



Casey's Comments

By Casey McCormick
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 Change is one of those things in life that is inevitable. I've reached a point in my life's journey where a fork in the road will take me to another job.

After so many years with the newspaper this was not an easy decision to make. I have met many interesting and fine folks because of my position with the Bird City Times and Saint Francis Herald. The papers have opened many doors.

Also, the many readers have gotten to know me and my family through this column. We've shared laughs, tears and "head scratchers" with each Thursday's

issues.

I hope that you have enjoyed reading my "Comments." Whether you have agreed or not (and I've usually heard when you haven't) I have had one main goal - that is to take a few minutes to entertain. Ideally, with a variety of topics presented in a not-too-serious manner, that end has been reached from time to time.

I am grateful that my publisher has asked that I keep writing. Luckily, my new work will keep me in Cheyenne County and I can send them with my beloved Lezlie.

It's been my pleasure getting to know you and I look forward to still being in your newspapers!

Bulletin Board

Notice
 Bird City editor, Norma Martinez, will be out of town from Sunday through Friday due to her brother's illness and to also attend her son's bricklaying competition. *The Herald* staff will be covering for her during this time. Those who have anything to go into the Jan. 20 *Times* need to have it to Mrs. Martinez by Saturday, Jan. 15, otherwise, e-mail sf.herald or call 785-332-3162 at the Herald office on Monday.

Home Circle Club
 Hollis DaPrin will be the hostess for this month's Home Circle Club. It will be held at the Manor at 2:00 P.M., Jan. 20.

Cheylin boys basketball

The Cheylin boys basketball team defeated Dighton on Friday night by the score of 62-41. This was a Western Kansas/Liberty League game and moved their league record to 2-0.

Although the team started out slow with only eight points in the first quarter they turned hot and scored 19 in the second, 14 in the third and 21 in the final frame for their total of 62.

Stockholders meeting
 The St. Francis Sale Barn's annual stockholder meeting will be held on Wednesday, Jan. 26, at 1 p.m. in the Bankwest basement, St. Francis. See ad in this issue.

Diabetes Support Group meeting
 There will be a Diabetes Support Group meeting at 1:30 p.m. on Wednesday, Jan. 19, in the Cheyenne County clinic Basement. See ad for topic for the day or for contact number.

General Nutrition and Weight Toning Classes
 The St. Francis Recreational Department and the Cheyenne County clinic and Health

Department will present General Nutrition and Weight Toning Classes with an organizational meeting at 7 p.m. on Monday, Jan. 24, in the high school cafeteria. See ad for additional information and contact numbers.

Kansas Day
 Kansas Day will be observed on Saturday, Jan. 29. This is the 150th birthday celebration for the state right here in Cheyenne County at the Legion Hall in Bird City. Registration begins at 10, with a potluck lunch at noon.

Guest speaker, William D. Keel will present a program titled "The German Heritage of Kansas".

Historical Society
 Jan. 23 is the date for the annual meeting of the Cheyenne County Historical Society. Note, the date was originally Jan. 16. The event will begin at 2 p.m. in the Old Country Church on West Highway 36. The business meeting will be followed by "Kansas History Stumpers," prizes, special presentations and a birthday cake.

Everyone is welcome to

celebrate Kansas 150th birthday with the Historical Society.

Riverside Recreation
 The annual board meeting for Riverside Recreation is being held at 7 p.m. on Wednesday, Jan. 12, at the clubhouse.

Head Start
 Cheyenne County Head Start is accepting applications for the 2011-2012 school year. This is a free preschool program for 3- and 4-year olds of qualifying families residing in Cheyenne County. The classroom is located at 222 E. Webster, St. Francis. To apply or receive additional information, please call the classroom at 332-3110 or Lori Rieger at 332-2418.

Northwest Kansas Family Shelter
 Northwest Kansas Family Shelter provides 24-hour 7-day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

Obituaries

Arlie Gene Archer
 June 30, 1927 - Jan. 7, 2011

Arlie Gene Archer, 83, died Friday, Jan. 7, 2011, at the Rawlins County Hospital in Atwood, Kan. He was preceded in death by his parents, Harry and Esther Archer and brother, Ross Archer.

Arlie was born on June 30, 1927, to Harry and Esther (West) Archer. He was raised on the family farm just over the Cheyenne County line.

