

# Moments with Mila

By Mila Bandel, Health Nurse

## Allergy Facts

Allergies are everywhere and bothering people this spring. Here is some information that will help you understand allergies better. An allergy is characterized by an over-reaction of the human immune system to a foreign protein substance ("Allergen") that is eaten, breathed into the lungs, injected or touched. This immune overreaction can result in symptoms such as coughing, sneezing, itchy eyes, runny nose and scratchy throat. In severe cases it can also result in rashes, hives, lower blood pressure, difficulty breathing and asthma attacks.

• There are no cures for allergies. Allergies can be managed with proper prevention and treatment.

• Allergies have a genetic component. If only one parent has allergies of any type, chances are 1 in 3 that each child will have an allergy. If both parents have allergies it is much more likely (7 in 10) that their children will have allergies.

• More Americans than ever before say they are suffering from allergies. It is among the country's most common, yet often overlooked, diseases.

• An estimated 50 million Americans suffer from all types of allergies (1 in 5 Americans) including

indoor/outdoor, food and drug, latex, insect, skin and eye allergies. Allergy prevalence overall has been increasing since the early 1980s across all age, sex and racial groups.

• Allergy is the fifth leading chronic disease in the U.S. among all ages, and the third most common chronic disease among children under 18 years old.

**Indoor and Outdoor Allergies** – (Allergic rhinitis; seasonal/perennial allergies; hay fever; nasal allergies) Approximately 40 million Americans have indoor/outdoor allergies as their primary allergy. (Many people with allergies usually have more than one type of allergy.) Approximately 10 million people are allergic to cat dander, the most common pet allergy. The most common indoor/outdoor allergy triggers are; tree, grass and weed pollen; mold spores; dust mite and cockroach allergen; and, cat, dog and rodent dander.

• **Skin Allergies** – (Atopic dermatitis; eczema, hives; urticaria; contact allergies) approximately 7 percent of allergy sufferers have skin allergies as their primary allergy. Plants such as poison ivy and oak are the most common skin

allergy triggers.

However, skin contact with cockroach and dust mite allergen, certain foods or latex may also trigger symptoms of skin allergy.

• **Food and Drug Allergies** – approximately 6 percent of allergy sufferers have food/drug allergies as their primary allergy. Food allergy is more common among children than adults. About 90 percent of all food allergy reactions are caused by eight foods: milk, soy, eggs, wheat, peanuts, tree nuts, fish and shellfish. For drug allergies, penicillin is the most common allergy trigger.

• **Latex Allergy** – Approximately 4 percent of allergy sufferers have latex allergy as their primary allergy, an estimated 10 percent of health care workers suffer from la-

tex allergy.

• **Insect Allergies** – Approximately 4 percent of allergy sufferers have insect allergies as their primary allergy (bee/wasp stings and venomous ant bites; cockroach and dust mite allergen may also cause nasal or skin allergy symptoms.)

• **Eye allergies** – (Allergic conjunctivitis, ocular allergies) – Approximately 4 percent of allergy sufferers have eye allergies as their primary allergy, often caused by many of the same triggers as indoor/outdoor allergies.

If you or your loved ones are having difficulties dealing with allergies, seek medical treatment. Your medical provider can help you find the best treatment plan for you or your loved ones.

## Bible school starts

School is out and it is time again for the Bird City Community Vacation Bible School.

St. John Lutheran Church, Wesleyan Community Church and the Immanuel United Methodist Church are hosting the event.

It will begin at 4 p.m. through

6:30 p.m., starting on Tuesday and going through Friday. It will be held at the Cheylin Elementary School.

Preschoolers through sixth grades are welcome. Join in the "Crocodile Dock" where fearless kids shine in God's Light.

## Public Notices

### Notice of mortgage foreclosure

Published in The Saint Francis Herald, St. Francis, Kansas, Thursdays May 21, May 28 and June 4, 2009. (21-23)

IN THE DISTRICT COURT OF CHEYENNE COUNTY, KANSAS CIVIL DEPARTMENT

Bank of America, National Association as successor by merger to LaSalle Bank National Association, as Trustee for Merrill Lynch First Franklin Mortgage Loan Trust,

Mortgage Loan Asset-Backed Certificates Series 2007-4 Case No. 09CV13 Court No. Plaintiff, Title to Real Estate Involved vs. Pursuant to K.S.A. §60 Jesse P. Jones, Brandi M. Jones, FIA Card Services, John Doe, and Jane Doe, et al,

Defendants.

