



SHADRYON BLANKA is the first baby born at the Cheyenne County Hospital in the last four years.

Herald staff photo by Karen Krien

# First baby delivered at hospital in years

It has been four years since the last baby was born at the Cheyenne County Hospital. However, early, early Sunday morning, Shadryon Thomas Blanka was born at the facility.

Shadryon, son of Shawn and Shawna Blanka, arrived at 4:14 a.m. on Sunday weighing in at 7 pounds, 10 1/2 ounces and was 20 1/2 inches long.

Mrs. Blanka had originally started doctoring with Dr. Natalie Griego, Goodland, but, as a member of the Colorado National Guard Unit - Medical Support Hospital, she was called to duty in January leaving Mrs. Blanka without a doctor.

Dr. Mary Beth Miller agreed to take over in Dr. Griego's place and would go to Goodland when it was time for the baby to be delivered.

The Cheyenne County Hospital does not ordinarily deliver babies but a snowstorm was raging and the baby was ready to enter the world right then so Dr. Miller made the decision to deliver the baby in St. Francis.

"While we don't ordinarily deliver babies, the hospital does have the facilities and equipment to do so," she said.

"It was really nice to be able to stay at home to have the baby and I got the best of care," Mrs. Blanka said.

Shadryon has a brother Shakotah to welcome him home. Grandparents are Tom and Donna Stevens, St. Francis, and Dean and Joyce Blanka, Wamego. Great-grandparents are Hurb and Lola Graves, St. Francis.

# Musical group performs in school auditorium

Formed in the fall of 1999, the Denver A Cappella Project started as a group of musical friends getting together to see what kinds of sounds they could make. Within months, the group had performed in numerous shows up and down the Front Range and received an invitation to the Mixed Harmony Jamboree at the International Barbershop Convention in 2000. Continuing to perform throughout the Colorado Front Range and the United States, the Denver A Cappella Project has wowed a variety of audiences, from a few to a few thousand. Featuring three sets of spouses, two sets of siblings and two sets of in-laws, Denver A Cappella project remains true

to each style. Each entertaining performance is designed to provide that little something for everyone.

Denver A Cappella Project will appear at 3 p.m. central time Sunday, March 2 at the Goodland High School auditorium. There is an admission fee at the door.

The performance is made possible by the Western Plains Arts Association. The program is presented in part by the Kansas Arts Commission, a state agency, and the National Endowment for the Arts, a federal agency.

### Former doctor on television

More about Stan Naramore will be televised at 8 p.m. on March 5 on the A&E channel. The show is American Justice. Mr. Naramore was a doctor in this county in 1991 and 1992 and was found guilty of murder and attempted murder in Cheyenne County District Court in 1996. However, the jury's decision was overturned and a year later, he was released from prison. The A&E crew was in St. Francis over a year ago and televised the county fair in process and the city, then interviewed some of the people involved with the case including Sheriff Eddie

Dankenbring who was a nephew of one of the victims. The A&E channel is not on the cable channels but people with dish network will probably be able to tune it in.

### Dry and Irrigated Sunflower meeting

A Dry and Irrigated Sunflower meeting will be held March 3 at the Legion Hall in McDonald, 1 to 4 p.m. Please RSVP to Cheyenne County Extension Office at (785) 332-3171.

### Weigh-in

The 4-H and FFA Steer Weigh-In will be March 1 from 1 to 3 p.m. at the Sale Barn.

### AARP

AARP will meet at 7 p.m. Thurs-

day, March 6 at the senior citizen center. Prior, at 5:30 p.m., anyone wishing to will eat at the Pizza Hut (Dutch).

At 7 p.m. Kathy Woodcox will give a talk on her position as weather observer and the running of the motel.

Hostess will be Ilene Raile.

### Hospital Guild

The Cheyenne County Hospital Guild will meet at 2 p.m. Monday at the senior citizens center. The program will be Susan Roelfs, county health nurse. Hostesses are Neva DeGood and Rachael Keller.

### Fair Board

The Cheyenne County Fair Board will meet at 8 p.m. Thursday,

March 6, in the commissioner's room in the courthouse.

