

St. Francis man interns in Ireland

Benjamin Neitzel, 2010 graduate of St. Francis Community High School, recently returned from a 2-month internship in Dublin, Ireland.

A student at Kansas University, Benjamin wanted to live in a different country for the entire summer. With an internship in a foreign work place, it would allow him to live there and visit some other countries. He had already had a taste of Europe the summer before when he and a friend backpacked there for two weeks.

I wanted to go back and see more, he said.

So, Benjamin applied for an internship at the well-known human rights and criminal justice law firms in Ireland' capitol city, KOD-Lyons Solicitors and landed an interview at Kansas University. He did well in the interview, and was offered the internship position. The law firm, he said, was named the 2013 Irish Criminal Law Firm of the Year.

While many of the foreign interns have a good experience, they don't actually work. Benjamin said he was fortunate. His supervisor is one of the firm's head partners. She specialized in cases dealing with mental health

litigation and criminal defense. Majoring in psychology at KU, this is a field that Benjamin is very interested in.

He was allowed to go to court with the lawyers every day. While in court, he got to sit up front with the lawyers and take notes over the proceedings. These notes were often used by the lawyers during the trials.

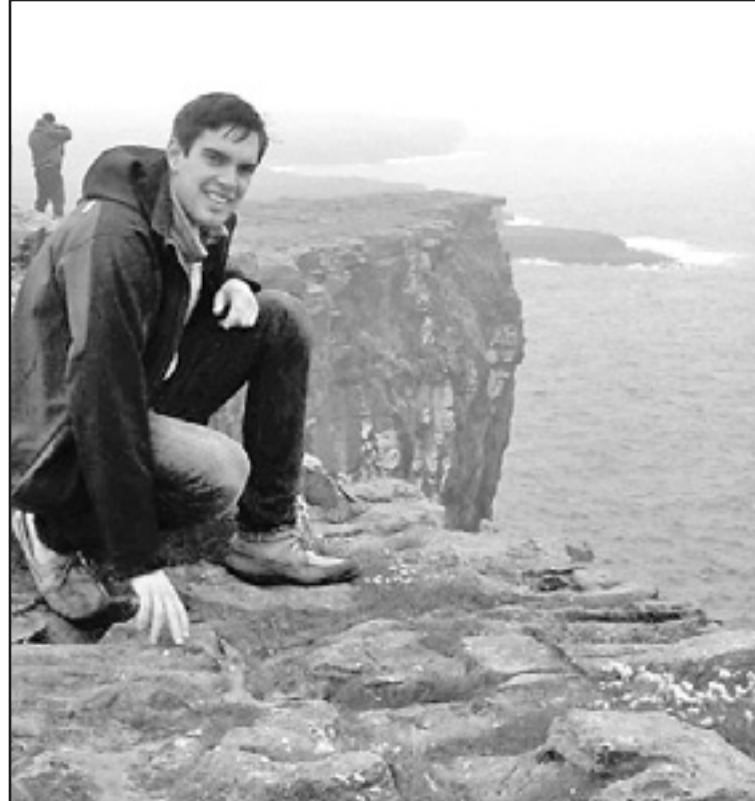
I would even observe client and lawyer consultations, he said, often inside prisons and again, take notes over their conversations.

While in the office, he said, my supervisor had me condense and highlight the main points in multiple Irish acts and laws. She would use this information later on in her preparation for cases.

Benjamin also watched surveillance footage and wrote down what the alleged criminals were doing at any given time in the video.

"My experience at KOD/Lyons Solicitors was more life changing than I had ever anticipated because of the responsibilities they gave me," he said. "I am now considering a career as a lawyer."

"The international experience will serve me very well in the future, broaden my perspective



Benjamin Neitzel enjoys the views off the coast of Ireland while interning abroad.

in many facets of my life and potential law career, and hopefully open doors that I may have never even considered."

When he returns to KU, he plans to graduate with a major in psychology and a minor in business. He is also joining the university's mock trial team. "Working with the team will help me make the decision whether to go into law" he said.

Benjamin said his summer in Dublin was also very life changing

because he had the opportunity to explore the entire country of Ireland and a lot of Europe. He spent time in Iceland, England, Ireland, Spain, Italy and Scotland.

