Area school menus

NORTHERN VALLEY

fast there will be monkey bread, scrambled eggs and banana slices, or cereal, and milk. Lunch will be Texas Straw hats, tossed salad with dressing, buttered cauliflower and mandarin oranges.

Wednesday, Sept. 3 — Breakbiscuits, hashbrowns and apple slices, or cold cereal, and milk. Lunch will be chicken tetrazzini, a garlic stick, tossed salad with dressing, butterscotch pudding and a snickerdoodle cookie.

Thursday, Sept. 4 — Breakfast will be waffles and syrup, sliced ham and grapes, or cold cereal, and milk. Lunch will be nachos with ground beef, tossed salad with dressing, buttered corn and a fruit cup.

Friday, Sept. 5 — For breakfast there will be a breakfast taco, hashbrowns and mixed fruit, or cold cereal, and milk. Lunch will be salisbury steak, mashed potatoes, a hot roll, buttered broccoli, and a brownie.

Monday, Sept. 8 — Breakfast will be sausage in a blanket, hashbrowns and apple juice, or cold cereal, and milk. Lunch will be weiner wagons, a tri-tater, baked beans and chocolate pudding.

Tuesday, Sept. 9 — Breakfast will be ham-n-cheese bagel, cantaloupe, or cold cereal, and milk. Lunch will be shaved ham on a bun, potato salad, relish plate and applesauce cake.

Wednesday, Sept. 10 — For breakfast there will be a cinnamon raisin biscuit, a sausage link and watermelon, or cold cereal, and milk. Lunch will be sierra chicken, tossed salad with dressing, or cantaloupe.

Thursday, Sept. 11 — Breakfast will be a pizza bagel, hashbrowns and orange juice, or cold cereal, and milk. Lunch will be mac-ncheese, little smokies, a hot roll, buttered peas and carrots, and rosy applesauce.

EISENHOWER ELEMENTARY

Tuesday, Sept. 2 — For breakfast there will be a breakfast burrito and fruit cocktail, or cereal and toast with peanut butter, and milk

will be golden waffles with warm salad, and milk.

The schedule for Meals on

through Nov. 9 has been decided

Sept. 1 to 7 community volun-

Sept. 13 and 14 will be com-

Sept. 15 to 21. the Norton Cor-

rectional Facility will deliver the meals. The contact person is Kelly Gill, 877-3389 extension 252. Sept. 22 to 28, the Church of

God will deliver the meals. The contact person is Marilyn Colip

Sept. 29 to Oct. 12 will be the Norton Federated Study Club,

and the contact person is Eunice

Oct. 13 to 26 will be Norton PEO. The contact person is Ada

Oct. 27 to Nov. 9 will be the United Methodist Women. The contact person is Vida Perrill at

Please remember it is impor-

tant for each group to have three people, each with their own car, to

deliver the noon meal. Volunteers

should report at 11:30 a.m. for the

noon delivery, and meals are to be

delivered every Monday through

Neiltopp at 877-2539.

Arford at 877-3052.

877-2674.

Sunday.

teers will deliver the meals. Sept. 8 to 12, the Northwest Kansas Library System will deliver the meals. The contact person

is Leslie Bell, at 877-5148.

munity volunteers again.

as follows:

at 877-2461.

Meals on Wheels

Wheels volunteers for Sept. 1 list of volunteers to Alice Hawks

maple syrup and fruit cocktail, or Tuesday, Sept. 2 — For break- cereal and toast with peanut butter, fast will be coffee cake and fruit and milk. Lunch will be roast beef, whipped potatoes, gravy, corn, peppers strips and banana bread, or chef salad, and milk.

cheese, a biscuit and apple juice, fast will be sausage gravy and or cereal and toast with peanut butter, and milk. Lunch will be an Ike burger on a homemade bun, french fries, a dill spear, pears and no-bake cookies and milk.

> there will be warm pumpkin bread and rosy applesauce, or cereal and toast with peanut butter, and milk. Lunch will be baked chicken, whipped potatoes, gravy, green beans, strawberry fruit cup and french bread and milk.

> Monday, Sept. 8 — Breakfast will be a rolled-up sausage link, tater tots and orange juice, or cereal and toast with peanut butter, and milk. Lunch will be a peanut butter and honey sandwich, cottage cheese, warm peas, celery stick and mandarin oranges and

> will be a blueberry muffin and peaches, or cereal and toast with peanut butter, and milk. Lunch will be pizza roll-ups, tossed salad, peaches, a cookie and milk.

