



MITCHEL JENSEN blocks his opponent at the game against Weskan. Jensen had 1 tackle and scored a two point conversion.
Times staff photo by Linda Schneider

Football team wins at home

The Cougars were on the prowl during last Friday's game against the Weskan Coyotes. Final score was 42 - 0 Cougars.

It was a high scoring game for the varsity football game and they never let up on the touchdowns. In the first quarter

eight points were scored, the second quarter had 20 points; the third quarter eight points and in the final quarter another six points.

In the first quarter, Jared Cahoj scored the first touchdown and a two-point conversion. Cahoj scored three more

touchdowns, two in the second quarter and one in the fourth quarter.

In the second and third quarters, Dalton Magnani scored two touchdowns and had a two-point conversion in the second quarter. Mitchel Jensen scored a two-point conversion in the third quarter.

Individual stats for the offensive were Cahoj with 13 rushes for 201 yards, Magnani had 19 rushes for 95 yards, Caleb Keltz had six rushes for 31 yards, Heath Antholz had seven rushes for nine yards, Kenan Reeh added two rushes for six yards.

In passing and receiving, Keltz completed four of 12 passes for a total of 44 yards, Chris Walden had one catch for 24 yards, Cahoj had two catches for 14 yards, and Jensen one catch for 6 yards.

On defense, Cahoj had 16 tackles, Keltz had 14 and one fumble recovery, Max Hengen had 14 tackles, Antholz had 12, Reeh had 10, Walden had nine tackles, Adrian Garcia and Magnani each added eight tackles, Lance Leonard had seven, Joshua Keltz had three, Hudson Louderbaugh and Heath Churchwell each added two tackles, Grant Shrader and Jensen had one tackle each.

"The kids played well despite the (flu) bug that is going around," said Coach Max Keltz. "We are setting well with two tough games left to determine if we make the playoffs."

Lady Cougars bring home two wins from Colby game

The Lady Cougars brought home two wins from Colby on Oct. 13. The first match against Bethune started out slowly, but the team gained momentum and finished with a strong win.

Bethune

All season, the team has had the goal to hold their opponents to a single-digit score. They accomplished this over the Lady Bobcats. Scores were 25-18, 25-9.

Leading server was Ana Ponce 11. Teryn Carmichael stepped up with a great hitting game.

Other strong swingers were Naomi Reeh, Whitney Churchwell, Forrest Burr, and Stephanie Busse. Busse had four kills, Carmichael and Reeh followed close behind with three.

Heartland Christian

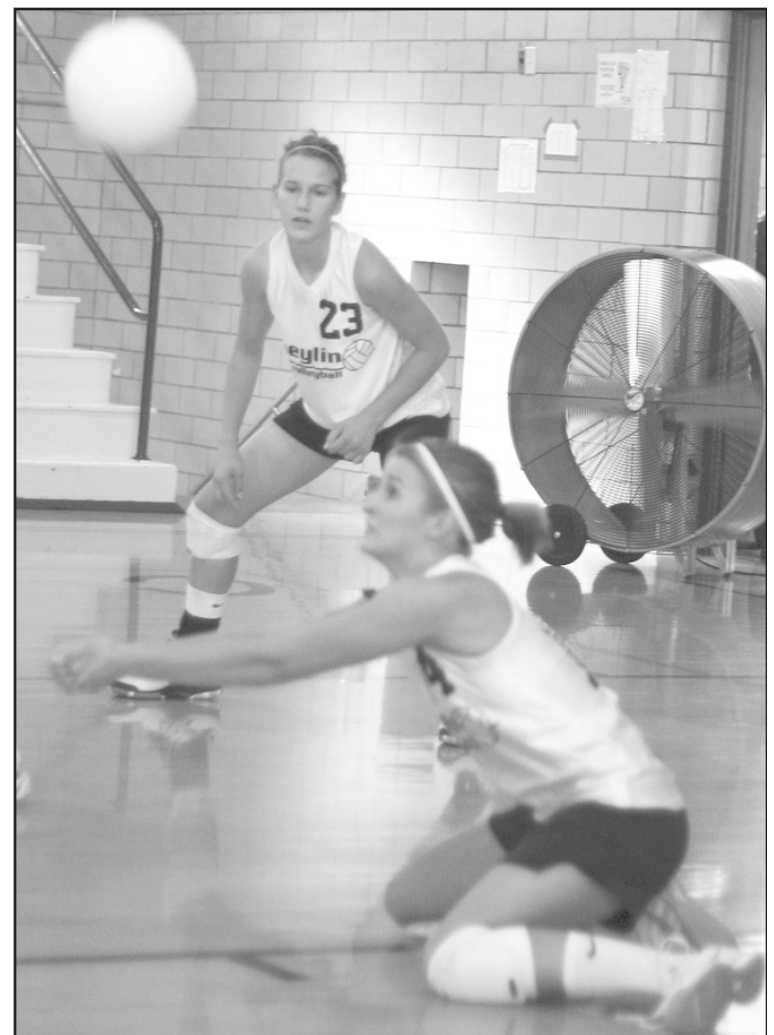
The second match-up was against Heartland Christian. This was the Lady Cougars' third time to encounter the Crusaders.

