

\$1,000 drawing to be held Saturday in St. Francis

Get ready to spend \$1,000 in scrip!

On Saturday, one lucky person will win \$1,000 in scrip to spend in one of the participating St. Francis businesses. The Christmas In July drawing will be held at 11:30 a.m. in front of Jaqua Abstract on Washington Street. Casey McCormick, advertising manager for *The Saint Francis Herald*, reported that it has been hard to keep up with the entry blanks as many people are signing up.

"We have had to empty the containers each week so there is room for more entries," he said.

The businesses, listed on 9 of this issue, are planning in-store and sidewalk sales. Some of the Farmer's Market sellers will be at Bud Houtman's lot east of the theater.

The Brownie Scouts will be having a cake judging contest (for cakes the Brownies and their mothers have baked and decorated) in front of the United Methodist Thrift Store. They will be auctioned off before the drawing.

The drawing will not take long so everyone is encouraged to be there on time. Some might want to bring a lawn chair.

The winner of the Christmas In July scrip money will have

until Monday at the close of business to spend their money. While he/she is on their spending spree, there will be a Herald photographer following them around, snapping shots of the fun the winner has while handing out the money in exchange for items.

Those businesses participating in the Christmas in July Shopping Spree are: Bumper To Bumper, St. Francis Equity, Thrift Store, Schultz's, K-Store, St. Francis Super's and *The Saint Francis Herald*.

Contest rules include:

- The winner must be at least 18 years old.
- Employees of sponsoring firms are not eligible to enter at their place of business.
- The deadline for entering is Friday, July 18.
- The scrip must be spent by 6 p.m. on Monday.

- The winner must be present to win. Someone else cannot pick up a ticket for another person.

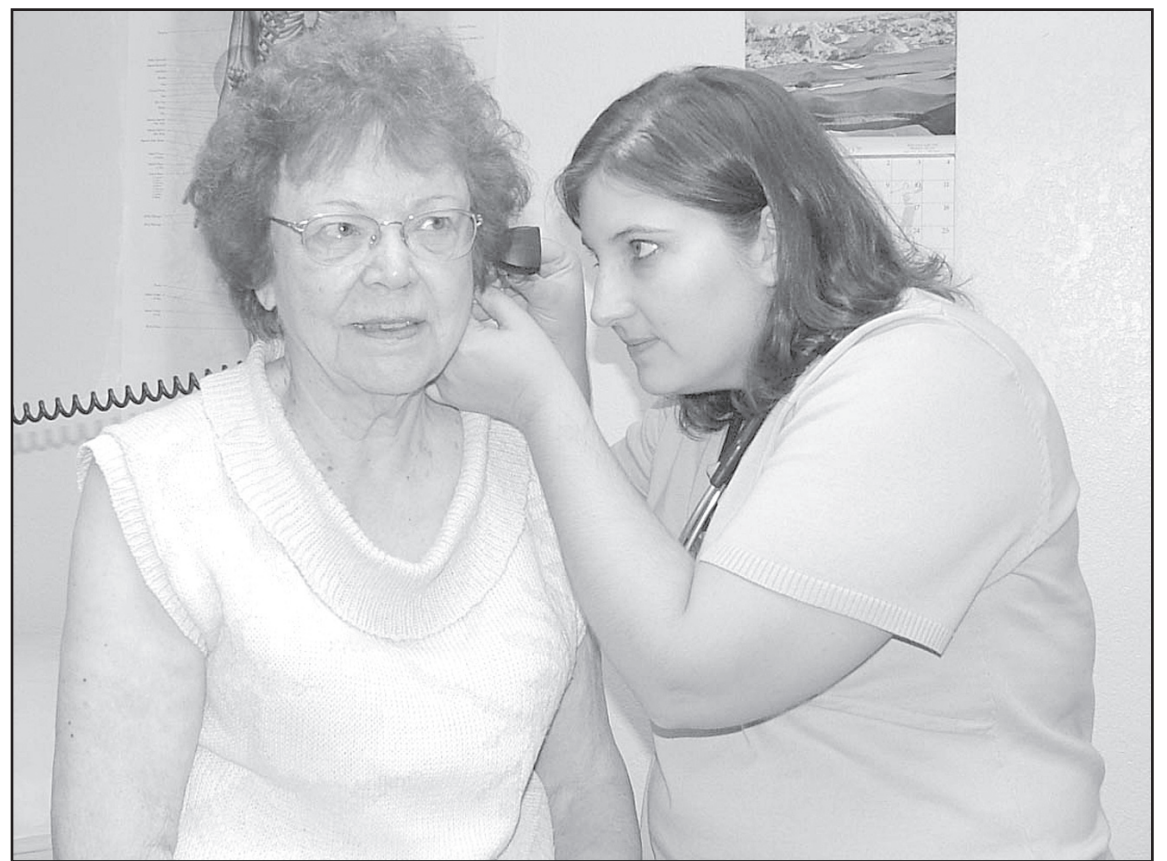
- The \$1,000 will be given in scrip and can be spent only in participating business.

