4-H empowers young people

By Patsy L. Maddy

Twin Creeks Extension District 4-H Youth Development Agent

The 4-H program is unique in that it is the only youth development organization with oversight and sponsorship by the federal government. 4-H is administered by the United States Department of Agriculture, through the National Institute of Food and Agriculture, partnering with land-grant universities. K-State Research and Extension local governing units administer the Kansas 4-H program.

"I pledge my Head to clear thinking, my Heart to greater loyalty, my Hands to larger service, and my Health to better living, for my club, my community, my country, and my world." This is the 4-H pledge that our local 4-H members recite each month and strive to live up to the challenges.

The four H's in the pledge -Head, Heart, Hands, and Health - represent the four values and basic human needs of Independence, Belonging, Generosity and Mastery that members work on through fun and engaging projects and programs.

Youth mature in self-discipline and responsibility by developing leadership skills

SCHOOL -

Turkey Skit Practice, 7:45

Assembly: Faculty follies

FFA monthly meeting and Ag

Turkey Skit Practice, 7:45

Turkey Skit (A.P. moved to

NCHS-NJHS

toast w/margarine, fruit, orange

whipped potatoes, country gra-

vy, broccoli and cauliflower,

rolls w/margarine, pears and

sausage links, fruit, grape juice

Lunch-Corn dogs, baked

EES Menu

beans, carrots, pineapple tidbits

strips,

Monday, Nov. 25

juice and milk.

milk.

and milk.

and milk.

No School

No School

No School

Lunch-Chicken

Tuesday, Nov. 26

Breakfast-Waffles,

Wednesday, Nov. 27

Thursday, Nov. 28

Friday, Nov. 29

Monday, Nov. 25

Breakfast-Monkey

Breakfast-Assorted

the end of the day), 3:10 p.m.

Wednesday, Nov. 27

Thanksgiving Break

Monday, Nov. 25

(fundraiser for yearbook)

Olympics, 7 p.m.

Tuesday, Nov. 26

Jay Singers, 7:30 a.m.

Basketball photos, 4 p.m.

through managing and thinking opportunities created in projects and club meetings. Projects selected by 4-Hers require them to make decisions and complete actions exercising Independence with the ability to influence people and events. This "clearer thinking" represents the first "H" in the clover leaf 4-H emblem.

Relating and Caring are life skills developed with the second "H" representing the Heart. 4-Hers show care for others in sewing scarves to brighten a cancer patient's day, collecting food for God's Pantry to help those in need, and letting our American soldiers know that they are appreciated by sending letters and care packages. Youth feel a sense of Belonging by making a difference in someone's life.

The third "H" for Hands has 4-H members donating their time, talents, and energy in Giving and Working through community service projects. Donating cookies for the Bloodmobile, picking up trash in parks, creating Valentine's and May Day Baskets for shut-ins are just a few of the many projects that Norton County 4-H members complete in their

CALENDAR

Monday, Nov. 25

Tuesday, Nov. 26

Wednesday, Nov. 27

Thanksgiving Break

Thanksgiving Break

Thanksgiving Break

Program: Cafeteria, 2 p.m.

Wednesday, Nov. 27

Tuesday, Nov. 26

Thursday, Nov. 28

Friday, Nov. 29

NJHS

Basketball photos, 3:30 p.m.

Basketball at Smith Center, 4

EES

Kindergarten Thanksgiving

communities. A value for Generosity and giving back to others is learned with youth feeling a meaning and purpose in their

Health represents the fourth "H" that develops skills in Being and Living. Research has proven that youth involved in the 4-H program develop selfconfidence in making healthy choices by developing a sense of Mastery in gaining skills for positive career and life choices.

Members fulfill the Mission Statement that "4-H empowers youth to reach their full potential, working and learning in partnership with caring adults." Positive Youth Development through the 4-H program develops youth that are active citizens and contributing members of their families and communities.

Encourage your youth to "Join the Club" and participate in the nation's largest youth organization and America's foremost youth development initiative. "Like" our Facebook page for "Norton County 4-H" or contact Patsy Maddy or Keith VanSkike at the Twin Creeks District Extension office by calling 785-877-5755 or send an email to pmaddy@ksu.edu.