Thursday, Sept. 11 — Breakfast will be a breakfast cake and grape juice, or cereal and toast with buttered spinach, and watermelon peanut butter, and milk. Lunch will be macaroni and cheese, little smokies, mixed veggies, rosy applesauce, french bread

> will be a hard cooked egg, warm toast and apple juice, or cereal and toast with peanut butter, and milk. Lunch will be sloppy joes on a homemade bun, corn, tater tots, banana spears and milk.

NORTON JR./SR. HIGH

Tuesday, Sept. 2 — For breakchoice. Lunch will be baked ham, and toast with margarine and jelly, scalloped potatoes, pineapple and milk. Lunch will be chicken chunks and dinner roll and milk. noodles, whipped potatoes, car-Wednesday, Sept. 3 — Breakfast rots, french bread and fruit, or chef

Thursday, Sept. 4 — Breakfast will be Canadian bacon with

Friday, Sept. 5 — For breakfast

Tuesday, Sept. 9 — Breakfast

Wednesday, Sept. 10 — For breakfast there will be homemade pancakes with warm syrup and apple juice, or cereal and toast with peanut butter, and milk. Lunch will be potato boats, baked beans, fruit cocktail, a whole wheat roll and milk.

and milk.

Friday, Sept. 12 — Breakfast

fast there will be a breakfast burrito with fruit or juice, or cereal

Also, please be sure to turn in the

at the Norton County Hospital by

group starts their delivery.

Friday of the week before your

or juice, or cereal and toast with margarine and jelly, and milk. Lunch will be a Mr. Rib Sandwich,

lettuce and chopped tomato, corn and rosy applesauce, or chef salad, and milk.

Thursday, Sept. 4 — Breakfast will be chocolate chip muffin squares with fruit or juice, or cereal and toast with margarine and jelly, and milk. Lunch will be sloppy joe on a bun, potato salad, fruit and cherries jubilee, or chef salad, and milk.

Friday, Sept. 5 — For breakfast there will be a cinnamon bun with fruit or juice, or cereal and toast with margarine and jelly, and milk. Lunch will be a corn dog, frozen peas, rolls and yellow cake, or chef salad, and milk.

Monday, Sept. 8 – Breakfast will be a pancake and sausage on a stick with syrup and fruit or juice, or cereal and toast with margarine and jelly, and milk. Lunch will be

FRESH

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PRODUCE BON

Organic Tomatoes

·Cucumbers ·Green Beans

·Avocadoes ·Lettuce

Melons

Homegrown Sweet Corn

·Colorado Peaches

Pears — Coming Soon!

Wednesday, Sept. 3 — Break- a chicken strip sandwich, baked or chef salad, and milk. beans, carrots and fruit salad, or chef salad, and milk.

Tuesday Sept. 9 — Breakfast will be scrambled eggs and a sausage patty with fruit or juice, or cereal and toast with margarine and jelly, and milk. Lunch will be an enchilada, lettuce and chopped tomato, corn, fruit, rolls and a brownie, or chef salad, and milk.

Wednesday, Sept. 10 — For breakfast there will be a breakfast casserole with sausage and fruit or juice, or cereal and toast with margarine and jelly, and milk. Lunch will be a hamburger with fixings, sliced cheese, lettuce and tomato, tater tots and fruit, or chef salad, and milk.

Thursday, Sept. 11 — Breakfast will be a hard boiled egg, sausage links and fruit or juice, or cereal and toast with margarine and jelly, and milk. Lunch will be chicken fajitas and toppings, cheese, lettuce and tomato, french bread and applesauce with cinnamon,

Houses

for Sale

NORTON - 604 East Main 6 Bedroom, Partly Remodeled, Home

NÖRTON - 602 Sun Avenue

Lots of Upgrades — \$32,900

Single Car Garage — \$29,700

Finished Basement — \$110,000

on 5 Acres, will Build Equity. Feels Like

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ALMEÑA - 3 Bedroom Craftsman Style Home on a

PRAIRIE VIEW - 3 Bedroom, 1 1/2 Bath, Corner Lot,

Full Basement, Single Car Attached Garage — \$49,000

LOGAN — Across from the Plaza, 5 Bedroom, 4 Bath,

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~ Have Larry "Get R Done" For You!

PRAIRIE VIEW - 207 Holland, 4 Bedroom House

Corner Lot, Original Hardwood and Trim, Sprinkler System, UNDER GON TRANS — \$52,900

UNDER CONTRACTIONS, Carport and More Lots Available-Priced Reduced

PRAIRIE VIEW - 4 Bedroom, 2 Car Garage,

Oversized 2 Car Garage with Workshop Area.

LOGAN — 807 W. Main, 3 Bedroom,

will be a banana bread square with fruit or juice, or cereal and toast

with margarine and jelly, and milk. Friday, Sept. 12 — Breakfast Lunch will be a peanut butter and honey sandwich, carrots, cottage cheese, pork-n-beans and jell-o, or chef salad, and milk.



