepted.

Story-time for the preschool kids

Preschool story-time will be at the Norton Public Library on Thursday, at 10:30 a.m. The library staff will be sharing stories, songs, games, and a craft about spring and spring weather. Come join the spring-time fun!

Sign up for Scouts to be held Friday

Scouts signup night for kindergarten through fourth grade will be om Friday at the Methodist Church Fellowship Hall at 7 pm.

Norton Prom set for this weekend

Norton Community High School's Junior-Senior Prom will be held on Saturday, April 5. Promenade will start at 6:30 p.m. followed by the banquet and dance with coronation at 10:15 p.m. Public viewing will be open from 1 - 4 p.m. on April 5.

Scarman honored next Monday

Ward Foley, alias "Scarman", of Norton will be honored by the Kansas City Royals baseball team for his unselfish, charitable life of helping the handicapped. This special recognition will be on Monday, April 7 during their game with Tampa Bay in Kansas City.

Markets

Soybeans.....\$13.50

Weather

Wednesday - Cloudy with a high of 46. Wednesday Night - Scattered showers around during the evening. A windy mix of precipitation is expected overnight. ter Mark Krehbiel, manager at Bridges' Thursday - Rain and snow showers in the morning with a high of 42. Thursday Night - Rain or snow showers in the

Prayer

Precious Lord, we thank you for your presence with us and for being our hope when our own



Game on for the Jubilee...



Last Friday, the Harlem Ambassadors competed in a friendly basketball game against the Northwest Kansas Jubilee Jammers to raise money for this year's Lenora Jubilee. Four local ladies and 16 men made up the Jammers team and the Ambassadors team consisted of two girls and four guys. Several children competed in a contest to win a pennant banner, Addison Brooks got this honor and Andrew Gleason's lucky raffle ticket won him an autographed basketball from the team. The first quarter ended with the Ambassadors leading 32-13. At the end of the first half they continued their lead 42-24. Before the second half began the audience chose to give the Jammers a 20 point lead to start the second half 42-62. By the end of the third quarter the score was 72-76 with the Jammers leading. The final score left the Jammers with a close loss of 87-82. A great night was had by all who participated and attended. - Telegram photos by Dana Paxton



Local author shares his story and love

By DICK BOYD

nortontelegram@nwkansas.com Ward Foley of Norton is quite a guy!

Born with the little known condition arthrogryposis, he didn't give up but came back fighting and determined not to let it get the best of him.

Now, as a 52 year old adult, he uses his understanding of what it means to the lives of other children with the same or similar misfortunes as he travels the country speaking to these children and giving them hope of a normal

Ward was born with a number of defects and underwent 25 operations in his first 24 years. He grew up wearing braces on his legs and casts on his arms which extended to his curled up hands. He says he finally realized that being born handicapped was an advantage to him. "I knew from the inside out the special problems and complications a handicapped person has to overcome," he says. "I speak out of actual experience and empathy. And I know better than to baby or placate a handicapped."

He said his parents were advised to

treat him just like all their other children and that helped. At one point, he had a feeling inside of him that he had never had before. "It was a feeling of success," he said. "I finally knew why God put me on this earth as I am. Many people live for money, many live for good times, many don't know why they live. But, I will live for that feeling that comes when I do my best to help others. Now, when I formulate my goals and when I work to achieve them, I won't be going it alone. I'll be taking along someone who helps me

by letting me help them and I'll know that feeling of success which can only come when you put out your hand to help someone else."

Ward, who has named himself "Scarman", has written two books on his life entitled "Thank My Lucky Scars" and "God Didn't Make Me A Woman Because I Had Enough Problems" and has given away hundreds of "Scarman Dolls" in the past decade to children with emotional or physical scars. He in-

(Author - Continued on Page 5)

Area business takes part in health program

By DANA PAXTON

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The Norton County Health Department has been working with the State of Kansas to implement the Workwell Kansas program into the community of Norton and Bridges Group Insurance is one of the participants.

The idea is to incorporate health into the work place in one of five ways. Physical activity, healthy food, tobacco, mental health/stress management and chronic disease are these five. Af-

attended the informational meeting on Workwell Kansas and then spoke with Health Department Administrator, Gina Frack, he and his staff decided that their business would like to take part in Workwell Kansas Program.

The goal at Bridges for this program is to provide employees with the opportunity to be more active. The staff came together and decided that physical activity was the area they wanted to work on. Next they needed to develop a plan and submit it for approval, which they got. Once approved for the

Workwell program, the business was given \$1000 from the program to help fund the plan.

Bridges staff decided to change their policies to allow for 30 minutes of physical activity three days a week for staff to go out to walk or run on business time. You may ask where the \$1000 will come in for the business. Well, they purchased "Fitbits" for every staff member that wants to participate. These are bracelets worn all the time and they measure the number of steps taken, miles covered and

sleep patterns. All of this information is kept, logged and tracked online so each person can see if they are reaching their goals or not. The remainder of the funds will be put toward entry fees for 5K runs, memberships fees at the Norton Recreation Center and the Relay For Life Team they intend on having this year.

The group has yet to get their bracelets nor have they set their individual goals at this time but that is soon to

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Norton County Hospital receives large donation

By MIKE STEPHENS

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The Norton County Hospital's Board of Trustees were recipients of \$800,000 from the Janice J. Clark Living Trust. The Hospital was named a charitable beneficiary of the Trust dated Sept. 8, 2008. The presentation of the benevolent bequest was made by Weldon Brooks, trustee, and John McClymont, attorney for the trust, to Von Fahrenbruch, president, Norton County Hospital Board of Trustees at the board's March 18 meeting. The endowment funds were designated for the purpose of capital improvements for the Norton County Hospital.

"She was a real peach of a gal," said McClymont. "I represented her about 17-18 years ago. She was very kind and nice. The hospital was always in her wishes.

the forefront of her plans and she never waivered."

Mrs. Clark and her husband, Alfred, resided on a farm in the western part of Norton County for many years. Her most recent time was spent as a resident of Norton. She wanted to touch the lives of as many Norton County residents as possible; she chose the Norton County Hospital to carry out

'We are very grateful for Mrs. Clark's thoughtfulness and generosity," said Richard Miller, hospital chief executive officer. "At a time when healthcare is facing so many challenges and uncertainties, it will allow us to keep improving access to healthcare services locally and continue improving state-of-the art technology for the residents of Norton County and surrounding communities."