

Casey's Comments

By Casey McCormick

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Drat those Denver Donkeys!
It's sad to see the Broncos season end, but being a sports fan means taking the good with the bad and looking forward to next year. Also, in every situation in life there are positives to see.
What took much of the sting away was observing how Payton Manning handled the loss.
In the "me" world we live in most explain failures with what those around them did wrong. It could be anything from blaming the coaches play calling, to a

team-mate's mistake to the bad weather. So how did the leader of the squad react in the post game press interview?
I don't even know if he said much at all because after getting cleaned up and changing into a suit, Mr. Manning took his family to the Baltimore Raven's locker room to congratulate Ray Lewis on the win and an impressive football career.
Now that's what I call class.
And as for next year, I'm sure glad Payton Manning will be leading the Broncos again.

Obituary

Everett Ross Eggers

May 16, 1938 - Dec. 8, 2012

Everett Ross Eggers was born on May 16, 1938, to Jacob and Ada Eggers in St. Francis, Kan. He died on Dec. 8, 2012, in Tucson, Ariz.

Everett enjoyed growing up on the family farm and ranch and being a life-long farmer and rancher. He attended Center School 2 miles south of the farmhouse for grades first through third, riding his horse to and from school. When the school buses started coming further out from town, he attended Bird City School, graduating in 1956.

Everett was proud of being in the National Guard Reserves for seven years and serving his country.

His had a life-long passion for cars, beginning from the time he started driving and was extremely proud of all the cars he owned. He enjoyed traveling and watching movies, college basketball, pro-

fessional baseball and car racing.
Everett married Kathleen Walz in 1963 and had two children, Trista and Sean. After Kathleen's death, he married Cindy Jones, whom he later divorced. He then married Kathy Willt. After her death, he married Ruby Downing, whom he cared for until her death.

In his later years, Everett enjoyed going to car shows and winning awards for his Corvette.

Everett was preceded in death by his parents, wife, Kathleen Walz, son, Sean, wife, Kathy Willt, and wife Ruby Downing. He is survived by his daughter, Trista Eggers, sister, Ilene O'Leary, niece and husband, Sondra and Mike Finley, and a host of extended family and friends.

Everett was cremated and a memorial service will be held at a later date.

School Menu

Jan. 21 - Jan. 24

Monday

Breakfast: Egg taco with salsa, yogurt, fruit juice, cereal and milk.

Lunch: Turkey and cheese sub-sandwich, curly fries, California blend vegetables, apple and orange wedges, romaine and tomato salad, pineapple chunks, pears and milk.

Tuesday

Breakfast: Waffles with syrup, sausage links, mandarin oranges, toast and milk.

Lunch: Country beef patty with gravy, mashed potatoes, steamed broccoli, oatmeal-wheat roll with jelly, garden spinach salad, mandarin oranges, tropical fruit and milk.

Wednesday

Breakfast: Breakfast pizza, one-half banana, fruit juice, cereal and milk.

Lunch: Taco soup, corn chips with salsa, baby carrots, gelatin

made with fruit juice, romaine and tomato salad, peaches, applesauce and milk.

Thursday

Breakfast: Breakfast sundaes, string cheese, pineapple chunks, toast and milk.

Lunch: Corn dog, chips with nacho cheese, seasoned peas, snicker doodle cookie, garden spinach salad, fruit cocktail, peaches and milk.

Symptoms of Illness

Symptoms of foodborne illness vary, but usually include one or more of the following: diarrhea, abdominal cramps, vomiting, headache or fatigue. There also can be mild fever, sweating, chills, muscle pain, dizziness, and vision problems. Symptoms may occur as little as two hours after eating or as long as 48-72 hours after eating the contaminated food.

Although some people may have no symptoms after eating contaminated food, others may become very ill. The effect depends on the type of bacteria or toxin, how extensively the food was contaminated, how much food was eaten, and how susceptible the person is

Open house

Laurie Leonard will hold an open house celebrating 20 years of tax, accounting, financial accounting and 17 years of crop insurance sales and service from 9 a.m. to 4 p.m. on Saturday, Jan. 19, at the office at 204 N. Bird in Bird City.

Tornado siren test

The tornado sirens in both St. Francis and Bird City will be tested sometime on Thursday.