### Cheyenne County Commissioners

The Cheyenne County Commissioners will meet at 8 a.m. Friday in the commissioner's room in the courthouse.

### Cheyenne County Kansans for Life

Cheyenne County Kansans for Life will meet at the First Baptist church in St. Francis on Monday. The meeting will begin at 7 p.m. for prayer, learning, and planning with a special video presentation on "30 Years of Roe versus Wade." All are welcomed to join them as they work together to provide "life for all!"

### Vet rep in St. Francis

Jody Tubbs, of the Kansas Commission on Veterans' Affairs, will be in St. Francis at 9:30 a.m. Thursday, March 6 at the county clerk's office to assist veterans and their dependents with VA claims work. If you are unable to contact Ms. Tubbs in St. Francis, you may contact the office in Colby any Monday, Wednesday, or Friday. That phone number is (785) 462-3572.

### Taxaide

People Helping People Income Tax Assistance volunteers will assist you in preparing and filing your tax return. They will be at the St. Francis Public Library from 2 to 5 p.m. on Wednesdays and at the St. Francis Senior Citizens Center from 2 to 5 p.m. on Thursdays. For appointments call Annette Erskin at 332-2304; Rowland Roelfs at 332-3490 or Wayne Keecker at 332-3428.

### Hospice Service

Hospice Services Inc., next volunteer meeting will be Monday, March 3, at the Equity Meeting Room at 11:30 a.m. The topic is The Unexpected Healer by Mindy Greene, Hospice Services

Social Worker and Amanda McKenzie, Hospice Services Director of Volunteers. The public is welcome to attend.

### Alcoholics Anonymous/Al-Anon date change

Alcoholic Anonymous and Al-Anon open meeting, held at 8:30 p.m. Thursday at the Methodist Educational Building, upstairs. Contact 332-2168 or 332-2078.

### Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week services to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or if you are in need of assistance, please call the toll-free number 1-800-794-4624.

### Need a Helping Hand

The Cheyenne County Helping Hands Coalition can help. Call the SRS office at (785) 332-2021.

# Duct tape and plastic needed in case of terrorist attack

By Karen Krien

On Feb. 7, the people were alerted that the nation's Homeland Security threat level had risen from yellow to orange, the high risk of terrorist attacks. Within days, the people of the United States were urged to keep a roll of duct tape and plastic sheeting. Why? To cover windows and doors in case there is an airborne chemical attack.

People were also urged to have sufficient water and non-perishable food for each member of the household for three days, battery-operated radio and flashlight. Be sure to have the needed prescription medicine and a first aid kit and a towel for sealing the bottom of the door.

However, in Cheyenne County, the talk of a terrorist attack didn't seem to attract much attention. Both True Value and Tri-State Lumber and Tubing, the main places for purchasing plastic and duct tape in St. Francis, had sold very little of either.

Liz Semler at True Value said

they had duct tape listed in a sale flyer last week and had sold some but she figured it was basically because it was on sale and people needed it. Jerry Peter at Tri-State Lumber said he guessed people weren't too worried because they hadn't hardly sold any duct tape.

Tony Howard, owner of Sainy Super Foods, said there had not been a run on either water or food.

Should people be worried? Should they be prepared? Gary Rogers, emergency manager for Cheyenne County, said he didn't want people to be scared or worried but it would still be wise if they compiled an emergency kit. The items in this kit will work for any chemical emergency if, for instance, there should be an ammonia or chlorine spill — these are chemicals which are found in the county.

Does it work?

Manager Rogers pointed out that during the 1992 Gulf War, Israeli citizens used the "Shelter-In-Place"

technique using plastic and duct tape to protect themselves against the threat of chemical weapons carried by Saddam Hussein's SCUD missiles.

Houses built for winter conditions such as those found in Cheyenne County are especially suited for "Shelter-In-Place" because they are generally tighter constructed and provide a protective barrier against airborne chemicals.

It is good if someone wants to prepare a "Shelter-In-Place" room which will be ready if needed. However, unlike a tornado, the basement isn't the safest place to go during a chemical threat because the chemicals are heavier than air and may seep into basements even if the windows are closed.