Thanksgiving Break

Monday, Nov. 25

Tuesday, Nov. 26

at Almena, 4 p.m.

Wednesday, Nov. 27

Thanksgiving Break

a.m.-3:30 p.m.

1:30 p.m.

Northern Valley

FFA Chapter meeting, 7:30

All-League Volleyball/Foot-

Norton County Soil Conser-

NVJH BB vs. Western Plains

Technology Cadre at Hays, 9

Breakfast-Cinnamon butter-

salad w/dressing, seasoned car-

and assorted cold cereal.

Wednesday, Nov. 27

Thursday, Nov. 28

Friday, Nov. 29

rots and fruit cup.

No School

No School

No School

vation District Program (K-4),

ball Selections at Oakley, 7 p.m.

Tis' the season!



Norton City workers were out hanging Christmas decorations around town on Monday and Tuesday. (Pictured) Dan Sisk, on Tuesday, finished hanging up the seasons greetings sign over U.S. Highway 36 just east of town.

-Telegram photo by Mike Stephens

Historic byway kiosk is complete

An informational kiosk which showcases the stunning views and depicts the rich history of the Western Vistas Historic Byway, located in western Kansas, is now complete.

The location of the unique kiosk is approximately 27 miles south of Oakley along the west side of U.S. 83 Highway.

Scott City artist Jerry Thomas illustrated the historic scenery which couples narratives and maps associated with the Western Vistas Historic Byway, which runs from Scott City north to Oakley on U.S. 83; and then west to Sharon Springs on U.S. 40 Highway.

The historic byway features seven National Historic sites and six museums that explore the various cultures and events that played a role in America's western expansion. It also highlights Scott State Park.

Thomas' illustrations and photographs by Marilyn See are showcased on six interpretive panels.

The idyllic location of the kiosk is on land donated by the family of Gerald Bean.

Native limestone from the property of Gerald Bean's family has also been implemented into a seating/staging area near Lunch-Sierra Chicken, tossed the kiosk. The prime contractor on the

> signing project is Bridges Inc., of Newton. The total project cost is

\$109,754.

Call Mike with all your social news. 877-3361

first week in October. A ribbon-cutting is being

planned for next spring, to mark the project's completion.

The project started during the

The Western Vistas Byway is Kansas' first historic byway and the tenth Kansas byway. The byway program, established by the Federal Highway Administration, is a partnership between the Kansas Department of Transportation, Kansas Department of Wildlife, Parks & Tourism and local grass root community groups working to engage visitors in the natural, scenic, historic, cultural, archeological and recreational qualities of Kansas.

For questions concerning this project, please contact KDOT Area Engineer Mathew Withington at (785) 672-3113 mwithington@ksdot.org in Oakley; or Kristen Brands, KDOT Northwest Kansas Public Affairs Manager, at (785) 877-3315 or kristenb@ksdot. org in Norton.





PROTECT

Protect yourself from Medicare errors, fraud, and abuse.

Keep your Medicare and Social Security numbers private.

Do NOT give your personal information out to unknown callers or door to door salespersons.

DETECT

Review your Medicare Summary Notice (MSN) and Part D Explanation of Benefits (EOB) for mistakes.

Look for three things: 1. Charges for something you didn't get.

2. Billing for the same thing twice.

3. Services that were not ordered by your doctor.

REPORT

If you suspect errors, fraud or abuse, report it IMMEDIATELY! Contact the Kansas Senior Medicare Patrol (SMP) by calling 1-800-860-5260

www.kdads.ks.gov





Thanksgiving Break Thursday, Nov. 28 Thursday, Nov. 28 Thanksgiving Break Thursday, Nov. 28 Thanksgiving Break Thanksgiving Break Friday, Nov. 29 Friday, Nov. 29 Thanksgiving Break Friday, Nov. 29 Thanksgiving Break SCHOOL MENU

apricots and milk.

Lunch-Cavatini, tossed salad, flake biscuit, eggs, fruit, juice pineapple chunks, garlic bread and milk.

