

Commissioners discuss village

By Karen Krien

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The Cheyenne County Commissioners, at the Thursday meeting, once again talked about where they stand on taking over the ownership of the Good Samaritan Village.

They decided that they needed to know the answers to two questions before they could continue: 1) will the Good Samaritan Society, owner, give the facility, buildings and land to the county for \$1 even if they decide not to lease the nursing home to the Society? and 2) What is the cost to purchase all the equipment in the nursing home?

Until they know more, they cannot make plans or decisions. If they are handed the facility, they will need to have public

meetings and there will probably need to be a special election.

Road and bridge department report

Dave Flemming, road and bridge department supervisor, had two highway permits for the commissioners to sign. Midwest Energy was asking to bore under a county road and lay lines for electric and gas down the county right-of-way. Mr. Flemming thought that, if they were allowed to lay lines down the right-of-way, they would need a tracer so the crew would know where the lines were and the depth of the lines should be a minimum of 36 inches. The commissioners signed the permits with the two stipulations.

Kevin Ritchey had resigned from his position in the depart-

ment. Mr. Flemming asked for 20 minutes of executive decision to discuss personnel with no decision being made after coming out of the session. The commissioners briefly discussed the need for extra help.

Mosquito control

Justin Lohr, noxious weed supervisor, asked about going to a meeting on mosquito control. He had previous training and this could be used to keep his certificate.

The commissioners questioned the necessity of the training as little is done in the county. They discussed the mosquito control in Bird City but, Ernie Ketzner, commissioner, said the city superintendent said, with the sewer ponds so close to the city, it was practically impossible to control the pests, even with spraying. Mr. Lohr thought there were some chemicals which could work in the ponds.

With county money being tight, they suggested that Mr. Lohr look at other training that might be more beneficial.

In other business

In other business:
• Janelle Bowers, emergency medical service director, needed commissioners' signatures for applications for licenses for the

four ambulances.

• A Homeland Security grant, which will have a consultant update the Cheyenne County Emergency Plan, was signed.

• A card was signed designating Mr. Murray's new vehicle as the official emergency management vehicle. Mr. Murray will be moving the radio and lights from the old vehicle and 911 funds will pay for having them installed on the new pickup.

• Mary Morrow, register of deeds, was approved to attend a spring seminar in Junction City.

• Les Lacy, hospital administrator, explained that the Kansas Rural Health Works is a grant given to two communities in Kansas and Cheyenne County received one of the grants. He said the Community Builders will help facilitate the grant with the goal being to discover the health needs of the county and its residents.

Next meeting

The next meeting of the commissioners will be Monday when they will count the votes from the general election.

The next regular meeting of the commissioners will be held at 8 a.m. on Friday, April 15, in the commissioners' room in the courthouse.



Vicki & Pat Cress

Couple to celebrate wedding anniversary

Pat and Vicki Cress will be celebrating their 40th wedding anniversary at an open house to be held from 2 to 4 p.m. on Sunday,

April 10, at the Ye Old Country Church, near the Cheyenne County Museum in St. Francis.

Club Clip

Ladies Auxiliary Veterans of Foreign War Post 1528

The Ladies Auxiliary of the Veterans Foreign War Post 1528 met on March 21, at 1:30 p.m. at the City Hall in St. Francis. Connie Rooney, Marlys Poulignot, Ruth Moore, Carol Connett, Hattie Terry, Annette Erskin and Wanda Dowdy, as well as a new member, Kary Jo Myer.

Members had the initiation for Kary Jo today and she is now a full-fledged member.

The Auxiliary has received a lot of communications, for the last 2 or 3 months. One of the items was the District Convention on April 3, in Oakley. Connie Rooney and Wanda Dowdy will be attending this convention.

Wanda had copied many of the articles from the Veterans of Foreign War Auxiliary packet for each of the members to add to their notebooks. One of the articles was that February was National Cancer Prevention Month. Most everyone focuses on diet, exercise and quitting smoking as the core ways to prevent cancer, they're forgetting another pillar of prevention, reducing exposure to carcinogens in everyday environments. Hundreds of carcinogenic chemicals have been identified and, unfortunately, they're quite common in our air, water, food and everyday products. Here are some easy ways you can reduce your exposure to them.

