

New mayor formally sworn in during council meeting

During the Monday, May 6, Bird City Council meeting, mayor, Troy Burr, began the meeting by taking care of the approval of the April meeting minutes and warrants. He then opened the floor to Helen Dobbs, Cheyenne County Development Corporation. She gave a report on the activity towards developing Bird City activities, and asked the council to elect a student who will be a senior next year to serve on their board as a representative of Cheylin High School.

Under Mr. Burr's direction three building permits were approved for Adam Deeds, request to construct a new addition to his house; Sherry Carmichael, replace and repair sidewalk at her residence on Fourth Street; and St. John Lutheran Church, erecting a shed.

Two items of unfinished business were covered: the signs for the recycling bins which Brad Schneider, city

superintendent, said, they have been made by Dennis Wright and the school is in the process of laminating them. The city has been looking for a water leak at the thresher grounds causing a loss to the city. The leak has not been located in the area where the water could be lost so the decision was made to write it off as a loss.

Mayor Burr thanked the council for all their cooperation and help during his time of serving as mayor. He said he has enjoyed serving in the position, and as all things do, it had its good things along with the bad. All and all it has been a rewarding experience for him to serve the city of Bird City in this capacity.

He then introduced Cheyenne County Clerk, Terry Miller, who swore in the new mayor, Hal Sager, and city council members, Ned Smith and Wade Carmichael.

Mayor Sager began the meet-

ing by announcing the following appointments: Charles Carroll as municipal judge; Loren White as fire chief; Ailysa Blair as city clerk; Dana Wright as city treasurer; Brad Schneider as superintendent; and Kevin Berens as city attorney. The board elected Wade Carmichael as president of the council.

Committee appointments made by the mayor to oversee areas of the city were: Ned Smith for equipment; Wade Carmichael for personnel; Shannon Ambrosier and Mr. Carmichael for parks and recreation; Frank Serrano for utilities; and Dennis Wright on streets.

The rest of the meeting was devoted to a full agenda of business that will be covered in next weeks paper with the exception of the hours of business for city hall, which will change to 8 a.m. to 4 p.m. at the request of Mrs. Blair, city clerk.



AFTER 30 YEARS — Anita and Martin Burton enjoys some cake with their grandson Tyler and Anita's retirement reception.
Times staff photo by Norma Martinez



THIS LITTLE FAWN was trying to warm up under a tree in Dave and Deb Flemming's backyard.

Graduates receive scholarships

All Cheylin graduates received awards and scholarships which were announced during the graduation ceremony on Saturday.

Stephanie Busse - Oklahoma University, Edgar and Mabel Robertson Memorial Scholarship, \$750; St. Francis Equity Scholarship, \$1,000; Garnette and Ethlyne Green Scholarship, \$2,000; KU Honors Scholar, nominated for Topeka Capital Academic Athlete.

Heath Churchwell-Colby Community College, Business; Prosecutor's Charitable Trust Scholarship, \$250; Lynnette Dapron Memorial Scholarship, \$500; Marguerite Magley Scholarship, \$750; Edgar and Mabel Robertson Memorial Scholarship, \$1,500.

Austin Cobb-Northwest Kansas Technical College in Goodland, Architectural Drafting; Gaylord Wright Memorial Scholarship, \$150; Kevin Wright Memorial Scholarship \$350; Edgar and Mabel Robertson Memorial Scholarship, \$500.

Joshua Keltz-Colby Community College; Farm and Ranch Management; Edgar and Mabel Robertson Memorial Scholarship, \$1,500; Owen and Phyllis Wingfield Scholarship, \$4,000.

Adam Orten-Fort Hays University; Agriculture Business, McDonald Lions Club \$100; Bird City Auxiliary Scholarship; \$300; Garnette and Ethlyne Greene Scholarship, \$1,000; Edgar and Mabel Robertson Memorial Scholarship, \$1,000.

Ruben Razo-Colby Community College; Feedlot Management; McDonald Lions Club \$200; Lynnette Dapron Memorial Scholarship, \$500; Edgar and Mabel Robertson Memorial Scholarship, \$500.

