

Importance of Radon Testing

Radon is a naturally occurring element produced from radioactive decay in the soil; it's an odorless, colorless and tasteless gas, and cited as the leading cause of lung cancer in non-smokers, and the second leading cause of lung cancer in the general population.

Radon surveys have shown that 6 percent of homes in the U.S. have average concentrations above the recommended maximum level. However, the Kansas survey demonstrated that one in four homes were high, said Bruce Snead, Kansas State University Research and Extension residential energy specialist.

"Anyone can be vulnerable," said Mr. Snead, who explained that the cancer-causing gas, which can seep from the soil beneath the foundation through cracks or joints (in the foundation) into a home, is typically easy to detect and mitigate at a moderate cost.

"Detection is relatively simple," he said. He recommends beginning with a home radon detector, which, in its simplest form, can be purchased from many K-State Research and Extension offices in the state (for

about \$5), at home and hardware stores and on the Internet, usually for \$25 or less.

"Testing is important, because it's the only way to tell how much of the gas is present," said Snead, who explained that, in Kansas, since 1987, 41 percent of the 50,182 test results available had levels above the recommended ceiling of 4.0 pCi/L (Pico Curies per liter of air, is the unit of measurement).

Conduct tests in the home in the lowest lived-in level about 20 to 24 inches above the floor for two to five days. The goal is to measure the potential for elevated concentrations that come from the soil beneath the home's foundation. Testing in a kitchen or bathroom, in which more humid air and ventilation is typically occurring, is not recommended. Following test directions is a must.

If the initial test result is 4 pCi/L or higher, a follow-up test is recommended. Consider fixing your home if the average of the first and second test is 4 pCi/L or

higher. If the initial result is low, further testing would be advised if living patterns change, if you begin occupying a lower level, or a significant change occurs in the foundation, heating/cooling systems or insulation/air sealing features. Hiring a professional contractor to fix your home is recommended.

More information about radon is available via the Kansas Radon Program at K-State Research and Extension offices throughout the state, online at www.kansas-radonprogram.org and by calling 800-693-5343.

Radon programs at Kansas State University are supported by the Kansas Department of Health and Environment and the Environmental Protection Agency, and serve as a state and national resource on radon awareness, testing, and mitigation.

Contact the Cheyenne County Extension office at 332-3171 or cfear@ksu.edu with questions or comments or to pick up a radon testing kit.

Till next week - Marty

Public Notice

Petition filed in court for Bressler Estate

Published in The Saint Francis Herald, St. Francis, Kansas. Thursdays, January 20, January 27 and February 3, 2011. (3-5)

IN THE DISTRICT COURT OF CHEYENNE COUNTY, KANSAS

In the Matter of the Estate of

REX BRESSLER, Deceased

(Petition Pursuant to K.S.A. Chapter 59)

NOTICE OF HEARING

THE STATE OF KANSAS TO ALL PERSONS CONCERNED:

You are hereby notified that a Petition has been filed in this Court by Teresa Hancock f/k/a Teresa Bressler, spouse and one of the heirs of Rex Bressler, deceased, praying:

Descent be determined of the following described real estate situated in Cheyenne County, Kansas:

The Southeast Quarter (SE¼) of Section Thirty-one (31), Township Four (4) South, Range Thirty-eight (38) West of the 6th P.M.; The Southwest Quarter (SW¼) of Section One (1), Township Five (5) South, Range Thirty-eight (38) West of the 6th P.M.; and The Northeast Quarter (NE¼) of Section Three (3), Township Five (5) South, Range Thirty-eight (38) West of the 6th P.M.

and all personal property and other Kansas real estate owned by decedent at the time of death and that such property and all personal property and other Kansas real estate owned by the decedent at the time of death be assigned pursuant to the laws of intestate succession.

You are required to file your written defenses thereto on or before February 15, 2011 at 1:30 p.m. in the city of St. Francis, Cheyenne County, Kansas, at which time and place the cause will be heard. Should you fail therein, judgment and decree will be entered in due course upon the Petition.

Teresa Hancock, Petitioner

JAMES M. MILLIKEN, CHARTERED
101 W. Washington, P.O. Box 627
St. Francis, Kansas 67756
(785) 332-2101
Attorneys for Petitioner

Notice of annual conservation meeting

Published in The Saint Francis Herald, St. Francis, Kansas, and the Bird City Times, Bird City, Kansas, Thursdays, January 20, and January 27, 2011. (3-4)

NOTICE OF ANNUAL MEETING OF THE
CHEYENNE COUNTY CONSERVATION DISTRICT

To all qualified electors residing within the boundaries of the Cheyenne County Conservation District, notice is hereby given that pursuant to K.S.A. 2-1907, as amended, on the 31st day of January, 2011, at 6:30 p.m. an annual meeting of the Cheyenne County Conservation District will be held at the American Legion Hall in Bird City, Kansas.

The meeting agenda shall include the following business items:

ONE:

The supervisors of the Cheyenne County Conservation District shall make full and due report of their activities and financial affairs since the last annual meeting.

TWO:

They shall conduct an election by secret ballot of qualified electors, there present, of two supervisors to serve for a term of three years from date of said meeting.

The term of Spencer Schlepp and Clint Bursch is expiring.