Home Circle Club

Let's try again! Weather permitting, the Home Circle Club will have their Christmas pot-luck/gift exchange on Thursday, Jan. 17. It will be held at noon with Avis Hazuka as hostess.

Spaghetti Benefit

The annual Spaghetti Luncheon Benefit for Cheyenne County Kansans for Life will be hosted by the Wesleyan Community Church in Bird City from 11:30 a.m. to 1:30 p.m. on Sunday, Jan. 20. A free-will offering will be received. Funds raised will be used for life causes in Cheyenne County and other parts of the nation. All are urged to come.

Bingo

Bingo, sponsored by the American Legion Auxiliary, will be held at 7 p.m. on Saturday, Jan. 19, at the Bird City Senior Center. Without a good turnout on Saturday night, Bingo will be discontinued until the fall.

McDonald Post Office meeting

A public meeting concerning the future of the McDonald Post Office will be held at 5:30 p.m. Tuesday, Feb. 12, at the McDonald Senior Citizens building. The number of people attending and the surveys returned will

show how interested people are in keeping the post office.

Trap shoot

A five-stand trap shoot will be held from 3 to 5 p.m. on Saturday at the gun club south of St. Francis.

Wildlife banquet

The Cheyenne County Wildlife banquet will be held Saturday, April 6, at the Bird City Legion hall. Doors will open at 6 p.m. The price of the ticket includes membership dues. There will be no tickets sold at the door. Check with a Wildlife member for more information.

Cheyenne County Historical Society meeting

The annual meeting of the Cheyenne County Historical Society will be held at 7 p.m. on Monday, Jan. 21, at the Senior Center in St. Francis. The business meeting will be followed by a presentation by Dan Busse, "What and Who Were Here When the Pioneers Arrived." Dan welcomes you to bring items of interest, artifacts and questions. Coffee, cookies and conversation will end the event.

People are urged to become a "Friend of the Museum" with a donation of \$25 or more. The donation is vital to the maintenance and upkeep of the museum and is tax deductible.

Junior hoops

Sign up for Cheylin Recreation Commission Junior Hoops 2013. Dates are Saturday and Sunday, Jan. 19 and 20; Jan. 26 and 27 and Feb. 2 and 3. Ages include 5 through the fifth grade. Call Tina at 734-7141 and leave message.

No visitors at hospital

Due to high volumes of sickness, the hospital is not accept-

ing any visitors in hopes this will help control the spread of the flu.

Commissioners

The Cheyenne County Commissioners will meet at 8 a.m. on Thursday, Jan. 31, in the commissioners' room in the courthouse.

Information needed

To better serve the cattlemen of Cheyenne County, the sheriff's office is requesting land-owners and stockmen provide locations, brands, descriptions and a contact phone number pertaining to livestock in pastures, grazed stock residue and CRP within the county. The officers will compile the contact numbers and locations, giving a copy to the county communications dispatch office to be used when stray livestock are found on the roads. The contact numbers are for officers' use only and will not be provided to the general public. Call the sheriff's office at 785-332-8880.

Yearbook photos

The Cougar yearbook staff at Cheylin welcomes the public to share any photos taken at school or community events that might be usable in the yearbook this school year...a limited staff will make covering all events difficult. Sports, clubs and organizations, assemblies, banquets, class activities including

Grief Support Group

The Grief Support Group will continue to meet every second and fourth Mondays at 2 p.m. Meeting place is the Immanuel United Methodist Church, 116 E. Fourth, Bird City. For more information, call 785-734-2739.

The group is a confidential support to all who have experienced the loss of a loved one in a safe place of mutual help and comfort.

Emergency number

The new phone number for Cheyenne County Communications Center (Dispatch) for non-emergency calls: 785-332-8823, Dial 9-1-1 for an emergency.

Narcotics Anonymous

Narcotics Anonymous meetings are held at 104 W Webster/Methodist Education Building on Thursday nights at 7:30 p.m. Contact (785) 342-0028.

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

Positions available for school and city

There are seats on the school board and city council up for election in April.

In St. Francis, there are three council members, Carla Lampe, Paula Keller and Bruce Swihart whose terms are up. On the board of education, the positions of Kelly Gienger, Ed Marin and Derrick Tice are up for election.

