

OBITUARIES

Rita M. Archer
August 26, 1934 - March 19, 2012

Funeral services for Rita M. Archer, age 77, of Abilene, were held on Thursday, March 22 at the Martin-Becker-Carlson Funeral Home with Father Henry Baxa as Celebrant.

Mrs. Archer passed away Monday, March 19, 2012 at her home in Abilene. She was born Aug. 26, 1934 in Hoxie, the daughter of Isidor and Ladwina (Dinkel) Geist.

Rita graduated high school from Edmond School and graduated from Marymount College. She was a registered nurse for over 45 years, working for the Norton County Hospital and for the Norton Correctional Facility before retiring. Following her retirement, Rita volunteered for Hospice of Norton County.

She was a member of the St. Andrew's Catholic Church in Abilene and enjoyed reading, crocheting, cooking and following her grandchildren in their activities.

On Oct. 8, 1960, she married Max Archer in

Norton. He survives of the home. Other survivors include her son, Mark and his wife Amy Archer of McPherson; daughters, Lori and husband Jesse Fulks of Smithland, Ky., Kristi and her husband Casey McDowell of Abilene; brother Don and his wife Shirley Geist of Herington; sisters Jerry and her husband Terry Shoemaker of Clarksville, Tenn.; Shirley Geist of Salina; seven grandchildren and six great-grandchildren. She was preceded in death by her parents and her brother Frank Geist.

Burial was held at the Abilene Cemetery. A Parish Rosary was held Wednesday evening, with the family receiving friends following the rosary. Memorial contributions may be made to the Rita M. Archer Memorial Fund and may be sent in care of the Martin-Becker-Carlson Funeral Home, 414 NW 3rd, Abilene, KS 67410. Condolences may be sent to the family at www.mbcfh.com.

Gather the gardening supplies

Kay Melia
vkmelia@yahoo.com

Comes time now to gather up all the supplies that a dedicated gardener needs to prepare himself (or herself) for one of the most satisfying projects of the entire gardening season. It's a project that we must perform inside, several weeks before we dare venture into the great outdoors.

It's almost time to press a few of your favorite variety of seeds into a shallow tray of soil-less planting mix, with the confident intention of growing a few of your own transplants. These will be the plants that you set out into the garden at the proper outdoor planting time. There are several reasons why you should get yourself involved in this procedure that will give you great satisfaction as you become a little more deeply involved in the gardening process.

Are you ready? Here we go! Growing a few of your own transplants allows you to raise that special variety of tomatoes, peppers, cabbage, broccoli, petunia, salvia or any other bit of special plant life that might not be available elsewhere. Growing your own also gives you the opportunity to "jump start" a new garden season by allowing you to work with seeds and

plants as much as a month and a half before you dare plant anything outside.

So, when do you actually begin this procedure? I thought you would never ask. In the case of tomatoes, as an example, we simply get out the calendar. We know we can't plant tomato transplants outside until all danger of frost has passed. Nobody knows when that is, but the AVERAGE last frost date in our area is between May 5-10. So don't plan to transplant tomatoes outside until after May 10 unless you have a sure-fire way to protect them. It takes about six weeks to grow a nice sized tomato plant inside, so you count back six weeks from May 10 on your trusty calendar and hopefully you see that the magic date is March 29! Wait a minute. March 29 is a Thursday, nobody wants to do this on a Thursday, so wait until Saturday or Sunday. Timing isn't that critical in this case, so you might even decide to do it the week before, like on March 24.

Follow the same schedule for pepper transplants. For cabbage and broccoli, start the seeds a week earlier if you wish. Those two can stand a light frost and can go outside earlier. For petunias and most perennials, they are much slower germinating,

so I will plant those tomorrow. Here's what you need to start your own transplants. Obviously, you need the seed of your choice. Pick up a small bag of starting mix at the garden center. Be sure it's starting mix and not potting soil. Do not use regular garden soil or your project will surely fail. Get a plastic tray, also at the garden center, to hold your starting mix, or use any type of plastic pan you have lying around the house or garage.