Kenan Reeh-Kansas State University; Agriculture Economics, McDonald Lions Club, \$100; McDonald Alumni Scholarship, \$150; St. Francis Knights of Columbus Scholarship, \$250; James Hickert Memorial Scholarship, \$250; Cheyenne County Wildlife Scholarship, \$500; Frontier AG Scholarship, \$1,000; Garnette and Ethlyne Greene Scholarship; \$1,000, Edgar and Mabel Robertson Memorial Scholarship, \$2,000; Dale Dennis Excellence in Education Award; KU Honors Scholar.

Cassie Rucker-Colby Community College, Business Manage-

ment; McDonald Alumni Scholarship, \$150; McDonald Lions Club, \$200; Robert Sweazy Memorial Scholarship, \$200; Dee Elijah Memorial Scholarship, \$250; Edgar and Mabel Robertson Memorial Scholarship, \$500; Immanuel United Methodist Church Scholarship, \$2,000.

Nakita Schneider-Colby Community College; Business Management, McDonald Alumni Scholarship, \$150; McDonald Lions Club \$200; Lynnette Dapron Memorial Scholarship, \$500; Edgar and Mabel Robertson Memorial Scholarship, \$1,500; Phyllis

and Owen Wingfield Scholarship, \$4,000; KSHSAA Citizenship Award. Grant Shrader-Motorcycle Mechanics Institute in Phoenix; Motorcycle Mechanics, Cheyenne County Cruisers Scholarship, \$250; Edgar and Mabel Robertson Memorial Scholarship \$750; Immanuel United Methodist Church Scholarship, \$1,500.

Jessie Smith-Barton County Community College; Robert Sweazy Memorial Scholarship, \$200; Dee Elijah Memorial Scholarship, \$250; Prosecutor's Charitable Trust Scholarship, \$250; Ed-

Moments with Mila

Protecting your skin from the sun

By Mila Bandel, RN
County Health Nurse

The month of May is reaching the end of school days for most students and the fun in the sun begins for families. The best way to prevent skin cancer is to protect your skin from the sun.

Protecting your skin from the sun today may help prevent skin cancer later in life. Most skin cancers appear after age 50, but skin damage from the sun can start during childhood. Here are some helpful tips to protect your skin from the sun.

Stay in the shade between 10 a.m. and 4 p.m., the sun's rays are the strongest from mid-morning to late afternoon. Try to stay out of the sun during these hours.

Use sunscreen with at least SPF of 15 or higher. Use the sunscreen with both UVA and UVB protection this will help get the most protection for your skin. Wear sunscreen even on cloudy days. UV rays can still harm your skin through the clouds.

Plan ahead - put sunscreen on 30 minutes before you go outside. Be sure to use enough sunscreen (a handful). Don't forget to apply

it to your lips, ears, hands, feet and back of the neck. If you wear very light clothing, put sunscreen under your clothes. Apply more sunscreen every few hours and after you swim or sweat.

Cover up with long sleeves, a hat, and sunglasses; the skin around your eyes is very sensitive. Wear wrap-around sunglasses to help protect your eyes and your skin from sun damage.

Check your skin once every month. Pick a day and mark it on your calendar so you don't forget.

The best place to do a skin self-exam is in a well-lit room in front of a mirror. The best time is right after a shower or bath. Examine your skin from head to toe. Use a hand mirror to check hard-to-see areas like your back.

Make an appointment with your medical provider if you have any questions or concerns regarding your skin or find any changes on your skin that worry you.

Protecting your skin will also help prevent wrinkles, blotches or spots on your skin and other damage caused by the sun. Take simple steps in protecting your skin - it's not too late.

Why BECOME A CERTIFIED NURSE Aide?

1. You can start working at a job in St. Francis that pays \$11/hr.
2. You get the satisfaction of helping others
3. You get to work in a clean, quiet, air conditioned work environment
4. You can work a flexible work schedule
5. You can use your CNA experience as a stepping-stone for a career in the health sciences

How CAN I BECOME A CERTIFIED NURSE Aide?