After a disappointing loss to Heartland at Homecoming, the girls beat them soundly two weeks ago in Brewster 25-10, 25-12. The match in Colby finally set the record straight.

The Cougars pushed through the first set to win 27-25. Missed serves and poor passing lost the second set, 21-25.

The team held the lead the entire third set. The gap lessened toward the end, but the team finished 25-18.

Leading server was Churchwell with 11. Ponce did a great job dig-



GETTING THE SAVE — Teryn Carmichael makes a great play. Also pictured is Stephanie Busse.
Times staff photo by Linda Schneider

ging short balls and tips. Reeh hit 10, and Busse 21 for 25. Reeh and 24 for 32, Carmichael 14 for 15, Busse led the kills with six and Churchwell 16 for 19, Burr 9 for five.

Junior high travels to play Brewster/Triplains

On Oct. 8, the Cheylin junior high tackle and flag football teams traveled to Brewster to play against the Brewster/Triplains team. The final score for tackle football was 32 to 40 Brewster/Triplains. The final score for flag was 8 to 12 Brewster/Triplains.

Junior high varsity

It was a high scoring game for the Cougar team with five touchdowns and two extra points.

Leading in touchdowns were Justin Culwell with two, and Eddie Frisbie, Walker Janicke, and Luis Solis each added a touchdown of their own. Extra points were Janicke, two for three.

In rushing yards, Culwell had 21 carries for 165 yards; Janicke had 20 carries for 78 yards, Frisbie had eight carries for a total of 65 yards, and Ty Carmichael had one carry and a loss of two yards.

In passing, Janicke had five attempts with five completions totaling 77 yards. Carmichael had two attempts with no completions.

On the receiving end, Culwell had three catches for 49 yards; Solis had one catch for 23 yards, and Carmichael one catch for 5 yards.

Tackles were Janicke with four, Frisbie and Solis with three each; Carmichael and Vandike with two, and Shawn Pochop with one tackle.

There were three fumble recoveries, one each from Carmichael, Frisbie and Solis. One touchdown by Solis was from a fumble recovery.

"The team gave all they had and several played hurt and never gave up," Coach Nick Ketzner said. "It was just a disappointment for them to come up one score short of winning."

Cookin' with Peg

By Peggy Horinek

phorinek@nwkansas.com

I received an email from Carolyn Pettit and she sent me her zucchini bread recipe. The recipe was very similar to the one I use except she puts a small can of crushed pineapple (drained and reserved), in her batter. She makes a glaze with powdered sugar, pineapple juice and a tablespoon of the pineapple. Sounds yummy!

Linda Schneider has sent me a butternut squash soup that she says is a favorite cold day soup for the Schneider family. "The best part of this recipe is eating out of the butternut bowl," she says.

Butternut Squash Soup

- 1 tsp. vegetable oil
- 1 clove garlic, minced
- 1 medium onion, diced
- 2 cups butternut squash, cooked and mashed
- 1 sweet potato, peeled and cut into cubes
- 4 cups chicken broth
- 1 tsp. curry powder
- 1/4 tsp. ginger
- 3 tbsp. honey

Preheat oven to 350 degrees. Cut the top part of the squash away from the bowl of the squash. Scrape the seeds out from the bowl. Cut the upper part of the squash in half length wise. Place both the bowl and the upper part of the squash in an oven proof pan and add 1/2 cup of water to bottom of pan. Cover and bake for an hour or until tender.

Saute the onions and garlic in oil until clear, about 5 minutes. Set aside.

Scoop out the cooked squash from the upper part, but not the bowl, and mash then put into a medium sized pot. Add the sweet potato, chicken broth, curry powder, ginger and honey. Cook together until potatoes are tender, about 40 minutes.

Pour everything into a blender or food processor, including the sauteed onions and garlic. Blend thoroughly. Can add more chicken broth for thinner soup. Pour soup into the squash bowl. Enjoy!

Zucchini Bread

- 1 cup oil
- 2 cups sugar
- 3 eggs
- 2 cups flour
- 1 tsp. baking powder
- 1 tsp. baking soda
- 1 tsp. salt
- 3 tsp. cinnamon
- 2 cups grated zucchini
- 1 cup chopped nuts
- 2 tsp. vanilla

Combine oil and sugar, blend. Add eggs, beat well. Measure dry ingredients together in another bowl. Add dry ingredients to egg mixture alternately with zucchini, beating well after each addition. Stir in walnuts and vanilla. Pour into two greased bread pans. Bake at 350 degrees for one hour.

