Bernice Becker, Norton, and her brother, Eugene Schandler,

Logan, took a recent trip Hancerville, Ala. While there they

toured the Our lady of the Angels Monastery. They posed

in front of the entrance to The Twelve Stations of the Most

Holy Eucharist taken on the grounds of the Shrine of the

Most Blessed Sacrament. Mrs. Becker and Mr. Schandler

were part of a tour group organized by Hays Travel. Joyce

Wentz, Tonganoxie, Mrs. Becker's daughter, was also on

Learn the symptoms

of Parkinson's Disease

Home ed

Tranda Watts,

Extension

specialist

toms worsen.

support

www.parkinson.org.

Extension Office.

ity to remain independent.

The symptoms can make all as-

pects of life challenging, including

simple tasks such as holding a fork.

The person who loves and cares for

a person with PD will have greater

caregiving responsibilities as symp-

There are some resources in Kan-

sas. The National Parkinson Foun-

dation keeps a list of resources

worldwide, and this is a good place

 $to\, start\, to\, look\, for\, organizations\, and$

groups.

If you have further questions

about Parkinson's Disease, contact

your local K- State Research and

University extension specialist in

food, nutrition, health and safety.

Call her at 785-443-3663 or e-mail

twatts@oznet.ksu.edu. For more

information, contact the county ex-

tension office, 877-5755.

Tranda Watts is Kansas State

the trip.— Photo courtesy of Joyce Wentz

The recent remarks from Rush

Limbaugh regarding Michael J. Fox

and Parkinson's disease (PD) have

created a controversy that is being

debated in all forms of the media.

This publicity has had the effect of

placing PD on the national stage.

Perhaps this has made you a little

curious to know more about

Parkinson's Disease. The following

is meant to give you some basic in-

Parkinson's disease is sometimes

named for James Parkinson, who

PD affects the central nervous

system. Cells within the brain that

help coordinate movement deterio-

rate and die. Additionally, PD symp-

toms will last across time and will

PD is both chronic and progressive.

Some people may develop a tremor,

particularly in the hand. Muscles

may become stiff and rigid. Move-

ments become slower and there

may be some difficulty with initiat-

step to walk. Balance is affected.

worsen over time.

more common with age.

ries. Research is ongoing.

ing actions, such as taking the first

Symptoms of PD gradually

Estimates vary, but about 50,000

people are newly diagnosed each

year. More men then women are

What causes it? No one knows for

Is there a cure? No. While having

ing in a decrease in the person's abil-

sure, although there are many theo-

There are four main symptoms.

wrote about the disease in 1817.

formation about PD.

Tanya R. Tallyn Sept. 18, 1972 - Nov. 23, 2006

Tanya Renee (Murnahan) part-time for a children's pre-Tallyn, 34, Colorado Springs, Colo., niece of Greg J. Murnahan, Norton, died Nov. 23, at Memorial Hospital, Colorado Springs.

Mrs. Tallyn was born Sept. 18, 1972, in Abilene, the daughter of R.E. and Sondra Murnahan.

She graduated from Abilene High School in 1991, and received a bachelor of arts in accounting from Huntington College, Huntington, Ind., in 1996.

On May 29, 1998, she married Nicholas Tallyn in Seneca, S.C. They lived in Seneca before moving to Colorado Springs that same

Mrs. Tallyn worked for several District 8 substitute and worked service.

Her grandparents, and one uncle preceded her in death.

Survivors include her husband, Nick of the home; her parents, Bob and Sondra Murnahan of Olney, Texas; three brothers, Erric Murnahan of Kansas, Jason Murnahan, Abilene, and Rich Murnahan, Mayview, Mo.; one sister, LaSharon Glascock of Texas; and three uncles.

A memorial service was held Nov. 28, at the Shrine of Remembrance Funeral Home in Colorado Springs.

A memorial service will be held Dec. 30, at the United personal and corporate agencies in Brethren Church, Abilene. Colorado Springs. She was also a Burial will follow the memorial

Beth L. Williams Aug. 19, 1927 - Dec. 11, 2006

Beth Lavern Williams, 79, Denver, sister of Duane Wray, died Dec. 11 in the Littleton, Colo., Life

Mrs. Williams was born Aug. 19, 1927, in rural Norton County, the daughter of Emereth and Edna

She married Eugene Williams in 1944. She graduated from Norton

Community High School in 1945. The family moved to Denver, Colo., in 1957. In 1969, they

opened Williams Jewelers.

After the death of her husband. she continued to live in the home they built until she moved to Life Care Home, Littleton.

She is survived by two sons, Bruce Williams and Steve Williams, both of Denver; two brothers, Duane Wray, Norton and Jerald Wray, Champaign, Ill.; and a brother-in-law, Lester Williams,

Funeral services were held Dec. 17 in Valley View Christian called Parkinson Disease. It is Church, Littleton.

READERS

ship Funds soup supper will be daughter of Gerald and Brenda Tuesday, Jan. 2, 5-7 p.m. at Speer. Norton Community High School cafeteria.

— Norton Rotary Scholar- in Public Health. Miss Speer is the grow worse over time; therefore,

- Norton County Horse Council Annual Meeting will be Gretchen Speer, Almena, is a on Jan. 15, 2007, at 7 p.m. at the recent graduate of the University **Norton Community High** of Kansas with a master's degree **School in the Vo-Ag classroom.**

tion to: Ten Free Flowering

Trees, National Arbor Day

Foundation, 100 Arbor Ave.,

Foundation offering ten free trees to Kansans who join their ranks

Ten free flowering trees will ing and care. be given to each person from To become a member of the diagnosed with PD, and it becomes Kansas who joins the national foundation and to receive the Arbor Day Foundation during free trees, send a \$10 contribu-

The free trees are part of the non-profit foundation's Trees for America campaign.