- The winner must allow Herald staff to photograph them while they are shopping with the scrip money.

- The winner agrees to release *The Saint Francis Herald*, sponsoring merchants and others associated with the promotion from any and all liability.

"There should be many people in St. Francis for the drawing," said Karen Krien, publisher of *The Saint Francis Herald*.

"While in town, stop by the businesses and see what they have to offer. Better yet, scope out the businesses before the drawing. After all, you might be the winner of the \$1,000 scrip!"



DR. REBECCA ALLARD does a routine checkup on Lucille Price during an office visit.

Photo courtesy of Kansas Connections

Honor Roll

New and renewed Times subscriptions: Norman Dorsch, Bird City; Pat Traffis, Merriam; John Dorsch, Derby; Cheyenne County Extension, St. Francis; Florence Peacock, St. Francis; Tina Sager, Bird City; Glenda Hinz, Lake-

wood, Colo.; Mrs. Kay Davis, Broomfield, Colo.; Lee Beeson, Bird City; Robert Bell, McDonald; Lynn Glasco, Bird City; Heidi Ketzner, Bird City.

Women physicians featured

In the spring issue of *Kansas Connections*, a publication which features rural health education and services, the two women doctors at the Cheyenne County Hospital were featured. The article was titled "Women Physicians — Working to overcome stereotypes." Dr. Mary Beth Miller has been at the hospital/

clinic for 9 years and Dr. Rebecca Allard arrived a little less than a year ago.

Overcoming stereotypes women face as physicians can be hard, but two rural Kansas women are holding their own and working together in the Cheyenne County Clinic in St. Francis.

Dr. Miller attended the University of Kansas School of Medicine and graduated from the Smoky Hill Family Medicine Residency Programs, whose residents gain experience in rural medicine. She then began her career at the Cheyenne County Clinic and ran the clinic for more than 9 years before being joined by fellow alum, Dr. Allard.

Dr. Allard grew up on a farm outside Smith Center, and like Dr. Miller, attended the KU School of Medicine and graduated from Smoky Hill Family Medicine Residency Program in June 2007.

Today Dr. Allard and Dr. Miller are running the show together at the clinic and hospital. Both work around 60 hours on a good week but can increase to as many as 100 hours for a busy week when the hospital is full.

Dr. Allard said, as females, it's hard to break out of the stereotypes that people have for physicians. Some feel being a doctor is a man's job, because in the past many doctors were male. More and more women are studying to become doctors and breaking out of the stereotypes people have is hard. However, with the high demand for health care in rural areas, patients have to adapt to what is available to them.

"When I first got here, I felt older men in the rural area didn't look at me as a doctor because I was female," said Dr. Miller.

She said not many patients called her "doctor" when she first started. They referred to her as "Ms. Miller," while they called her physician assistant, who was a male, "doctor."

Dr. Allard had it a little easier when she started because the community was used to a female doctor by then. However, she said it can still be difficult convincing a man to see a female.

Family life is extremely important to Dr. Allard and Dr. Miller but

can be hard to balance when working in the medical field. Dr. Allard said she makes it a point to not take work home. She and her husband enjoy trap-shooting when they get the opportunity, and Dr. Allard goes back riding with her daughter. As a rural physician it can be difficult to find time away. In some cases, such as a trauma situation, they need as many hands as they can get.