"I would not have had the opportunity to visit these places and explore their cultures if I had not chosen to take an internship, and I am very thankful that I had this opportunity" said Benjamin.

Benjamin is the son of Ron and Roxie Neitzel of St. Francis.

Moments with Mila By Mila Bandel, County Health Nurse

Investigation of an outbreak of Cyclosporiasis in the United States

The Center for Disease Control and Prevention was notified of laboratory-confirmed cases of Cyclospora infection in multiple states where residents had become ill this summer and did not have a history of international travel during the 14 days before the onset of illness. Those states include, as of July 24, 2013; Iowa,

Nebraska, Texas, Wisconsin, Georgia, Connecticut, New Jersey, Minnesota, and Ohio. Illinois and Kansas have also notified the Center of one case each that may have been acquired out of state, but in the United States.

Cyclospora is a parasite composed of one cell, too small to be seen without a microscope.

This parasite causes an intestinal infection called cyclosporiasis. It is spread by people ingesting something - such as food or water - that was contaminated with feces (stool). Cyclospora needs time (days to weeks) after being passed in a bowel movement to become infectious for another person, therefore it is unlikely that Cyclospora is passed directly from one person to another.

People living or traveling in tropical or subtropical regions of the world may be at increased risk for infection because cyclosporiasis is found in some countries in these zones. In the United States, foodborne outbreaks of cyclosporiasis have been linked to various types of imported fresh produce.

The time between becoming infected and becoming sick is usually about 1 week. Cyclospora infects the small intestine (bowel) and usually causes watery diarrhea, with frequent, sometimes explosive, bowel movements. Other common symptoms include loss of appetite, weight loss,

stomach cramps/pain, bloating, increased gas, nausea, and fatigue. Vomiting, body aches, headache, fever, and other flu-like symptoms may be noted.

Some people who are infected with Cyclospora do not have any symptoms. If not treated, the illness may last from a few days to a month or longer. Symptoms may seem to go away and then return one or more times. It's also common to feel very tired. See your health care provider for treatment.

Your health care provider will ask you to submit stool specimens to see if you are infected. You might be asked to submit more than one specimen from different days. Identification of this parasite in stool requires special laboratory tests that are not routinely done. In addition, your health care provider might have your stool checked for other organisms that can cause similar symptoms.

For more information on Cyclosporiasis contact the Cheyenne County Health Department at 785-332-2381.

Honor Roll

New and renewed Times Bird City; Marilyn Taylor, subscriptions: Mike Mapel, Lubbock, Texas; Zina Taylor, Butler, Okla.; Richard Brubaker, Larned; Diane Jordan, Abilene; Bird City; David Hendricks, Art Wilkins, Stockton.

U.S. 36 treasure hunt date set in September

Bargain shoppers can mark their calendars for the eighth U.S. 36 Treasure Hunt, set for the weekend of Friday to Sunday, Sept. 20 to 22.

Coordinator Linda Elfers said the treasure hunt is a string of garage sales that runs from St. Francis to Elwood along the highway 36 across northern Kansas, nearly 400 miles.

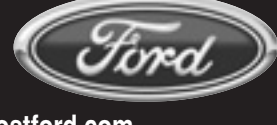
"There will be 392 miles of garage sales to shop from," she said, "covering 13 counties."

Last year, Linda said, the hunt brought many people to town.

"Shoppers start to come into town by Wednesday," she said. "Some shoppers would start at one end of the (Kansas) map, and finish at the other end by the last day."

Registration forms for anyone who wants to have a garage sale listed on the Cheyenne County map, she said, are available at the county extension office






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Household Hazardous Waste Roundup!

Do You Have Any Unwanted Products Stored at Home!

MARK YOUR CALENDARS!

Cheyenne County will hold a Household Hazardous Waste Collection Day on **Saturday, Aug. 24, from 1:00 p.m. to 3:00 p.m.** at the Cheyenne County Landfill.

Materials accepted include paints, solvents, cleaners, pesticides, aerosol cans, batteries and used oil. Automobile lead acid batteries will be accepted. Please have the materials in sturdy boxes for easy and quick unloading. Have your used oil in disposable containers. Farm chemicals, appliances, tires, yard waste, explosives, school lab chemicals, medical waste, radioactive waste, ammo, compressed gas cylinders (propane), asbestos, dioxins or silvex will not be accepted. Program organizers reserve the right to reject delivery of materials.