Arlie was inducted into the Signal Corp at Fort Logan, Colo., on Jan. 6, 1946, and served until April 26, 1947. He took basic training at Fort McCellan, Aniston, Ala., and special radio training at Vent Hills Farm Station, Arlington, Va. Arlie served in Headquarters and Headquarter Company of the Army Security Agency in Office Personnel, Washington, D.C. He received an honorable discharge on April 26, 1947, with a rank of T-5. He also received the World War II Victory Ribbon.

Arlie married Delores Wendland on June 6, 1954, in Benkelman, Neb. To this union, three children were born: June, Joyce and Alan. In 1979, Arlie and Dee moved from their home in McDonald to the home they built on the family farm.

Arlie was a life-time member of American Legion Chester Phipps Post 229, McDonald (63 years) and a life-time member of both the Masonic Lodge 404 (62 years) and Eastern Star 404 (61 years). He served 13 years on the Area Board of Control for Northwest Kansas Technical College and 33 years on the Northwest Kansas Technical College Endowment Board of Trustees. Currently he was serving the board as president.

Arlie was active in his community by serving on the McDonald Co-op Board, McDonald and Cheylin School boards, being a council member at the Federated Church

in McDonald and council member for the city of McDonald.

Survivors are wife, Delores, of the home, together for 56 1/2 years; son, Alan Archer of McDonald; daughters, June Archer of Los Angeles, Calif., and Joyce (Billy) McDaniel of Valley Center; grandchildren: Megan Cram, Los Angeles, Faith McDaniel, Valley Center and Tristan Archer, McDonald/St. Francis.

Memorials are designated to the Kansas Masonic Cancer Research Institute or Rawlins County Hospital.

A memorial service was held Thursday, Jan. 13, at the United Methodist Church, St. Francis, with Rev. Morita Truman and Pastor Mark Adams officiating.

Honorary escorts were Royce Kehlbeck, Rod Young, Dave Hubbard, Dan Hubbard, Gary Loker, Owen Wingfield and Raymond Johnson.

Richard Thomas Rueb
 Dec. 16, 1949 - Jan. 3, 2011

Longtime Goodland, Kan., resident Richard Thomas Rueb, 61, died Monday, Jan. 3, 2011, at his home in Goodland.

He was born Dec. 16, 1949, in St. Francis, the son of Brenda (Peterson) and Lewis Rueb.

He attended grade school in St. Francis and special education classes from fifth grade through 11th grade in Bird City.

Being a Boy Scout and earning badges were some of his proudest accomplishments. Hobbies that he enjoyed included playing baseball, fishing, reading, playing cards and watching television.

He was very much into antiques and thought of himself as an "antique dealer." He loved his friends and family and was very kind-hearted to everyone.

Preceding him in death was his brother Alan Rueb.

Surviving family includes his father and step-mother, Lewis and Betty Rueb of Kingman;

mother, Brenda Moss of Goodland; sisters, Cindy Schulte of Assaria; Jackie Finley and her husband, Bill of Goodland; nephews, Jason Finley and his wife, Marci of Goodland; Jonathan Finley of Goodland; Dustin Schulte of Seward Neb.; nieces, Diane Pfanstiel, and her husband, Doug of Lincoln, Neb; Lisa Linck and her husband, Kim of Manhattan; Melissa Messino and her husband, Scott of Spearville; step-sister, Sue Gingerich and her husband, Dwane of Hutchinson; and step-brother, Mike Bean.

Mass of Christian Burial was held on Thursday, Jan. 6, at Our Lady of Perpetual Help Catholic Church in Goodland, with Father Norbert Dlabal presiding. Burial

followed in the St. Francis Cemetery in St. Francis.

Vigil and rosary were held Jan. 5, at Koons Chapel in Goodland.

Memorials may be designated to Golden West Skills Center, and may be left at or mailed to Koons Funeral Home, 211 N. Main, Goodland, KS 67735-1555.



Rueb

Moments with Mila By Mila Bandel County Health Nurse

January is Cervical Health Awareness Month

Cervical cancer was once the number one cancer killer of women, but during the past 50 years in the U.S. the number of new cases and deaths has declined 75 percent. This is largely because of the widely available reliable Pap test.

