

Director assumes position

By Karen Krien
karenk@nwkanssas.com

The Good Samaritan Home Health Service has a new director.

Cheryl Lee, R.N., took over the position on Dec. 10. After several weeks of training in Hays, she has settled into her office on U.S. 36, St. Francis. She fills the position left by Vickie Reuber.

She comes to the home health service with 26 years of nursing skills, having worked at the Goodland Regional Medical Center for 15 years and then went to St. Anthony Central in Denver where she worked in the Cardiac Intensive Care.

"I loved working with these patients and I hadn't planned transfer somewhere else but a series of events changed my thinking, and, then this job (home health) fell in my lap.

"It was as if God meant me to be here."

Mrs. Lee will be giving half of her time to working with clients and the rest will be spent administratively.

The home health service is presently serving people in Cheyenne and Sherman counties but, in the near future, will expand to Rawlins and Thomas counties.

"When we are stabilized, we will take on more clients in adjacent counties," Mrs. Lee said.

"Our goal is to keep our clients at home as long as we can," she said. "Home care changes everything except where the client lives.

"I want the home health service to be able to give quality service to the people as well as make it an 'awesome' place to work. We value our employees by offering competitive wages as well as good working conditions."

Home health

As many older people experience diminished eyesight, hearing or decreased fine motor coordination, they need help to provide care for themselves. Home health aides can help by meeting the activities of daily living; personal hygiene and safety; housekeeping and laundry; meal preparation; help with simple exercise and ambulation.

The service offers 24-hours a day, seven days a week on a fee-for-service basis. People who can benefit from the service include:

- Those who have just left the hospital after a severe illness or injury and still have difficulty meeting daily living challenges on their own.

- People with chronic health conditions or who are not able to manage their personal care without assistance.

- People who are homebound. The service provides home health aides, who work under the guidance of the director or a registered nurse; skilled nursing care which provides a wide range of physician-directed treatments; and therapy services.

Skilled nursing

The home health service, at this



ALREADY GETTING DOWN to business, Cheryl Lee, new director of the Good Samaritan Home Health Service, is settling in.
Herald staff photo by Karen Krien

time, has two registered nurses and plans to have more. When a person needs additional help, they are there for consultation and family support as well as giving nutritional instruction. They can change dressings, give injections and medical assessments.

They are skilled to give health assessments on blood pressures, heart and lungs, as well as other observations. They can draw blood samples, give intravenous therapy and pain management with pumps.

They can care and help teach patients with a colostomy. They will work with patients on feeding pumps and catheters.

With their knowledge, they can also give assistance with admissions and dismissals from hospitals.

Therapy

The home health service offers physical therapy for patients.

Besides two registered nurses, there are three trained home health aides. Mrs. Lee said there are several nurses and aides waiting to start work when they expand to Thomas and Rawlins counties.

She credits Tammy Howard, office manager, and Judy Sager, nurse, for holding the home health service together during the transition of directors.

History

Mrs. Lee and her husband Bill, who is the area supervisor for the Kansas Department of Transportation, have a 13-year-old son William. She was born in West Virginia, then raised in Marietta, Ohio.

Her brother had come to visit their

Need Help?

Those interested in getting home health services for themselves or for a loved one should contact the Good Samaritan Home Health Care, 785-332-3588 or (toll free) 1-866-365-3588.

The employees work closely with physicians, the hospital and the Northwest Kansas Area Agency on Aging with emphasis on keeping people in their home as long as possible.

Her aunt, Ruth Dangler, in Wheeler, met and married Bill's sister. They moved back to Ohio and lived with Cheryl. During the holidays, they wanted to come back to Kansas for a visit and, of course, Cheryl, had to come with them.

"I met Bill and that was it! I went back to Ohio, gave my two weeks resignation, packed up and came back to marry him!" she said.

That was 20 years ago. Last fall, their home in Wheeler caught fire. No one was hurt but they were forced to live elsewhere.

"This community has been absolutely wonderful," she said.

People generously came up with housing and other items. The Lees hope to be back home in the near future.

The fire was just one of the things that brought Mrs. Lee back to St. Francis to work and, she said she is glad to be here.

Valued employee retires

By Linda Schneider
dublins@hotmail.com

On Jan. 15, the residents of McDonald came by to visit Janice Antholz at the Peoples State Bank. This was the last time they would see her as a teller as she was retiring after 25 years of service.

Her children, Hal Antholz, Craig Antholz, both of McDonald, and Tina Smith of Seward, Neb., threw a surprise retirement party in the lobby of the bank for anyone who wanted to come by and share in the celebration with cake and coffee.

Janice is a native McDonald resident. She was born in a house just over 4 miles north from where she works in McDonald. Gilbert, her husband, was born not far from her.

Mrs. Antholz started working for the original owners in 1956, when it was The Peoples State Bank. She was a newlywed and after two years of employment, she quit to have her three babies.

