



**STRIKE UP THE BAND!** Fourth graders (left to right) Devon Janicke, Reece Leonard, Elsa Craig Burr and Elizabeth Keltz practice their instruments during band class. Each year band director, Ross Hengen, matches the right student to the right instrument. *Times staff photo by Casey McCormick*

## Annual county trail ride set for Oct. 14

By Karen Krien  
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The 17th Cheyenne County Trail Ride has been set for 2 p.m. sharp on Sunday, Oct. 14. The ride, which will last about 2.5 hours, will be held on the Kelly and Penny Gienger farm, 10.2 miles north of St. Francis.

Those on the ride will also be able to donate to St. Jude Children's Research Hospital.

"Donations will be accepted for the kids who would like to saddle up but can't," said Sharon Olofson, coordinator.

Gary Cooper, another of the coordinators, said this will be a ride with more rough terrain than some of the other rides.

"There will be very little flat land and one water crossing," he said.

The ride is planned each year on the second weekend in October. It is generally a little cooler and trees are turning colors.

This year's ride is being dedicated to Gary Grice, who was killed in an accident two weeks after last year's ride.

"Gary loved horses and was a participant on the rides," Mr. Cooper said. "Two different years, the Grice and Douthit families hosted the ride along the river bottom southwest of St. Francis.

"They always had the area mowed and hay bales were around for people to sit on."

Last year, the trail ride held north-

east of St. Francis, had fewer people but Mr. Cooper said that was probably because of the cool, damp weather and the price of gas. He is hoping for more people, possibly anywhere from 90 to 124 riders, this year.

To reach the starting destination from St. Francis, turn north on Benton Street off U.S. 36 and travel 3 miles (to transformers), around the curve northeast, then north 7.2 miles to Road H (approximately 10 miles. Turn east for 1/2 mile, then turn left and follow the lane to the parking area.

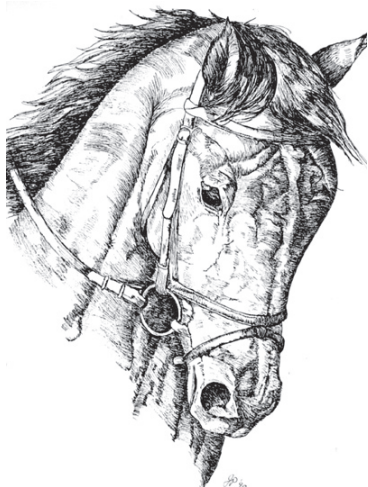
From Benkelman, go 13 miles west on U.S. 34 to Road 15 (Mills Hereford Ranch sign), then south 7.8 miles to Road Y, turn east and go 1/2 mile, then turn left and follow the lane to the parking area.

From Haigler, go 8 miles east on U.S. 34 to Road 15 (Mills Hereford Ranch sign), then south approximately 7.8 miles to Road Y, turn east and go 1/2 mile then turn left and follow the lane to the parking area.

Signs will be posted at various points.

During the ride, the members of the Cheyenne County Historical Society will provide refreshments. Afterward, the 4-H Horse Club will be serving a barbecue with the meat being prepared by Doug Ross.

For more information, contact Mr. Cooper, 785-332-2904; Mrs. Olofson, 785-332-2248; Gail Yonkey, 785-332-2488; or Joe Hoffman, 785-332-2154.



## Benefit held Sunday

A saddle up event benefiting St. Jude Children's Research Hospital will be held Sunday in conjunction with the annual Trail Ride. The volunteer coordinator for the event is Sharon Olofson.

"By participating in or attending the event, you will help raise funds for children of the world who are stricken with diseases like cancer, AIDS and Sickle Cell Anemia," she said. "These funds will help St. Jude in its ongoing fight against childhood cancer and other catastrophic diseases.

"St. Jude Hospital is a world leader in the fight against these diseases and they have made great progress because of people who donate to events like this."

Those interested in making a contribution, either at the trail ride or those staying at home, can contact Mrs. Olofson at 784-332-2248.

## Cheyenne County man recognized at state convention

The 2006-07 Kansas State Knight of the Year is Mike Antholz, St. Francis. He was recognized at the State Convention in Wichita. He was one of four finalists out of 84 entries submitted by various Kansas Catholic Councils.

In June 2006, Mr. Antholz's council in Bird City/St. Francis was on the verge of closing. Attendance at the council meetings had dwindled to only several members, activities were non-existent and the prospects of attracting new members were remote.

*The Explorer*, a publication of the Kansas Knights of Columbus, said it was at this time that Mr. Antholz was elected as the council's new Grand Knight.

Mr. Antholz said one of his first priorities was to contact current members in an effort to revitalize their interest in the council and its activities. He also developed a monthly newsletter to keep the members informed of the council's activities and maintain interest.