• Purge plastics. Reduce exposure to carcinogens in plastics used for storing and serving food. Avoid microwaving food in plastics or putting plastic in the dishwasher, because heat may cause chemicals to leak out. And opt for safer plastics, those marked (usually at the bottom of a container) 1, 2, 4 or 5. The plastics to avoid are those numbered 3, 6 and 7 (unless they are also marked 'BPA-free').

• Eat Healthy. Opt for more organic, whole foods. Ease up on animal fats. And, start reading labels. You are what you eat.

• Manage Pests safely. Instead of using toxic pesticides, prevent pests by keeping a clean home. Prevent weeds by using mulch and maintaining a healthy lawn. If you do have a problem, opt for non-toxic methods before reaching a chemical.

• Detoxify Your Beauty Routine. Personal care products contain a laundry list of suspect chemicals. Reduce how much you use.

• Clean without toxic chemicals. Use gentle Castile soap and

water...these have been shown to keep surfaces as free of bacteria as antibacterial soaps do. In fact, antibacterial soaps and disposable wipes have not proven any more effective than regular soap in preventing infections among average consumers, but raise significant concerns about developing resistant bacteria. Opt for simple kitchen ingredients for basic cleaning, like

vinegar, lemon juice and baking soda...or use natural, non-toxic cleaners.

Another article of interest was the National Home Awareness Week, March 20 to March 26. There was an article in the paper about this last week, from Sam Miller, Post Commander 1528 and Connie Rooney, President of the Ladies Auxiliary Post 1528. Some examples were given of questions the organization's National Home for Children helped with to make a difference for military and veteran families nationwide.

• A mother and her six children came to the National Home to recover from a time of crisis and to work on goals so she could keep her family together and provide for a better future.

• A mother of a 7-month old girl who was living at the National Home in the Military Family Program while her husband served in Iraq was featured in a Mother's Day story for the Lansing State Journal. It told how the mother talked about the father and showed a picture to the girl.

• A Helpline caller was struggling with her son's behavior. She was calling to find out what she could do with her angry, mean and destructive teenager and was at her wits end. One of our Helpline staff talked with her at length - asking questions and listening. They found because of a grandfather's death which was not dealt with the boys was afraid the mother might die also.

The Veterans of Foreign War National Home is very important in dealing with not only these three cases, but many, many more as men and women face growing conflicts in the world today.

The next meeting will be on April 18 at 1:30 p.m. at the St. Francis City Hall. Anyone who is eligible may meet with the group as they plan the activities for Memorial Day, selling poppies and plan a Fund Raiser for the group.

Hospital to sponsor spring health fair

By Karen Krien

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The Cheyenne County Hospital, clinic and health department is sponsoring the spring health fair Monday to Friday. During these days, there will be blood draws, male and female exams

Screenings are offered to catch health problems like diabetes, thyroid, prostate and high blood pressure. Catching them early can reduce the risk for costly complications.

Lab work or chemistry panels are groups of tests that are routinely ordered to determine a person's general health status. They help evaluate the body's electrolyte balance and/or the status of several major body organs.

The lab draws will be offered for three mornings in St. Francis (April 11, 12 and 13) from 7 to 10 a.m. in the basement of the Cheyenne County Clinic in St. Francis and two mornings in Bird City (Tuesday and Wednesday, April 12 and 13) from 7 to 10 a.m. at the Bird City Clinic. No appointments

are needed for the lab draws.

Remember to not eat or drink except water after midnight the night before the lab draw. Those having the lab draws can take their morning prescription medications with water prior to the draws.

There will also be male and female exams available for the health fair on April 13 (afternoon), 14 and 15 (all day), in the St. Francis Clinic. In the Bird City Clinic, exams will be made April 13, 14 and 15 from 9 a.m. to noon.