After raising her children, she decided to go back to work at the bank in 1984. Moreover, she has been an employee ever since.

In 2000, when John Pope bought the bank and changed the name to Peoples State Bank, Mr. Pope asked Janice to stay on and work for his bank.

Spending more time with her husband is something she looks forward to doing. However, Mr. Antholz is a farmer and will probably never retire she says, "When he is not working on his farm, Gilbert is helping the kids on their farms or helping a neighbor.

"Quilting is what I like to do," says Mrs. Antholz, when asked what she will do when she retires.



ALTHOUGH MRS. ANTHOLZ was getting ready to retire, she was still diligently working, just as she has been for the past 25 years.
Times staff photo by Linda Schneider

"I enjoy making quilts for my grandchildren when they graduate from high school and I am two quilts behind!" Janice said.

Land Auction — 160 +/- Acres of Cheyenne County, Kansas Dryland, Home and Outbuildings Monday, Feb 11 at 1:30 p.m. CT

Auction Site: Western Auction & Real Estate Auction Pavilion West Highway 36, St. Francis, Kansas

Heirs of Mary Walden, Sellers Eldon Walden, Executor

Directions to the Property: From Bird City, Kansas - 3 mi. West on Highway 36, then South 7.5 miles on Road 25.

TRACT 1 — The North Half (N 1/2) of the Southwest Quarter (SW 1/4) of Section Four (4), Township Five (5), Range Thirty-Eight (38) in Cheyenne County, Kansas. Acreage currently in wheat stubble.

BASE/YIELD INFORMATION

FSA Acres	Wheat	G.S.	Corn	Sunflowers	2007 TAXES
76.9	40.5/33	9.2/45	---	4.6/1070	\$246.35

TRACT 2 — The South Half (S 1/2) of the Southwest Quarter (SW 1/4) of Section Four (4), Township Five (5), Range Thirty-Eight (38) in Cheyenne County, Kansas. Currently in milo stalks. Boundaries to be determined with findings of a survey, if needed.

BASE/YIELD INFORMATION

FSA Acres	Wheat	G.S.	Corn	Sunflower	Soybean	2007 TAXES
75.5	15.9/35	1.8/89	44.9/116	---	.4/34	\$222.31

TRACT 3 — A tract of land in the South Half (S 1/2) of the Southwest Quarter (SW 1/4) of Section Four (4), Township Five (5), Range Thirty-Eight (38) in Cheyenne County, Kansas.

Known as 610 Road 25, Bird City, Kansas 67731. Approx 4.4 acres, more or less, as estimated by Cheyenne County Assessor. This tract features a nice home with near 2,100 total square, 5 spacious bedrooms with 2 baths, hot water heat system, outbuildings, a 40' x 80' Quonset with a 16' x 16' overhead door, 2-8000 bu. Grain Bins, and another that needs work. Boundaries to be determined with findings of a survey, if needed.

Average Utility Bills: Propane avg. use 126.25 gal./month. Electricity avg. \$67.00/month. 2007 Taxes \$500.98

To view this tract contact Western Auction & Real Estate, LLC to schedule an appointment.

For a complete list of terms for the auction, photos of the property, and to view the auction flyer online, visit our website: www.westernauctionandrealstate.com
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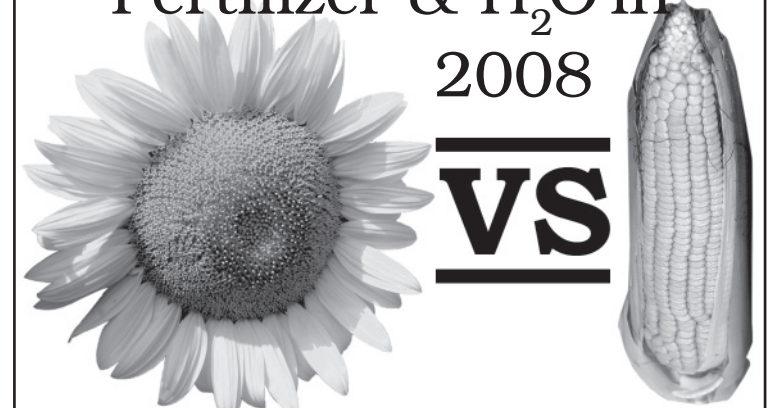
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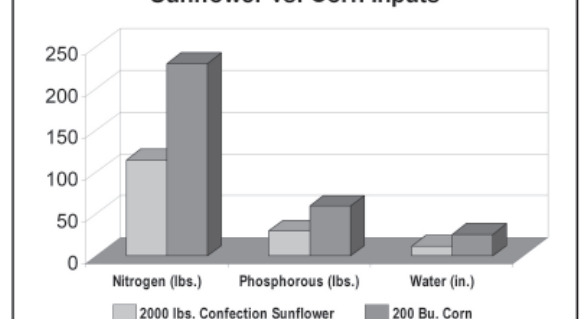
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