#### NOTICE OF SUIT

STATE OF KANSAS to the above named Defendants and The Unknown Heirs, executors, devisees, trustees, creditors, and assigns of any deceased defendants; the unknown spouses of any defendants; the unknown officers, successors, trustees, creditors and assigns of any defendants that are existing, dissolved or dormant corporations; the unknown executors, administrators, advisees, trustees, creditors, successors and assigns of any defendant that are or were partners or in partnership; and the unknown guardians, conservators and trustees of any defendants that are minors or are under any legal disability and all other persons how are or may be concerned.

YOU ARE HEREBY NOTIFIED that a Petition for Mortgage Foreclosure has been filed in the District Court of Cheyenne County, Kansas by Bank of America, National Association as successor by merger to LaSalle Bank National Association, as Trustee for Merrill Lynch First Franklin Mortgage Loan Trust, Mortgage Loan Asset-Backed Certificates, Series 2007-4, praying for foreclosure of certain real property legally described as follows;

UNPLATTED LOT TWELVE (12), BLOCK FORTY-ONE (41), DESCRIBED AS FOLLOWS; ALL THAT PART OF THE SOUTHWEST QUARTER (SW1/4) OF SECTION TWENTY-TWO (22), IN TOWNSHIP THREE (3) SOUTH, RANGE FORTY (40) WEST OF THE 6TH P.M. LYING WITHIN THE CORPORATE LIMITS OF THE CITY OF ST. FRANCIS, KANSAS, BUT NOT PLATTED, WHICH LIES IMMEDIATELY SOUTH AND ADJOINING LOT ONE (1), IN BLOCK FORTY-ONE (41), OF SAID CITY, ACCORDING TO THE RECORDED PLAT THEREOF, MORE SPECIFICALLY DESCRIBED: BEGINNING AT THE SOUTHEAST CORNER OF LOT 1, BLOCK 41, CITY OF ST. FRANCIS, ACCORDING TO THE RECORDED PLAT THEREOF, THENCE RUNNING SOUTH IN CONTINUATION OF THE EAST LINE OF SAID LOT 1, TO THE SECTION LINE ALONG THE SOUTH SIDE OF SAID SECTION 22, THENCE RUNNING WEST A DISTANCE OF 50 FEET ALONG SAID SECTION LINE, THENCE RUNNING NORTH TO THE SOUTHWEST CORNER OF SAID LOT 1, THENCE RUNNING EAST OF THE POINT OF BEGINNING, EXCLUSIVE OF STREETS, HIGHWAYS AND ALLEY, ALSO KNOWN AS 220 EAST FIRST STREET CHEYENNE COUNTY, KANSAS. Tax ID No. 165220304301000000

for a judgment against defendants and any other interested parties and you are hereby required to plead to the Petition for Foreclosure by July 1, 2009 in the District Court of Cheyenne County, Kansas. If you fail to plead, judgment and decree will be entered in due course upon the request of plaintiff.

MILLSAP & SINGER, LLC

By: Matthew S. Layfield, #22449 Kip J. Bilderback, #21350 Aaron M. Schuckman, #22251 612 Spirit Drive St. Louis, MO 63005 (636) 537-0110 (636) 537-0067 (fax) ATTORNEYS FOR PLAINTIFF

MILLSAP & SINGER, LLC AS ATTORNEYS FOR BANK OF AMERICA, NATIONAL ASSOCIATION AS SUCCESSOR BY MERGER TO LASALLE BANK NATIONAL ASSOCIATION, AS TRUSTEE FOR MERRILL LYNCH FIRST FRANKLIN MORTGAGE LOAN TRUST, MORTGAGE LOAN ASSET-BACKED CERTIFICATES, SERIES 2007-4 IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE

### Notice of hearing published

Published in the Saint Francis Herald, St. Francis, Kansas, on Thursdays, May 21, May 28 and June 4, 2009. (21-23)

IN THE DISTRICT COURT OF CHEYENNE COUNTY, KANSAS

In The Matter of The Estate of Case No. 09-PR-02

BETTIE J. DAY A/K/A BETTIE JANE DAY, Deceased.