All in the county of Cheyenne in the State of Kansas.

By Randy Rueb

Chairperson
Cheyenne County Conservation District
ATTEST
Jeanne Dunn
Manager/Secretary

Petition filed in court for Sowers estate

Published in The Saint Francis Herald, St. Francis, Kansas, Thursdays, January 13, January 20 and January 27, 2011. (2-4)

IN THE DISTRICT COURT OF CHEYENNE COUNTY, KANSAS
FILED PURSUANT TO CHAPTER 59 OF
THE KANSAS STATUTES ANNOTATED

IN THE MATTER OF THE ESTATE OF
LEWIS CARL SOWERS, Deceased.
Case No. 11-PR-01

NOTICE OF HEARING

THE STATE OF KANSAS TO ALL PERSONS CONCERNED:

You are hereby notified that a petition has been filed in this court by Daniel J Sowers, son and one of the heirs of Lewis Carl Sowers, deceased, requesting:

That descent be determined on the following described real estate situated in Cheyenne County, Kansas, to-wit:

The West Half (W1/2) of Section 29, in Township 4 South, Range 37 West of the 6th P.M. in Cheyenne County, Kansas.

and all personal property and other Kansas real estate owned by the decedent at the time of death be assigned pursuant to the Laws of Intestate Succession.

You are hereby required to file your written defenses thereto on or before the 3rd day of February, 2011, at 10:00 o'clock a.m. on said day in said court in the City of St. Francis, in Cheyenne County, Kansas, at which time and place said cause will be heard. Should you fail therein, judgment and decree will be entered in due course upon said petition.

Daniel J Sowers, Petitioner

VIGNERY & MASON L.L.C.
214 E. 10th P. O. Box 767
Goodland Kansas 67735
Telephone: 785-890-6588

Club Clip

McDonald Area Development

Ray Johnson called the Jan. 12, meeting of the McDonald Area Development to order with nine members present.

Rose Gordon read the December minutes, and they were approved. Lois Morelock gave the financial report. She said that there were 43 contributors for bingo prizes. Eleven were past contributors.

Leonard Vyzourek won the grand prize, which was a Nativity set made by Bill Schaff. Lois also reported that Bridget Pochop had volunteered to take over the bingo from Lois. Jay Gordon was thanked for doing a good job calling bingo.

The Els children had been hired

to do the clean-up and had done an excellent job.

Jan Curtin asked about other things that McDonald Area Development should be doing. It was said that what Legion, Lions, City and McDonald Area Development should do is to get together to talk about a handicapped Accessible Entrance to the Legion building. The sidewalks in McDonald were also mentioned. Rose said the city had tired to do something and had run into problems.

Jan said that McDonald Area Development needs to be thinking about McDonald's 125 anniversary that is coming up.



TEENS for Christ play the 'Doughnut on a String' game.

Belated Christmas party enjoyed

December was so full of activities there was no time for a Christmas party, so the Teens for Christ held a belated one on Jan. 5.

The evening began with a meal the teens chose from pictures. Depending on the picture they chose, their choices of food and drink were enchiladas, sandwiches or spam with pork rinds; carrots, celery or spinach; cookies, brownies or fruitcake; tea, lemonade or prune juice.

The night continued with the teens having to follow a string wound through chairs, ladders,

boxes, crates, tables, chalkboards, etc. to find their present. It didn't take them near as long as it did to create the maze!

Next was a contest of bubble gum blowing and a baseball game using a ping-pong ball and paddle. After the bubble gum game they played "Doughnut on a String" where they had to eat a doughnut without using their hands.

The finale was singing a Christmas carol directed by Jeremiah White.

"Sound like fun? It was!!," said Joan Banister, coordinator.

Welcome

Sukchan Lee, MD

Newest Member of the HaysMed Orthopedic and Sports Medicine Team



HaysMed Orthopedic Institute welcomes Dr. Sukchan Lee, orthopedic surgeon. A native of Seoul, South Korea, Dr. Lee was educated in New Zealand and earned his undergraduate and medical degrees from the University of Auckland School of Medicine, Auckland, New Zealand. He is a Fellow of the Royal Australian College of Surgeons (Orthopaedic Surgery). He completed an internship in surgery and served as orthopaedic registrar at Auckland City Hospital prior to coming to the United States. He has held clinical and research fellowships in orthopedic trauma and arthroplasty in Portland, Maine and Boston, Massachusetts. He is a Harvard Fellow and has published clinical research on spine and pediatric orthopedics.

Dr. Lee joins a specialized orthopedic team unparalleled in knowledge and skill in the diagnosis and treatment of conditions affecting the body's muscles, joints and bones:

- Foot and ankle
- Hand and wrist
- Hip
- Knee
- Pain management and rehabilitation
- Shoulder and elbow
- Spine
- Sports Medicine

For more information about HaysMed's orthopedic services, call 785-261-7599 or ask your primary care physician.



Robert L. Bassett, MD



Alex F. DeCarvalho, MD



Daniel D. Divilbiss, MD



Vivek Sharma, MD



Frederick R. Smith, DO



HAYSMED



2500 Canterbury Drive,
Suite 112 - Hays
785-261-7599
Toll Free 866-428-8221
www.haysortho.com