The ten trees include two Jan. 31. Or go on-line to it does get worse over time, result-White Flowering Dogwoods, arborday.org. two Flowering Crabapples, two Washington Hawthorns, two American Redbuds and two Golden Rain Trees.

The trees will be shipped, postpaid, at the right time for planting between Feb. 1 and May 31 with enclosed planting instructions. The six to 12 inch trees are guaranteed to grow or they will be replaced free of charge.

Members also receive a subscription to the foundation's bi-monthly publication, Arbor Day, and The Tree Book with information about tree plant-

> The Norton Telegram... News you need!

> > **START THE**

NEW YEAR

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Hoodia Patch

or Capsules

Appetite Suppressant

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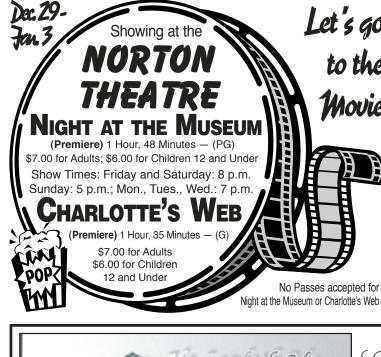
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Unwanted Pounds



Let's go

Nebraska City, Neb. 68410 by PD will be different for each person,

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Kathryn Severns

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Stop by and pick one up today!

PUBLIC RECORD

Municipal Court

These transactions were taken from the records of filings in the only after the defendant is offices of the Norton Municipal Court. The traffic and criminal cases were given to the paper with the date of the hearings.

Dec. 14 — Michael Floyd, Hayes Center, Neb., inattentive ten on ticket, court cost \$70.

Criminal

Dec. 14 — Laryn Burns, Hays, criminal trespass, to serve 48 hours in jail and sentenced to two years probation, fine \$1,000, witness fees \$30, court cost \$70.

District Court

These transactions were taken from the records of filings in the offices of the District Court clerk at the Norton County Courthouse. Traffic, criminal and wildlife parks cases are

given to the paper when the fines are paid. Limited action and small claim cases are reported served.

Traffic

Aug. 12 — Ronald P. Davis, Lakewood, Colo., transporting an open container, fine \$250, court cost \$66.

Nov. 14 — Wiyanna K. driving, fine \$100 reduced to Paxton, Norton, operating a \$10 due to wrong amount writ- motor vehicle without a valid drivers licenses, dismissed, court cost \$66. Nov. 22 — Alan A. Brown,

Curtis, Neb., failure to yield at stop or yield sign, fine \$60, court cost \$66.

Dec. 14 - Kenneth D. Schultz, Norton, defective tail lamp on motor vehicle, fine \$30, court cost \$66.

Animal Shelter

For Adoption

Female Austrailian Shepherd, creme and red, 2 - 4 years.

Female Labrador mix 1 year. Male Shepherd mix, 8 weeks. Male Patterdales, 12 weeks old.

BIRTHS

Emma Grace Wille

Emma Grace Wille was born at Salina Regional Health Cen- Beth (Bernard) Metcalf, Libter on Sunday, Dec. 17 weighing 6 pounds 3ounces and measuring 19 inches.

Melissa (Thompson) Wille.

Grandparents are Jerry and eral, and Nick and Tammy Thompson, Clay Center.

Great-grandmother is Dor-Her parents are Trinten and othy Bernard, Norton.

Garrison William Zerger

Dr. Todd and Krisha Zerger of Norton, are the parents of a son, Garrison William. He was born Dec. weighing 6 G. Zerger pounds and

was 18 inches in length.

Grandparents are Mike and Kathie Keimig, Sterling, and

Weddings, funerals, engagements, and births. You'll find it all in...

THE NORTON

Bev Zerger, Joe and Moundridge. Great-grandparents are

Odetta Keimig, Medicine Lodge; Esther Zerger and Maurine Vogts, Moundridge; and John and Myrna Zielke, Shell Knob, Mo. Great-great-grandparents

are John and Pauline Zielke, Inman.

At close of business Dec. 28

Wheat \$4.64 Milo \$3.54

Corn \$3.68 Soybeans \$6.07



Have a story idea? Call Carolyn at The Telegram 877-3361



Conveniently located to serve our producers

Market Planning Workshop

"Risk" has always been a part of farming, but today, it's a whole new ball game - new rules, new stakes and, most of all, new risks. If only we could see how our "game plays" would affect the outcome! Well, you can. Ag Valley Cooperative is sponsoring a workshop, Winning the Game, to help our customers put together a winning game plan for crop marketing.

MONDAY, JANUARY 15 — 2:00 P.M.

North Platte - McKinley Educational Center TUESDAY, JANUARY 16 — 9:00 A.M.

Bartley - American Legion Hall

TUESDAY, JANUARY 16 — 2:00 P.M.

Arapahoe - Ella Missing Center

WEDNESDAY, JANUARY 17 — 9:00 A.M.

Norton - Norton Library, Community Room To Register, Call Scott or Fran at 800-228-1352

WINNING THE GAME"

Country Hedging

today and plan to join us at the workshop. Refreshments will be provided!