Appointment for exams are a must and can be made by calling 785-332-2682. The female exams will offer breast and pelvic exams with pap smears; the male exam will include a prostate check. The fees for the labs and exams are at a reduced price and will not be charged for your insurance.

Exhibit booth fair

There will be an educational exhibit booth health fair with health and safety information in the near future. For more information regarding the fair, contact Mrs. Bandel, 332-2381.

National 911 public safety is celebrated

National Public Safety Telecommunications Week is April 10-16.

Each year, the second full week of April is dedicated to the thousands of men and women who serve as public safety telecommunications. The 911 operators work 24/7, 365 days year. They work holidays, birthdays, beautiful days, bad-weather days, every day.

The 911 telecommunications are rarely seen. They are the voices who answer, "911, what is your emergency?" They are there when

you call for help in the middle of the night. They are, in effect, the first responders of Cheyenne County.

Everyone is urged to remember the dedicated professional men and women for their hard work. "Thank You" for all that you do every day!

Cheyenne County's Public Safety Dispatchers are: Tyler Howard, assistant director; Jim Rarick, Sam Beeson, Terry Reiger, Andrea Born, Scott Knebel (alternate), Jon Lanz (alternate), and Jennifer Padgett, director.

Public Notices

Proposal published to construct tower

Published in the Bird City Times, Bird City, Kansas, Thursdays, April 7 and April 14, 2011. (14-15)

Terracon Consultants, Inc. doing business as Horwath Communications is proposing to construct a 199 foot self-support telecommunications tower with associated equipment placed within a 100 foot by 100 foot lease area on grass-covered land located southwest of the intersection of County Road 116 and W 4th Street near Bird City, Cheyenne County, KS (Terracon project # C6117706). Any interested party wishing to submit comments regarding the effect the proposed telecommunications tower may have on any historic property may do so by sending such comments to Terracon Consultants, ATTN: NEPA Dept., 13910 W 96th Terr., Lenexa, KS 66215.

Resolution published banning all open fires

Published in The Saint Francis Herald, St. Francis, Kansas, and Bird City Times, Bird City, Kansas, April 7, 2011

RESOLUTION 11-05

A resolution adopting a ban of open burning in Cheyenne County, Kansas, pursuant to K.S.A. 19-101a and amendments thereto.

Whereas, the Board of County Commissioners of Cheyenne County, Kansas, determined that extremely dry conditions exist in the county, and

Whereas, the Board of County Commissioners of Cheyenne County, Kansas, determined that due to the dryness, the potential for uncontrollable fires exist; and

Whereas, the Board of County Commissioners of Cheyenne County, Kansas want to prevent the destruction of crops, grass, buildings and life,

NOW, THEREFORE, BE IT RESOLVED by the Board of Cheyenne County Commissioners:

Cheyenne County, Kansas hereby bans open burning. Open burning means any outdoor fire, including, but not limited to, burning of trash, burning of fields, pasture, fence rows, any grass land or ditches, campfires, warming fires, charcoal grill fires, except this resolution shall not apply within the city limits of the City of Saint Francis or the City of Bird City. This resolution shall be in effect from the date of execution until such time as it is modified or rescinded by the Board of County Commissioners.

The Board of County Commissioners hereby declare that it shall be unlawful to violate this resolution and that any person found to be guilty of violating this resolution shall be subject to a fine not to be less than \$500.00 or confinement in the county jail not to exceed one month or both.

ADOPTED THIS 4TH DAY OF April, 2011.