CNAs must complete a CNA training course and pass the State of Kansas certification exam. The 90-hour course consists of 45 hours of online training and testing, and 45 hours of clinical training at the Village. The certification exam can be scheduled at Colby Community College at the end of the coursework.

St. Francis Good Samaritan Village will be offering a CNA training course in the month of June IF there are at least 6 persons interested to work at the Village afterwards.



In addition, if you are willing to study and then work at the Village, the Good Samaritan Society will cover the cost of your CNA training. In other words, the Society will pay the \$475 fee for you. You can do your training the month of June.

How CAN I GET STARTED?

Call Janet Siegfried, DNS, at 785-332-2531. Or stop by the Village to visit with Janet.

Club Clips

McDonald Senior Citizens

An early visitor of McDonald Senior Citizens May 6 was a young man from Wales touring the United States on a bicycle. He was invited in for coffee. He had toured South America, arriving here from Mexico on his way to Alaska. His traveling experience was very interesting. He was raising funds for Hospice care at a children's home. Joan Tongish welcomed 28

guests to the meeting.

Birthdays and anniversaries were acknowledged.

Owen Wingfield read an interesting letter from Joan Harper, a former resident of McDonald. Owen gave thanks for the meal. Kathy Loop had brought residents from the St. Francis Good Samaritan Village to share the day and everyone enjoyed the good meal.

Bingo was played with Pam Christian the prize winner.

A short business meeting was held. President Joan thanked everyone for their help, and appointed committees for the June 3 meeting.

Poem and Prayer - Emma Threlkel; Bingo - Tom Carrow; Prizes - Marlene Johnson; Kitchel - Annie Antholz, Jan Antholz, and Marlene Johnson.

Local man reappointed to board

Kansas Attorney General Derek Schmidt announced the re-appointment of Les Lacy of St. Francis to the Sunflower Foundation Board of Trustees.

Mr. Lacy has a lifetime of experience in rural health care. He currently serves as vice president of Regional Operations for Great Plains Health Alliance. He worked his way up in the health care field, beginning as an emergency medical technician and eventually serving as a hospital administrator. He is also a trust-

ee for the Kansas Hospital Association. He and his wife live in St. Francis.

Mr. Lacy was first appointed to the Sunflower Foundation Board of Trustees in 2010. Schmidt has reappointed him to a second three-year term, which will expire in June 2016.

The Sunflower Foundation was formed in 2000 as part of a settlement between Blue Cross and Blue Shield of Kansas, the Kansas attorney general and the Kansas insurance commissioner.

The foundation supports work to improve the health of Kansans through grant programs, awards and related activities. The nine-member Board of Trustees governs the foundation's work and oversees the long-term goals of the foundation. Eight of the members are appointed by the attorney general, and one member is appointed by Blue Cross and Blue Shield of Kansas.

CRP Informational Meeting

The USDA has announced a new signup period for the Conservation Reserve Program (CRP) from May 20th to June 14th, 2013.

A public meeting is being held in this area to help explain the CRP and its options for landowners. Please plan to attend to learn more about the new options available in the program and have your questions answered. You can also learn more and signup by scheduling an appointment with your local Pheasants Forever Biologist or USDA service center during the signup period. Contact PF Biologist Alex Heeger (785-230-4262) for more details

Wednesday May 22nd

USDA Service Center, St. Francis

9am-4pm



A series of 45 public meetings are being held across the state about the program. Log on to www.kansaspfqf.com to learn about other meetings and their locations in the state.

Meet & Greet Wedding Shower

Tyler & Aryn (Sturgeon) Comer

Thursday, May 23

7 - 10 p.m.

Come & Go

Bird City Senior Center
Bird City

Help Wanted

Part-time PRN nursing position for RN or LPN at Good Samaritan - Atwood. Competitive wages and benefits. Day and evening shifts. Apply on-line at www.good-sam.com, or contact Shari Horinek or Pam Thomas at 650 Lake Road, Atwood, Ks. 67730. 785-626-9015 EEO



650 Lake Drive, Atwood, Ks. 67730
Atwood Good Samaritan Village is an EEO/
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