

LADY COUGAR Tia Sager passes the volleyball in a match played in St. Francis on Tuesday, Sept. 30. Times staff photo by Linda Schneider

Moments with Mila

By Mila Bandel, RN County Health Nurse

Hand washing: an easy way to fight the flu bug

Hand washing is a simple habit, something most people do without thinking. Yet hand washing, when done properly, is one of the best ways to avoid getting sick. This simple habit requires only soap and warm water or an alcoholbased hand sanitizer, a cleanser that doesn't require water.

Despite the proven health benefits of hand washing, many people don't practice this habit as often as they should, even after using the toilet. Throughout the day, you accumulate germs on your hands from a variety of sources, such as direct contacts with other people, contaminated surfaces, foods and animals. If you don't wash your hands frequently enough, you can infect yourself with these germs by touching your eyes, nose, or mouth. You consequently spread these germs to others by touching them or by touching surfaces

that they also touch, such as door

knobs, water fountains. Infectious diseases that are commonly spread through hand-to-hand contact include the common cold, flu and several gastrointestinal disorders, such as infectious diarrhea. While most people will get over a cold, the flu can be much more serious. Some people with the flu, particularly older adults and people with chronic medical problems, can develop pneumonia. The combination of the flu and pneumonia, is the eighth leading cause of death among Americans. By not washing hands properly, this can lead to food-related illnesses as well. Some of those illnesses include: salmonella and E coli.

Simply wash your hands with soap and warm water vigorously for at least 15-20 seconds is recommended. Antimicrobial wipes or towelettes are just as effective as soap and water in cleaning your hands if soap and water is not available at the time.

Definitely wash your hands after using the toilet, changing diapers, touching animals, before eating, after blowing your nose, sneezing, coughing, touching a wound, after handling the garbage.

Hand washing doesn't take much time or effort, but it offers great rewards in terms of preventing illness. Adopting this simple habit can play a major role in protecting

Family gathering held at city's shelter house

Public Notice ——

Hixon **Petition** is filed

Published in The Saint Francis Herald, St. Francis, Kansas, Thursdays September 25, October 2 and October 9. 2008.

IN THE DISTRICT COURT OF CHEY-ENNE COUNTY, KANSAS

In the Matter of the Estate of

PAULINE L. HIXON, Deceased

Case No. 08-PR-02

NOTICE OF HEARING

STATE OF KANSAS TO ALL PER-

SONS CONCERNED: You are hereby notified that a Petition has been filed in this Court by Joseph

Charles Hixon, a/k/a J. C. Hixon, executor of the above entitled Estate of Pauline

L. Hixon, deceased, praying for an Order

authorizing the private sale of the follow-

ing described real estate situated in Chey-

enne County, Kansas, to-wit:

Lots Six (6), Seven (7) and Eight (8) in Block Two (2) Park Hill Addition to the City, of St. Francis, Cheyenne County, Kansas, according to the recorded plat thereof, with a street address of 419 East First Street, St. Francis, KS 67756.

And for a further Order confirming the private sale thereof to Terry Rieger and Glenda Rieger, husband and wife, for not less than three-fourths (3/4) of the appraised value, with taxes prorated to date of sale, policy of title insurance to be furnished by seller, and with possession to be given upon date of closing which shall be on or before the 31st day of October, 2008; and for a further Order authorizing the executor to pay the costs of the sale including a policy of title insurance and a real estate commission.

You are required to file your written defenses thereto on or before October 17, 2008 at 9:00 a.m. in the District Court in the City of St. Francis, Cheyenne County, Kansas, at which time and place the cause will be heard.

Should you fail therein, judgment and decree will be entered in due course upon

Joseph Charles Hixon, a/k/a J.C. Hixon Petitioner/Executor

On Sept. 27, descendants of James Wright, were gathered at noon in the Shelter House in Bird City. After a bountiful potluck meal, everyone enjoyed visiting, reminiscing, and sharing pictures and photo album of prior family

Those in attendance from Joseph's family were: Maynard and Lucille Wright, Gerald and Phyllis Wright, Don Wright, Dennis Wright, Radean and Velda Wright, all of Bird City.