PURSUANT TO K.S.A. CHAPTER 59

NOTICE OF HEARING

THE STATE OF KANSAS TO ALL PERSONS CONCERNED:

You are hereby notified that an Amended Petition has been filed in this Court by Samuel G. Day, a beneficiary of Bettie J. Day a/k/a Bettie Jane Day, deceased, praying that: the foreign will of Bettie J. Day a/k/a Bettie Jane Day, deceased, dated December 17, 1986, and First Codicil to the Last Will and Testament of Bettie J. Day a/k/a Bettie Jane Day dated September 24, 1997, be admitted to probate and record in this Court; no administration of the Estate is necessary; the will be construed, and the following Kansas real estate owned by the decedent, situated in Cheyenne County, Kansas:

There is property in Cheyenne County, Kansas, upon which the Will may operate; the Will has not been admitted to Probate in any other County of this State; no administration of the estate in Kansas is necessary and the general character and probable value of the decedent's Estate in this State is:

That an original grant of an overriding royalty interest was made to Sam Day and Bettie Jane Day, husband and wife, as tenants in common. That Bettie Jane Day had a 0.4375 of 1% of 8/8th overriding royalty interest in and to the following oil and gas leases:

a. Oil and gas lease dated January 25, 1978, granted by Alberta M. Adams and Don Adams, wife and husband, to Louis S. Madrid, as recorded by the Cheyenne County Register of Deeds in Book 50 at Page 157, which lease is of the following described real estate in Cheyenne County, Kansas:

THE EAST HALF OF THE SOUTHWEST QUARTER (E/2 SW/4), THE SOUTH HALF OF THE NORTHEAST QUARTER (S/2 NE/4), THE SOUTHEAST QUARTER OF THE NORTHWEST QUARTER (SE/4 NW/4), AND THE SOUTHEAST QUARTER (SE/4), ALL IN SECTION TWENTY (20), TOWNSHIP FOUR SOUTH (4S), RANGE FORTY-ONE WEST (41W) OF THE 6TH PRINCIPLE MERIDIAN.

b. Oil and gas lease granted by Ramona Ruth McAtee and George McAtee, wife

and husband, as recorded by the Cheyenne County Register of Deeds in Book 50 at Page 159, which lease is of the following described real estate in Cheyenne County, Kansas:

THE EAST HALF OF THE SOUTHWEST QUARTER (E/2 SW/4), THE SOUTH HALF OF THE NORTHEAST QUARTER (S/2 NE/4), THE SOUTHEAST QUARTER OF THE NORTHWEST QUARTER (SE/4 NW/4), AND THE SOUTHEAST QUARTER (SE/4), ALL IN SECTION TWENTY (20), TOWNSHIP FOUR SOUTH (4S), RANGE FORTY-ONE WEST (41W) OF THE 6TH PRINCIPLE MERIDIAN.

c. Oil and gas lease granted by Robert E. Walz, a/k/a Robert Walz, and Alice D. Walz, husband and wife, as recorded by the Cheyenne County Register of Deeds in Book 50 at Page 163, which lease is of the following described real estate in Cheyenne County, Kansas:

THE NORTHEAST QUARTER (NE/4) AND THE NORTH HALF OF THE SOUTHEAST QUARTER (N/2 SE/4), SECTION SEVEN (7), TOWNSHIP FOUR SOUTH (4S), RANGE FORTY-ONE WEST (41W) OF THE 6TH PRINCIPLE MERIDIAN.

THE NORTH HALF OF THE SOUTHWEST QUARTER (N/2 SW/4) AND THE SOUTHWEST QUARTER OF THE SOUTHWEST QUARTER (SW/4 SW/4), SECTION EIGHT (8), TOWNSHIP FOUR SOUTH (4S), RANGE FORTY-ONE WEST (41W) OF THE 6TH PRINCIPLE MERIDIAN.

THE SOUTHEAST QUARTER OF THE SOUTHEAST QUARTER (SE/4 SE/4) AND THE WEST HALF OF THE NORTHWEST QUARTER (W/2 NW/4), SECTION SEVENTEEN (17), TOWNSHIP FOUR SOUTH (4S), RANGE FORTY-ONE WEST (41W) OF THE 6TH PRINCIPLE MERIDIAN.

THE EAST HALF OF THE NORTHEAST QUARTER (E/2 NE/4), SECTION EIGHTEEN (18), TOWNSHIP FOUR SOUTH (4S), RANGE FORTY-ONE WEST (41W) OF THE 6TH PRINCIPLE MERIDIAN.