Participants are asked to leave all materials in their original containers. If the container is leaking, pack the container "as is" in another larger container and label it clearly. If another container is used, be sure it is clearly labeled. Do not mix contents of different containers. Securely package materials before transporting. Do not carry open containers of liquids with strong odors or spill potential in a closed automobile. Pack the containers so they won't tip, break or spill during travel. Waste oil should not contain gasoline, solvents, degreasers, paint or antifreeze. Keep all household hazardous waste away from children and animals.

Due to KDHE regulations these are items that can't be picked up during the City-Wide Cleanup later in the month. You do not need to call prior to bringing items to the Landfill. If you have questions, please call the Landfill at 785-332-8842, Tuesday through Saturday.

No Household Hazardous Waste items accepted early or after the clean up date.

Paints

Solvents

Cleaners

Pesticides

Aerosol Cans

Batteries

Used Oil

New Idalia school opens next week

By Karen Krien karen.k@nwkansas.com

Idalia students will walk through new school doors into a new school when classes start on Aug. 22. The school was a project which started back in March of 2011.

The old school had some problems including faulty or missing life-safety and security systems; it lacked fresh air and mechanical ventilation, and had poor indoor air quality; and last of all, there were structural issues.

There were deteriorated roofs, lack of fire-rated corridors, unsafe electrical, and unreliable fire notifications, said Nancy Helling, a member of the school building committee. It lacked security, lacked emergency lighting, and had rust-damaged boilers.

It was time to do something. The district applied for a Building Excellent Schools Today (BEST) grant in March. This grant is a Colorado Department of Education capital construction program and is funded from State School Trust Lands.

By June, 2011, the grant was approved.

"We were ranked eighth out of 46 applications that funding cycle," she said. "We were one of 11 projects that were funded that year."

However, that wasn't the end of the story. The district had to raise matching money in the amount of approximately \$4 million.

An election was held on Nov. 1, 2011.

Idalia voters, Mrs. Helling said, showed their overwhelming support of the school district by passing a bond of \$3.87 million.

"The bond passed with an amazing 87 percent of the vote - a new state record," she said.

With the grant of \$11.1 million,

the Idalia community was able to build a \$15 million facility. The state funded 74 percent and the local taxpayers funded the remaining 26 percent of the project.

The goal of the committee and community was to finish the project in August, 2013 - in time for the start of school. But, they had to move fast.

Demolition of the elementary school, preschool and cafeteria began in June 2012. During the 2012-2013 school year, classes were held in the old high school and in portable classrooms. The new restaurant was finished and served as a temporary cafeteria.

Construction began in the summer of 2012 and continued throughout the 2012-2013 school year. The high school was demolished in June 2013.

The school had two gymnasiums. The old gym was built in 1948 and it was demolished. The new gym, built in 1995, was kept and remodeled. It now has a geothermal heating and cooling system, new bathroom fixtures, repaired, refinished and re-stripped floors, fire suppression system, space divider curtains, repainted bleachers, new exterior doors, new lights and interior walk-off mats. It is now like a new gym.

Mrs. Helling said the project went smoothly, thanks to the team from Wold Architects and Engineers, A and P Construction, and Inline Management.

When the doors open and the first bells ring, there will be 180 students, pre-kindergarten through 12th grades. Tim Krause is the superintendent.

An open house and dedication of the new school will be held Tuesday, August 20. Tours of the building follow the dedication.

South of McDonald

By Sandy Binning

Tom and Kelly Dewey and children accompanied Craig and Barb Morton Saturday evening to the Oberlin Fair.

Linda Dewey was a weekend guest of her parents, Ote and Ellen Dewey. Tom and Kelly Dewey and children joined them for Saturday lunch.

Meranda Binning, Devon and Trinity were weekend guests at the Binning Ranch.

George and Kathy Banister attended the Stephanie Hubbard - Derek Resenbeck wedding in Manhattan Saturday afternoon. Debbie Banister and Won Kim also joined them there.

George and Kathy Banister were Saturday overnight guests of Stacie and Lonnie Martin in Topeka. They took Stacy and Debbie Banister out for Sunday dinner before returning home.

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PSA is an extra \$10

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