Dr. Miller has three kids and for 9 years was the only physician before Dr. Allard began at the clinic. She said it did take away from her family and it would have been easier if she had a partner, but Dr. Miller still found time to be with her children. She has enjoyed being involved in their sports activities and is a faithful KU Jayhawk fan.

"It's important to have a family relationship so we try to do a lot together," said Dr. Miller.

Dr. Allard says it's hard on the husbands as well. Many times female physicians are the primary source of income for their household. Most men of this generation grew up feeling they would be the breadwinner. Many husbands are stepping up and taking the role of child care provider and home-

maker. Both physicians feel there are advantages to being female physicians as well. Dr. Allard feels women have more empathy toward their patients. Women are by nature more nurturing and so it just makes sense she says.

Dr. Miller feels women are better multi-taskers and take their time. She feels women physicians look at the whole picture and generally listen to, and talk with their patients. Also female physicians give women the opportunity to see a female physician for their yearly exams. Many female patients feel more comfortable when they know their physician can relate.

The roll of a female physician is getting easier as more women enter the field, but Dr. Allard said it's important to have the support of friends and family.

"It's a hard row to hoe, and it's a difficult road if you don't have a good support system," said Dr. Allard.

Motocross racers compete in Norton

On May 3 and May 4, the Janicke moto race team competed in the Norton races. The races went well with Walker, Devon and Jordan, along with their bikes, returning unhurt.

Walker rode a demo bike from the dealer, Elite Motorsports in Loveland, Colo. His bike had the connecting rod come apart and he ended up getting to ride a brand new KTM 250 XCF. At the race, he

was a little uncomfortable at first, but started riding faster later. He rode well placing 13 on Saturday and 16 on Sunday.

Devon rode very well both days. He rode as fast as he ever has and placed second on both days.

Jordan had to work hard to place third each day. Another rider was as competitive as Jordan and had a good race. Fortunately, Jordan was able to win the battle each time.

Abuse treatment facility open in Colby

The Central Kansas Foundation has opened an outpatient substance abuse treatment facility in Colby, according to Les Sperling, chief executive officer of the foundation. The office, located at 180 W. 6th Street, will offer alcohol and drug evaluations, individual and group counseling and intensive outpatient treatment.

"The Foundation is excited to be able to offer quality substance abuse services in Colby and northwest Kansas," said Mr. Sperling.

"We look forward to bringing hope and help to those suffering from addictive disease.

The Colby office is staffed by Sarah Harsh, certified substance abuse counselor and Donna Sammons, office assistant.

The foundation will also be utilizing teleconferencing technology to improve access to services in underserved areas of northwest Kansas.

Appointments can be made by calling (785) 460-5885.

Public Notices

Notice of primary election to be held

Petition filed for estate settlement

Published in The Saint Francis Herald, St. Francis, Kansas, and the Bird City Times, Bird City, Kansas, Thursdays, July 3, July 10 and July 17, 2008. (27-29)

NOTICE OF PRIMARY ELECTION
August 5, 2008

STATE OF KANSAS, CHEYENNE COUNTY, ss Office of the County Clerk, St. Francis as required by K.S.A. 25-209, notice is hereby given that there will be a primary election held in Cheyenne County, Kansas, August 5, 2008.

VOTING HOURS AND VOTING PLACES

The polls will be open from 7:00 A.M. until 7:00 P.M. at several polling places in Cheyenne County, Kansas. The polling places are Bird City Township—Bird City American Legion Hall, Benkelman, Calhoun, Cleveland Run, Jaqua, Orlando, Wano I, and Wano II Townships—United Methodist Church. Early Voting (beginning July 22nd) at the Cheyenne County Courthouse.