In Bird City, the mayor, Troy Burr, is up for election as well as council members, Wade Carmichael and Hal Sager. On the board of education, Hal Antholz, Janice Busse, George Louderbaugh and Anita Pochop are up for election. Anyone interested in running

for any of the positions needs to file by noon on Tuesday, Jan. 22, in the county clerk's office at the courthouse in St. Francis.

If there are more than two people running for any one school board position, there will be a need for a primary election which will be held on Tuesday, Feb. 28.

The city council elections are different as the people with the most votes fill the positions.

As of Monday, Deb Lindsten, deputy clerk, reported only Mrs. Lampe and Mrs. Keller had filed for positions on the St. Francis City Council.

Reduce risk of stroke with screening Jan. 30

Residents living in and around the Bird City community can be screened to reduce their risk of having a stroke or bone fracture.

American Legion will host Life Line Screening on Jan. 30. The site is located at 305 Cave Avenue in Bird City.

Four key points every person needs to know:

- Stroke is the third leading cause of death and a leading cause

of permanent disability.

- Eighty percent of stroke victims had no apparent warning signs prior to their stroke.

- Preventive ultrasound screenings can help avoid a stroke.

- Screenings are fast, noninvasive, painless, affordable and convenient.

Screenings identify potential cardiovascular conditions such as blocked arteries and irregular heart rhythm, abdominal aortic aneurysms, and hardening of the arteries in the legs, which is a strong predictor of heart disease. A bone density screening to assess osteoporosis risk is also offered and is appropriate for both men and women.

There is a cost involved - fliers were inserted in The Herald and Times on Jan. 3 and Jan. 17. All five screenings take 60-90 minutes to complete.

For more information regarding the screenings or to schedule an appointment, call 1-877-237-1287 or visit our website at www.lifelinescreening.com. Pre-registration is required.

In Loving Memory of

Ruth I. Elliott

Oct. 26, 1918 to Feb. 3, 2003



With Love,
Kathy, Kay, Lori, and Families



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For more information contact: **Tim Burr**
at 785-332-3162

CAN'T GET TO THE BIG CITY FOR FASHION?? WE ARE BRINGING THE FASHION TO YOU!

Teresa (Dankenbring) Lipsey, owner of Ajna Reese Boutique in Denver, will be setting up for you to shop at 410 S. Quincy Street in St. Francis on Jan. 21st & 22nd!
Jackets - Tops - Jeans - Dresses - Jewelry - Skirts - Hats - Scarves - Boots - Sweaters

HOURS WILL BE 10-7 PM BOTH DAYS!!

We will be providing light snacks and drinks while you shop!
Prices start at just \$15.00! There will also be clearance items!

SHOWTIME: 7:30 p.m. 2 hr. 30 min.
Lincoln
Jan. 18, 19 & 20 *Adaptation, Drama, Biopic*
Daniel Day-Lewis, Sally Field, PG-13 (for an intense scene of war violence, images of carnage)
Tommy Lee Jones
CHEYENNE THEATER St. Francis, KS 785-332-2747
Children 12 & Under: \$4 All Others: \$6
3D Movies: Children 12 & Under \$5 All Others: \$7

PARTS COUNTER SALES REPRESENTATIVE
Responsibilities are to perform a variety of customer service duties related to the sale, delivery and inventory of agricultural equipment and irrigation parts and accessories. Qualified candidates must have excellent customer service skills and good communication and problem-solving skills. Computer knowledge and good interpersonal skills are important. Interested individuals may send a cover letter and resume to the Location Manager, American Implement, Inc., 685 Kansas Avenue, Wheeler, KS, 67756 or call (785) 332-2124 or (800) 832-2124.

CHEYENNE COUNTY HOSPITAL 210 W. 1st • St. Francis, KS 785-332-2104
Cheyenne County Hospital, Clinic & Health Department would like to remind you that Flu Shots are still available.
785-332-2381 - County Health
785-332-2682 - Clinic

Influenza (the flu) is a contagious respiratory illness caused by influenza viruses. The best way to prevent the flu is by getting vaccinated each year.
**Good health habits include:
covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like the flu.**