### If there is an emergency

If there is a hazardous material emergency, people are urged to heed law enforcement and emergency manager's orders. The warning will most likely be a siren which will sound for more than three minutes. People should go inside, turn on the radio and find out what to do.

If a strong or unusual odor is smelled and there is no sign where it is coming from, go to the "Shelter-In-Place" and continue to listening to the radio. If the shelter is not prepared, go inside immediately, close all windows and doors, turn off ventilation systems including air conditioners and furnace and close fireplace dampers. Go into and seal a room using the duct tape, plastic or wet cloths. If there are any electrical outlets, seal them with duct tape and if electricity is needed, push the plug through the tape.

If told to evacuate, gather a change of clothing, baby needs, medicine and/or dietary needs. While in the vehicle, keep the vents and windows closed and do not use the air conditioner or heater.

For more information, contact Emergency Manager Rogers at 785-332-2560.

## For the Record

### Sheriff's Office

7 Vehicle inspections were made  
1 Summons delivered.

13 Subpoena delivered.

5 Warning ticket for speeding issued.

Feb. 11: Stray dog call in Bird City.

Feb. 11: Transported two prisoners from Sherman Bastille to court in St. Francis, then back to Sherman County Bastille.

Feb. 11: Returned evidence to Dundy County.

Feb. 12: Helped Sherman County Sheriff Department locate pilot and plane that went down 5 miles south of Sherman - Cheyenne County line.

Feb. 14: Transported two prisoners from Sherman County Bastille to court in St. Francis then back to the Sherman County Bastille.

Feb. 14: One juvenile surveillance check.

Feb. 17: Small gas engine stolen from St. Francis Cemetery, under investigation.

7 Vehicle inspections made.

8 Summons delivered.

3 Subpoenas delivered.

1 Tax warrant served.

1 Speeding ticket issued

Feb. 18, Transported prisoner

from Sherman County Bastille to court then back to the Sherman County Bastille.

Feb. 19, First National Bank alarm call, employee reset alarm.

Feb. 20, Finger printed kindergarten through 6 grade students at St. Francis Grade School.

Feb. 21, Investigated mailbox shot north of Wheeler.

Feb. 22, Investigated a 1978 RTD bus left at Van Allen Implement in Wheeler.

Feb. 24, Call about a golf cart north of St. Francis.

Feb. 24, Transported prisoner from Sherman County Bastille to court then transported to bus stop in Goodland.



**BIER'S HOMETOWN STORE**  
114 N. QUINCY ST. FRANCIS, KS.

TUESDAY MARCH 4

PHOTO HOURS 9:30-12:30&1:30-6

\$ 12<sup>99</sup>

plus tax due at pick-up

- 1 - 10X13
- 1 - 8X10
- 2 - 5X7s
- 2 - 3X5s
- 16 King Size Wallets
- 8 Regular Size Wallets



Shugart's inc. WE USE KODAK PAPER, FILM & CHEMISTRY

SHOWTIME: 7:30 p.m. 1 hour & 25 min.

Showing Feb. 28

March 1 & 2

Rated: PG-13 for terror and horror images, and brief language.

Starring: Chaney Kley, Emma Caulfield, Andrew Bayly, Emily Browning, Joshua Anderson

### Darkness Falls

Thriller and Suspense/Horror

## Cheyenne Theater

St. Francis, KS 785-332-2747

Children: \$2 Senior Citizens/High School: \$3 Adults: \$4

## CHEYENNE COUNTY HOSPITAL

210 W. 1st • St. Francis, KS 785-332-2104

Physician & Professional Service Directory

### MARCH

- March 4 - Dr. Rubinowitz - Oncology
- March 5 - Dr. Newman - Urology
- March 6 - Dr. Warren - Cardiologist
- March 10 - Osteoporosis
- March 11 - Mammo
- March 19 - Dr. Reeves - Podiatrist
- March 19 - Dr. Pfoff - Ophthalmologist (surgery only)
- March 20 - Dr. Warren - Cardiologist
- March 26 - Dr. Uyemura - Ophthalmologist
- CT's Each Monday
- Ultrasound Each Wednesday

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# American Profile

Celebrating Hometown Life

See American Profile magazine in this week's issue of

## The Bird City Times

(available in local area only)

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