Wet the starting mix in the tray thoroughly. With the sharp end of your pencil, punch holes in the mix about a quarter of an inch deep. Drop a seed into each hole and cover with your fingers. Place the seed tray on a plate or in a pan and set the pan in a warm room. Watch very closely for the emergence of the young plants and then put them into bright light, but not direct sunlight. Keep water in the plate or pan holding the seed tray so that the seeds and young plants can receive moisture from below. Inquire, if you wish, about some grow lights for your project. Good light, all day, after emergence, is the secret to success.

Good luck!

It's a celebration



The Norton American Legion held a birthday celebration Saturday evening with a ham-fry and dance. The evening featured food, prizes and of course, music from The Three Jacks. Pictured, LeeAnn Shearer and Larry Henderson perform on stage at the Legion.

-Telegram photo by Carleen Bell

New offering at Aging Expo in Hill City

This year, a professional development opportunity with continuing education opportunities will be offered in conjunction with the Full Circle on Aging Expo, April 27 in Hill City.

The new offering is intended to provide in-depth and hands on learning sessions for those who are actively engaged in providing services to older adults.

The Northwest Kansas Area Agency on Aging and the Department of Health and Human Performance at Fort Hays State University are joining K-State Research and Extension in sponsoring and planning the conference.

The professional track is titled "Keep Them Active, Mind and Body," and is scheduled from 8:30 a.m. to 4:30 p.m. as part of the expo at the Immaculate Heart of Mary Catholic Parish Hall, U.S. Highway 24 in Hill City.

Participants can earn up to seven continuing education units for long-term care; nursing, social work; administrative, occupational therapy, and related occupations. Sessions include:

\*Managing Dementia Behaviors, presented by Jenny Shipman, program director, Alzheimer's Association, Central and Western Kansas. Shipman will address the ways in which dementia affects behaviors; tips for identifying concerns, and how to use cues and clues in problem-solving and managing the illness.

\*Use your Noodle, Have a Ball, Get your Residents Moving," presented by Kim Eichinger, executive director of fitness, Country Meadows Retirement Communities in Hershey, Pa. Eichinger will share

tips for using common inexpensive equipment to add variety to exercise programs; engage individuals with functional tasks that use familiar tools, and adapt activities for various levels of mobility.

\*Virtual Alzheimer's: A Hands-On Dementia Experience, also presented by Jenny Shipman, who is certified in Advanced Dementia Care. Shipman will discuss what it feels like to have some form of dementia, offer tips for identifying challenges that patients with dementia face, simulate similar challenges, and lead a discussion on day-to-day-care for patients with dementia.

\*Rhythm Play in the Prevention, Treatment and Maintenance of Alzheimer's Disease, presented by Karla Jo Grimmer, certified physical therapist assistant with numerous certifications, including wellness and health coaching, and Julie Tegethoff, a health rhythms facilitator, also with numerous certifications.

Attendees at both conference tracts will come together for the luncheon to share in the keynote address: "Lifestyle Choices and

Your Health," presented by Andrew Crocker, extension program specialist in gerontology and health with Texas AgriLife Extension Service.

Crocker will focus his remarks. Early registration is recommended, as space is limited to 40 participants. The cost to attend is \$75, which includes a conference packet and lunch. The cost to attend the morning or afternoon only session is \$50 each, and does not include lunch.

All registrations include the cost of Continuing Education Credits.

The deadline for registration is April 20. Late registrations will be accepted if space is available; a late fee of \$20 for the all-day session and \$10 for each of the half-day sessions will be charged.

More information about the professional development opportunity associated with the Full Circle on Aging Expo, is available online: www.northwest.ksu.edu/fullcircle (click on Professional Track), and by calling the Northwest Area K-State Research and Extension Office at 785-443-6281, Monday-Friday from 8:30 a.m. to 5 p.m.

FYI

The dates set for the 23rd Annual Norton National Bridge Tournament will be the three consecutive Thursday evenings after Easter, which is April 12, 19 and 26. This is a rather early date but hopefully all of the winter Texans and snow birds have returned.