THE NORTH HALF OF THE NORTHEAST QUARTER (N/2 NE/4) AND THE NORTHEAST QUARTER OF THE NORTHWEST QUARTER (NE/4 NW/4), SECTION TWENTY (20), TOWNSHIP FOUR SOUTH (4S), RANGE FORTY-ONE WEST (41W) OF THE 6TH PRINCIPLE MERIDIAN.

be assigned in accordance with the terms of the Will.

You are required to file your written defenses therein on or before the 15th day of June, 2009, at 11:00 A.M. in the District Court, in the city of St. Francis, Cheyenne County, Kansas, at which time and place the cause will be heard. Should you fail therein, judgment and decree will be entered in due course upon the Amended Petition.

Samuel G. Day, Petitioner

JAMES M. MILLIKEN, CHARTERED Kari M. Gilliland, #17386 101 W. Washington Street, P.O. Box 627 St. Francis, Kansas 67756 (785)332-2101

## Anniversary celebrated on Monday

Derald and Greta Sawyer will celebrate their 50th wedding anniversary with an open house. The celebration is set for 2 to 4 p.m. on Monday at the Methodist Church in Bird City.



Derald and Greta Sawyer

## Students Graduate

**University of Kansas** Crystal Mears Thompson, a former Cheylin High School graduate, and Robert Taylor Voorhies, a former St. Francis Community High School graduate, are among the candidates for degrees at the University of Kansas.

The class of 2009 numbers about 8,000, including 2,500 who completed degree work in summer and fall 2008. Kansas University conducts only one formal commencement ceremony each year and it will be held on Sunday, May 17. The program begins at 3:30 p.m., at Memorial Stadium.

Voorhies will receive a bachelor of science in education.

Thompson will receive a doctor of pharmacy degree.

**Northwest Kansas Technical College** Zachary Mills, Daniele Schmid

and Lee Zimelman, all of St. Francis, Lucas White of Bird City and Blanca Ponce of McDonald are among the students who will graduate from Northwest Kansas Technical College on Friday in the Max Jones Field House in Goodland.

The college will be conferring associate of applied science degrees and technical certificates on more than 130 students in 16 technical education programs at the commencement ceremony.

The ceremony will also include the announcement of the Student of the Year.

Mills is in the Computer Graphics Technology program, Ponce and Schmid the Cosmetology program, Zimelman the Telecommunications Network Analyst program and White the Diesel Technology program.

## McDonald News

By Vera Kacirek

Mr. and Mrs. Jack McKinney of Owensville, Mo., and their daughter, Marilyn Tindall of Mount Home, Ark., were guests of Ray and Marlene Johnson from Monday to Friday last week. Additional Tuesday dinner guests were George Vandegriffe, Tim and Janice Knapp, Dixie Bethell, Dana Howard and children, and Connie and Brian Sabatka. Tish Loker was a Thursday visitor.

Ray and Marlene Johnson and

their guests were Friday night supper guests of Connie and Brian Sabatka. Dana and Dalton Magnani were also guests.

Karlyne Atchison and Amelia Banister attended the Cheylin graduation on Saturday and the reception party for Debbie Banister.

Sunday visitors of Karlyne Atchison and Amelia Banister were Amanda and Brandon Winter of Andale, and Jamie Banister of Washington, D.C.

## Program is available to soybean producers

Jack Salava, Acting State Executive Director of Department of Agriculture's Farm Service Agency in Kansas announced that the agency will offer soybean producers the opportunity to request a referendum on the Soybean Promotion and Research Order, as authorized under the Soybean Promotion, Research, and Consumer Information Act.

The Request for Referendum will be conducted at Farm Service Agency offices. To be eligible to participate, producers must certify and provide documentation that shows that

they produced soybeans and paid an assessment on the soybeans during the period of Jan. 1, 2007, through Dec. 31, 2008.

Beginning May 4, and continuing through May 29, producers may obtain a form by mail, fax, or in person from the Farm Service Agency county offices. Forms may also be obtained via the internet at [www.ams.usda.gov/ismarketingprograms](http://www.ams.usda.gov/ismarketingprograms) during the same time period. Individual producers and other producer entities may request a referendum at the county Farm Service Agency office where their administrative farm records are maintained. For the producer not participating in the agency's programs, the opportunity to request a referendum will be provided at the county agency office where the producer owns or rents land. Completed forms and supporting documentation must be returned to the appropriate county office by fax or in person no later than close of business May 29; or if returned by mail, must be postmarked by midnight May 29, and received in the county Farm Service Agency office by close of business on June 5.