An estimated 4,210 women died from cervical cancer in the U.S. last year. In Kansas women, cervical cancer accounts for approximately 2 percent of all cancer, with an average of 107 new cases diagnosed each year. About 33 Kansas women die of cervical cancer annually.

It is important for women of all races and ethnicities to seek early detection and treatment by having a Pap test done. More African American and Hispanic women get cervical cancer and are diagnosed at later stages of the disease than women of other races or ethnicities. In Kansas, African American women die of cervical cancer at a rate twice that of white women.

Pap smears should be given yearly starting three years after a woman becomes sexually active, or no later than 21 years of age. The tests can be given every two years if a liquid-based kit is used, and the frequency of testing can be reduced to every 2 to 3 years in women aged 30 years and older if they have had three normal tests in a row.

Human Papilloma Virus vaccination is recommended for girls at age 11 or 12 years of age. This is a series of three vaccinations. The vaccine targets strains of (Human Papilloma virus) HPV that cause about 70 percent of cervical cancer cases.

There is an Early Detection Works program that pays for women's breast and cervical cancer screenings if they are between the ages of 40-64 with no health insurance and meet all screening qualifications. For more information on this program contact the Cheyenne County Health Department at 785-332-2381.

The Cheyenne County Health Department and Clinic would like to encourage women to schedule a well-woman checkup in recognition of January being Cervical Health Awareness month. If you are used to having your well-woman exam during the health fair, it is scheduled April 11-15.

The Bird City Times

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Bird City News

Bird City Menu

- January 17-20 Monday**
 Breakfast: Breakfast quesadillas.
 Lunch: Mexican casserole and roll.
- Tuesday**
 Breakfast: Banana wrap.
 Lunch: Beef nuggets, au gratin potatoes with roll.
- Wednesday**
 Breakfast: Scones.
 Lunch: Kindergarten menu: hot dog on a bun, chips, strawberry and bananas, corn and popsicles.
- Thursday**
 Breakfast: Polish sausage supreme,
 Lunch: Pizza burger and dessert

The St. Francis Recreational Department; Cheyenne County Clinic & Health Department present:

General Nutrition & Weight Toning Classes

**Organizational Meeting is scheduled for:
 Monday, January 24, 2010
 7:00 p.m.
 High School Cafeteria
 Instructor: Greg Wolaver - Personal Trainer**

**For more information contact:
 Stacy Kaup at 332-2682 at the Clinic or
 Mila Bandel, RN County Health Nurse at 332-2381**

SHOWTIME: 7:30 p.m. 1 hr. 52 min.

Narnia Voyage

Jan. 14, 15 & 16 PG for some frightening images and sequences of fantasy action.

Georgie Henley, Skandar Keynes, Ben Barnes, Will Poulter, Tilda Swinton Action/Adventure, Fantasy, Adaptation and Sequel

CHEYENNE THEATER St. Francis, KS 785-332-2747

Children 12 & Under: \$3 All Others: \$5

I really didn't realize Till my childhood days had past Just how deep your love was, Or how long that love could last But I did grow, and come to know, In one way or another, The happiness and love and care You gave, Dad and Mother, And when a special day appears, What I most want to do Is to say, in all sincerity, Thank heaven for you two!

Kenneth and Phyllis Wilkinson will be celebrating their 65th wedding anniversary on January 21st, 2011. Their children would like to honor them with a card shower. Congratulations will reach them at:

7102 Road 5
 McDonald, Ks. 67745

CHEYENNE COUNTY HOSPITAL

210 W. 1st • St. Francis, KS 785-332-2104

Diabetes Support Group Meeting

Wednesday, Jan. 19, 2011 1:30 p.m.

Cheyenne County Clinic Basement

Topic: Diabetes & Blood Pressure by the Cheyenne County Health Nurse

For more information contact Mila Bandel, RN - County Health Nurse 785-332-2381

Check your renewal dates

— Current Rates —

The Saint Francis Herald

Area - \$38 KS - \$42
 Out-of-State - \$48

Bird City Times

Area - \$33 KS - \$36
 Out-of-State - \$40

Celebrating Hometown Life
 See American Profile magazine in this week's issue of

The Bird City Times

(available in local area only)

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For more information contact: Casey at 785-332-3162