Northern Valley gets lifesaving device



Ken Tharman, fifth through eighth grade science teacher and EMT with the Phillips County EMS, instructs staff on the use of the Automated External Defibrillator device.

In May of 2011, the Morgan Charitable Foundation funded a grant to provide an Automated External Defribillator to the Long Island Middle School, which is part of the Northern Valley School District 212.

An automated external defibrillator is a device with the capability to provide a life saving shock to a person in cardiac arrest or to stop ventricular fibrillation, a fatal heart condition. The machine can be used by anyone with a short amount of training to provide immediate lifesaving care.

On Aug 18, the staff at Long

Island Middle School received training on use of the device.

The Northern Valley Middle School is used regularly for athletic practices and sporting events and is located 21 miles from the nearest hospital. The benefit of being prepared for an emergency before it happens is important to a positive outcome. The Northern Valley School district extends their thanks to the Morgan Foundation for their role in providing this benefit to our staff, students and community members.

Story courtesy of the Phillips County Review.

PUBLIC NOTICE **NOTICE OF SHERIFF'S SALE**

Published in The Norton Telegram on Friday, September 16, 23, 30, 2011

IN THE DISTRICT COURT OF NORTON COUNTY, KANSAS

Bank of America, N.A., as successor by merger to BAC Home Loans Servicing, L.P. fka Countrywide Home Loans Servicing, L.P.

Mortgage Foreclosure Plaintiff. (Title to Real Estate Involved)

Case No. 10cv5

K.S.A. 60

Jason M. Bowen, et al.,

NOTICE OF SHERIFF'S SALE Under and by virtue of an Order of Sale issued by the Clerk of the District Court in and for the said County of Norton, State of Kansas, in a certain cause in said Court Numbered 10cv5, wherein the parties above named were respectively plaintiff and defendant, and to me, the undersigned Sheriff of said County, directed, I will offer for sale at public auction and sell to the highest bidder for cash in hand at 10:00 A.M., on 10/10/2011, at the front door of Norton County Courthouse, the following described real estate located in the County of Nor-

A TRACT OF LAND COMMENCING AT THE SOUTHEAST CORNER OF THE NORTH HALF OF THE NORTHWEST QUARTER (N/2 NW/4) OF SECTION THIRTY-FOUR (34), TOWNSHIP TWO (2) SOUTH, RANGE TWENTY-THREE (23) WEST OF THE SIXTH PRINCIPAL MERIDIAN, NORTON COUNTY, KANSAS RUNNING THENCE NORTH 92.6 FEET TO THE POINT OF BEGINNING, THENCE WEST 150 FEET, THENCE NORTH 55 FEET, THENCE EAST 150 FEET, THENCE SOUTH 55 FEET, TO THE POINT OF BEGINNING. ALSO A TRACT OF LAND COM-MENCNG AT THE SOUTHEAST CORNER OF THE NORTH HALF OF THE NORTHWEST QUARTER (N/2 NW/4) OF SAID SECTION THIRTY-FOUR (34), RUNNING THENCE NORTH 147.6 FEET, THENCE WEST 150 FEET TO THE POINT OF BEGINNING, RUNNING THENCE WEST 20.53 FEET, THENCE SOUTH 55 FEET, THENCE EAST 20.53 FEET, THENCE NORTH 55 FEET, TO THE POINT OF BEGINNING.

SHERIFF OF NORTON COUNTY, KANSAS Respectfully Submitted, By: Shawn Scharenborg, #24542 Sara Knittel, #23624 Kelli N. Breer, #17851 Kozeny & McCubbin, L.C. (St. Louis Office) 12400 Olive Blvd., Suite 555 St. Louis, MO 63141 Phone: (314) 991-0255 Fax: (314) 567-8006 Email: sscharenborg@km-law.com Attorney for Plaintiff

Prepare yourself by getting your flu shots early

As we approach the 2011-2012 flu season, supplies of flu vaccine are now available in the state of Kansas. Certain providers are starting flu clinics as early as this week and will continue to offer the vaccine throughout the influenza season. Flu season can begin as early as October. Its severity and timing are impossible to predict and may vary widely from year to year.

