



Bulletin Board

Casey's Comments

By Casey McCormick

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Once again Cheyenne County played host to the annual FoxPro's Midwest Coyote Calling Event.

Brent Rueb, a local business man and hunting enthusiast, organized the contest which drew outdoors men from as far away as Hayward, Minn, Liberty, Mo., and Mesa, Ariz.

Many folks will look at this competition with disgust. "How can they kill so many innocent animals?"

Considering that without man to keep these predators in check, the effect on livestock and pets would be expensive and unfortunate. Besides, with the hunt only occurring once a year, the population is not

in threat.

Some people have a funny way of looking at animals and sometimes giving them more value than they perhaps deserve. The relationship between man and beast becomes blurred.

As long as there is a livestock industry animals will be raised for human consumption. Their purpose is to feed us. For the rancher and dairyman, these creatures are their livelihood. The bottom line is the best treatment possible means more money.

I'm sure coyotes serve a purpose and play a roll here on the plains. But, last I heard, they're not on the endangered species list and they create a fair share of damage.

Letters From Linda

By Linda Schneider

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In the beginning, it did not appear to be a marriage made in heaven. But, after 14 years I can honestly say, "Yes, it was!"

Brad and I both had family members who did not want this marriage to happen; truly, it is common for this sort of thinking. Well, next week is our 14th wedding anniversary and I believe those family members have resolved to the fact the neither of us are going anywhere without the other.

And like many other married couples, we have had good years and bad years, and during the re-

ally bad years, my darling husband had a favorite line to end arguing, "And I'm all yours!" Of course, that would stop me from saying something I would regret, sometimes.

All I can say now, is that God has a sense of humor and knew exactly what He was going when I said, "I do," even if I didn't.

So, I will say it has been a great 5 years of marriage, oops, I mean 12 years, well, you know what I mean.

Dear Lord, Thank you for a wonderful husband, even if tomorrow I find fault with him again, You know I love him. Amen

Wellness classes are being offered

"Do your clothes feel snug," said Mila Bandel, Cheyenne County Health Nurse. "Do you get short of breath when you walk. The doctor has just diagnosed you with type 2 diabetes. You don't have the energy to play with the children, grandchildren or the pets.

"Chances are no one has to tell

you...you know when you need to lose some weight. But how do you start. You start by making changes. The Cheyenne County Health Department wants to help you start making those changes. There will be a weight-control-management class starting in February. This is a group weight-management program that combines goal-setting, low-fat meal planning and adding activity to your daily routine to make lasting lifestyle changes."

The weight-management class will run for eight weeks then participants will work on a self-directed weight maintenance program for three weeks solely on their own.

After the three weeks, participants will join back together for an additional four week maintenance program.

The classes will be held on Thursdays beginning Feb. 5 and run through March 26. Two different class times are available on Thursdays for the participants to choose from. They can choose either 12:15 p.m. to 12:45 p.m. or 5:10 p.m. to 5:40 p.m. for their time frame for the classes.

This program is free of charge and sponsored by the Cheyenne County Health Department. For more information and to sign up, please contact Mile Bandel, RN, county health nurse at 332-2381

Card shower for 95th birthday

Maude Elliott will be celebrating her 95th birthday on Jan. 28. Her family is holding a card shower to remember her on her special day.

Cards can reach her at P.O. Box 103, Bird City, 67731.

Stockholders meeting

An annual stockholders meeting for the St. Francis Sales Company will be held at 7 p.m. on Tuesday, Jan. 20, at the Salebarn Cafe. (Note ad in this issue)

Diabetes Support Group

The Diabetes Support Group meeting will be held at 1:30 p.m. on Wednesday, Jan. 21, at the Cheyenne County Clinic basement. The physical therapy staff will be the presenters on exercise and the cold weather.

Common Threads Quilt Guild

The Common Threads Quilt Guild will meet today (Thursday) at 6:30 p.m. at Saintry Stitches. Guests are welcome.