The Department of Agriculture will conduct a referendum if at least 10 percent of the nation's 589,182 soybean producers support a referendum. Not more than one-fifth of the producers who support having a referendum can be from any one state.

The soybean check-off program is administered by a 68-member producer board and is designed to expand uses of soybeans and soybean products in domestic and foreign markets. The national program is financed by a mandatory assessment of one-half of 1 percent of the net market price of soybeans.

For more information, contact the Marketing Programs Branch; Livestock and Seed Program, AMS, USDA; STOP0251 - Room 2628-S; 1400 Independence Avenue, SW; Washington, D.C. 20250-0251; tel. (202) 720-1115; or via the Internet at [www.ams.usda.gov/ismarketingprograms](http://www.ams.usda.gov/ismarketingprograms) or your local Farm Service Agency office.

## UPCOMING EVENTS in Kansas

Brought to you in part by Kansas Department of Commerce Travel & Tourism Division

### Derby Days Festival

May 29-31, Derby Viva Derby Days! Join us for music, food, shopping, kids' activities, parade and more! Derby High School, 920 N. Rock Rd [www.derbydaysks.com](http://www.derbydaysks.com)

### Sunflower Music Festival

June 5-13, Topeka Chamber and orchestra music from symphony musicians from the U.S. and Europe. Concerts every evening. Washburn University (785) 670-1511, [sunflowermusicfestival.org](http://sunflowermusicfestival.org)

### Grassland Heritage Festival

June 6-13, Elkhart Trail ride, fishing derby, bus tours of the Santa Fe Trail, food and entertainment. Cimarron National Grassland (620) 697-2833, [www.ghf.mtcols.com](http://www.ghf.mtcols.com)

### Smoky Hill River Festival

June 11-14, Salina High-energy, low-cost family fun, featuring live performances, fine art and great food. Music by The Fabulous Thunderbirds, Needfire, Kelley Hunt and more! [www.riverfestival.com](http://www.riverfestival.com)

### Fredonia Flag Festival

June 12-13, Fredonia 5K Run, BBQ contest, craft vendors, games, desert challenge, free movie on the square, night golf tournament. A great way to spend the day with family & friends. (620) 378-3221

### T. Rex cetera

Now through July 2009, Hays T. Rex cetera exhibit extended thru July. Featuring over 70 dinosaur skeletons & Stan, the T-rex (more complete than Sue). Sternberg Museum (877) 332-1165, [www.fhsu.edu/sternberg](http://www.fhsu.edu/sternberg)

**KANSAS** as big as you think™ [www.TravelKS.com](http://www.TravelKS.com)



**NO RESERVE AUCTION BED AND BREAKFAST**  
220 S. Main, Tonganoxie, KS  
Bidding Ends Tuesday, May 26 Starting at 10 a.m.  
NO RESERVE OPEN HOUSE: May 17 | 2-4  
located across the street from new water park in historic business district. Features: 5663 sq. ft., 5 bed/bath suites, partial basement, cottage, shed, beautiful woodwork throughout.  
785-313-2094 • BID NOW at [purplewave.com](http://purplewave.com)

**KANSAS INTERNET ONLY AUCTION**  
SCREEN PRINTING EQUIPMENT AND MACHINERY  
BIDDING ENDS THURSDAY, MAY 21 | 10 A.M.  
large selection of screen printing equipment & supplies, apparel, electronics, furniture, appliances, automobiles & automotive, collectibles, industrial, lawn & garden, sporting goods, tools & more...  
10% buyer's premium applies 1-866-608-9283  
CONSIGN • LEARN MORE • BID NOW [purplewave.com](http://purplewave.com)

**AG EQUIPMENT INTERNET AUCTION**  
BIDDING ENDS WEDNESDAY, MAY 27, 2009 | 10 A.M.  
tractors, hay and forage equipment, stock trailers & trailers, ag electronics, atv, automobiles and other miscellaneous farm items  
10% buyer's premium applies  
CONSIGN • LEARN MORE • BID NOW [purplewave.com](http://purplewave.com) 1-866-608-9283