"Many people see October as the official start of the flu season and wait to get vaccinated at that time," said Mike Parson, KDHE Immunizations Outreach Coordinator. "The flu vaccine will offer protection

throughout the entire flu season and not wear out, so by getting the vaccine now you are providing yourself the best protection by the beginning of October."

This fall, everyone 6 months and older should get vaccinated against flu, even if they got vaccinated last season. By getting the flu vaccine you can protect yourself from influenza and may also avoid spreading influenza to others.

It takes about two weeks after vaccination for antibodies to develop in the body and provide protection against influenza virus infection. There are two types of influenza vaccine:

Attenuated influenza vaccine

fluenza virus and is sprayed into the nostrils. If you're phobic about needles and you're between 2 and 49 years of age, ask your health provider about the nasal spray vaccine. It's just as safe and just as effective as the injection, and it may be the right vaccine for you.

contains live but weakened in-

The second is the inactivated (killed) influenza vaccine, or "flu shot," which is given by injection with a needle.

"There is no reason to wait until flu season hits before getting a flu shot," said Robert Moser, M.D., KDHE Secretary. "Get the flu vaccine as soon as it's available in your com-

munity to protect yourself and your family throughout the flu season."

As the state's environmental protection and public health agency, KDHE promotes responsible choices to protect the health and environment for all

Through education, direct services and the assessment of data and trends, coupled with policy development and enforcement, KDHE will improve health and quality of life. We prevent illness, injuries and foster a safe and sustainable environment for the people of

Prairie Land Electric to receive a loan to help create jobs

Agriculture Secretary Tom Vilsack announced recently that Prairie Land Electric is one of 27 rural utility cooperatives in 18 states to receive funding for generation and transmission projects, distribution facilities and smart grid technologies. The loans will create jobs and finance rural electric utility improvements, benefiting more than 28,000 rural customers.

Vilsack noted that USDA of the National Rural Electric

Rural Development is providing more than \$35 million to finance smart grid technologies, such as advanced metering infrastructure, that utilities use to better manage electric supply and demand. Rural Development Under Secretary Dallas Tonsager made the announcement today Vilsack's behalf during speech in Minneapolis, Minn., at a regional meeting

Cooperative Association.

The \$603 million in loans are being provided by the US Department of Agriculture's Rural Development's Rural Utilities Service to help electric upgrade, expand. utilities maintain and replace rural America's electric infrastructure. Program funding will help build or improve nearly 5,000 miles of distribution line and more than 100 miles of transmission

Prairie Land Electric will receive a \$36,900,000 loan to serve 1,548 customers with 156 miles of new line, improve 111 miles of existing line and make \$3.4 million in Smart Grid investments.

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Midwest Producer

Norton graduate is honored for his athletic ability

Zach Bainter, former star runner for Norton Community High School who is a junior runner for Newman University, was named the Heartland Conference Men's Cross Country Runner of the

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LODGE NOTICES



7:30 p.m. Darren McMullen, Commander Curt Archibald, Adjutant



Eagles Lodge FOE 3288 Second and Fourth

Wednesday, 7:30 p.m Larry Hawks, President Secretary, Ron Miller



Veterans of Foreign Wars

Reg. 7:00 p.m. First Mon. of each Month

Curt Archibald, Commander Joe Ballinger, Quartermaster



No. 157 Meet at Eagles Club

First and Third Thursday Each Month at 7:30 p.m. Geneva Tier, Noble Grand Randy Knoll, Secretary



The American Legion Riders Post 63 Meet at 5:00 p.m. at the American Legion Building

on the Second Sunday

of Every Month website: www.alr63.org

fourth place finish at the Friends only top-ten finish in the race, nortontelegram@nwkansas.com Invitational recently at the Kan-placing eighth.

sas Coliseum in Park City. Running in his second race after transferring to Newman from Garden City Community College, Bainter posted Newman's

Bainter completed the 6K course in 26:48 to lead the Newman squad.

He is the son of Vicki and David Bainter, Norton.

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