Tuesday, Nov. 26

Breakfast-Rolled-up sausage links, tater tots, oranges and

Lunch-Western bean bake, cheese stick, corn, pears, cornbread and milk.

Wednesday, Nov. 27 No School Thursday, Nov. 28 No School Friday, Nov. 29 No School

Northern Valley Menu

Monday, Nov. 25

Breakfast-Pancakes, ham, hash browns, juice and assorted cold cereal. Lunch-Chili, crackers, fresh

relish plate, cinnamon roll and apple slices

Tuesday, Nov. 26

Estate Sale

AMERICAN LOG HOMES IS ASSISTING LIQUIDATION OF LAND DEVELOPER'S ESTATE

3 Log Homes selling for BALANCE OWED. FREE DELIVERY Model #101 Carolina \$40,840 - BALANCE OWED \$17,000

Model #203 Georgia \$49,500 - BALANCE OWED \$22,900

Model #305 Biloxi \$36,825 - BALANCE OWED \$15,700 NEW - HOMES HAVE NOT BEEN MANUFACTURED

Make any design changes you desire! Comes with Complete Building Blueprints & Construction Manual

Windows, Doors, and Roofing NOT INCLUDED NO TIME ON DELIVERY

View at www.thegreatamericanlogco.com Ready Only Reply. Call 704-602-3035 ask for Accounting Dept

RECORD PUBLIG

Municipal Court

These transactions were taken from the records of filings in the offices of the Norton Municipal Court. These cases were given to the paper with the date of the hearings.

Nov. 7

Sept. 17-Mark Johnson, Norton; Charge: Domestic battery; Plea: Guilty as amended; Other action: Agreement-domestic battery amended to battery; Found: Guilty as amended; Sentence: Fine \$250, costs \$76, attorney fees, time served and jail

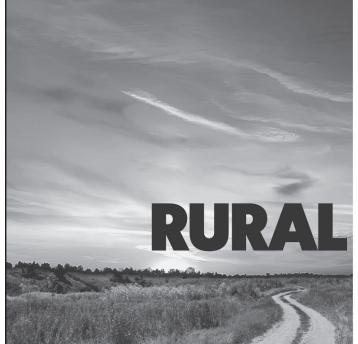
June 14-Kelda Shippy, Hays; Charge: 1. DUI (2nd offense), 2. Battery against law enforcement, 3. Interfering with law enforcement, 4. Tampering with interlock device, 5. Transporting an open container, 6. Refused PBT; Plea: 1. Guilty, 2. Amended to battery-guilty, 4. Guilty; Other action: Agreement to drop charges 3, 5, and 6 for guilty on charges 1, 2, and

4; Found: Guilty on 1 and 2, and 4, as amended; Sentence: 1. \$1,250, 2. \$250, 4. \$500, \$400 KBI Lab fee, costs \$76, jail costs for 19 days. Ninety days jail suspended to time served, to include five day mandatory, attorney fees, if fines paid by Dec. 31, 2014. Must do ADSAP evaluation.

Oct. 23-Kirk Gallentine, Norton; Charge: Dog at-large, not registered; Plea: No contest; Found: Guilty; Sentence: Fine \$25, costs waived, one time occurance, and has fenced back yard to contain dog when not on leash.

18-Wiyanna Paxton, Oct. Norton; Charge: Dog at-large, registered; Plea: Guilty; Found: Guilty; Sentence: Fine \$0 registered dog, costs \$76.

Oct. 20-Shylo Paxton, Norton; Charge: Disobeyed stop sign; Plea: Guilty; Found: Guilty; Sentence: Fine \$100, costs \$76, total \$176.



Rural health care providers work hard. You get called in at all times of the day and night and often to care for patients who are also your neighbors, friends and family.

Good Samaritan Hospital recognizes the commitment your staff makes to provide the very best every day for patients in your community.

HEALTH

This Nov. 21, in celebration of National Rural Health Day, we honor our partnerships and the outstanding contributions rural health care providers make in caring for the people of Nebraska.

CATHOLIC HEALTH

Good Samaritan Hospital Kearney, Nebraska

The medical center, centered on you.