Kansas Day celebration

Join in the celebration of Kansas' birthday at Bird City Legion hall on Thursday, Jan. 29. Kansas historian, Dr. Arnold Schofield, will speak on "Using Mules on the Cattle Trails of Kansas." Registration begins at 10 a.m. The potluck lunch is at noon and the program begins at 1. Admission is free — just bring a dish for the potluck lunch. This is the 80th year that Cheyenne County has celebrated Kansas Day in Bird City.

Western Plains Arts Association

Wichita Children's Theatre will present Amelia Earhart at an evening program on Thursday, Jan. 29, in Quinter. The group will be presenting the program at schools in Sharon Springs, Brewster, Golden Plains and Wheatland on Thursday, Jan. 29 and Friday, Jan. 30.

Hospital Board

The Cheyenne County Hospital Board will meet at 3 p.m. on Thursday, Jan. 22, in the clinic

basement meeting room in St. Francis.

Cheyenne County Commissioners

The Cheyenne County Commissioners will meet at 8 a.m. Friday, Jan. 30, in the commissioner's room at the courthouse.

Free-throw competition

The local Knights of Columbus free-throw competition will be held beginning at 2 p.m. on Sunday, Jan. 18, at the St. Francis Community High School gym.

Veterans Affairs

Jody Tubs, of the Kansas Commission on Veterans' Affairs, will be in St. Francis at 9:30 a.m. on Thursday, Jan. 22, at the county clerk's office. People may also contact the Veteran's Affairs office in Colby any Monday, Wednesday, or Friday at 785-462-3572.

Sisters In Serenity Women's AA

A Sisters In Serenity women's Alcoholics Anonymous group meets at 5 p.m. on Sundays at 585 N. Franklin, City Hall, northwest basement door in Colby. There is a play room for younger children and a quiet space for older children on-site. For more information call (785) 672-3406 or (785) 538-2526.

These meetings are limited to female alcoholics to provide an opportunity for members to share with one another on problems related to drinking patterns and attempts to achieve stable sobriety. They also permit detailed discussion of various elements in the recovery program.

Recovery Today/ Narcotics Anonymous
Recovery Today group of Narcotics Anonymous meets at

8 p.m. on Sunday nights at the United Methodist Educational Building. Call (785) 332-6542 or 8607 for more information.

Saintry Serenity Seekers/ Alcoholics Anonymous

Saintry Serenity Seekers open meeting of Alcoholics Anonymous is held at 7:30 p.m. each Thursday evening at the United Methodist Education Building at 104 W. Webster, St. Francis. Call (785) 332-6542 for more information

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week services to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

Corrections

• In the Bird City Local News, Phyllis Carson was the director of the Wesleyan Church Christmas production of "All I Want For Christmas Is Jesus," not Phyllis Wright.

• In the Jan. 1 issue of *The Saint Francis Herald* and *Bird City Times*, the commissioners' story stated that the emergency medical technician's Christmas dinner was paid out of the memorial fund. However, Janelle Bowers, director, said it was taken out of donations. Memorial money, she said, is used to purchase equipment.

• In the same issue, the story about the commissioners selecting the hospital board member had "moral" misspelled. It is spelled "morale."



HOT DOGS AND MACARONI — Becky Lang, Gustave (Gus) Hespe and Joseph Augusta enjoy kindergarten choice held on Wednesday.
Times staff photo by Linda Schneider

Menu

This week, guests may enjoy the following lunch on Wednesday with sixth graders.

Monday, Jan. 19

Breakfast: hash browns, sausage link

Lunch: pizza pockets, potato wedge

Tuesday, Jan. 20

Breakfast: oatmeal, boiled egg

Lunch: chicken nuggets, mashed potatoes with gravy, roll

Wednesday, Jan. 21

Breakfast: pancake on a stick

Lunch: spoonburgers, cheesy broccoli, grapefruit, brownies

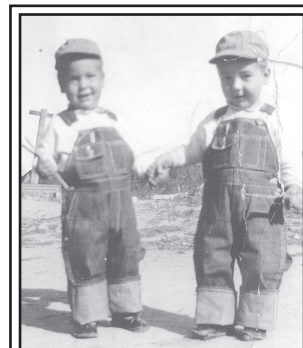
Thursday, Jan. 22

Breakfast: polish sausage supreme

Lunch: hamburger on bun, chips

Every breakfast is served with assorted cereal, toast, juice and milk

Every lunch is served with salad bar, fruit and milk



"Been farming long?"