Attending from James's family were: Brad and Dot Rambat from Marysville, Wash., Brad's sister, Gwen Boswell Brad of Bird City, Kenneth and DeEtta Knorr and grandsons, Seth and Elijah Mills, Kim Ritter and granddaughter, Naomi Straub, all of St. Francis; Merlin and Becky Wright and Jenny Wright of Fort Morgan, Colo., Patrick Wright and Madison of Sidney, Neb., Jan Trulove, Allan and Michelle Bahr, all of Westminster. Colo., Richard Reiber and daughter, Pauline Reiber of Fort Morgan.

Family pictures were taken before everyone departed.



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QUARTERLY FINANCIAL REPORT

	06/30/2008			09/30/2008
	BALANCE	EXPENDITURES	RECEIPTS	BALANCE
General	\$723,995.56	\$586,493.37	\$276,974.76	\$414,476.95
Road & Bridge	\$127,428.23	\$170,512.25	\$98,412.75	\$55,328.73
Bridge Building	\$89,057.27	\$5,871.53	\$1,272.55	\$84,458.29
Noxious Weed	\$17,687.85	\$8,718.63	\$4,923.89	\$13,893.11
Noxious Weed Special	\$8,731.70	\$0.00	\$0.00	\$8,731.70
Rural Fire	\$12,023.19	\$7,719.80	\$969.14	\$5,272.53
Hospital	\$26,915.52	\$95,058.35	\$92,903.87	\$24,761.04
Motor Vehicle Fund	\$4,893.08	\$4,844.19	\$8,599.25	\$8,648.14
Attorney Fund	\$1,447.50	<u>\$16.00</u>	\$49.00	\$1,480.50
TOTAL ALL FUNDS	\$1,012,179.90	\$879,234.12	\$484,105.21	\$617,050.99

A detailed statement of expenditures is available for public inspection at the county clerk's office. Copies of such statement shall be available upon request. K.S.A. 19-228

Terry Miller Chevenne County Clerk

Fair board sets date for next year's fair

By Linda Schneider

dublinls@hotmail.com The date of the 2009 fair was set when the Cheyenne County Fair

Board met on Thursday evening.

Next year's fair will be held held Aug. 5 through 8. The theme will be set at a later date. Karol Lohman, board member, suggested that Joe Leibbrandt, Extension agent, have a contest among the 4-H clubs in naming the fair theme. A prize to the winning club would be awarded. Mr. Leibbrandt said he would give the information to

the clubs Officers elected

The October meeting started

with the election of officers. Dick Bursch was re-elected president, Lacy Reed was absent due to the recent accident involving her son, Trevor, but she asked that she still be considered for the treasurer's seat. She was elected treasurer. Gary Cooper was re-elected secretary and Nick Ketzner, vice president.

Treasurer's report

Mr. Bursch read some of the treasurer's report for Mrs. Reed. There is \$9,000 in the bank from fair projects, demolition derby, kid's rodeo and lawn mower racing. The treasurer will give a full report when she returns.

Mr. Bursch reported there were bills that needed to be paid including: Stanion Electric for replacing lights on the fairgrounds after they had been shot out; the city electric bill, gas bill and the bill for the

No trespassing signs

The members discussed concern over the recent activity that has been going on during the offseason on the fairgrounds. Mr. Bursch mentioned that all the steel posts had been stolen from the grounds. Mr. Cooper reported that during a recent inspection of county tractors, eight or 10 BB shots were in the windshield.

Mark Mills, board member, said that he had noticed that the "No Trespassing" signs had been taken down. John Finley, board member, said the "No alcohol" signs were torn down. Members discussed liability when youths drive their vehicles on the grounds.

Mr. Bursch said he would mention it to the county commissioners and move from there.

Fire in 4-H building

started it or how it had started.

The recent inspection of the taken. building by a board member found that metal folding chairs stacked on top of the electric stove burners had caught on fire. Why the chairs were placed on the stovetop is a mystery.

It appeared the fire started when the stove had been turned on and heated up the chairs. There was extensive damage to the kitchen

Mr. Bursch reported that the fire had extinguished itself with no further damage to building. An investigation is following.

Jared Douthit, board member, reported that he had a stove to re-He looked for a used one first, but decided that a brand new stove would be better. He said he bought one at Bier's Hometown Store for \$579, and it came with a discount. He added that payment should be immediate because the stove must be in the building for the weekend because it was rented. Kitchen privileges are in the contract.

The board approved the payment on the bills including the purchase of the new stove.