2005 Chevy Equinox LT.....\$16,995 **\$15,995** AWD, white, gray leather and loaded 2004 GMC 3/4 Ton HD \$24,895 **\$22,895** 4x4 Ext. Cab Duramax Dsl., Clean Loaded, 49,000 miles

2004 Chevy Tahoe LT \$22,895 **\$19,995** 2003 Chevy HD 1/2 Ton, Crew Cab \$18,995 **\$16,895** 4x4, LS pkg. 2008 Buick Enclave CX, nice as new\$29,995 2008 Chevy Malibu LS, 15,000 miles, Like new!................\$AVE 2008 Chevy Malibu LT, 19,000 miles, Still smells new!...... \$AVE 2007 Pontiac G5 2 dr., bright red, 28,000 miles......\$14,895 2007 Chevrolet Cobalt LT 4 dr., laser blue, sharp!.....\$13,495 2007 Suzuki Grand Vitara Luxury, every possible option, 10K... \$18,595 2006 Chevy Impala LT, 38,000 miles, all the equipment..... \$13,995 2006 Ford Freestar SEL Van, 30,000 local miles......\$15,995 2006 Chevy HHR LS, 14,000 miles............ Was \$14,995 -- \$12,995 2006 Chevy 1 Ton HD reg. cab 4x4, Duramax dsl ... Was \$27,895 -- \$26,895 2006 Dodge Dakota, crew cab, 4x4, local lady, trade-in, 47K.... \$18,895 2005 Chevy 1/2 Ton Ext. Cab 4x4, 11K, Still smells new....... \$AVE! 2005 Chevy Colorado Crew Cab, 4x4, nice as new, 40K..... \$17,895 2005 Chevy Avalanche 4x4, 21,000 miles, like new .. Was \$25,895 --\$24,895 2005 Chevy 1/2 Ton Ext. Cab 2WD, equipped right ... Was \$18,495 -- \$17,495 2005 Chevy Trailblazer LS, 33,000 miles, SHARP .. Was \$17,895 --\$16,895 2005 Buick LeSabre Custom, loaded, 44,000 miles \$13,495 2005 Chevy 3/4 Ton Crew Cab, 2WD, great trailer puller ... \$20,495 2005 Chevy Uplander LT Van, every possible option!.......... \$14,995 2005 Ford Crown Victoria LX, 34,000 cared for miles \$12,995 2005 Chevy 1/2 Ton Crew Cab 4x4, 48,000 miles JUST IN! 2004 Buick Century 4 dr., special edition package, 38K \$11,595 2004 Chevy 1/2 Ton Ext Cab, 4x4, priced right Was \$14,995 -- \$13,995 2004 Olds Silhouette GLS Van, we sold new, 73K \$11,995 2003 Saturn VUE, full power, sunroof and 56K \$10,995 2003 Chevy HD 3/4 Ton 4x4, extended cab.....\$13,995 2002 Chevy HD 3/4 Ton, 4x4, HD chassis flatbed, 72K...... \$14,895 2000 Chevy 1 Ton Dually 4x4, Dew-eze bail bed JUST IN! 1999 GMC Suburban SLT, 4x4, 74,000 miles \$AVE! 1999 Chevy Cargo Van, good work van\$AVE

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Dr. Anthony Hornick Surgeon



Dr. Afaq Zaman Khan Surgeon

Introducing the Newest Members Of Our Surgical Team!

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Dr. Charles Schultz Surgeon



Dr. Zurab Tsereteli Surgeon

Welcome, Drs. Hornick and Khan

Hays Medical Center welcomes Dr. Anthony Hornick and Dr. Afaq Khan to our general surgery team, joining Dr. Charles Schultz and Dr. Zurab Tsereteli.

Anthony Hornick, **MD.** Dr. Hornick has previously served as a visiting surgeon for Hays Medical Center and now permanently joins the surgical medical staff. He earned his medical degree from the University of Kansas and completed his internship and residency at Maricopa Medical Center in Phoenix. He served a fellowship at St. Vincent's Hospital in Toledo. Dr. Hornick is board certified.

Afaq Zaman Khan, MD, FRCS. Dr. Khan completed his medical training in Pakistan, Scotland and Ireland. He completed his residency at Michigan State University, Grand Rapids, Michigan. This was followed by a foregut fellowship at the University of Southern California, Los Angeles, California.

Dr. Hornick and Dr. Khan are now accepting appointments for new patients. For referrals contact your primary care physician, or for more information, call 785-623-5000.



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