



EDDIE FRISBIE, #4, senior, plays tough defense on a Titan player; #25 Walker Janicke, senior, stands guard under the basket.
Photo courtesy of Darci Shields

Cougar Sports *By Bru & the Crew*

Cheylin Cougar basketball teams had their games cut short last week due to the weather. However, a trip across the state line would still be a big test for the Cougars. Let's see how they fared...

The junior varsity boys got the week's events started off early last week when they played a Monday game against Goodland. The boys took an early 9-2 lead and led 24-13 at halftime. The Cougars were up 9 headed into the last two minutes of the game, but a defensive breakdown almost caused disaster. The Cougars gave up a few threes, and had some poor free-throw shooting, but their defense held stiff when it mattered and the boys were able to escape with a 40-38 victory. Jacob Brubaker had 14 points for the Cougars. Derek Vandike contributed nine points.

The Cougars headed west to take on the Wolves of Idalia, Colo. The junior varsity ladies started things out with a half-game. Although the ladies fought hard and gave it their best, it just wasn't enough, and they were unable to capture a victory.

The junior varsity boys had a half-game as well, but they had considerably better results. The Cougars jumped out to a quick 11-0 lead, but the Wolves went on a run of their own and made it 11-7 by the end of the first quarter. The Cougars were able to stave off all comeback attempts by the Wolves in the second quarter. Final score: Cheylin 23, Idalia 17. Carter Porubsky finished with 12 points for the Cougars.

Cougar Ladies

The Cheylin Lady Cougars varsity would be the next to compete that night. The Lady Cougars faced a tough opponent for the second game in a row. After upsetting the Brewster/

Triplains Lady Titans, the Cougars were looking for a second straight upset, this time against the Idalia Wolves.

The Wolves were undefeated heading into this contest, and they were also ranked fourth in the state of Colorado. The Lady Cougars knew they were headed for a battle, but they were still optimistic for the upset.

The ball was tossed up and the game was underway. The Lady Cougars came out slow and were down 16-7 after the first. The ladies were able to make up a little ground in the second half, but still trailed 29-23 at the half. The second half was very difficult for the Cougars. Nothing went their way. The Lady Cougars fell by a final score of 63-42.

Cougar men

The final event of the night would be the varsity boys. The Cheylin boys set a school record last year when they held the Wolves to 11 points, the least ever scored by a Cheylin opponent. Would this Cougar team be able to experience

similar success?

The answer at the beginning of the game seemed unclear. The Cougars struggled at the beginning, but still led 11-6 at the end of the first quarter. The Cougars furthered the lead with a big second quarter. The score showed Cheylin with a 31-17 advantage at halftime.

The third quarter was fairly even, but the Cougars were still up 15 headed into the fourth. The fourth quarter provided a chance for some bench players to get valuable experience. The Cougars won out the fourth quarter anyway. This was a very good job of playing a full game by the Cougars. The final score was: Cheylin 60, Idalia 40.

Last week provided a great win for our men and a tough loss for our ladies. Both teams face tough games this Friday when they head to Almena to take on the Northern Valley Huskies. Last week's Palco game will be rescheduled, but I do not know when it will be played. I will report it as soon as I find out. GO COUGARS!!!!!!!!!!!!!!

Support heart health wear red on Friday

This Friday, Feb. 7, is National Wear Red Day, a special movement to bring attention to heart disease in women. The Cheyenne County Hospital is asking it's employees to wear red this Friday in support of heart health awareness.

February is American Heart Month and one of the American Heart Association's campaigns is Go Red for Women. Heart disease has been called the silent killer because it often has no

noticeable symptoms. It's more deadly than all forms of cancer combined, according to the Go Red for Women website.

National Wear Red Day, the first Friday each February, is a day that everyone is encouraged to wear red, become aware of their risk and take action to live longer, healthier lives. Join in the Cheyenne County Hospital employees and wear red this Friday to support Go Red for Women.

FIRST BABY CONTEST

We're celebrating the first special delivery of the Year 2014!
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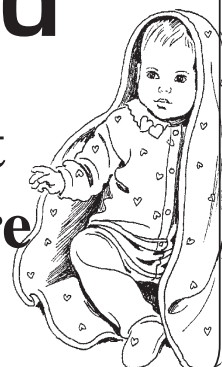
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Cheyenne County Hospital
Happy First Birthday on Jan. 3,
Kriissiana Grace DeJong
and congratulations to her
parents Lisa & Chad DeJong!



THE FIRST BABY OF 2013 was Kriissiana Grace DeJong, daughter of Lisa and Chad DeJong. She was delivered by Dr. Rebecca Allard at the Cheyenne County Hospital.

Cheyenne County Hospital

Cheyenne County Hospital "The Shining Star of Rural Healthcare" 210 W. 1st Street • St. Francis, Ks. • 785-332-2104