In addition, Mr. Antholz reintroduced the installation of officers' ceremony and invited all of the members and wives to witness the ceremony.

To ensure that the council continued to grow, he recruited several new members.

As a result, *The Explorer* said, his council now has a new vitality and will continue as a prospering council for many years.

Before the county fair, the fair board had announced that there would be no barbecue on Saturday night which had been a tradition for

years. Mr. Antholz went to the board and proposed that the local Knights take over the event as a money-making project as well as a way of helping the community. It was a lot of hard work but definitely a success. The Knights tentatively plan to hold the fair barbecue again in 2008.

Earning a little money to help with community projects, they undertook a pancake feed on Saturday to help Dustin Krien with his medical expenses. Mr. Krien was recently diagnosed with crohn's disease. His medical bills mounted after being flown to Denver and treated. The Knights will presented a check to Mr. Krien on Monday, Oct. 22, at the regular Knights of Columbus meeting.

We hope we can help others, Mr. Antholz said.

Mr. Antholz has been a Knight since 1975 when he became a charter member of his council. He is an insurance member and also a 4th degree member of the St. Pius X assembly in Atwood where he serves



Antholz

as a member of the honor guard. Mr. Antholz and his wife Margie live in St. Francis. They have one daughter, Bridgette. He is the liturgy chairman at the local parish and is a greeter, usher and lector.

## Club Clip

### McDonald Senior Citizens

President Joan Tongish welcomed Nurse, Deb Hesterman, and 28 senior citizens to the Oct. 1 meeting of the McDonald Senior Citizens. An adult Casper Ghost came out of the kitchen and tossed treats to everyone, Phyllis Wingfield had decorated the tables with small pumpkin faces made from Pringles Potato Chip cans. They contained delicious caramel corn made by Neva Lou Holub.

October birthdays and anniversaries were acknowledged. Ray Johnson read a poem about Maturity, and then gave Thanks for the meal.

After the delicious meal, Bingo was played with the blackout prize

being won by Coy DeGood. At the business meeting Ray Johnson presented a bill for summer mowing and tree trimming. The bill was accepted and paid. Ray will contact the Spreser Insurance Agency concerning the damage to the building from the hail and wind storm. It was voted to contact the Chem Dry Cleaning service to have the carpet in the hall cleaned before Thanksgiving.

Thanksgiving plans were made for the November meeting. Committees will be: prayer, Past Moyer; poem, Emma Threlkel; bingo, Ray Johnson; prizes, Phyllis Wingfield; and kitchen help will be everyone.

## News from the Post Office

### Express yourself through letter writing

In this age of e-mail, text messaging and cell phones, there are fewer letter writers.

"I'd like to encourage customers to express themselves through the U.S. Postal Service," Sonya Weeden, Bird City Postmaster, said.

"Letters are still very much alive."

The postal service delivers billions of them every year. A letter has the power to express thoughts and feelings and touch those we care about in a way that's more memorable and lasting than other forms of communication, she said.

"And letter writing helps promote literacy in our country."

Nothing touches the heart like open-

ing your mailbox to find a card or letter from a loved one or close friend.

"You can touch it, save it, and re-read it as many times as you like," she said. "Letters become keepsakes, even family heirlooms and help record a snapshot in history.

"It is truly amazing how much happiness 41 cents can bring into someone's life. I encourage everyone to write a letter to someone soon. Consider a soldier, an old friend or a distant family member. They will greatly appreciate it."

Writing letters is a skill that should not be let fade from society. It is one of the simplest, yet most effective methods of binding this nation together, Mrs. Weeden said.

## Quotes

Often we allow ourselves to be upset by small things we should despise and forget. We lose many irreplaceable hours brooding over grievances that, in a year's time, will be forgotten by us and by everybody. No, let us devote our life to worthwhile actions and feelings, to great thoughts, real affections and enduring undertakings.

~ Andre Maurois

If I could reach up and hold a star for everytime you've made me

smile, the entire evening sky would be in the palm of my hand.

~ unknown

Life is a process of becoming, a combination of states we have to go through. Where people fail is they wish to elect a state and remain in it. This is a kind of death.

~ Anais Nin

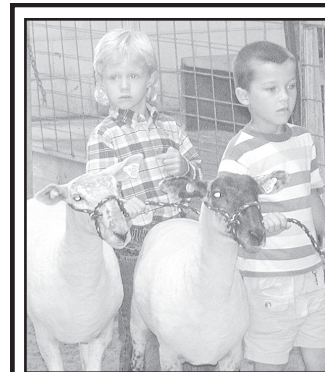
The man who removes a mountain begins by carrying a way small stones.

~ Chinese Proverb)

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