Mr. Bursch said that Mrs. Reed had the checkbook with her and may be home on Saturday, until then, he instructed Mr. Cooper to deposit the money and have the bank make up six checks to pay

Fair updates

From the last meeting, the board discussed the cracked beams in the livestock building over the scales. Mr. Bursch and Clay Zimbelman, board member, discussed jacking the beams up and securing them. No action was taken.

Mr. Zimbelman asked about a bill for \$1,000 for the repair on a

"I thought it was the steel door for the 4-H building," said Mr. Zimbelman, when he was told it was the repair for the walk-through door in the south livestock barn.

John Finley mentioned he thought the cost was expensive, but that it was his mistake for not asking for an estimate first. Mr. Zimbelman reported that

the portable benches had been taken down and stored. Also in storage was the fence and public announcement system.

Auditor's report

Mr. Bursch said the auditor It was reported just a day ear- wants a head count for every perlier to Mr. Bursch that the kitchen son that goes through the grandin the 4-H exhibit building had stand gate. Members discussed caught on fire. At the time of the how that could be done when atmeeting, it is unknown who had tendees go in and out of the gate through out the events. No action

Miscellaneous items The members approved:

· Joining the Fair Board Association and sending members to the upcoming conference in January. The cost is \$50 for joining and \$55 per attendee to conferences.

• Changing the opening time on Saturday to 6 p.m. at the 2009

Thank you

Mr. Bursch read a thank you letter from Jeanne Dunn and her daughter, Jandy. Jandy won the champion mare trophy at the fair.

Next meeting The next fair board meeting will place the one destroyed in the fire. be held at 8 p.m. on Thursday, Nov. 6, in the commissioners' room in the courthouse.

Club Clip

McDonald Area Development News

McDonald Area Development met Oct. 1 at the Legion Hall with 10 members present. A report was given on the Highway 36 Garage sales. There were 25 sellers, using 19 tables. There were buyers from

Kay Miller will be responsible for painting the Bible Memorial in the City Park. A motion was made to consider Bruce Nickel as a paid-up member for all he does for McDonald Area Development and the City. McDonald Area Development

will donate \$50 to be used for prize money for the Scarecrow contest. It was decided to not have the Hallowe'en Soup Supper, as it was to have been on the same night as the FFA Hog Roast. Mc-Donald Area Development will encourage everyone to attend the Hog Roast. The emergency food shelves

were discussed. It was tabled until the next meeting as to a decision what will be done. Meeting adjourned until Nov. 5.

'No

Hunting'

signs

available

Savannah Isely reporter



2007 DELINQUENT PERSONAL PROPERTY TAXES

Published in The St. Francis Herald, St. Francis, Kansas, and the Bird City Times, Bird City Kansas Thursdays Oct 9 16 and 23 2008 (41-43) In accordance with 19-547 law general statute 1982 Kansas, the following Personnal Property/16/20M Truck tax varrants were returned by the Sheriff of Cheyenne County, KS to my office this Oct 2007. Dolores Jenik, Cheyenne County Treasurer

DAY, BETTIE JANE	3239 E DES MOINES	MESA	ΑZ	85213	62.97
DAY, SAM	3239 E DES MOINES	MESA	ΑZ	85213	67.91
DIAMOND "R"	PO BOX 114	ST FRANCIS	KS	67756	105.51
JB WELL & TRENCHING % BARNHART, JASON	PO BOX 564	BIRD CITY	KS	67731	1,098.10

Small Town Living at Its Finest!

New Listing!

612 S. Bird Avenue, Bird City, Kansas

If you want to live in a small town in a 3 bedroom 2 bath Brick Ranch home, then come see this home.



The updated large kitchen/dining area includes a dishwasher, ceramic stove top, oven & microwave. The Master bedroom is large enough for a king size bed & has a Master Bath. There is a great office area located off the garage. The Utility room is all ready for your washer & dryer with a deep sink & built-in floor to ceiling storage cabinets. A 2-car attached garage, a front yard with underground sprinklers, a back yard that has been pebbled is maintenance free, no grass to mow & is great for parties, is all waiting for you! Call Charlie today to see this home in Bird City, Kansas.

Go to our website and see ALL our listings! www.goodlandnet.com/homeland 1112 Main, Goodland

785-899-3060 Toll Free 1-866-899-3060 Make an appointment to see any of our fine HomeLand listings!
WHEN ONLY THE BEST WILL DO...CALL!

Harrison Owner/ Broker









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