It has been rumored that the reason Congress has delayed starting the new congressional session is to provide time for those Bridge playing ladies and gentlemen to entertain themselves in this tournament's relaxed atmosphere before hitting the demands of the upcoming session and there is the likelihood that the Governor and Mrs. Brownback, well known Bridge enthusiasts, could make a courtesy appearance.

The tournament will be played at the Norton

The Easter Cantata, "O What A Savior" will be presented at the Luctor Christian Reformed Church, Prairie View on Palm Sunday, April 1, at 7 p.m. The musical is directed by Belinda Thalheim. Soloists are Michelle Tharman, Jerry DeWitt and Kent Thalheim with Jay VanDer Veen as narrator. The public is invited. A program, featuring Noah Hansen, as he portrays biblical characters will be given on Easter Sunday, April 8 at 7 p.m.

Road work begins soon on U.S. 183

Beginning April 2, the Kansas Department of Transportation will begin work to overlay a section of U.S. 183 in Rooks County.

Starting at the K-18 junction in Plainville and extending north approximately 14 miles to the U.S. 24 junction in Stockton, workers will mill the existing roadway and then overlay a two-inch lift of new asphalt material to complete the operation.

When complete in late April, weather permitting, this section of highway will utilize new centerline rumble strips.

American Legion Post Home, two blocks north of the stop light on Highway 36. Starting time will be 7 p.m. and the dining room will open at 5:30 p.m. to accommodate players.

This is a team tournament so bring your partner. This is a fun tournament with beginners and experienced players. As in the past, the substitute rule will be in effect, which allows for a substitute if a person or team has to miss a round. The tournament fee is \$5 per person.

Please enter in advance if possible by calling Jake Durham, 877-2400 or Richard Wiltfong, 877-2459.

If you are unable to pre-register, drop-in prior to 7 p.m. on Thursday, April 12.

Duplicate Bridge

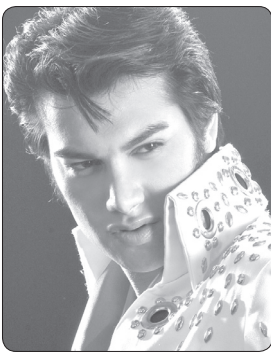
There was a three-way tie for first at Duplicate Bridge held Wednesday night at Norton Manor. Dave Graham and Jake Durham, Jackie Porter and Joyce Sumner and Jerry Moritz and Myron Veh tied for first place honors.

No Need to Travel to Branson-Come to Norton Instead!!

Joseph Hall performs
Elvis Rock 'n' Remember Tribute
Sponsored by The Norton County Arts Council

Sunday, April 15

3:00 P.M.
Advance Tickets at First State Bank, of Norton or Call 785-877-5611
\$20.00 Adults - \$10.00 Students



Open House
311 South Kansas
Norton, Kansas

Sunday,
March 25
1-3 P.M.



3 bedrooms, 1 bath, 2 car garage



PRICE REDUCED
Sunday,
March 25
1-3 P.M.

4 bedrooms, 2 baths, with fireplace. On an oversized lot.

Open House
605 Sun Street
Norton, Kansas

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St. Patty's Day
BREAKFAST Special
Sat., March 24
6:00 a.m.-11:00 a.m.
AT THE
Norton
American Legion
Pancakes, Sausage, Bacon,
Scrambled Eggs, Potatoes,
Juice, Coffee, Milk
Free Will Donation
SPONSORED BY:
LEGION
RIDERS
START YOUR DAY WITH US!

March 23-
March 28

Showing at the
NORTON
THEATRE
The Hunger Games
(PG-13) 2 Hours, 32 Minutes - Presented in Digital Sound
Friday and Saturday: 8:00 p.m.
Sunday: 5:00 p.m.
Monday, Tuesday, Wednesday: 7:00 p.m.
Journey 2:
The Mysterious Island
1 Hour, 44 Minutes
(PG)
Non-premiere passes
accepted for Journey 2;
Only premiere passes for The Hunger Games
Journey 2 is General Admission Price of \$6.00 and \$5.00-\$3.00 on Sunday
The Hunger Games is Premiere Admission Price of \$7.00 and \$6.00 - No Sunday Discount
Visit our Website:
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