FEDERAL OFFICE

United States Senate: Democratic: Jim Slattery, Topeka; Lee Jones, Lenexa

Republican: Pat Roberts, Dodge City

United States House of Representatives, 1st District:

Democratic: James Bordonaro, Emporia
Republican: Jerry Moran, Hays

STATE OFFICE

State Senate, 40th District: Democratic:

Republican: Ralph Ostmeyer, Grinnell

State Representative, 120th District:

Democratic: Robert G. Strevey, Clayton

Republican: John M. Faber, Brewster

District Court Judge District 15 Division 1:

Democratic: none

Republican: Glenn D. Schiffner, Colby

District Court Judge District 15 Division 2:

Democratic: none

Republican: Kevin N. Berens, Goodland; Scott Showalter, Goodland; Andrea Wyrick, Colby

District Magistrate Judge District 15 Position 1

Democratic:

Republican: Robert Van Allen, Wheeler

Published in The Saint Francis Herald, St. Francis, Kansas, Thursdays, July 3, July 10 and July 17, 2008. (27-29).

IN THE DISTRICT COURT OF CHEYENNE COUNTY, KANSAS

In the Matter of the Estate of LYLE E. WILLIAMS, Deceased.

Case No. 2008-PR-10

NOTICE OF HEARING

THE STATE OF KANSAS TO ALL PERSONS CONCERNED

You are hereby notified that a Petition has been filed in the Court by Edward L. Williams, one of the heirs of Lyle E. Williams, deceased, praying:

Descent be determined of the following described real estate situated in Cheyenne County, Kansas, to-wit:

All of Lots One (1), Two (2) and Three (3) in Block Sixty-four (64) in the City of Bird City, Kansas, according to the recorded plat there of and a plot of ground beginning at the Southeast corner of Lot One (1), Block Sixty-four (64) in the City of Bird City, Kansas, according to the recorded plat thereof, thence

due West a distance of 170 feet, thence due South 12 feet, thence due East 170 feet, and parallel to the South end of Ketcham Avenue, thence due North to the point of beginning, with the street address of 703 S. Ketcham, Bird City, KS 67731.

and all personal property and other Kansas real estate owned by decedent at the time of death. And that such property and all Kansas mineral interests owned by the decedent at the time of death be assigned pursuant to the laws of intestate succession.

You are required to file your written defenses thereto on or before July 21, 2008 at 9:00 a.m. (CT) in the City of St. Francis, Cheyenne County, Kansas, at which time and place the cause will be heard. Should you fail therein, judgment and decree will be entered in due course upon the Petition.

Edward L. Williams, Petitioner

MICHAEL J. DAY, #8523

KITE & DAY

112 W. Washington, P.O. Box 575

St. Francis, KS 67756

(785) 332-3323

Attorney for Petitioner

Petitioner files notice to creditors

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IN THE DISTRICT COURT OF CHEYENNE COUNTY, KANSAS

In the Matter of the Estate of RUDOLPH WILLT, Deceased

Case No: 2008-PR-11

NOTICE TO CREDITORS

THE STATE OF KANSAS TO ALL PERSONS CONCERNED:

You are hereby notified that on June 25, 2008, a Petition was filed in this Court by Roger D. Willt, an heir, devisee, legatee and named fiduciary in the Last Will and Testa-

ment of Rudolph Willt, deceased, dated November 16, 1995, praying for Informal Administration.

You are required to file your written defenses thereto on or before July 21, 2008 at 9:15 a.m. (CT) in this Court in the City of St. Francis, Cheyenne County, Kansas, at which time and place the cause will be heard. Should you fail therein, judgment and decree will be entered in due course upon the Petition.

Roger D. Willt, Petitioner

MICHAEL J. DAY, #8523

KITE & DAY

112 W. Washington, P.O. Box 575

St. Francis, KS 67756

(785) 332-3323

Attorney for Petitioner

~ Law is a kind of love. ~

What higher expression of man's feeling for man exists than that which seeks justice, compassion and equality for all men?

Law shelters and protects. It must always listen. Hold true. Remain calm and compassionate.

Law is sometimes restrictive because everyone's ideals are hard to maintain. Limiting to an extent because every freedom must have some limit.

Law represents the best thinking, the highest ideals of man for mankind. If it becomes outdated, each of us is to blame.

If it fails us, we've failed it.

Law insists upon order and peace. But it beckons change and improvement. Without law there would be no constructive change. Or freedom. Or justice. Or equality.

Without these there would be no love.

We're all brothers under the law. Woven together by common conscience and need.

Law is a kind of love.