Happy 80th Jan. 23

Love, Your family

For those who would like to send a birthday card: Clyde Gleason, 300 S. Madison St. Plainsville, Ks 67663-2610
Claude Gleason 2745 Road 24 Bird City, Ks. 67731-3122

Knights of Columbus Free-Throw Contest



Sunday,
January 18
2 p.m.

St. Francis
Community High School

All Kids Ages 10 to 14

Honor Roll

New and renewed Times subscriptions: Don Orten, Bird City; Daryl Strouts, Manhattan; Robert Dorsch, Mesa, Ariz.; Lou Lambeson, Littleton, Colo.; Lynn Query, Bird City; Franks Serrano, Bird City; Marilyn Miller, Fort Worth, Texas; Robert Brubaker, Bird City; Josh Sowers, Bird City; Dr. Lonnie Willis, Bird City; Larry Willis, Frontenac; Ervin Peters, Bird City; Betty Bock, Bird City; Doyle Bock, Bird City; James Goza, Shenandoah, Iowa; Gary

Moore, Bird City; Brandi Niblock, Brewster; Sara Keiswetter, Hill City;

Gene Mears, McDonald; Elaine Rooney, Stratton, Neb.; Lila Gotchall, Goodland; Nina Welch, Chula Vista, Calif.; Kathleen Hickert, Auburn; Sharon Kamla, Nevada, Mo.; Harvey Black, McDonald; Pastor Greg Hubbard, Smith Center; Daryl Donakey, Manhattan; Ted Partch, Bird City; Ron Smith, Colorado Springs, Colo.

Library News

Recently the Bird City Library received \$9,840 from the Dilsaver Trust, Fort Collins, Colo. The Dilsavers have owned ground south of Bird City since 1913.

Over the years, they have expanded their operations and in their later years have generously remembered the library. They have never lived in the Bird City area.

This money has allowed the library to automate. The Library Board is looking forward to working with the Northwest Kansas Library System on the automation and the updates.



The Bird City Times

(USPS 056-720)

Serving the communities of Bird City and McDonald

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Periodicals postage paid at Bird City, Kansas 67731-0220
Phone (785) 734-7031
Fax (785) 332-3001
Or Phone (785) 332-3162
E-Mail bc.times@nwkansas.com
Published every Thursday
\$30 per year in Cheyenne and surrounding counties; other in-state and all out-of-state subscriptions, \$34 (strictly in advance).

Postmaster: Send address correction to P.O. Box 220 Bird City, Kansas 67731-0220

Official City Newspaper
Published Weekly By
Nor'West Newspapers, Incorporated
Bird City, KS 67731



Check your renewal dates

— Current Rates —

The Saint Francis Herald

Area - \$33 KS - \$38
Out-of-State - \$42

Bird City Times
KS - \$30
Out-of-State - \$34

American Profile

Celebrating Hometown Life

See American Profile magazine in this week's issue of

The Bird City Times

(available in local area only)

Brought to you by
The Times

"Your sponsorship could be right here."

For more information contact:
Casey at 785-332-3162

There will be a Come & Go Wedding Reception for
Jared & Brook Sowers
Saturday, Jan. 24
2-4 p.m.
At Living Water Fellowship in Bird City, Ks.

CHEYENNE COUNTY HOSPITAL
210 W. 1st • St. Francis, KS
785-332-2104

Weight Management Classes Offered.

Eight week program that combines goal setting, low-fat meal planning and adding activity to your daily routine.
Starts Feb. 5 through Mar. 26.
Two class times to choose from:
Thursdays from 12:15 - 12:45 p.m.
or
Thursdays from 5:10 - 5:40 p.m.
The classes are free of charge and held at the Cheyenne County Clinic Basement. Must sign-up to participate. Contact Mila Bandel, RN County Health Nurse at 785-332-2381