CHEYENNE COUNTY, KANSAS BOARD OF COUNTY COMMISSIONERS

Ernie Ketzner, Chairman

Dale Patton, Commissioner

Andy Beikman, Commissioner

ATTEST:

Terry Miller, County Clerk



Invitation for bids for airport runway

Published in The Saint Francis Herald, St. Francis, Kansas, Thursdays, March 31, April 7 and April 14, 2011. (13-15)

INVITATION FOR BIDS

CHEYENNE COUNTY AIRPORT COMMISSION
ST. FRANCIS, KANSAS

CHEYENNE COUNTY MUNICIPAL AIRPORT
PROJECT NO. 3-20-0077-10/11

Sealed bids will be received until 2:00 p.m. local time, on April 19, 2011, at Yost Farm Supply, P.O. Box 1080, East Highway 36, St. Francis, Kansas 67756 and then publicly opened and read aloud, for furnishing all labor, materials and equipment and performing all work necessary to construct and light an extension to Runway 14/32, and construct turnaround. In general, this work will require the following:

6" CONCRETE PAVEMENT WITH AGGREGATE BASE (19,384 SY); GEOTEXTILE FABRIC (20,493 SY) UNCLASSIFIED EXCAVATION (118,231 CY); 10" WATER LINE (1,141 LF); UNDERDRAIN PIPE (4,834 LF) RUNWAY & TAXIWAY LIGHTS (32 EA); PAINTING (27,156 SF); FENCING (9,909 LF); SEEDING (39 AC)

Plans, specifications, and bid documents are on file and may be inspected at: Olsson Associates, 1111 Lincoln Mall, (P.O. Box 84608), Lincoln, Nebraska 68501

Olsson Associates, 701 4th Ave., Ste. 2C, Holdrege, NE 68949
Cheyenne County Municipal Airport, St. Francis, Kansas 67756
Central Nebraska Plan Service, 111 West 6th Street, North Platte, NE 69101
Kansas Construction News, 230 Laura St., Ste. 101, Wichita, KS 67201

A complete set of plans, specifications, contract documents and proposal form may be obtained from Olsson Associates at the above address for a fee of \$55.00 (non-refundable). Bid proposals shall be made only on the forms provided by Olsson. Questions regarding bids shall be directed to Diane Hofer, P.E., consulting engineer at the above address or phone (402) 474-6311.

Contractors bidding shall be pre-qualified by KDOT to construct Portland Cement Concrete or as required by the Instructions to Bidders.

Contractors may inspect the project site by arrangement with Grace Flying Services, Inc., located on the airport, PO Box 827, St. Francis, Kansas, 67756, (785) 332-2251

Each proposal must be accompanied by a bid guaranty in the amount of five (5) percent of the total amount of the bid. The bid guaranty may be a cashier's check, a certified check on a solvent bank or a bid bond made payable to Cheyenne County Airport Commission.

This project is subject to the requirements of the Davis-Bacon Act, as amended. The Contractor is required to comply with the wage and labor requirements and to pay minimum wages in accordance with the schedule of wage rates established by the United States Department of Labor.

This project is subject to the requirements of 49 CFR Part 26 Disadvantaged Business Enterprise Participation. The Airport Sponsor has established a contract goal of 2.7% participation for small business concerns owned and controlled by qualified disadvantaged business enterprises (DBE). The bidder shall make and document good faith efforts, as defined in Appendix A of 49 CFT Part 26, to meet the established goal.

Award of contract is also subject to the following Federal provisions:
Executive Order 11246 and DOL Regulation 41 CFR PART 60 - Affirmative Action to Ensure Equal Employment Opportunity
DOL Regulation 29 CFR Part 5 - Davis Bacon Act
DOT Regulation 49 CFR PART 29 - Governmentwide Debarment and Suspension and Governmentwide Requirements for Drug-free Workplace
DOT Regulation 49 CFR PART 30 - Denial of Public Works Contracts to Suppliers of Goods and Services of Countries that Deny Contracts to Suppliers of Goods and Services of Countries that Deny Procurement Market Access to U.S. Contractors (Foreign Trade Restriction).
TITLE 49 United States Code, CHAPTER 501 - Buy American Preferences

By: Cheyenne County Airport Commission
St. Francis, Kansas

Deadlines !• Deadlines

We know how all of us hate deadlines — But in order for us to do our best and try to keep you happy, please note below The Saint Francis Herald and Bird City Times deadlines.

Articles and Ad are due Monday at 5 p.m. for that week's paper

The Saint Francis Herald
Bird City Times