Honor Roll

New and renewed Times subscriptions: Deloris A. Kingsley, Arvada, Colo.; Melvin Haack, Loveland, Colo.; Jean Cook, Stark; Alan Kruse, Hutchinson; Don Kruse, Bonner Springs, Velma Kruse, Bird City; Ron Robinson, Manhattan; Cheyenne County Extension Service, St. Francis; Melvin Mast, Bird City; B.J. Perkins, Park City; Margie Erickson, Milford, Neb.; Craig Van Allen, St. Francis; Sydney Busse, Waco, Texas; Steve Busse, Bird City; James Creevey, Golden, Colo.; Goldie Nygaard, Sterling, Colo.; Kent Voorhies, McDonald; Michael Sager, Jersey City, N.J.; Ned Smith, Bird City; Linda Goodroad, Glendale, Ariz.;

Zina Nelsen, Larned; Rod Klepper, Bird City; Gary Seymour, Bird City; Teresa Seymour, Castle Rock, Colo.; Gina Krien, Bird City; Christopher Howard, Bird City; Lee Amsberry, Bird City; Gilbert Antholz, McDonald; Marshall Hesse, Bird City; Amy Hackney, Bird City. Brent Wilkens, Gunter, Texas; William and Carolyn Leach, Fairland, Okla.; Rudolf Besse, Overland Park; Mary Brown, Mesa, Ariz.;



Employment Opportunity at the Cheyenne County Clinic - Bird City

There is an immediate opening for a part-time Receptionist at the Bird City Clinic. Responsibilities will include:

- Checking in and greeting patients
- Entering appointment date and time into computerized scheduler
- Channeling calls and messages
- Compiling patient information for distribution

Successful applicant will be professional, personable, computer literate, and energetic.

Please Contact: Human Resources, 210 West First, St. Francis, KS (785)332-2104 ext. 116

www.cheyennecountyhospital.com

LAND AUCTION

400 ± Acres Cropland in Rawlins County, KS

Date: Friday, Nov. 13th, 2009, 10:00 a.m. CST

Auction Location: American Legion, Atwood, KS 67730

Land Location: 5 miles N on U.S. Hwy 25 to Road W 6 miles W, 2 miles N, then 6 miles W to the SE corner of Tract 2.

Seller: Olivene L. Kling Trust, Dolores E. Mueller, Trustee
Tract 1: S of the NW of 4-2-35, Rawlins County, approx. 79.28 acres cropland.

Tract 2: SE of 31-1-35, Rawlins County, approx. 151.27 acres cropland, less improvements.

Tract 3: NE of 30-1-35, Rawlins County, approx. 150.33 acres cropland.

For a complete sale bill visit our web sit at:

www.gladrealestate.com

For additional information and a tour of the land contact Rocky Hayes at:

Glad Real Estate

415 State, P.O. Box 173, Atwood, KS 67730

Rocky Hayes - Auctioneer/Sales Agent

Betty L. Petersen - Broker

Office: 785-626-2039

Home: 785-626-9600

Cell: 785-626-4022

Business Directory

To list your business, call 785-332-3162.

Jason Howard Construction

Insured, clean, reliable work! Free Estimates on all your construction needs. New Construction, Remodeling and additions. Specialized in drywall hanging, finishing and painting. Also able to do farm painting.

Jason 1-785-332-3152

Cell# 1-970-630-9051

May God Richly bless You!

St. Francis Mercantile Equity Exchange

Janice Irwin
Farm Store

1-800-295-2113 Toll Free
785-332-2113 Main Office & Grain
785-332-2421 Station, Bulk Fuels, LP
785-332-2129 Fertilizer, Feed, Chemicals, Seed
308-297-3223 Haigler Branch
785-332-3450 Fax

123 N. River St. • St. Francis, Kansas 67756

St. Francis Mercantile Equity Exchange

Travis Gattshall
Agronomy Sales

Cell-785-728-7041

tgattshall@cityofstfrancis.net

1-800-295-2113 Toll Free
785-332-2113 Main Office & Grain
785-332-2421 Station, Bulk Fuels, LP
785-332-2129 Fertilizer, Feed, Chemicals, Seed
308-297-3223 Haigler Branch
785-332-3450 Fax

123 N. River St. • St. Francis, Kansas 67756

Mobe's Archery Supply

Complete Bow Shop & Services

Josh Moberly

1430 Rd. 6 - St. Francis, Ks. 67756

785-332-2500 shop or 970-630-1196 cell

Call for business hours & Services

email: MobsArchery@Live.com

Information Webinar

Small Wind Energy: Right for You?

Please Plan To Join us for a Residential and Farm-size Systems Information Webinar

Just log on to www.mwenergy.com and click on the wind webinar link.

2 PM, Tuesday, November 3, 2009

Learn About:

- Kansas interconnection laws
- 10 steps to a sound decision
- Estimating wind generating costs
- Questions to ask vendors
- Where to find more information



Midwest Energy, Inc.

1330 Canterbury

Hays, KS 67601

(800) 222-3121

www.mwenergy.com